



*Thank you for entering the 2021 Queen's Birthday 3 Days.  
We are confident you will have an enjoyable weekend in our local area.*

**EXTREMELY IMPORTANT - PLEASE READ THE INFO FOR SL5 ACCESS/PARKING/CARPOOLING**

**GENERAL INFORMATION NO DOGS - NO SMOKING - NO FIRES**

- Covid-19 Compliance** Do not attend if you have cold/flu like symptoms or have recently visited a Covid hotspot. Check in using the displayed QR code - especially enter on day and spectators not registered in Eventor. Practice physical distancing and clean your hands after using the toilet. Spitting is not permitted .
- Start Windows** Listed below for each event. Queuing starts, no allocated individual times. Bush events will have 2min intervals, the sprint 1min. Volunteers and those with travel or childminding considerations will be fast tracked during first 15 mins. Some courses will have larger queues due to entry numbers.
- Course Closure** Listed below for each event - please commence your course so you will be finished before this time
- Maps** All maps have been recently field checked and are ISOM2017v2 (bush) or ISSprOM2019 (sprint) standard. Printed on Pretex synthetic waterproof & tear resistant paper.
- Control Descriptions** Printed on map (on back for SL7). No loose cut at start but available for printing via the following....  
**SL5 - Middle** Words Symbols **SL6 - Long** Words Symbols **SL7 - Sprint** Words Symbols
- Electronic Punching** SPORTident electronic punching system will be used. You must clear and check your SI card before starting. Clear/check will be at the pre-start. If an SI unit fails, punching in the reserve boxes on the map using the back-up punch on the control stand. Inform an official immediately upon finishing.
- SI Active Card** All field SI units will be "Beacon" enabled allowing contactless punching for those with SIAC sticks. You will however need to manually punch at both the start and finish controls.
- Downloading** All competitors are to report to the finish. After punching the finish control proceed to the download desk and follow instructions. This is especially important at SL6 where the finish is slightly remote.
- Hire SI sticks** need to be picked up at the info desk.
- Control Codes** will be on the SI unit for all controls and also on the stand for most. Ignore any markings on flags.
- Map Collection** There will be no map collection. Don't show your map to other competitors until they have finished.
- Water/Hydration** Due to ongoing COVID concerns, no water will be provided at any locations during these events. Competitors need to supply all their own hydration requirements including while oncourse.
- Shadowing M/W10N** Please allow enough time to complete your own course before shadowing children.
- |                     |  |                                   |      |             |
|---------------------|--|-----------------------------------|------|-------------|
| <b>Enter On Day</b> | Limited availability at all events - Very Easy, Easy, Moderate and one Hard course. EOD need to go to the info desk to register and pay prior to heading to the start. | <b>EOD Entry Fees</b> (Per event) |      |             |
|                     |  | Senior                            | \$25 | \$28        |
|                     |  | Junior                            | \$17 | \$19        |
|                     |  | Sub Junior                        | \$12 | \$15        |
|                     |  |                                   |      | SI hire \$2 |
- Phone Coverage** Good coverage except for SL6 at Quorrobolong which is patchy at best.
- Facilities** Portable toilets. NSW O-Gear and Aussieogear will be selling equipment.
- Catering** The NSW junior squad will be fundraising over the weekend. Please support them. SATURDAY cold drinks; SUNDAY hot soup, cakes, cold drinks; MONDAY cakes, cold drinks.

