

National Orienteering League – Round 3 – Final Bulletin



Fruit Fly Regulations

South Australia has restrictions on bring fruit and vegetables into the Riverland – from both Adelaide and interstate. Many vegetables are OK, but fresh fruit is not. **So don't bring fruit else you may get fined at one of the checkpoints. PIRSA also do random checks.**

If travelling from Adelaide see - <https://fruitfly.sa.gov.au/travelling-restrictions/travelling-to-the-riverland>. This means for most of Adelaide you cannot take any fruit to the Riverland, you will need to purchase in the Riverland

If travelling from interstate see - <https://fruitfly.sa.gov.au/travelling-restrictions/travelling-to-south-australia>

For quarantine stations and bins see - <https://fruitfly.sa.gov.au/travelling-restrictions/find-quarantine-station-or-disposal-bin>

COVID CheckIn and Travelling to SA

Download the mySA Gov app to enable QR Code scanning for everyone with a suitable mobile phone, required at all events and anywhere else you visit over the weekend

For other requirements when entering SA see - <https://www.covid-19.sa.gov.au/restrictions-and-responsibilities/travel-restrictions#sa>. A cross boarder travel form is required.

Emergency Services

Renmark

Renmark Police Station is open Monday to Friday only. For police assistance

- General enquiries 08 8586 6606 (Police Station)
- Emergencies 000 Police assistance: 13 1444

Renmark and Paringa District Hospital, 185 Ral Ral Ave, Phone: (08) 8580 4100

Berri

Berri Police Station is open 24 hours, address: Lot 2 Ahern St Berri,

- General enquiries 08 8595 2020
- Emergencies 000 Police assistance: 13 1444

Berri hospital – Riverland General Hospital, 10 Maddern Ave, Berri SA

General Information

Competitors need to be self-sufficient with respect to water and any food and other drinks they require in the assembly areas – none are provided by the organisers.

Elite competitors – please collect chest numbers at the Saturday event

Start Procedure for Saturday and Sunday Events (excluding elite course at Crooked Straight)

SPORTident CLEAR and CHECK stations will be provided at the start. After clearing and checking your SI card, you will be required to be at the start line **4 minutes** prior to your start time.

At 4 minutes prior to your start time

- your start time which will displayed on the clock at the entry to the start area as the next start time.
- Present yourself to the start officials

At 3 minutes prior to your start time

- Use the provided SI Card Check Unit

At 2 minutes prior to your start time

- Collect a copy of your control descriptions. It is your responsibility to ensure that you take the descriptions for the correct course.

At 1 minutes before your start time

- Move up to the start area and stand behind the correct start box for your course. *Each start box will be labelled with course number and the classes assigned to that course.*
- On the sixth beep of the start clock, competitors may turn over their map and commence your course **by punching a start unit**

SI Air is Used for all events

Saturday Post Race Social Event – Woolshed Brewery

Both NOL and other competitors are invited to attend a low key social event at Woolshed Brewery which is located on the way back to Renmark from Saturday afternoon's event. The brewery is open until 5pm but have advised they are happy for us to remain outside until 6pm. There is no kitchen at the brewery but they offer locally made goods for DIY platters and have BBQ facilities if you would like to bring your own food. There will also be a food truck on site prior to closing.

