

You may want to consider gaining the next level of qualification.

- For **club orienteers**, this will enable you to coach or manage at Mini Cyclones Camp, Junior Camp or Australian Schools as part of the QLD team.
- For **teachers**, this will enable you to teach orienteering in a bush setting, or as part of the Year 11 & 12 PE course
- For **Outdoor Rec, Scout & Guide Leaders** this will enable you to teach orienteering in a bush setting.

Orienteering Queensland will be running a **Level 1 Coaching Course on Saturday 12 June, 9-5pm** at Downfall Creek Bushland Centre (to be confirmed). Lunch will be provided.

Registration is through Eventor. <https://eventor.orienteering.asn.au/Events/Show/15697>

ABOUT THE LEVEL 1 COACHING COURSE

Accreditation: This course is designed by the Orienteering Federation of Australia and accredited under the National Coaching Accreditation Scheme.

Content: The course has a heavy emphasis on practical skills and is conducted in the field, on an orienteering map. It includes sections on the role of the coach; planning and preparing training sessions and skills sessions, and sequential programs for individuals or groups; risk management; and basic orienteering skills.

Post Course Coaching Practice:

Teacher coaches must:

1. Plan and implement a 6-week sequential coaching program for a group
2. Attend a State organised orienteering event and satisfactorily complete a moderate navigation level course.
3. Become a member of Orienteering Qld. Special rates are available for Teachers. Contact membership@oq.asn.au

Club coaches must:

1. Plan and implement a 10-week sequential coaching program for an individual.
2. Conduct the novice instruction at an orienteering event.
3. Conduct a beginner group clinic under supervision of a qualified club coach.
4. Maintain membership of Orienteering Qld.

Upon satisfactory completion of the above requirements, candidates receive OFA Level 1 Orienteering coaching Accreditation Certificate and NCAS ID card. Accreditation must be renewed every 4 years.

Cost: \$88.00 adults; \$66.00 for juniors (under 21) and full-time students (under 25). No cost for full members of Orienteering Qld.

This includes cost of accreditation, a pdf copy of Orienteering Games and Games Orienteers Play and 'Elementary Orienteering Instructor's Handbook'. A hardcopy of Orienteering Games can be purchased at the course for the reduced price of \$22.

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