- String Course** Free string courses available at SL5 & SL6 for the enjoyment of younger orienteers.
- First Aid** Club members trained in basic first aid will be at the info tent. Dial 000 if major injuries occur. A satellite phone is available at the info tent in case of emergencies at SL6 which has no coverage.
- Results** Results for SL5 & SL7 will be available online <https://sportident.itsdamp.com/directory.php>  
Due to a lack of phone signal you will have to wait until after the event for SL6 results.
- Presentations** These will take place around noon following the Sprint event. Cloth badges will be presented to the overall winners and placegetters in each class based on cumulative times over the 3 events.  
M/W10N participants will also receive an award..
- Contact** Geoff 0422 471 353 [leepback1@gmail.com](mailto:leepback1@gmail.com)

### **STATE LEAGUE 5 - FREEMANS WATERHOLE**

- Date** Saturday 12 June **Location** Near Freeman's Waterhole
- Format** Middle Distance **GPS** -32.9898120, 151.5042792
- Start Window** 11:30 am - 2:00 pm **Course Closure** 3:30 pm
- Directions/Parking** **Please read the extended notes at the bottom of this document.**
- Start** The start for Very Easy & Easy is a 300m uphill walk. The main start is a further 200m up the same hill.
- Map** "Redgum Ridges" D.Lyons 2019 1:7500 (VE, E, MOD, H5) 1:10000 (All other courses) 5m contours
- Terrain** The Redgum Ridges map features intricate detail in watercourses and lower slopes, separated by steep ridges. Tracks are mostly restricted to the ridge lines. The forest is quite open but running at full speed can be hampered by low vegetation, deep leaf litter, or steep slopes. Vegetation has been re-mapped.
- Special Map Symbols** X = wreckage; O = survey post
- Taped routes** Blue/white tape will be used for marked routes on the **Very Easy** and **Easy** courses.
- Hazards**
- Some watercourses are deeply eroded with steep to vertical sides. These can be difficult to cross.
  - Steep sided ridges can be slippery with dry leaf litter and small gravel.
  - Derelict barbed wire fences parallel many of the main tracks and are marked with red/white tape.
  - If heavy rain precedes the event, creeks may be difficult to cross.
  - There is cutting grass & some sparse lawyer vine in parts of the valleys. Leg protection recommended.
  - The **Easy course** includes an off-track section that descends a steep ridge with loose gravel and later follows a deeply eroded gully. This latter part has a marked route avoiding the gully.
- Safety Bearing** North to the main track.
- Acknowledgements** Thanks to State Forests and adjacent landholders the Sheedy & Cleary families for allowing us access and to Adam Morgan and the Lake Macquarie Motor Bike Club for use of the carpooling site.
- Planner** Jim Lee **Controller** Ian Dempsey **Day Organiser** Geoff Peel

SL5 Course	Classes	Distance/Climb/Controls		
Very Easy	M10A, W10A, M/W10N, Open-Very Easy, EOD-Very Easy	2.1 km	55 m	8
Easy	M12A, W12A, Open-Easy, EOD-Easy	2.2 km	65 m	9
Moderate	M14A, M-Open-B, M-Jnr-B, W14A, W-Open-B, W-Jnr-B, EOD-Mod	2.6 km	70 m	11
Hard 5	M65AS, M80A, M85A, W65AS, W75A, W80A, W85A	1.6 km	45 m	7
Hard 4	M45AS, M55AS, M75A, W21AS, W35AS, W45AS, W55AS W65A, W70A, EOD-H4	3.0 km	80 m	12
Hard 3B	M35AS, M70A, W16A, W18A, W20A, W50A, W55A, W60A	3.4 km	105 m	13
Hard 3A	M16A; M60A; M65A; M21AS, W35A, W40A, W45A	3.6 km	110 m	13
Hard 2	M18A, M20A, M40A, M45A, M50A, M55A, W21A	4.6 km	130 m	17
Hard 1	M21A, M35A	5.3 km	160 m	20

## **STATE LEAGUE 6 - QUORROBOLONG**

<b>Date</b>	Sunday 13 June	<b>Location</b>	Barraba Lane, Quorrobolong
<b>Format</b>	Long Distance	<b>GPS</b>	-32.962846, 151.338284
<b>Start Window</b>	9:30 am - 12:30 pm	<b>Course Closure</b>	2:30 pm

**Directions** From the South: from the M1 take the (B82) Cessnock exit. Travel approx 11km then turn left onto Sandy Creek Road. Travel another 13km and turn left into Barraba Lane and go another 4.7 km to the event parking. Barraba Lane is an unsealed road. Drivers should be considerate to local road users and properties. Care should be taken in the last 1km before the Event Parking as there are some HAZARDOUS potholes, and two shallow creek crossings to negotiate.

