

**Venue:** Murrenbong is an area of open native eucalypt forest with a network of gravel roads and

rough bush single track.

**Courses:** There will be 6 courses to suit all levels of fitness and abilities.

Course	Length	Classes
1	14km	Long, M21 (Men 21-39), Women Open Long, E-bike
2	12km	W21(Women 21-39), M40(Men 40-49)
3	9.5km	Medium, M50(Men 50-59), W40(Women 40-49), M20(Men 17-20)
4	7km	M60(Men 60-69), W50(Women 50-59), W20(Women 17-20), M16(Men 15-16)
5	6km	Short, W60(Women 60-69), M14(Men 14), W14(Women 14), W16(Women 15-16)
Score	90min	Solo riders and teams

**Multi Terrair** 

**Entry:** Entry is online. Go to www.mtbo.com.au to register.

Cost: Non-Member \$15 Jnr \$25 Snr Members \$10 Jnr \$15 Snr

Sportident Stick hire is \$5.00 Mapboard hire is \$10.00

Rego from: 8:00am Starts from: 8:15am Course closes: 12.00noon

**Equipment:** A suitable mountain bike, helmet and water are the basic requirements for this event. A

handlebar mounted mapboard that rotates is the best way to hold the

map. There are commercially available ones or make your own.

Facilities: Toilet facilities on site.

Inquiries: Craig Steffens – Ph 0418871193 or info@mtbo.com.au

For further info on mountain bike orienteering, visit www.mtbo.com.au