

Event Information – Southern Regional Championship OST 7

Location	Event Date	Region	Type
Pittwater	25/7/21	Statewide	OST

COVID-19 Compliance

To comply with government regulations there are changes to the way orienteering in Tasmania takes place:

- From May 1 everyone (participants, organisers and spectators) must use the **Check in TAS** app. (Please download the app before arriving at the event)
- At the event scan the QR code which will be prominently displayed
- If you do not have a smart phone you must fill out the paper form
- It is greatly preferred that you enter using the online entry system [Eventor](#) several days prior to the event.
- There will be limited entry or payment on the day.
- Before you come, read the [COVIDSAFE Participant checklist](#).
- Bring your own water – no water will be available on the course or at the assembly area.
- Social distancing and a range of hygiene measures will be enforced.



If you have COVID-19 symptoms or have been in recent contact with a COVID-19 case please stay home.

About This Event

This is the 7th event in the OST statewide series. The event uses 2 separate maps from the Pittwater area. Eight courses are available, organised by age group and by difficulty for less experienced orienteers.

As a result of the destruction of some of the best Orienteering country in Australia for the construction of a golf course, the concepts of this event have had to be markedly changed. The organisers apologise for any inconvenience you experience but advise that it is vital to read the details below very carefully. The event is divided into 2 parts in different locations on the Pittwater peninsular. This will mean completing the first part of the course from an assembly area along Surf Road, and relocating to the second part of the course at the far Eastern end of Centre Road. Part 1 of most courses is much shorter and far less complicated than Part 2 of the equivalent course. To try to ensure absolute clarity the organisation of the day is summarised below in point form.

1. Meet at Assembly Area 1 which is located just over 1km past the Rangers Station on Surf Road. There are 2 gates along the road which will be closed but unlocked. They are tricky gates but they must be left closed after passing through. The road is good quality gravel creating future access to the golf course. You will need to assemble around 9.30am as the marked walk to the start may take 10 to 15 minutes. Prior to the event you will have allocated start times between 10am and 10.45am.
[Those who need split times to assist Juniors on their courses or have major difficulties meeting the early and compressed start times should email terry.cavanagh@omaster.com.au to discuss options]. Please use the Toilet facilities at the Ranger Station before and after Part 1 as the portable toilet will be located at the second site.
2. Starts will be controlled; maps and course descriptions, clear and check will be available at the actual start location.
3. When you complete the first part of the course (at the final control) the system will automatically pause your progress until you punch the first control on the second part of your course. You must NOT Clear and Check between the 2 sections of your course and no clear and check facilities will exist other than at the first start location. For safety purposes we will be asking you to check out from the Part 1 registration area before moving to Part 2 Assembly.
4. After the completion of the first part of your course you will need to relocate to the eastern end of Centre Road by driving back out along Surf Road, closing both gates as you go, and then driving via Centre Road closing appropriate gates again. Parking will be a few hundred metres before the Assembly Area. Unfortunately, there are no direct drivable options between Surf Road and Centre Rd. Do not attempt to take any of the intermediate sand tracks as they have been made impassable during the tree felling process.
5. Starts for the second part of your course may commence at any time after 12.15pm after at least a 15-minute walk to the Start. The Start will be controlled to ensure that courses and starters are staggered and that all runners punch the “re-start” before commencing part 2 of their course.
6. At the end of this section of the course competitors will finish in the normal way. Your final time will be the total of the 2 sections of the course.

Note – The Juniors will be offering some food and drink options at the conclusion of the total event.

Where is the Start?

For all competitors coming from the Hobart direction drive past the airport on the Tasman Highway and turn right onto Pittwater Road and follow to the T intersection. Turn Left on to Surf Road and follow for just over 1Km through 2 gates. The route from the Assembly area to the Start will a taped 400 - 500mts through the sand dunes; allow 10 – 15 minutes. Do not deviate from the marked route.

When Part 1 of your course is completed return to Pittwater Rd via Surf Road. Turn Right into Pittwater Road then Right into Centre Rd. Follow through gates for some 4 Kms to the eastern end of Centre Road. Parking will be some 200mts before the Assembly point (as the track deteriorates). The Portable Toilet will be located between the carpark and the assembly point. The route to the Start from the Assembly area will be taped and is some 800mts through the sand dunes; allow 15 – 20 minutes.

When Can I Start?

See above. Allocated starts 10 – 10.45am for Part 1 and organiser-controlled starts 12.15 to 1.15pm for Part 2.

When do I Have to Finish?

Course Closure for Part 1 of the course will be determined by the final competitor through the last control but note that this will need to be no later than 12.15pm to have any chance of arriving at the Start of part 2 at an appropriate time. Part 2 of your course will close at 3.00pm. If you cannot complete your course in time you will need to abandon it and head back to the assembly area to arrive by course closure time. In the case of Part 1 of the course report in to the official at the last control (for Safety Check purposes).

Whether or not you have completed your course, you must download at the computer after the second part of your course, so that we know you have returned safely, and don't organise a search party for you. Also, be aware that as soon as the course is closed, the organisers may start bringing in controls.

Which Map is Being Used?

Map: Varying parts of the Pittwater Dunes map

Scale: 1:7500

Contour Interval: 2.5m

Climb – The area is basically a flat area with rolling sand dunes. Route choices will vary and apart from climbing some dunes to reach controls on knolls competitors may well find quite minimal climb on their course with the majority of climb being on the walk to Start 2.

What are the Courses?

At OST events you enter by course into whichever course you like.