From Newcastle: (there are other ways) Take the M1 south and take the Toronto (Palmer Rd) exit. Turn right and travel 3km to the Freemans Waterhole roundabout where you will turn right towards Cessnock. After 8km turn left onto Sandy Creek Road. Travel another 13km and turn left into Barraba Lane and go another 4.7 km to the event parking. Barraba Lane is an unsealed road. Drivers should be considerate to local road users and properties. Care should be taken in the last 1km before the Event Parking as there are some HAZARDOUS potholes, and two shallow creek crossings to negotiate

From Cessnock: head south on Vincent St to Kitchener. Continue south another 5km then turn right onto Sandy Creek Rd. Travel another 900m and turn left into Barraba Lane and go another 4.7 km to the event parking. Barraba Lane is an unsealed road. Drivers should be considerate to local road users and properties. Care should be taken in the last 1km before the Event Parking as there are some HAZARDOUS potholes, and two shallow creek crossings to negotiate

**Road Works** Those driving via Sandy Creek Rd from Leggetts Dr are advised that road works are in progress. At one section (6km from Leggetts Dr and just over Wallis Creek bridge) a 40kph single lane is operating for 400m using a "traffic light signal". Waiting times may be several minutes.

**Parking/Assembly** The main parking area will be in a large paddock which also contains the assembly area. Be watchful of people as you enter the gate. Park as instructed by officials.

**Note** a gold coin donation for the farmer will be collected at the gate.

**Start** Across the road from the Arena, through the National Park gateway. Follow pink tapes South-East along a path for 300m. Competitors must dip their SI stick in the Start Unit BEFORE looking at map.

**Finish** Located 50m from the National Park gateway. Competitors are to dip their SI stick into the Finish Unit. Once you finish be sure to walk back to the Arena and "download" immediately.

**Out of bounds** All areas in the National park except the track to the start and a small spectator area near the finish

**Warm up** Within the assembly paddock or on the way to the start. Do not use Barraba Lane.

**Map** "Barraba Lane" I.Dempsey 2017. Courses H1-H4 have A3 size, while all other courses use A4 size. Control Descriptions printed on the front. Symbols for Hard and Moderate Course (English online). English text descriptions are printed on maps for Very Easy and Easy Courses (Symbol online)

**Scale** 1:7500 (VE, Easy & Hard 8) 1:10000 (All other courses) 5m contours

**Notes** Much of this map is NEW and has never previously been used for Orienteering. Undulating to steep and open eucalypt forest with an extensive track network in parts. The upper slopes comprise many parallel gullies and scattered sandstone rock features. The lower slopes include sections of subtle gully detail. Isolated patches of lantana throughout are easily avoided.

**Trails and tracks** While there are a number of 4WD tracks, single paths and other less distinctive rides or trails, many have become covered in forest litter or experienced shrub growth since the bush fire due to good rain. Competitors should take care when trying to navigate by these. Some significant minor trails have been improved in order to make them more obvious to competitors.

**Taped Routes** Very Easy and Easy Courses will have a taped route for 160m between controls. This is marked on Control Descriptions. Follow blue & white tapes

**Risks** National Parks are concerned about falling branches (always a potential risk in forested areas).

**Safety bearing** Competitors should head North to Tufi Lane and fence, then follow this to the Arena.

**Acknowledgements** Thanks to NPWS NSW for allowing us access to this site. Also to the Prescott's for allowing use of their paddock for parking and assembly areas and to the Teude's for granting us access to Tufi lane.

