

EVENT INFORMATION

EVENT: MTBO MIDDLE DISTANCE CHAMPIONSHIPS

LOCATION: LAKE LESCHENAULTIA

DATE: SUNDAY 8 AUGUST 2021

ASSEMBLY AREA: CAR PARK ON THE WEST SIDE OF THE LAKE. FOLLOW SIGNS FROM THE PARK ENTRY OFF ROSEDALE ROAD TO THE NORTH.

ENTRY DETAILS:	PRE-ENTRY ONLY FOR CHAMPIONSHIP COURSES. ENTRIES CLOSE WEDNESDAY 4 AUGUST at 23:59 WST.
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START TIMES: 9.30 – 11:30 AM

COURSES CLOSE: 1:00 PM
You need to be back at the assembly area by this time, whether or not you complete the course

COURSES AVAILABLE:

COURSE	LENGTH	CLIMB	Navigation
1	18.3km	170m	M21
2	14.6km	130m	M17-20, M40, M50, W21
3	11.3km	80m	M16, M60, W40
4	8.5km	50m	M70, W17-20, W50, W60, W70, M12, M14, W12, W14

- Course 1 map scale is 1:15,000.
- Courses 2-4 map scale is 1:10,000
- Courses 2 and 4 are available for non-championship (including e-bike) and enter on the day participants. If you want to enter for a course without taking part in the Championships, you can either pre-enter an open non-competitive course or enter on the day. However, you will not be able to start until all Championship competitors have started. **Runners welcome too!**

COURSE NOTES:



Orienteering

Western Australia

- The area is mostly gently undulating terrain. Each course traverses bushland and a lakeside section, mostly on fire breaks but with some single track too.

TO MINIMISE THE SPREAD OF DIEBACK:

- Keep to the tracks (this is an MTBO rule anyway).
- Clean footwear and bike (especially tyres) prior to coming to the event (bring a dustpan brush).
- At the start you will be required to spray your tyres with the provided methylated spirits.

FACILITIES:

- Parking is available at the assembly area and other areas beside the road to the assembly area.
- Toilets are available at the assembly area and also on the eastern side of the lake.
- Reflections Café is located on the eastern side of the lake and is open from 8:30am to 1pm.