For more information head to - <https://www.wilkadene.com.au/brewery>

Event Details

National Orienteering League Round 3 and WRE – Race 1 – Middle Distance event Middle Distance Event for other classes	
Date	Saturday April 24th
Map	Wiela – Bunyip Reach, 2018 updated 2021 Mapped to ISOM 2017 Previous map available in Eventor
Landowners	Stoeckel Families
Map Scale	Courses 1 to 4 – 1:10,000 Courses 5 to 11 – 1:7,500
Contour Interval	5 m
Mapper	Adrian Uppill, updated 2021
Organiser	Rob Tucker and Yalanga Orienteers
Course Planner	Steve Cooper
OA Controller	Phil Hazell
IOF Event Adviser	Robin Uppill
Terrain	<p>The Wiela - Bunyip Reach area primarily comprises the sloping area between the Riverland plain and the River Murray, with areas varying between gentle spur/gully to steeper slopes closer to the river and numerous complex erosion networks. A layer of limestone in the plain results in cliff lines and other rock detail at certain elevations above the river. Vegetation is predominantly open land, mallee or low bush, leading to generally good runnability with some localised areas of slightly reduced runnability and/or visibility.</p> <p>Specific Map Notes:</p> <ul style="list-style-type: none"> • In areas of erosion, symbol 204 boulder is used to represent a vertical earth pillar with sheer sides. • Symbol 107 erosion gully is used to represent narrow erosion gullies that are deeply incised and/or difficult or impossible to cross and should be a consideration for route choice. <p>Safety Information: The map contains several areas of erosion networks with large banks or cliffs with potentially unstable sides. Courses have been set to avoid the areas with the larger of these but competitors are advised to take care in all erosion areas.</p> <p>For additional map notes – see later in this document</p>
Directions	<p>From Renmark - Take the continuation of the Sturt Highway from near the centre of Renmark, signposted to Paringa and Mildura. 500m after crossing the River Murray (on the historic Paringa lifting bridge), turn left in the centre of Paringa onto Murtho Road. Follow this road for 22.6 km to Lock 6 Road, follow the Lock 6 Road to the parking area adjacent to the Murray River and the Lock6 Boat ramp</p> <p>From Mildura: In Paringa turn right onto Murtho Road (600m after the 50kph signs). Follow directions as above.</p>
Registration	<p>Both competitors and all others at the event but not competing must</p> <ul style="list-style-type: none"> - Record their presence using the SA Gov COVID app to check in, else record their details on the check-in sheet at registration (mobile coverage may limit the use of the app)

	<ul style="list-style-type: none"> - All competitors must get their name checked at registration - NOL competitors collect chest numbers
Parking	Adjacent to the Lock 6 and boat ramp. Do not obscure access to the boat ramp and Lock- this must remain accessible at all times
Toilets	In the parking area
Arena	A 300m walk from the parking area to the arena
Warm-up Area	Along the road between the arena and the parking area
Start Times	From 1:00 PM Start Procedure: See above
Water on Courses	Water on courses – this is provided for Course 1 and 2 only and is provided in quantities according to those who have pre-ordered water. Water will be in 250ml bottles, after drinking please place the bottle empty or otherwise in the container for used bottles. Do not take bottles onto the course!!
Other Course Information	Control Descriptions will be provided for all courses Parents shadowing juniors in the M/W10 Shadow class should do this after completing their own course.
Course Closure	Courses close at 4 PM Please make you way directly to the finish if you are still out on your course close to this time
Spectator Viewing	Course 1 and 2 will pass in sight of the arena near the end of their course
Safety Information	Safety Bearing is west to the fence and road used to access the parking area.
Enter on the Day Courses	No enter on the day courses are available at this event
Additional Information	No drones are to be flown over the event area at the request of the landowner
Results	To be published after the event. Due to poor mobile coverage in this area we are unable to have Live Results

Courses and Classes

Course	Distance	Navigation Difficulty	Classes	Expected winning time
1	6.6	Hard	M21E M20E M18A	30
2	5.7	Hard	W21E W20E W18A M21A	30
3	4.9	Hard	M45A M35A W21A M20A	25-30
4	4.3	Hard	M16 A M55A W35A W20A	25-30
5	3.6	Hard	M65A W45A W55A	25-30
6	3.0	Hard	W16 A W65A M75A	25-30
7	2.2	Hard	W75A M85A W85A 7Male, 7Female	25-30
8	3.3	Moderate	M14A MOB	25
9	2.6	Moderate	W14A WOB	25

Course	Distance	Navigation Difficulty	Classes	Expected winning time
10	2.3	Easy	W12A M12A M/W Easy	25
11	1.8	Very Easy	W10 M10 M/W10 Shadowed	20

