

# O'SHEA 2 DAYS 2016

**SATURDAY 20th and SUNDAY 21st February 2016**

## *Information Sheet*

Central Coast Orienteers invite you to two days of orienteering with lots of variety where you can warm up for the coming season. This is an event for **PAIRS** with three events in one.

Saturday afternoon is a **Pairs Relay** with a long and a short leg. Saturday night is a **Line Course** for both or one of the pairs (best time to count) and on Sunday morning there is a **Score Event**. Sportident timing will be used and SI sticks will be available to hire if you don't have your own.

### **DIRECTIONS:**

**Saturday Afternoon – Kincumber Mountain –** Park and bushland.

From the roundabout by the Kincumber shops, head north along Bungoona Rd, then first left into Kincumber St. Continue past the end of the street and follow Island View Drive, past the picnic area at the top of the mountain, to the most northerly car-park at the end of the road.

**Saturday Night – East Gosford –** Park and street orienteering.

The assembly area is in Hylton Moore Park, at the corner of Althorp St & Wattle St.

**Sunday Morning – Davistown –** Park and street orienteering.

From roundabout on Avoca Drive, follow Davistown Rd towards Davistown. Pass through several roundabouts and in Davistown, turn left into Lilli-Pilly St and round right hand bend into Pine Ave. Park in car park at end of Pine Ave.

**MAPS:** Kincumba Mountain Reserve, East Gosford (new in 2015) and Davistown.

**PLANNERS:** Julia and Paul Prudhoe

**CONTROLLER:** Paul Prudhoe

**ORGANISER:** David Bowerman: 4369 3827 or secretary@ccorienteering.org

**SATURDAY PAIRS RELAY:** Starts, long pairs at 2.30 pm and short pairs at 2.40 pm.

**SATURDAY NIGHT "O":** There will be a reverse chasing start at 1 minute intervals, as soon as it is dark enough, approximately 8pm. This will be a park/street line event. If both team members run, the fastest time counts.

**SUNDAY MORNING SCORE EVENT:** Mass start for both long and short pairs at 9.30 am. Each pair will split all controls between them and must finish together.

<b>COURSES</b> (Approx lengths)		<b>RELAY</b>	<b>NIGHT</b>
<b>LONG PAIRS</b>	<b>LONG LEG</b>	4.8 km Hard	4.5 km Hard
	<b>MEDIUM LEG</b>	3.9 km Moderate	3.6 km Moderate
<b>SHORT PAIRS</b>	<b>MEDIUM LEG</b>	3.9 km Moderate	3.6 km Moderate
	<b>SHORT LEG</b>	2.9 km Easy	3 km Easy

**Enter on the Day:** will be available on Saturday afternoon from 3.00pm and Sunday morning from 9.31am. Limited courses will be available. \$15 per map (\$9 juniors).

**Entry Fee:** \$42 per team member (for the 3 parts/maps) \$14 per map (\$24 or \$8 per map for juniors).

Entries can be made individually through Eventor. Use "add services" gadget or email David Bowerman to clarify make-up of teams. Any questions contact David on 4369 3827.

**Entries close:** Thursday 18th February 2015

Our website: [www.ccorienteering.org](http://www.ccorienteering.org)

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