

2020 NSW Middle Distance Championships		
M		2.8 km 60 m
▷		Start: boulder, 3m high
1	158	N side of middle boulder, 4m high
2	110	Between boulder clusters
3	157	N side of N boulder, 3m to 6m high
4	146	Small depression
5	117	NW side of boulder, 2m to 6m high
6	143	NW side of SW boulder, 6m high
7	115	Gully
8	155	S side of S boulder, 3m high
9	128	Gully
10	148	Between boulders, 2m high and 2m high
11	118	W cliff
12	131	Between boulders, 8m high and 10m high
13	120	NW side of middle boulder, 4m to 2m high
Navigate 160 m to finish		

2020 NSW Middle Distance Championships		
E		2.6 km 55 m
▷		Start: boulder, 3m high
1	237	Bend in track
2	160	Bend in track
3	162	E side of boulder, 1.5m high
4	163	E side of boulder cluster
5	173	Bend in fence
6	174	E side of W boulder, 4m high
7	175	S side of S boulder cluster
8	176	Crossing point
9	248	Bend in fence
10	169	SE end of earth wall
11	177	SW side of bare rock, 2m by 2m
Navigate 160 m to finish		

2020 NSW Middle Distance Championships		
VE		1.8 km 40 m
▷		Start: boulder, 3m high
1	237	Bend in track
2	160	Bend in track
3	161	NE inside corner of fence
4	162	E side of boulder, 1.5m high
5	163	E side of boulder cluster
6	165	SE inside corner of fence
7	247	Fence junction
8	249	Fence junction
9	248	Bend in fence
10	169	SE end of earth wall
11	177	SW side of bare rock, 2m by 2m
Navigate 160 m to finish		