

# Bulletin 1



## ACT MTBO CHAMPIONSHIPS 2021 16-17<sup>th</sup> October

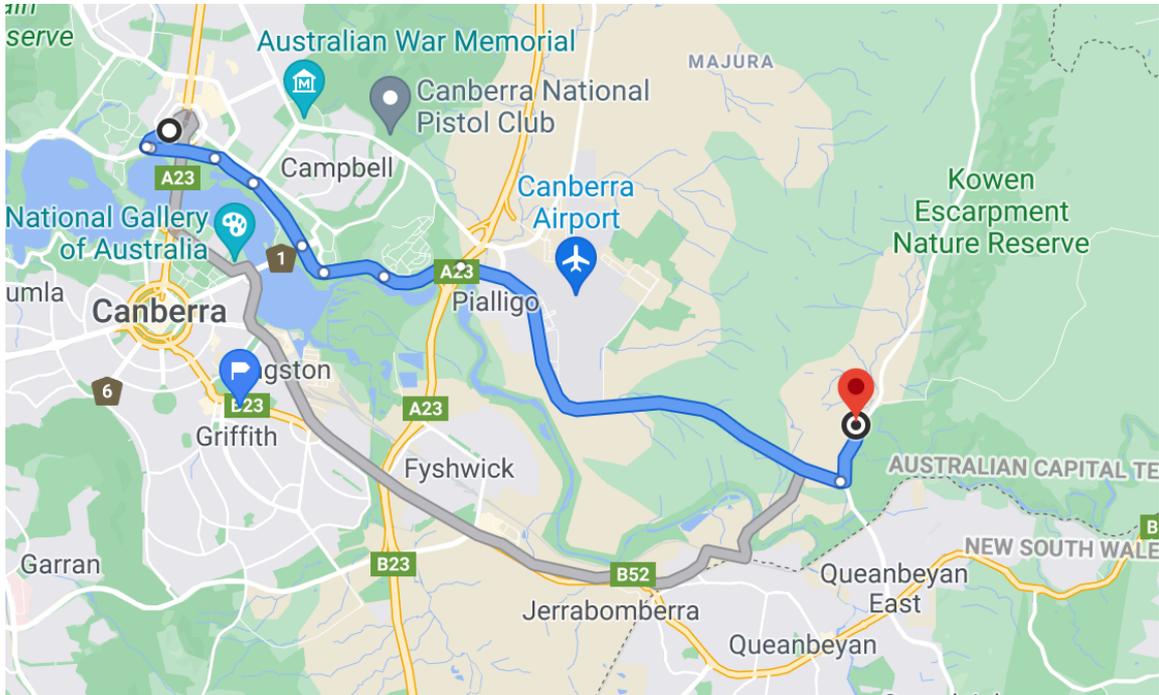
**Championships are featuring  
2 NEW MTBO MAPS  
THAT CAN'T BE MISSED!**

### EVENT SCHEDULE

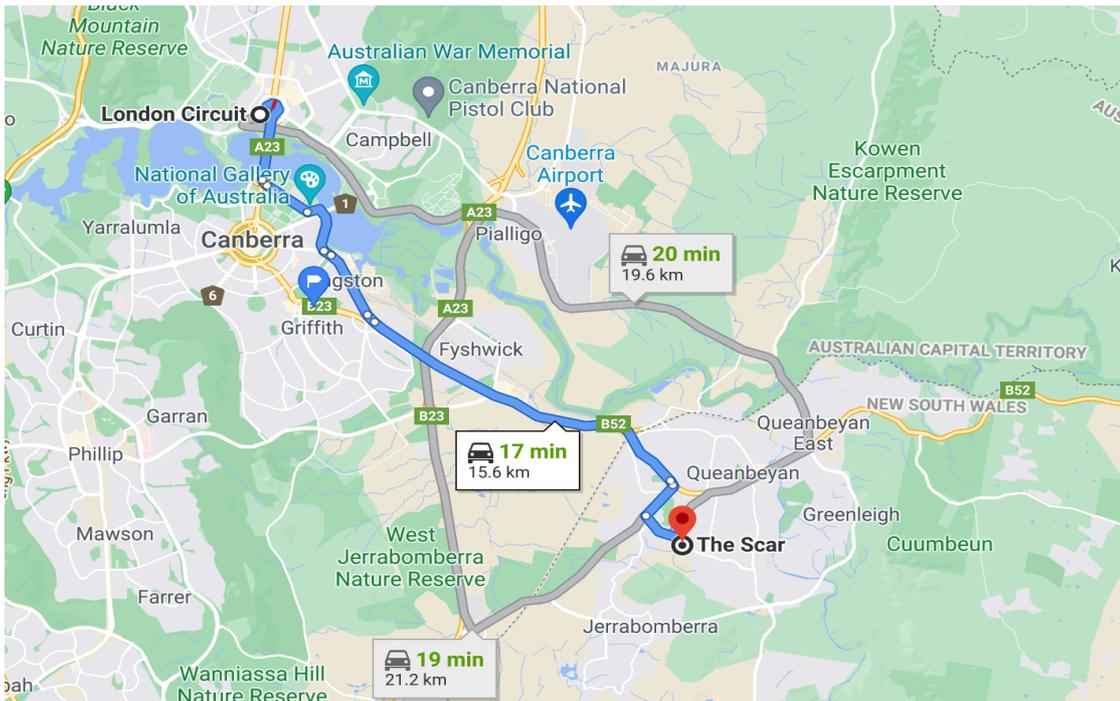
<b>SAT 16 OCT</b>	Afternoon 2pm	<b>SPRINT CHAMPIONSHIP</b>	Sutton Road Driving Center
<b>SUN 17 OCT</b>	Morning 10am	<b>MIDDLE CHAMPIONSHIP</b>	Jerrabomberra

