



FINAL INSTRUCTIONS

EAST BEERBURRUM STATE FOREST – DONNYBROOK MTBO STATE SERIES

Sunday 8.30am, 17th October 2021

Thank you all for your entry into the
Queensland MTBO State Series Event

Important Points

- **Important COVID Note!** The Qld lockdown has eased in this area to **STAGE 3 restrictions**.
Social Distancing – maintain a distance of 1.5 from everyone always. This includes at admin, start, finish and on the course.
Masks - You are NOT required to wear your mask UNLESS you cannot maintain 1.5m from anyone, other than someone from your household.
- Registration opens at 8.00am. Start between 8.30am to 9.30am (See Timings on page 4)
3Hr Score Course First. **Course closure is 12.00pm.**
- **Once you start your course you're not permitted to ride back through the start or pre-start at any time during your ride.**
- **The Bruce Highway Upgrade works are Out of Bounds (OOB). There should be no construction vehicles on the day but please take care**
- The SI Air Units being used for this event are **NOT** the new ones. These only have a range of 30 centimetres.
- Do not stop within 5 metres of any control. If you need to stop to plan your route, please do it away from the control to avoid causing a hazard.
- Mobile phones, including smartphones, may be carried for emergency use only. They must not be visible whilst riding and are not to be used during the event for navigation.
- GPS enabled devices may be used during the event, provided they don't display a map or breadcrumb trail. If in doubt about your device ask the Event Organiser.

COVID Safety Guidelines for MTBO Events

Prior to the Event

- Entrants, spectators and volunteers are encouraged to install or update the COVIDSafe app on their smartphone: <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>
- **If you have any COVID symptoms, do not come. Symptoms include:**
 - fever
 - coughing
 - sore throat
 - shortness of breath

On Arrival

- Maintain social distancing in the parking area, at Registration and on the way to the start area.

At the Start Area

- Maintain social distancing at the start area.
- Ground marking will be used to ensure waiting riders are separated by 1.5m.
- Start lanes will be at 1.5m separation.
- Clear/Check/Test/Start units will be disinfected at 15 minute intervals.
- There will be no re-use of maps.

In the Field

- Maintain social distancing at course control points.
- Take care to avoid physically touching the SI Air units in the field.

At the Finish

- Maintain social distancing in the download area
- Download, take your results printout and move away from the desk.
- Leave any hired SPORTident sticks or mapboards in the boxes provided.
- No results will be displayed at events.

As you Leave

- Maintain social distancing in the parking area.