**Planner** Shane Trotter

**Controller** Rob Vincent

**Day Organiser** Andrew Power

SL6 Courses	Classes	Distance/Climb/Controls		
Very Easy	M10A, W10A, M/W10N, Open-Very Easy, EOD-Very Easy	1.8 km	60 m	10
Easy	M12A, W12A, Open-Easy, EOD-Easy	2.0 km	70 m	8
Moderate	M14A, M-Open-B, M-Jnr-B, W14A, W-Open-B, W-Jnr-B, EOD-Mod	4.1 km	120 m	6
Hard 8	M80A, M85A, M65AS, W75A, W80A, W85A, W65AS	2.5 km	100 m	6
Hard 7	M75A, M55AS, W65A, W70A, W35AS, W45AS, W55AS	4.2 km	100 m	10
Hard 6	M70A, M45AS, W16A, W55A, W60A, W21AS, EOD-H6	4.4 km	140 m	7
Hard 5	M16A, M55A, M60A, M65A, M35AS, W18A, W50A	5.4 km	210 m	8
Hard 4	M50A, M21AS, W20A, W35A, W40A, W45A	5.9 km	230 m	9
Hard 3	M18A, M45A, W21A	7.3 km	290 m	12
Hard 2	M20A, M35A, M40A	8.8 km	345 m	12
Hard 1	M21A	10.4 km	400 m	16

### **STATE LEAGUE 7 - COORANBONG NO METAL SPIKES**

**Date** Monday 14 June

**Location** Avondale University College, Cooranbong

**Format** Sprint Distance

**GPS** -33.084462, 151.460208

**Start Window** 9:30 am - 11:00 am.

**Course Closure** 12:00 noon

**Directions/Parking** Turn into Central Rd from Freemans Dr at Cooranbong Shops. Travel 1.1km (watch the speed humps) go through the boom gate, turn left and then left again. Follow signs to the car parking on your right.

**Assembly** The finish and assembly is the large grassy area to the west of the car park.

**Start** The start, for all courses, is a three minute walk from the Assembly. Follow the signs.

**Out of bounds** All areas south and east of the car park, except for taped routes from the assembly to the start and toilets.

**Warm up** Use the path or grass along north side of Central Road, directly to the West of the assembly.

**Toilets** Follow the signs from the assembly, a three minute walk.

**Map** "Avondale University College" S.Howe 2018 (updated and extended 2021 by S.Howe)

**Scale** All courses will use **1:3000** scale 2 m contours

**Special Map Symbols** Brown triangle – piles of mulch; Black circles – Park benches

**Notes** Typical University campus. Some courses visit the decommissioned Sanitarium factory and laboratories.

- Tables and chairs are not mapped as they tend to get moved around by the students;
- Take particular note of the olive green and other uncrossable features;
- There are controls at multi-level sites - the control descriptions will come in handy;
- The factory is being decommissioned, so piles of rubbish appear and disappear daily. Do not rely on special item crosses for navigation in the factory area;
- Most boom gates are not mapped and may be up or down but all easily run around. Please don't rely on them for navigation.

**Road Crossings** All courses cross roads that will be open although traffic is expected to be minimal. The two crossings used by Very Easy & Easy will be marshalled.

**Planner** Justin Stafford

**Controller** Shane Jenkins

**Day Organiser** Tim Tew

SL7 Course	Classes	Distance
Very Easy	M10A, W10A, M/W10N, Open-Very Easy, EOD-Very Easy	1.2 km
Easy	M12A, W12A, Open-Easy, EOD-Easy	1.9 km
Moderate	M14A, M-Open-B, M-Jnr-B, W14A, W-Open-B, W-Jnr-B, EOD-Mod	2.3 km
Hard 4	M80A, M85A, W75A, W80A, W85A, M65AS, W65AS	1.2 km
Hard 3	M35AS, M45AS, M55AS, M70A, M75A, W16A, W21AS, W35AS, W45AS, W50A, W55AS, W55A, W60A, W65A, W70A	1.9 km
Hard 2	M21AS, M40A, M45A, M50A, M55A, M60A, M65A, W18A, W20A, W21A, W35A, W40A, W45A, EOD-H2	2.4 km
Hard 1	M21A, M16A, M18A, M20A, M35A	3.2 km