# LOCATIONS OF CHAMPIONSHIPS

## 16<sup>th</sup> OCTOBER SPRINT – Sutton Road Driving Center



## 17<sup>th</sup> OCTOBER MIDDLE - Jerrabomberra



# ACT MTBO Championships 2021

Sprint Champ - Sutton Road - Saturday, 16 October (2pm)  
Middle Distance - Jerrabomberra - Sunday, 17 October (10am)

## 2 NEW MTBO MAPS THAT CAN'T BE MISSED!

The 2021 ACT Mountain Bike Orienteering, Sprint & Middle Championships will be held over 2 days and will provide competitors with some excellent single tracks and fire road riding in neighbouring fantastic locations of Jerrabomberra and an excitement of an open tricky terrain at Sutton Road Driver Training Center. **Sprint & Middle Championships** will challenge competitors with 2 new MTBO maps prepared by Andrew Slattery and courses will be a true mix of challenging, tricky and very much enjoyable MTBO!

### ACT MTBO Sprint Championships

Date: Saturday 16 October, Start times: From 2pm until 3pm.

Map: Sutton Driver Training Center, 1:5,000, 5m contours

Course Setter: Jim Anderson, Controller: Cath Chalmers

Day Organiser: Ann & John Scown Mapper: Andrew Slattery

### ACT MTBO Middle Distance Championships

Date: Sunday 17 October, Start times: From 10am until 11am.

Map: Jerrabomberra 1:7,500, 5m contours

Course Setter: Michael Reed, Controller: Eoin Rothery,

Day Organiser: Ann & John Scown Mapper: Andrew Slattery

Course	Course	Expected winning time (SPRINT)	Expected winning time (MIDDLE)
Course 1	M21	20-25 min	55 - 60 min
Course 2	M17-20, M40, M50 W21	20-25 min	50 - 55 min
Course 3	M16, M60, W17-20, W40, W50 Open 3, E-Bike	20-25 min	45 - 50 min
Course 4	M14, M70, W14, W16, W60, W70, Open 4	20-25 min	40 - 45 min
Course 5	M12, M80, W12, W80, Open 5	16- 20 min	30 - 35 min

Entry fee: Senior \$25 per event; Junior (under 21) \$15 per event; Map Board for hire: \$5, SI-Air \$5.

More information: <http://act.orienteering.asn.au/event-series/mountain-bike-orienteering/>

Learn to navigate at higher speed!