SA Long Distance Championships National Orienteering League Round 3– Race 2 – Long Distance Loop event	
Date	Sunday April 25th
Map	Crooked Straight, part of Murtho Reserve, 2018 Previous map available in Eventor Mapped to ISOM 2017
Landowner	SA Crown Land
Map Scale	1:10000
Contour Interval	5m
Mapper	Manu Jurado
Organiser	Al Sankauskas and Onkaparinga Hills OC
Course Planner	Simon Uppill
OA Controller	Jenny Casanova
Terrain	<p>The mapped area is a sandy plateau with steep drops to the River Murray (to the north) and the flood plain (to the south). There are numerous steep dangerous erosion gullies especially on the northern edge. Vegetation is light and scrubby, white areas vary from trees to bushes. Running is generally fast but with soft loose sand in places. On the plateau the most frequently mapped features are knolls and high points.</p> <p>Tracks: Some parts of the mapped area have been frequented by 4WD drivers. Not all of their vehicle tracks, particularly near the assembly/finish area, have been mapped as they are changing frequently.</p> <p>Fences: vary from broken to more difficult to cross</p> <p>In areas of erosion, symbol 204 boulder is used to represent a vertical earth pillar with sheer sides.</p> <p>For additional map notes – see later in this document</p>
Directions	<p>From Renmark (3 - 3½ hours from Adelaide via the Sturt Highway): Take the continuation of the Sturt Highway from near the centre of Renmark, signposted to Paringa and Mildura. 500m after crossing the River Murray (on the historic Paringa lifting bridge), turn left in the centre of Paringa onto Murtho Road. Follow this road for 12.5km and turn left into Headings Road. After 1km of bitumen the road becomes gravel. This section is corrugated, so drive slowly and look out for orienteers crossing the road. After 2.5km of gravel you will reach the assembly and parking area (more details provided below).</p> <p>Note: The arena is adjacent to a public camping area by the River Murray. However, camping at or near the event arena area on the Friday or Saturday nights before the event is not permitted for competitors.</p>
Registration	Both competitors and all others at the event but not competing must

	<ul style="list-style-type: none"> - Record their presence using the SA Gov COVID app to check in, else record their details on the check-in sheet at registration <p>All competitors must get their name checked at registration</p>
Parking	The parking area is a complex area of tracks and open spaces amongst trees adjacent to the River Murray. Please follow directions from the parking team. If possible car pool to come to this event as parking is limited.
Arena	The arena is adjacent to the finish and parking area. There are spaces amongst the trees for tents and spectators.
Start	The elite start is immediately southwest of the arena Start for other courses is adjacent to the elite start The start is at the Start Triangle
Warm-up Area	Competitors can warm up anywhere between the finish chute and the river and west adjacent to the river
Start Times	<p>Elite Mass Start times</p> <p>M21E – 9:30 AM</p> <p>M20E and M18A – 9:35 AM</p> <p>W21E – 9:40 AM</p> <p>W20E and W18A – 9:45 AM</p> <p>Please wait at the fence east of the start 10 mins prior to your classes start time to Clear and Check, you will be called through 5 mins before your start to be given your map</p> <p>All other classes – interval starts from 10:00 AM, according to the start draw</p>
Course Closure	<p>Courses close at 1:30 PM.</p> <p>Please make you way directly to the finish if you are still out on your course close to this time</p>
Spectator Viewing	Spectators can view in-coming competitors approaching the finish. Elite classes M21E, W21E, M20E and M18A will pass through the arena on route to collect the second map on their course
Elite Course Information	<p>NOL courses for classes M21E, W21E, M20E and M18A have HAVE MORE THAN 30 CONTROLS. So ensure you have a suitable SI Card</p> <p>M21E, W21E, M20E and M18A (courses 1 - 3)– have 2 maps, after completing the first map the competitors pass through the finish area and divert before the finish punch to collect the second map and continue their course. Please ensure you take your assigned map.</p> <p>Elites on these course may leave personal drink bottles adjacent the second map collection point for use when they collect their second map. First map is approx.. 30% of the course.</p> <p>Control descriptions will be on the map only.</p> <p>The courses have forking so ensure you are going to the correct controls in the correct order.</p>
Safety Information	<p>Beware of cliffs and very steep slopes on the northern and southern edges of the plateau.</p> <p>Safety Bearing – North to the main access road, or river and then follow west back to assembly area. If west of the start – north to the fence and then north east to the assembly area</p>

Water on Courses	<p>This is provided for Courses 1 to 14 and will be provided in quantities according to those who have pre-ordered water. Water will be in 350ml bottles, after drinking please place the bottle empty or otherwise in the container for used bottles. Do not take bottles onto the course!!</p> <p>Note several courses may pass through water controls early in the course – do not drink until you need to!!!</p> <p>For courses 1- 3 – please refrain from using water at the controls on your first short map (these are for other courses and should not be required for you).</p>
Other Course Information	<p>Control descriptions will be provided at the start for courses 5 to 16</p> <p>Parents shadowing juniors in the M/W10 Shadow class should do this after completing their own course.</p> <p>Some legs on courses 15 and 16 are taped and identified in the control descriptions. Additionally tracks where they are indistinct may also be taped (not identified in the control descriptions).</p>
Enter-on-the-day (EOD) Courses	No enter on the day courses are available
Results	Live Results available at https://liveresultat.orientering.se/ TBC – depends on mobile coverage
Presentations	As soon as possible after 1 PM