### VERY IMPORTANT NOTICE - SATURDAY EVENT LIMITED PARKING/ACCESS

- We expected 200 entries we received 300 - This likely equates to over 175 vehicles
- We simply cannot safely accomodate that number especially as it is tight access from a 90 kmh road.
- Solution = carpooling
- We have arranged a carpooling location relatively close by at Lake Macquarie Motor Bike Club.
- Event parking limitations means access to the event site needs to be restricted to the following
  - a) Vehicles carrying 3 (or more) persons
  - b) Vehicles carrying children under 10 yo (preferably with 3 or more persons)
  - c) O shop vehicles
  - d) Catering volunteers with substantial equipment/supplies
- If you are not in the above group we ask you to please do one of the following
  - a) prearrange carpooling to fulfill the 3 person requirement (meet at the Motor Bike Club or elsewhere)
  - b) arrange on the fly carpooling at the Motor Bike Club parking - a great way to meet your fellow orienteers.
  - c) catch one of our two shuttle mini buses to the event.
- RV and Caravans etc will not fit at the event site. If you are in this group and have children under 10 you may make a very quick drop off but the driver must leave as soon as possible and head to the carpooling location.
- These arrangements will add extra time to your total commute.
- When leaving the event you need to carpool again, either prearranged, on the fly or bus it.
- We apologise for the inconvenience and thank you in advance for your understanding.
- Contact us if you have queries or (non trivial) difficulty with these arrangements, we'll try and accommodate you.

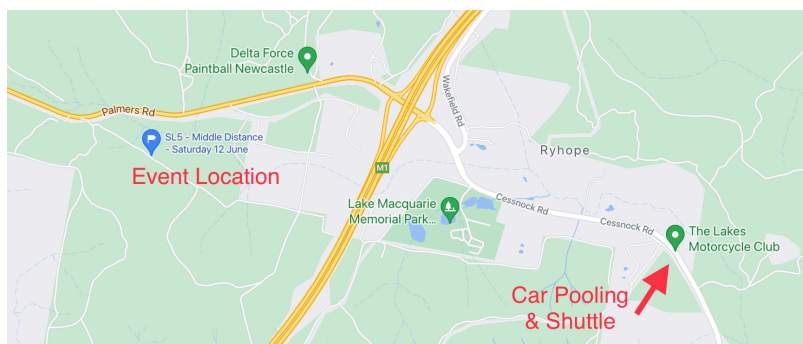
**Direction to Carpool parking (Lake Macquarie Motor Bike Club)** From the M1 head east towards Toronto (Palmer's Rd). The Lake Macquarie Motor Bike Club club entry is approx 1.7 km along this road on the right. Please park as directed. The shuttle buses will make pickups from the gate.

From Toronto at the Carey St/Boulevard traffic lights head west towards Awaba/Cessnock. The Lake Macquarie Motor Bike Club club entry is approx 6.5 km along this road on the left. Park as directed. The shuttle buses will make pickups from the gate.

**Directions to Event** From the M1 take the Toronto exit (Palmer's Rd) then head west towards Freeman's Waterhole. The event is on the left 1.5km along Palmer's Rd. Give plenty of indication when turning. If this parking is full you will be directed to turn off into the overflow parking a few hundred metres prior to the main entry.

From Cessnock travel to Freemans Waterhole and turn left at the roundabout heading towards Toronto. The event is on the right 1.5km along Palmer's Rd. Give plenty of indication when turning. If this parking is full you have to travel a few hundred metres further east to the overflow parking.

### Overview



### Event Parking

