COVID related event information – Please Read. V4 20th Jan 2021

Summary:

Orienteering SA is undertaking orienteering competition outdoors while ensuring compliance with COVID-19 safety requirements

This will be reviewed each time the COVID-19 restrictions are changed.

For the moment there are a number of key guidelines to be mindful of:

- Check-in using
 - either the mySA Gov app to enable QR Code scanning for everyone with a suitable mobile phone
 - o or manually at registration
- Arrive, Run, Leave (No Socialising at events)
- No double handling (no sharing of pens, maps, equipment or water).
- Keys cannot be left at registration
- Social distancing is to be observed
- Recording/checking of attendees and contacts
- No one to attend who is feeling unwell, or is required to be in isolation for any reason e.g. awaiting the results of a COVID-19 test
- Please download the Covidsafe app and enable Bluetooth.

COVID -19 Rules: must be read by all the competitors

RULE 1: Stay home if any of the following apply

- You are unwell— even if you have only mild symptoms
- You have been in close contact with a confirmed COVID-19 case and until the 14 days of isolation is over
- You have returned from overseas in the last 14 days
- You are waiting for a COVID-19 test result
- You are required to self-isolate for any other reason based on Dept of Health Guidelines (https://www.covid-19.sa.gov.au/)

RULE 2

Have the mySA Gov app to enable QR Code scanning and bring your mobile phone to registration, or check in manually

RULE 3

Maintain Social distancing - allowing at least 1.5m between people at all times

RULE 4 "Arrive /run /leave". Minimise your time at an event or training

It is particularly important to have your personal contact details recorded correctly in Eventor. Please ensure that these are up to date. These will be used in the case of COVID-19 tracing.

To check contact details log on to Eventor at https://eventor.orienteering.asn.au and go to My Pages

> My Profile-> Contact details. While you are there you can edit any of your details that need

updating and add your emergency contact person and mobile number in the new field for this.

Practical considerations

Access to event: Enter only via the indicated route and use the provided hand sanitiser as you enter the assembly area.

Registration:

Pre-entry participants

- Everyone must get their name checked at registration
- Have your own SI card then go straight to the Start Area
- Require a Hired/ loaned SI Sticks: If you have made prior arrangement to hire a stick collect
 it at registration. They will be in a labelled envelope. Take the envelope and dispose of it
 yourself or after you leave the event. After you finish your course return the SI stick to the
 deposit box at the download area.

Start:

Once finished at registration you will need to go straight to the start and queue behind the box for your course still maintaining social distance of 1.5m from other competitors.

As you reach the start boxes pick up your map from the box corresponding to your course.

Whilst on the course you are required not to touch the controls and insert only your SI stick.

Finish/Download:

If you have to queue maintain social distancing of at least 1.5m and more if you are breathing heavily. Use the same process with the download unit as out on the course by inserting your SI stick without otherwise touching the unit. After taking your printout use hand sanitiser. Once you have downloaded please do not stay in the area. Collect your gear and leave as soon as practical. Results will be published on line as soon as possible after the conclusion of the event

Key storage: will not be available at the event

Water Bottle and other equipment: bring your own bottle etc and do not drink from someone else's or otherwise share their equipment.

Please download the Covidsafe app and enable Bluetooth.

Event Fees Twilight Series

Pre-entry Fees

Members: Senior \$10, Junior (14-20) \$5, Junior (<14) Free.

Groups (with Adult - \$15)

Non-Members: Senior \$15, Junior (14-20) \$10, Junior (<14) \$5 Groups (with Adult - \$20, with Juniors only – Junior Fee +\$5)