Course	Target Winning Time (minutes)	Navigation	Distance (Approx)	Indicative age classes, but for this and all OST events you can compete in any course you choose. Series points are calculated for all Hard courses (and Course 6 for M/W14 and younger.)
1	80-90	Hard	Total - 8.4kms	M21, M20, M35, M40
2	65-75	Hard	Total – 6.8kms	W21, W20, W35, M18, M45, M50, M55
3	55-65	Hard	Total – 5.4kms	W18, W40, W45, W50, M16, M60
4	55-60	Hard	Total – 4.6kms	W16, W55, M65, M70
5	55-60	Hard	Total – 4.3kms	W60, W65, W70, W75, W80, M75, M80, M/WOpenA plus Orienteers transitioning from moderate to hard navigation

Course	Target Winning Time (minutes)	Navigation	Distance (Approx)	Indicative age classes, but for this and all OST events you can compete in any course you choose. Series points are calculated for all Hard courses (and Course 6 for M/W14 and younger.)
6	45-50	Moderate	Total – 3.7kms	W14, M14, M/WOpenB
7	30-40	Moderate	Total – 3.3kms	W12, W14B, M12, M14B, M/WOpenC
8	25-30	Easy	Total – 1.4kms	W10, W12B, M10, M10B (Apologies for the walks to the start but hope you enjoy the courses and the smiley faces).

Do I Need an SI Stick or P Card?

All Tasmanian Orienteering clubs use the Sportident (SI) electronic timing system so an SI-stick or a P card is required at all events.

Please note that P cards are likely to have insufficient storage capacity for the controls on most of these combined courses. They would only be appropriate for use on courses 6, 7 and 8. The organisers can arrange for an SI to be borrowed for the event given its complexity.

If you would like to buy an SI-stick (from \$60), some clubs may have them for sale (ask at an event) or see aussieogear.com

How do I Enter?

Enter online by midnight on Wednesday 21 July. Late entry (extra charge) closes at midnight Friday 23 July. Allocated start times for Part 1 of your course will be emailed as early as possible after the entries close.

- Enter using [Eventor](#) – the online orienteering entry system.
- If you need help to enter, follow the [How to Enter guide](#).
- If you miss the entry deadline email the organisers.
- There will be no entry or payment on the day.
- To enter online you need to be [registered as a casual or full member of Orienteering Tasmania](#). Casual membership is free.

Information for Newcomers

Newcomers are welcome at all events. Wear comfortable clothing and foot wear suitable for walking or running; bring warm clothes and wet weather gear in case the weather is inclement. Long pants are a good idea if you plan on doing a course that takes you off tracks and through the bush.

For OST events enter course 6 or 7 for a moderate navigation course or course 8 for an easy navigation course.

Your first orienteering event will be free of charge (including loan of SI-stick). When you arrive at the event come to the registration desk and let the organisers know you are new; an experienced member will help you through the registration, start and event procedure.

Safety

All competitors should carry a whistle, for use ONLY in an emergency. If injured or seriously lost - 6 short whistle blasts, pause, listen, then repeat.

If you are lost, but not distressed, orient your map to north and follow the safety direction printed on the map or notified at the start to return to the assembly area.

If you are seriously lost or injured and come across a control, remain at the control until an organiser or another competitor is able to provide assistance.

If you come across a well-used vehicle track, stay on it.

If all the above fails, go to the nearest hill top or open area and stay put.

If a friend or family member is late returning, DO NOT go searching by yourself. Tell the organisers, who will take the necessary action.

How Much Does it Cost to Enter

FEES	Members			Non-members		
	Adult	Youth or Concession	Family	Adult	Youth or Concession	Family
OST	\$16	\$8	\$40	\$24	\$12	\$60

- **Adult** is 21 years and over at 31 December of the current year
Youth is under 21 years at 31 December of the current year
Concession is Pensioner Concession Card Holders or a full-time student
Family is 2 adults and any number of juniors who are part of a family (enter all in one session to get the discount)
- Children 10 years and under completing a course as a member of a group in the company of adults or older children, participate free of charge - only one adult in the group needs to register, unless you want more than one map for the group .
- A child completing a course as an individual with a parent shadowing (following) them only pays the relevant child entry fee. That is, the parent shadowing does so free of any charge. Only the child needs to register.
- Refund policy for withdrawals: 100% refund for COVID-related absence; 100% refund if you withdraw before entry closing date (email the event organiser and the OT treasurer); 75% refund any other reason (email the OT treasurer within 24 hrs of the start of the event)

Contact Information

To contact the organiser for this event, email terry.cavanagh@omaster.com.au

Course Planners and Course Controllers

Course Planner: Dane Cavanagh

Course Controller: Terry Cavanagh

Where can I find results?

Results from an event are presented in four different places in slightly different ways.

- **Live Results** are available as competitors download during some events. Go to [Results/Live Results](#) and choose the club that organised the event.
- **Eventor** shows the official results for each course or class and will be available the evening after the event. For OST events the age-and-gender-adjusted times will be published a day or two after each event, as a document in the Eventor page for that event. Go to [Results/Recent Results](#) and click on results for that event.
- **WinSplits** shows the time people have taken for each leg and will be available as soon as the results are available in Eventor. Go to [Results/Recent Results](#) and click on "Split Times" at the top of each class/course.
- **Livelox** shows the routes people have taken on the course (if they have used a GPS and uploaded the data). Go to the Eventor results and then click on Livelox either in the top bar or for each class/course.

What Else do I Need to Know?

As Orienteering Tasmania events are often conducted on private property we have a blanket policy of not permitting dogs at our events. Please leave your dog at home if going orienteering. As well, please leave gates closed or open as you find them.

Any Food, Entertainment, Coaching or Other Special Attractions?

The Tasmanian Juniors will have a limited range of food and drink supplies available after the completion of the event.