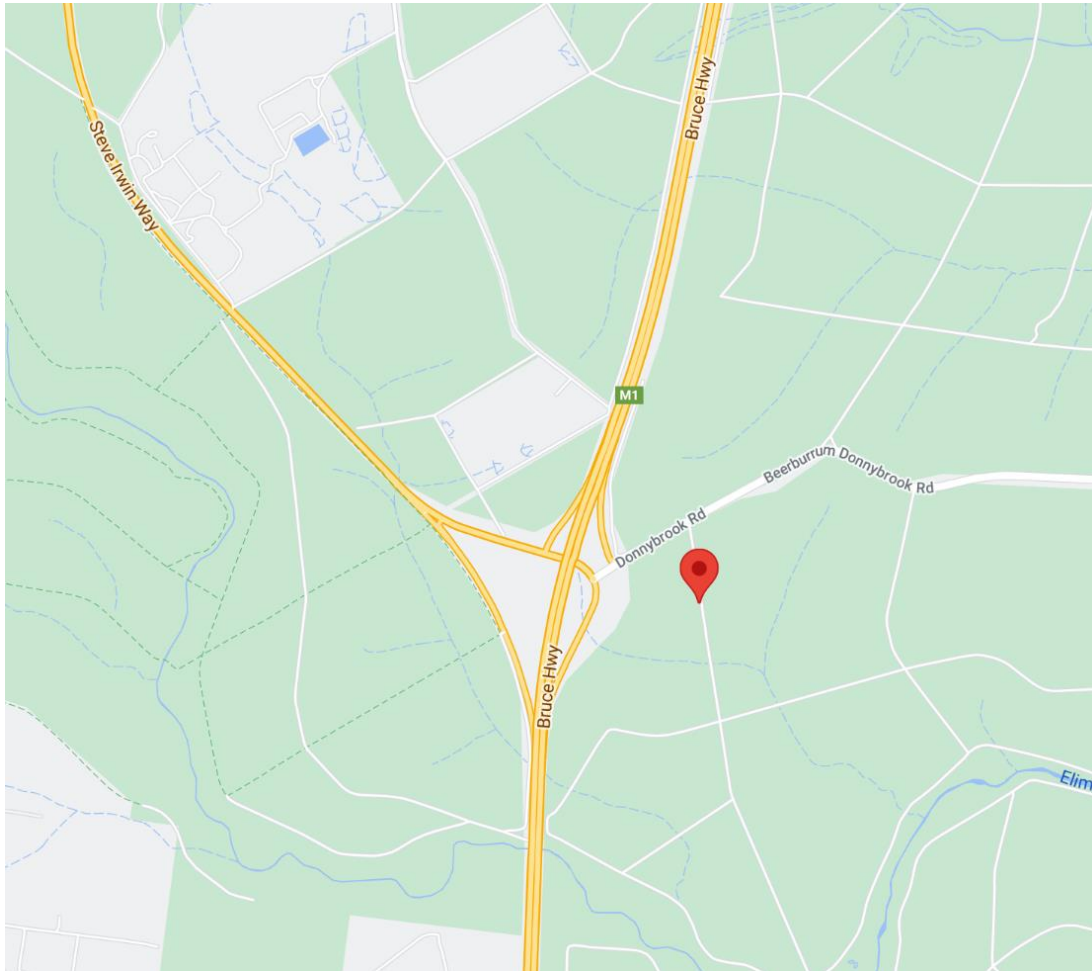
After the Event

- **If you develop COVID symptoms, self-isolate and get tested.**

There will be hand sanitiser and alcohol-based wipes placed around the event. If you see them, use them to help promote hand hygiene.

Event location

The event site is just off Beerburum Donnybrook Rd [HERE](#) . **If coming from the south, take care after you exit the Bruce Hwy and are at the T intersection with Steve Irwin Way to turn right to go back under the freeway. Traffic comes from your left and your right.**



Parking

Park as efficiently as you can. The start is just next to the assembly area so beware of riders as you park.

Registration

The Registration Desk will open at 8:00am.

All competitors are required to go to Registration to confirm their entry details and make any outstanding payments. If you hired a SPORTident stick or mapboard we'll issue them at Registration. If you do not have an SI Air stick, they are available for hire, but older sticks will still work as the controls still have the hole to punch.

For newcomers, basic instruction will also be available, just look for club volunteers at Registration.

A small quantity of mapboards will be available for hire at Registration for \$10

If you wish to change courses you must do this at Registration. You cannot do this at the start.

Toilets

There will be bush toilets near the Assembly. There are proper toilets at [BP Northbound](#) Service Centre or at [Wildhorse Mountain](#) Service Centre if southbound, if you'd like something a bit more salubrious.

Map - Scale and Contour Interval

All Courses - A3 and Contour interval 5M

Courses 1, 2, 3HR and Recreation Score Courses - Scale 1:20000.

Courses 3, 4 and 5 - Scale 1:15000.

Terrain

The event area is undulating pine plantation with some remnant native forest along watercourses.

There are 3 “out of bounds” areas. One block closed for harvesting, a small quarry and the Bruce Hwy Upgrade work site. The main roads around the harvest block is available, even if logging signs say otherwise.

The map was last used in 2019 so both the vegetation and the track conditions may have had updates for this event (30% of tracks have been re-checked). The COVID lockdown has prevented further work on this. As a result competitors should note the following:

- In addition to the normal track and path grading a broad green stripe has been used to show local areas of thick vegetation or overgrown tracks.
- The tracks are generally dry but there are lots of extensive puddles, and some deep ruts are present from previous wet weather activity. The deep ruts are generally avoidable on two wheels, but riders should exercise care
- Track speed may also be reduced by lantana, long grass or small pine growth, plus fallen pine cones.

Timing

08.00	Registration opens
08:30 – 8.45	Start 3hr score (Groups of 4) to allow course completion
08.45 - 9.30	All other courses can start
12.00	Courses close

Course Planners Notes

The area is a mix of Pine forest and native bush mainly round the creeks. There are a mixture of major fire roads crossing the map, as well as single track created by motor bikes, and minor access roads created by forestry in the usual state of disrepair. The course is predominantly flat with only one hill which is close to the finish.

Courses

- Courses 1 to 5, you must get the controls in the order specified on the map (Start, 1, 2, 3... Finish).

