Event Information – FINAL BULLETIN NOL Middle Distance, Mt Alexander, Saturday 13 March 2021

Course planner: Jim Russell Controller: Craig Feuerherdt

Organisers: Tony and Alison Radford

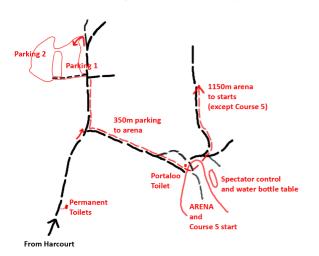
Helpers: Members of Bendigo Orienteering Club

Mapped by Steve Key in 1984, updated and redrawn in OCAD by Alex Tarr in 2011, and re-checked and Geo

referenced by Warwick Davis in 2021.

Directions:

The event will be signposted from the junction of Market Street and Reservoir Road, Harcourt.



Parking:

Please do not arrive before 11.30, then park as directed. There is a \$2 fee per car for parking. Beware of uneven ground and low tree stumps when parking.

COVID-safe plan:

- Do not come if you are experiencing any COVID-like symptoms, however mild, are waiting for COVID test results, or are otherwise required to quarantine or isolate. Attendees are advised not to car pool when travelling to the event.
- For other Victorian Orienteering Association (VOA) requirements for competitors, check https://www.vicorienteering.asn.au/return-to-orienteering/
- For up-to-date information on entry and re-entry permits to Victoria, the carrying and wearing of masks and other matters, check https://www.dhhs.vic.gov.au/coronavirus
- There is no registration on the day. Although we shall have contact information for competitors from their entries, everyone should check in on their arrival and check out on their departure using a smartphone with the QR code at the end of this document. This will also be displayed on the path between parking and the arena, and at the arena, with an alternative hand sign-in/sign-out sheet. This includes 'helpers'.
- To keep the number of people assembling below the expected limit, there will be two marked areas in the Arena, separating NOL and other competitors. There is a spectator control on courses 1, 2, 3 and 4 that can be seen from both areas.
- Please maintain physical distancing of 1.5m while assembled or queueing, including start, finish and toilets. Face masks must be carried by all competitors and worn whenever physical distancing of 1.5m cannot be maintained, and required if requested by organisers.

No refreshments or water will be provided at the event or on the courses. Competitors on courses 1 and 2 may leave their **own water bottle** on a table near the spectator control if they wish. There will be about 1-1.5km of the course left when you pass through the spectator control on your course. Please personalize your bottle for quick identification. Courses 3 and 4 are all but in the finish chute, so no water for Courses 3 & 4 on this table please.

No results will be displayed or awards made. Results will be published on-line and can be accessed by a QR code on the map. Following VOA guidelines, there will be **no clothing return** from the start.

Toilet Options:

- 1. There are good public toilets in Harcourt, on High Street opposite the Post Office and signposted from the major roads.
- 2. There are two permanent (but not flushing) toilets on the unsealed road to the parking area, with a short-stop parking bay opposite.
- 3. There will be one 'portaloo' toilet near the Arena. Please clean hands with provided sanitiser both before and after use.

There is no toilet at the start.

Courses:

Course 1 – 5.4k, Climb 325m, 18 controls, for M21E, M20E, M18A, 1W, 1M

Course 2 – 4.4k, Climb 280m, 16 controls, for W21E, W20E, W18A, 2W, 2M

Course 3 – 3.7k, Climb 190m, 15 controls, for 3W, 3M

Course 4 – 2.3k, Climb 100m, 10 controls, for 4W, 4M

Course 5 – 1.8k, Climb 40m, 10 controls, for 5W, 5M

Score – 2 hours, all controls worth 10 points with a late penalty of 10 points per minute or part minute. Control descriptions are on the map, with no separate sheet.

Start:

Start times are 13.00 to 15.00 (but see 'Other Competitors' below). For all courses except course 5, follow tapes from parking to the start via the arena, 1500m with 100m climb, most towards the end of the walk. 'Clear' and 'Check' stations will be in the start area. For course 5, meet near the finish tent in the arena at 14.00 to be guided to the start.

minus 4 minutes: Call up and enter Control Description area. Please sanitise hands before picking up control descriptions.

minus 2 minutes: Move to map collection area.

Start time: Pick up map and start.

NOL competitors will have pre-set start times and should pick up their map and start when directed, without punching. NOL competitors who arrive late for their start time should punch the start control, but will only have their start time amended if the delay is caused by event errors.

Other competitors except for the Score course will be started in order of arrival at the start area and **must punch the start control**. Score course competitors have a mass start without punching the start control.

NOL competitors will start first on courses 1 and 2. The first available start times for other competitors are:

Course 1 - 14.22

Course 2 - 14.00

Course 3 - 14.00

Course 4 - 14.00

Course 5 – 14.00 (meet near the finish tent)

Score – Mass start at 14.20.

Courses:

The map is 1:10000 with 5m contours. The Arena is marked as Temporary Out of Bounds (OOB) (coloured purple). Competitors are not allowed to pass through this area of OOB while competing on their course. Some of the tracks, especially on Course 5, have a loose, gritty, surface that is slippery on slopes. Course 5 crosses mountain bike tracks and competitors should be alert for riders.

Controls:

Controls will be in 'Air' mode for contactless punching with an SIAC e-stick.

All courses close at 16.30. Please abandon you course if necessary to return to the Arena no later than 16.30.

Arena and Finish:

Layout of the Arena, showing Spectator control, Finish, Last control and run in, and Temporary Out of Bounds (OOB) area (note the reduced symbol size of the finish circle, same size as controls, not 9 mm).

The route from the last control to the finish will be taped. Split times will be provided by a helper when competitors download.



CHECK IN





