

SHOO Highland Forest Series #1 2021

Organised by Southern Highlands Orienteers: Sunday 25 April 2021

Organiser/setter: Elizabeth Lewis – 0429 463 367 or mec1281@gmail.com

Controller: Stephan Wagner

Venue/assembly: Lake Yandelora Reserve, Adriana Road, Mount Annan.

Directions: From Sydney via M5 motorway to Campbelltown, 2nd exit - Narellan Road or

From Goulburn on M5 Motorway to Narellan Road, Campbelltown exit:

Travel west along Narellan Road toward Camden for 2.5km. After passing the Australian Botanic Gardens, at the lights turn left onto Mount Annan Drive and follow this for 1.3km (passing through 4 roundabouts). At the 5th roundabout, turn right onto Adriana Street. Park in designated parking bays or roadside along Adriana St, Aristida Cct, Laurina St, Decora St or Stipa Ln. Overflow parking will be along Tristania St.

Timings: Start anytime 1-2 pm with course closure at 2:45pm (return to Finish) **You must report to the finish irrespective of whether or not you completed a course.**

Map: "William Howe Reserve", 1:10,000. <u>Safety bearing</u> is east then suburbia/roads then back to the assembly at **Lake Yandelora Reserve**, **Mount Annan**.

Terrain: Mix of urban streets, park, open grassland, ridge, runnable trails, single track and open bushland. Warning: Mount Annan Road (North-West/South-East on map) is a busy road. All courses are required to use the mandatory crossing indicated on the map to cross this road. A small population of kangaroos is located in William Howe. It is a requirement of NPWS that any participant who comes across roos are to slow down/walk until far enough away from the roos so as not to scare them out of the park. NPWS has also advised there is a large population of snakes within William Howe.

Entry & fee: Members: Seniors, \$15, Juniors, \$9, Family max \$36

Non Members: Seniors, \$18, Juniors, \$11, Family max \$36.

These fees include an access charge imposed by NPWS.

Pre-enter by Eventor ($\underline{\text{https://eventor.orienteering.asn.au/Events}}$) is preferred. Limited number of Enter on Day available. Entries not permitted to those who have been to a designated Covid-19 hot spot, see $\underline{\text{https://www.nsw.gov.au/covid-19/latest-news-and-updates}}$, 14 days prior to the event*.

Courses:	Course	Length
	Long Hard	5.5km
	Short Hard	2.9km
	Moderate	2.5km
	Easy	2.2km
	Very Easy	1.5km

Controls: Controls will NOT have SIAC mode enabled. You will have to punch each control, Start and

Finish

Facilities: Please bring your own water. No toilet facilities on site – closest toilets are located at Birriwa Reserve, Mount Annan or Mount Annan Marketplace. Please go to the toilet prior to the event. Fast food outlets are located in and around Mount Annan Marketplace.

<u>Covid-19 Restrictions:</u> "Specific Risk Warning" - there is a risk of COVID-19 transmission at an orienteering event. This warning and risk mitigation list will also be posted at the event:

- 1. Please register and use the Covid Safe mobile phone application
- 2. Please bring and carry your own water and sanitiser (limited sanitiser will be available)
- 3. Please use sanitiser and/or wash hands before and after competition
- 4. Please adhere to the 2 sq metre spacing rule for social distancing (families are OK)
- 5. Please do not touch electronic SI units or flags throughout the whole event
- 6. Please do not crowd/gather near the start & finish assembly areas
- 7. Please maintain 1.5m distances at all times especially at the start and finish areas
- 8. Please do not share your belongings (towels, etc.) including your orienteering map with anyone
- 9. Please report to any of the event organising staff if you are unwell or unsure about the above.
- 10. Please call 000 in an emergency and inform the event first aid officer (Sandra Stewart).