Course to Class mapping:

Course 1 M21(Men 21-39), Women Open Long, E-bike, Long

Course 2 W21(Women Open), M40(Men 40+), M20(Men 17-20)

Course 3 W40(Women 40+), M50(Men 50+), Medium

Course 4 W50(Women 50+), W20(Women 17-20), M60(Men 60+), M16(Men 15-16),

Course 5 W60(Women 60+), W16(Women 15-16), W14(Women ≤14), M70(Men 70+), M14(Men ≤14), Short

- Score Courses, you can visit any controls in any order.

Rec Score 90 mins – Social event for E-bikes, families, individuals or teams

Score 3 hour - Social event for individuals or teams

Course Details - there is only one moderate hill on the course. Climb on courses is not significant.

Course	Distance (km)
1	33
2	29
3	23
4	20
5	16

Score courses (3HR and Recreational)

There will be a number of controls on the map that may be visited in any order. The aim is to accumulate the maximum number of points and return within the given time limit by visiting the most controls. Each control is worth a multiple of ten. For eg. Control 57 equals 50 points, Control 65 equals 60 points, Control 93 equals 90 points etc.

In the event that more than one rider visits all the controls, the winner will be the rider that returns in the quickest time.

10 points will be deducted for each minute or part minute you are longer than your allocated time (3hrs or 90 mins) up to the time you punch a "Finish" control. Riders finishing more than 30 minutes after the course finish time will have all points deducted. There are no extra points for finishing before the finish time.

There is not a mass start (for social distancing) for the Score Courses so it is important that you keep track of your own time from when you started. Bear in mind that all courses close at 12:00noon. Please keep this in mind when making your way to the start.

Course Closure

Courses close at 12:00pm. If you have not finished your course by this time, please abandon it and return to the finish control (to turn off your SI stick so as to not flatten the battery) and then the Download Desk. Control collection will commence immediately at 12:00pm

Out of Bounds Areas

These areas are marked on the map with a regular striped purple pattern. You are not to ride through any of these areas.

Map Notes

The position of the Start triangle on the map is marked on the ground and is approximately 75 metres from where you get your map and "punch" the start control. You **MUST** ride past the Start triangle (ie past this control flag) after you start.

Riding on Rough Open Land (pale yellow) is not permitted under the Australian MTBO Rules, but for this specific event, you're allow to ride on Rough Open Land if you wish, however it is ROUGH.

There are some DANGEROUS washouts on some tracks. We hope we've marked all these. They are marked as an Obstacle on your map.

Some tracks had large puddles on them which were drying out with fine weather, but following the mid-week rain riders should be aware of puddles.

Map Symbols

Legend		fast	medium	slow	difficult
Contour/Index contour					
Watercourse					
Out of bounds					
Native Forest					
Pine Forest In Rows					
Dam/Pond/Water					
No Riding Allowed					
Obstacle / Log					
Rough Open Land					
					
					
					

Clear & Check

It is important to remember to “clear” and “check” your SPORTident stick prior to your start, to delete previous event information stored on it. Special “Clear” and “Check” units will be positioned in the pre-start area of the event. Also, this “Wakes up” the SI Air sticks. It is the competitor’s responsibility to ensure that they have the correct SPORTident stick and that it is cleared of previous race data before they start. If you do not clear your SPORTident stick it may not have enough memory to record all your controls.

SPORTident Air Check:

There will be an SPORTident Air Test unit after the Clear/Check units to test your SPORTident Air stick, simply wave your stick over to test your stick is on.

Start

After you register, you can start. The Start is right next to the Assembly Area. You should expect to see it as you register. **Note: You're unable to change courses at the start. Do this at Registration beforehand.**

You may start at any time during the 8:30am to 9:30am starting window **HOWEVER the 3Hr Score Course will start first. There will be a 15min slot from 8.30am to 8.45, 2 min interval with minimum 4 riders in each slot (You can still start after this time but we want to get you away first). If you are in the 3Hr score, please try to be ready by 8.30.**

We use a pre-recorded announcement to give you safety warnings and tell you when you can pick up your map, so listen to it carefully! You will have 1 minute to look at your map.

After you've been given the start signal, you must immediately “punch” (SI Air can wave) the start control may choose to spend a little time deciding on which route to follow. Just move aside so you don't obstruct other starters.

Finish

At the finish, riders must punch or wave one of the “finish” controls to end their event and record a finish time. After recording the finish control, proceed to the Download Desk at the Assembly Area to download your results and receive your time. If you have a hired SPORTident stick, we'll retrieve it from you. If you hired a mapboard this will also be recovered. Riders who finish more than 30 minutes after the official course closure time will be disqualified.

