



Uringa Orienteers
Inc
**COVID SAFETY
INFORMATION**

This is a COVID-conscious event. There are several conditions and restrictions that must be complied with in order for the event to proceed. These are summarised below. Further details can be found

on the NSW website at <https://www.nsw.gov.au/covid-19-updates> and in the [Uringa COVID safety plan](#).

DO NOT ATTEND if you are unwell or if you must self-isolate under NSW Health COVID guidance (see [above website or https://www.nsw.gov.au/covid-19/latest-news-and-updates](https://www.nsw.gov.au/covid-19/latest-news-and-updates)).

You should also not attend if you live in regions where the NSW or Australian Government has restricted travel. Organisers will also monitor whether participants have been to a current [COVID-19 case locations](#) in NSW and will refuse entry if that is appropriate.

- ✓ Social distancing of 1.5m should be maintained at all times. Parents with young children should ensure their children exercise social distancing except with those family members they live with.
- ✓ Contact details must be available for all attendees at the event whether spectator or competitor. This will enable contact tracing if required. These details can be provided either:
 - Before the event through Eventor (non-club members will need to create a 'Casual member' registration)
 - On the day at the Registration/Enter on the Day tent
- ✓ Hand sanitising and/or hand washing should be undertaken before and after competing.
Hand sanitiser will be available but it is also advisable to bring your own.
- ✓ Avoid unnecessary touching of surfaces. Take care to only touch and pick up the map that you are using. Avoid touching the SI units other than to insert the SI stick if not using SIAC. There will not be a box for keys.
- ✓ Near controls, please be considerate of other people and respect their requirements for social distancing.

- ✓ At any water stations on course take care to only touch the bottle or cup you are using. Dispose of carefully within 10m of the station in the receptacles provided.
- ✓ At the Finish and download be conscious of SI staff and move away as quickly as possible.