**ENTRY DEADLINE is**  
**13th OCTOBER 2021, 11.59pm**

<https://eventor.orienteering.asn.au/Events/Show/10574>

<https://eventor.orienteering.asn.au/Events/Show/10576>

(Only limited Entry on a Day is available to Open 3, Open 4, Open 5)

<b>Class</b>	<b>SPRINT</b>	<b>MIDDLE</b>
<b>Senior (&gt; 21)</b>	<b>\$25</b>	<b>\$25</b>
<b>Junior (11 - 21)</b>	<b>\$15</b>	<b>\$15</b>

**HIRE: Map Board - \$5 /day, SI AIR - \$5 /day.**

**ENTER ACT MTBO CHAMP:**

<https://eventor.orienteering.asn.au/Events/Show/10574>

<https://eventor.orienteering.asn.au/Events/Show/10576>

## **RULES**

These events are organized under the Orienteering Australia Competition Rules for MTBO 2019 <https://orienteering.asn.au/wp-content/uploads/2017/10/OA-MTBO-RULES-2019.pdf>

## **SI-AIR (1.5m) PUNCHING SYSTEM**

SIAC system will be used at the events (SI-Air, touchless SI system). If you do not own a SIAC chip, you can hire at the time of entry. The range will be set up as 1.5m, so to record a control you have to pass within a distance no more than 1.5m and at a speed less than 40km/h. ONLY SI-Air chips can be used at the ACT MTBO Champs, that is a World MTBO Standard now.



**ENTRY DEADLINE is  
13th OCTOBER 2021  
11.59pm**

## START

Event 1, 16<sup>th</sup> OCT, SPRINT, Queuing Start, between **10.00am -11.00am, 1 min interval.**

Event 2, 17<sup>th</sup> OCT, MIDDLE, Queuing Start, between **2.00pm - 3.00pm, 2 min interval.**

ENTRY ON A DAY will be available only in OPEN3, OPEN4, OPEN5 classes.

## WATER

There is limited water available at the start and finish – please bring your own water. There is no water on the course.

## WEATHER

Before heading to Canberra, please check the weather and bring warm clothes in spite of the forecast ☺ <http://www.bom.gov.au/act/forecasts/canberra.shtml>

## AWARDS AND PRESENTATIONS

Awards will be given in each declared Class for 3 places. The format of presentations will be announced closer to the event to comply with COVID-19 regulations.

# ACCOMMODATION

There is plenty of great accommodation in ACT.  
Suitably located and great Tourist Parks are:

## CRESTVIEW TOURIST PARK

81 Donald Road, Queanbeyan, NSW 2620

<https://canberracaravanpark.com.au>

## ALIVIO TOURIST PARK

20 Kunzea Street, O'Connor ACT 2602

<http://aliviogroup.com.au>

## MAP BOARDS and SI-AIR on sale



*Colin Price*

**[www.aussieogear.com](http://www.aussieogear.com)**

Australian Distributor of **Sportident** Timing Equipment.

Australian agent for **TRIMTEX** Performance clothing.

Importer of clothing & equipment for Orienteers, Rogainers and Adventure Racers;  
[Trimtex](#), [Vavry](#), [Orifix](#), [Siven/Bryzos](#), [Vapour](#) and [Moscompass](#).

**Mobile: 0415210339**

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## SI-AIR on sale from Orienteering ACT

Sportident SIAC sticks (SI AIR+) are now back in stock and available for sale to OACT members. SIAC sticks enable you to use contactless punching at Metro, Classic, and Twilight Series events, as well as at most championship events. To purchase a SIAC stick please enter [Eventor](https://eventor.orienteeing.asn.au/Events/Show/15856) here: <https://eventor.orienteeing.asn.au/Events/Show/15856>

and then send an email to the OACT office [office@act.orienteeing.asn.au](mailto:office@act.orienteeing.asn.au) to arrange for collection. The cost is \$110. A selection of colours are available in limited quantities, so get in quick to reserve your preferred colour.

## Welcome to our Well-being Partner company “Yoga for Posture”

**Elena Amani**, owner of Yoga for Posture will be providing 10 min express massage-sessions on Saturday afternoon after the Sprint Champ and on Sunday after the Middle Champ

<https://www.yogaforposture.com.au>

Practice Yoga and Massage with Elena during your preparation period to ACT MTBO Champ.



## OUR DREAM CAFÉ

will be serving us with the best coffee before 2 Champs, starting 1pm on Saturday and 8.30am on Sunday



Final Details and comments from Course Setters will be provided in the

## **Bulletin 2** **that is due 15<sup>th</sup> September 2021**

More information on ACT MTBO:

<http://act.orienteering.asn.au/event-series/mountain-bike-orienteering/>

Further enquiries on ACT MTBO Champ before the Champs:

Marina Iskhakova

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Ann and John Scown - 0402 303 440

[scown@light.net.au](mailto:scown@light.net.au)