For safety reasons, all riders must report to the finish and then the Download Desk to indicate they have returned safely, irrespective of what time they return, to avoid search and rescue procedures.

DO NOT GO HOME WITHOUT DOWNLOADING.

Tip: The finish control turns off your SPORTident Air stick, so you must go there to end your ride and conserve its battery.



SPORTident

This event will be using the SPORTident Electronic timing system. SPORTident sticks can be hired for a cost of \$5.00 per person per day. Lost hired sticks will be charged to the competitor at the full replacement cost of \$95.00.

SPORTident Air (SIAC) Contactless Punching

Familiarize yourself with how the system works by reading the guides that are available on the event page in Eventor. The SPORTident units for this event operate on a 30cm proximity.

SPORTident use on the Course

If a SPORTident unit at a control malfunctions and does not “beep” or “flash” when the stick is brought within range, try inserting the SI stick into the hole on the unit. If it still fails to beep, the competitor must use the red pin punch at the control to mark their map or other single sheet (eg a back-up punching strip). Failure to do this will result in a MP (Mispunch) being recorded. If you need to use a punch at any control, please advise the finish officials at the Download Desk as they will need to sight your punched map, strip or sheet, to confirm that you have completed the course.

Control Flags

Standard orange and white control flags will be suspended on pickets or stands with a SPORTident unit and red pin punch (for use if the control unit fails). The control identification number will be on the SPORTident unit. This will match up with the control number on the map. If you accidentally punch the wrong control, continue on to your correct control and proceed as normal. Punching a control more than once will not lead to any penalty.

Water

No water will be available in the assembly area or on the course. Everyone is urged to drink plenty of water before starting their ride. Please bring your own water for use before, during and after the event.

Event Results

Our COVID Safe Plan means we're unable to display results at the event.

Official Placings and Split Times will be available in Eventor and our club website shortly after the event. www.sunshineorienteers.com.au/results

PROTESTS

Complaints may be made in the first instance verbally with the Event Organiser at Registration. The Event Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with Registration. The Event Advisor will then appoint a three-person jury to assess the complaint. The Event Advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

Rules

The Australian MTBO rules shall apply to this event. These can be found at https://oq.orienteeing.asn.au/restricted/downloads/mtbo_rules_and_guidlines_2019.pdf.

All competitors are urged to read and understand these rules. Some key items include:

- All competitors must wear bike helmets.
- Competitors must visit the control sites in sequential order. Check the control number on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.

- Courtesy and sensible behaviour are expected when mountain bike riders encounter pedestrians, other cyclists, or vehicles during an event.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment. You must **NOT** enter anywhere where stock are being kept due to biosecurity requirements.
- Practise and observe the rules of the road – keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hillcrests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks.
- Riders going downhill should give way to riders going uphill.
- Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification. If you see or hear any of this behaviour, report this to the Event Organiser.
- Give assistance to injured competitors on the course. You will be permitted to re-start from your last control preceding your abandonment.

Safety

The emergency contact at the assembly area is Stuart on 0439 979261. [This is also on the map.](#)

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to Registration for assistance, if possible. You will be permitted to re-start from your last control preceding your abandonment. Mobile phone coverage is very good on the course and assembly area. Please keep alert and ride to the conditions. You must obey all road rules and are fully responsible for your own safety.

Hazards on this course may include:

- Washouts
- Large puddles and mud
- Rough ground
- Motor bike riders
- Motor vehicles

For any serious medical emergency call Triple Zero (or 112 if you don't have reception from your usual mobile carrier).

A first-aid officer and kit will be available in the assembly area for emergencies.

We recommend and Download and use the Emergency + App, to assist Emergency Services to locate you...



Android: [EMERGENCY PLUS LINK](#)

Apple: [EMERGENCY PLUS LINK](#)

Emergency Plus app

'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

Control Collection

Many hands make light work. The organisers for this event would very much appreciate it if competitors could provide some assistance after the event collecting controls. If everyone assists by collecting the controls from within one small “region” of the map we will have them all in very quickly. **Please don't be shy in volunteering for this activity!**

Organising Team

Event Controller:	Murray Haines
Course Setter:	Jenny McConachy
Organiser:	Stuart Gordon
Cartographer:	Mark Petrie
On the Day Team:	Sunshine Orienteers Members

Anything Else? Contact Stuart Gordon 0439979261