Courses and Classes

Course	Distance km	Climb m	Navigation Difficulty	Classes	Expected winning time
1	14.4	600	Hard - Loop	M21E	85 - 90
2	10.7	450	Hard - Loop	W21E	75 - 80
3	10.2	400	Hard - Loop	M20 E M18A	70 - 75
4	7.5	310	Hard - Loop	W20E W18A	70 - 75
5	10.0	400	Hard	M21A	75
6	8.1	305	Hard	M35A W21A	70
7	6.5	210	Hard	M21AS M45A W35A	55-60
8	5.5	210	Hard	M16A M20AS M55A	50-60
9	4.7	160	Hard	M65A W45A	45-55
10	4.0	120	Hard	W21AS W55A	40-50
11	3.1	95	Hard	M45AS M75A W16A W20AS W65A 11Male, 11Female	40-50
12	2.5	60	Hard	M55AS M85A W45AS W55AS W75A W85A	40-50

Course	Distance km	Climb m	Navigation Difficulty	Classes	Expected winning time
13	4.2	120	Moderate	M14A MOB	40
14	3.1	80	Moderate	W14A WOB W45B M45B	30
15	2.3	40	Easy	W12A M12A M/W Easy	25
16	2.1	40	Very Easy	W10 M10 M/W10 Shadowed	20







Renmark Sprint Event – Monday April 26th	
Map	Renmark Schools
Land Owners	SA Government - Education
Map Scale	1:4000
Contour Interval	Map has some form lines only
Mapper	Adrian Uppill
Organiser	Robert Smith and Tintookies Orienteers
Course Planner	Lanita Steer
Directions	From Renmark: Head north on 17 th St towards Chaffey Theatre. Please park in the Chaffey Theatre car park. O signs from the intersection of Thurk st and 17th st.
Arena	Arena is adjacent to the carpark.
Toilets	Approximately 100m from the Assembly area. The toilets are on the map area so please give way to competitors
Start	Queuing start. Start times can be selected at the Sunday event at Crooked Straight (BYO Pen)
Start Times	From 9:00 AM, 1 minute intervals
Course Closure	60 minutes after the last start
Safety Information	Emergency contact: 0447428823
Other Course Information	Please be aware of cars and other vehicles on the roads surrounding the map
Enter on the Day Courses	No enter on the day courses are available

Courses

Course	Distance km	Classes
1	3.2	1Male, 1Female, 1Group
2	2.4	2Male, 2Female, 2Group
3	1.7	3Male, 3Female, 3Group

Additional Map Notes

Mapping notes for Bunyip Reach and Crooked Straight

- Boulders: A distinct boulder, generally a rock higher than 1m. Some may be tall pillars of earth (with vertical sides) located along creek lines
- Small knoll: An obvious small mound that can not be drawn to scale with a contour line, can run or walk over the top, generally higher than 1m.
- Elongated knoll: A small mound with an elongate shape
-  Broken ground: On these maps it is mostly an area where the topsoil has been eroded away and is devoid of vegetation. Minimal impact on running speed, but a useful navigation aid.
-  Hill: A large mound or top of a hill that can be drawn to scale with contour or form lines, subject to a minimum size as shown (relative size to Small knoll above)
-  Impassable cliffs: High dangerous cliffs are mostly drawn with tags, or where space is limited on the map are drawn without tags. They are an obstacle to be avoided.
-  Cliffs: Obvious small cliffs with a vertical face, may be earth in nature particularly along eroded creek lines, can be difficult to cross ie may be difficult to climb up and risky to jump down. The Cliffs have rounded ends.
-  Erosion gullies: These are deep eroded gullies with vertical to steep sides and present as an obstacle to be avoided. The earth edges can be unstable and crumbly. Minimum length is about 17metres
-  Watercourses: These are all crossable and unless it rains will be dry.

