



## 2014 ACT Mountain Bike Orienteering Championships

The 2014 ACT Mountain Bike Orienteering Middle and Long Distance Championships will be held at KOWEN FOREST over 2 days and will provide competitors with the opportunity to ride a combination of excellent single track and fire trails throughout the forest.

**Start Locations** <https://maps.google.com.au/maps?q=-35.32514,149.347616&num=1&t=h&z=14>

### 2014 ACT MTBO Middle Distance Championships

**Date:** Sat 18 October 2014

**Start Times:** 1:00pm – 2:00pm

**Location:** Kowen Forest

**Terrain:** Smooth & dense single & vehicle track network in forested area

**Map:** Sparrow Hill 1:10,000 A3

### 2014 ACT MTBO Long Distance Championships

**Date:** Sun 19 October 2014

**Start Times:** 9:00am – 10:00am

**Location:** Kowen Forest

**Terrain:** Smooth & dense single & vehicle track network in forested area

**Map:** Kowen East 1:15,000 A3

Courses	Classes	Approx Distances	
		Middle	Long
Course 1	M21	18km	36km
Course 2	M17 – 20, M40, W21	15km	30km
Course 3	M16, M50, W17-20, W40	12km	24km
Course 4	M14, M60, W16, W50	9km	18km
Course 5	M12, M70, W14, W60, W70	7km	12km
Course 6	M10, M80, W12, W80	5km	6km

### Enter now through Eventor

Middle Distance Champs <http://eventor.orienteering.asn.au/Events/Show/1079>

Long Distance Champs <http://eventor.orienteering.asn.au/Events/Show/1080>

**Entries close Thursday 9th October at midnight – no late entries / no enter on the day**

Camping is available at Kowen Homestead

[http://www.tams.act.gov.au/parks-recreation/recreational\\_activities/camping-in-the-act/kowen\\_recreation\\_area](http://www.tams.act.gov.au/parks-recreation/recreational_activities/camping-in-the-act/kowen_recreation_area)

### More information

To enter these events you will need to pre-enter via Orienteering Australia's [Eventor](#) online entry system. If you haven't used it before, you will first need to [register](#) (free) and then enter the event you require. See links above for each event, or you can navigate through the [Event Calendar](#) in Eventor.

For further information contact Julie Sunley E-Mail: [juliesunley64@gmail.com](mailto:juliesunley64@gmail.com) or Mobile: 0433 222 644 if you require assistance.