Orienteering WA NavDash3 Swan Valley Adventure Centre, 58 Yule Avenue, Middle Swan 28 March 2021

NavDash events have courses to suit all abilities and it's a great way to continue orienteering after the Metro Series.

Swan Valley Adventure Centre is a 35 ha site on the banks of the Swan River and tranversed by Jane Brook (currently dry). It provides a venue for various recreational and training facilities for children and adults. Orienteering WA has used it for several junior camps aswell as many events over several years. The terrain consists of a residential village surrounded by paddocks with various adventure game structures and equipment. For details refer to the centre's web site at <u>www.swanvalleyadventurecentre.org</u>.

Directions

From the junction of Reid Highway and Yule Avenue in Middle Swan proceed Northwest on Yule Avenue for 350 metres and turn right (north) on the driveway to the Activity Day Parking. Event assembly is at the Activity Hub, 200m west of the car park. The Activity Day Parking and Activity Hub are shown on the downloadable Pictorialmap, car park is #28 and hub #16.

Registration

Pre-entry is preferred. On-site registration will be available 9am -10.30am at the activity Hub. Start Times: 9.30 am until 11am. Course close

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The map is 1:4000, 5m contours. A copy of the map will be displayed at registration for people unfamiliar with the NavDash ('sprint')map format. The area has a section of residential, administration and workshop buildings surrounded by paddocks containing recreation facilities and equipment. Jane Brook (currently dry) runs through the map and the Swan River is on one edge.

Out of Bounds

Anyone unfamiliar with NavDash maps should look at the display map in order to be aware of the various symbols for areas that are not to be entered or crossed.

Control descriptions

Descriptions will be printed in IOF symbols on Hard course maps; English on Easy. Copies, (including English for the Hard courses), can be collected at the pre-start.

Start

The Pre-Start is on the northwest side of the Activity Hub building. Pre-entries may go directly to the Start. Starts will be at 1 minute intervals.

The start sequence is,

1) collect descriptions and wait for start time allocation by the start official

2) when directed by the start official pick up map but do not turn it over;

3) at start time punch the SI Start station, then look at the map, follow cones to the Start marker flag about 60m away (no SI) and carry on.

Courses

Long Hard: about 3.6 km Short Hard: about 2.3 km Easy: about 1.5 km.

Water

There is no water on the courses. There is a bubbler in front of the Activity hub building.