

NSW MTBO CHAMPIONSHIPS 2014

SPRINT 9TH AUG

MIDDLE DISTANCE 10TH AUG

DUNGOG



Newcastle Orienteering Club will be running the NSW MTBO Sprint and Middle Distance events at Dungog Common. The common is a crown land reserve of over 200 acres of land dedicated to mountain biking trails and bush walking. There is an extensive MTB trail network in generally open country with numerous gullies and watercourses to either traverse or ride along.

There are large areas of yellow (rideable) on the map giving competitors the option of some cross country riding or staying on the formed trails.

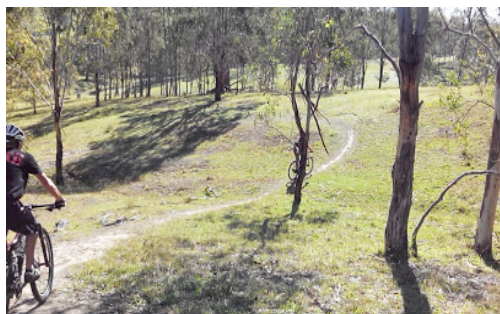
Dungog is approx 1 hours drive north west of Newcastle



Camping is available at the Dungog showground

COURSES	SPRINT	MIDDLE
COURSE 1	6.5k	17.0k
COURSE 2	5.5k	15.0k
COURSE 3	5.0k	13.0k
COURSE 4	4.5k	12.0k
COURSE 5	4.0k	10.0k
RECREATIONAL	3.5k	8.0k

Approximate distances



Entries open Early July through Eventor.
Course information will be posted on Eventor

For more information contact Greg Bacon
Ph 0401889688