

# **2021 ACT Middle Distance Championships**

## **21 August 2021**

### **Preliminary Event Information**

The 2021 ACT Middle Distance Championships will be staged on Saturday 21 August. Preliminary information about the event is provided below.

#### **ACT Middle Distance Championships 2021**

#### **ACT League #10**

#### **NSW State League #10**

Organising Club: Abominable O-Men  
Organiser: Mary McDonald (AO)  
Course Planner and Mapper: Bob Allison (RR)  
Event Controller: Grant McDonald (AO)

**Venue:** Pine Island Reserve. The event area is located in Tuggeranong, and is 25km south of the centre of Canberra.

**Starts:** Allocated starts will be from 11:30 am with pre-entry on Eventor. There will be NO enter-on-the-day courses.

**Map/Terrain:** Pine Island. 1:7,500, 5m contours.

The area for the event is the northern part of the new Pine Island – Mt Stranger map which covers the area between the Murrumbidgee River and the suburbs of Bonython and Gordon. The map covers a variety of terrain including fast open native forest, rocky steeper areas with rock detail typical of the Deakin volcanics evident in a number of maps to the west of Canberra, and, along the river, complex rock detail interspersed with patches of green, that will provide a unique Canberra orienteering experience.

The higher than average rainfall in recent months means that some areas along the river bank and other low-lying areas that were high and dry when mapped may be partially submerged.

**Courses/Classes:**

Course	Classes	Indicative length (km)	Difficulty
1	M21A, M20A, M35A, M40A	5.9	Hard
2	M45A, W21A, M16A	5.0	Hard
3	M50A, M55A, W20A, W35A, W40A, M20AS, M21AS	4.4	Hard
4	M60A, M65A, W16A, W45A, W50A, M35AS, W21AS	3.9	Hard
5	M70A, W55A, W60A, M45AS, W35AS	3.2	Hard
6	M75A, W65A, W70A, M55AS, M65AS, W20AS, W45AS, W55AS	2.7	Hard
7	M80A, M85A, M90A, M95A, W75A, W80A, W85A, W65AS	1.7	Hard
8	M14A, M Junior B, M Open B	3.5	Moderate
9	W14A, W Junior B, W Open B	2.4	Moderate
10	M12A, W12A, M/W Junior Easy, M/W Open Easy	2.6	Easy
11	M10A, W10A, M/W Junior Very Easy, M/W Open Very Easy, M/W10 Novice	1.7	Very easy

**Entry fees** (GST included): Adults (21 years and older) \$21. Junior (20 years old and younger) \$12. Family fees are based on the three most expensive entry fees in an eligible family and Eventor works this out.

**Awards:** ACT Championship awards will be made to placegetters in all championship (A) classes.