



Multi Terrain Bike Orienteers

Woodford MTBO

Sunday 14th November 2021

Important Points

- Times are earlier than normal to avoid the heat:
 - Registration opens 7:30am
 - The Starting window is from 7:45am to 8:45am;
 - Courses close 10:30am.
- Once you start your course you're not permitted to ride back through the start or pre-start at any time during your ride.
- The SI Air Units for this event have a range of 1.5 metres. This will allow riders to "flow" through the controls quickly.
- The new units don't have a hole for 'dipping' sticks, if your SI stick doesn't detect the controls, you must mark your map or another single sheet with the punch on the stand.
- Do not stop within 1.5 metres of any control. If you need to stop to plan your route, please do it away from the control to avoid causing a hazard.

COVID Safety Guidelines for MTBO Events

Prior to the Event

- Entrants, spectators and volunteers are encouraged to install or update the COVIDSafe app on their smartphone: <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>
- If you have any COVID symptoms, do not come. Symptoms include:
 - fever
 - coughing
 - sore throat
 - shortness of breath

On Arrival

- Maintain social distancing in the parking area, at Registration and on the way to the start area.

At the Start Area

- Maintain social distancing at the start area.
- Ground marking will be used to ensure waiting riders are separated by 1.5m.
- Start lanes will be at 1.5m separation.
- There will be no re-use of maps.

In the Field

- Maintain social distancing at course control points.
- Take care to avoid physically touching the SI Air units in the field.

At the Finish

- Maintain social distancing in the download area.
- Download, take your results printout and move away from the desk.
- Leave any hired SPORTident sticks or mapboards in the boxes provided.

As you Leave

- Maintain social distancing in the parking area.

After the Event

- If you develop COVID symptoms, self-isolate and get tested.

Event location

The event is in Beerburrum West State Forest. Registration, parking and toilets are at Woodford Pool, 47 Peterson Road, Woodford. It is approximately 75 minutes' drive from Brisbane CBD.

Parking

Parking is in the Woodford Pool carpark and on Peterson Road. If you park on Peterson Rd please park well to the side and be aware of passing traffic.

Registration

The Registration Desk will open at 7:30am.

All competitors are required to go to Registration to confirm their entry details and make any outstanding payments. If you hired or purchased a SportIdent Air stick or mapboard we'll issue them at Registration.

SI Air sticks will be available for hire at Registration for \$5.00. Every rider needs one.

Mapboards will be available for hire at Registration for \$10 (free for MTBO Club members). It makes all the difference for holding your map on your handlebars.

For newcomers, basic instruction will also be available, just look for club volunteers at Registration.

If you wish to change courses you must do this at Registration. You cannot do this at the start.

Toilets

We have organized access to the toilets in the Woodford Pool. You can also use their canteen. (If you want to swim you need to pay \$5 for entry)

Terrain

The terrain is variable with some open land, sections of recently planted pine trees and some native bushland.

Map - Scale and Contour Interval

Scale 1:15000. Contour interval 5 metres. The maps will be A3 size

Course Planners Notes

The ride to the start (and back from the finish) includes a section of public road and a road crossing near a very sharp corner. Please ride carefully and obey normal road rules.

The ride to the start is 1km, allow 5min

Courses

For courses 1-5, you must get the controls in the order specified on the map (Start, 1, 2, 3... Finish).

Course to Class mapping:

Course 1 M21(Men 21-39), Women Open Long, E-bike, Long
Course 2 W21(Women 21-39), M40(Men 40-49), M20(Men 17-20)
Course 3 W40(Women 40-49), M50(Men 50-59), Medium
Course 4 W50(Women 50-59), W20(Women 17-20), M60(Men 60-69), M16(Men 15-16),
Course 5 W60(Women 60+), W16(Women 15-16), W14(Women ≤14), M70(Men 70+),
M14(Men ≤14), Short

Score 90 mins – For families, individuals or teams

Course Details

Course	Distance (km)	Climb (m)
1	17.2	180
2	15.5	160
3	13.8	145
4	10.8	115
5	9.1	95

The Score course time limit is 90 minutes. Each control is worth 50 points.

Course Closure

Courses close at 10:30am. If you have not finished your course by this time, please abandon it and return to the finish control and then the Download Desk. Control collection will commence immediately at 10:30am.

Start Directions and Procedure

The start window opens 7:45am and closes at 8.45am. There are no pre allocated start times. You can start when ready between those times.

There are 4 units at the start.

CLEAR – **dip** your stick into this units to wipe its memory.

CHECK – **dip** your stick to check it's been wiped and to enable the internal receiver.

TEST – **wave** over the unit and look for the flashing and listen for the beeping from the stick.

START - **wave** over the unit and look for the flashing and listen for the beeping from the stick.

If you don't see flashing or beeping from the stick, start the process again.

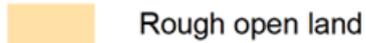
We use a pre-recorded announcement to give you safety warnings and tell you when you can pick up your map, so listen to it carefully!

After you've been given the start signal, you must immediately **wave** over the start control, but may choose to spend a little time deciding on which route to follow. Just move aside so you don't obstruct other starters.

Map Notes

You **MUST** ride through the Start triangle after you start. The position of the Start triangle on the map is immediately after the map pick-up point.

Riding on Rough Open Land (pale yellow) is not permitted for this event.



Safety

The emergency contact at the assembly area is Joel on 0431831458. This is also on the map.

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to Registration for assistance, if possible. You will be permitted to re-start from your last control preceding your abandonment. Mobile phone coverage is good on the course and at the assembly area. Please keep alert and ride to the conditions. You must obey all road rules and are fully responsible for your own safety.

Hazards on this course may include potholes and logs hidden in long grass, rough ground and vehicles, native animals, soft sand and mud.

Rules

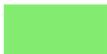
The Australian MTBO rules shall apply to this event. These can be found at https://oq.orienteering.asn.au/restricted/downloads/mtbo_rules_and_guidlines_2019.pdf.

All competitors are urged to read and understand these rules. Some key items include:

- All competitors must wear bike helmets.
- Competitors must visit the control sites in sequential order. Check the control number on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.
- Courtesy and sensible behaviour are expected when mountain bike riders encounter pedestrians, other cyclists, or vehicles during an event.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment. You must **NOT** enter anywhere where stock are being kept due to biosecurity requirements.
- Practise and observe the rules of the road – keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hillcrests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks.
- Riders going downhill should give way to riders going uphill.
- Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification. If you see or hear any of this behaviour, report this to the Event Organiser.
- Give assistance to injured competitors on the course. You will be permitted to re-start from your last control preceding your abandonment.

Map Symbols

Where you can't ride...

	Rough open land
	Rough open land with scattered trees
	Native Forest

Other key map symbols:

	Overgrown
	Sealed road
	Track: fast riding
	Path: fast riding
	Track: medium riding
	Path: medium riding
	Track: slow riding
	Path: slow riding
	Track: very slow
	Path: very slow
	Contour
	Index contour
	Uncrossable body of water
	Minor water channel
	Uncrossable marsh

SPORTident



This event will be using the SPORTident Electronic timing system. SPORTident sticks can be hired for a cost of \$5.00 per person per day. Lost hired sticks will be charged to the competitor at the full replacement cost of \$95.00.

SPORTident Air (SIAC) Contactless Punching

Familiarize yourself with how the system works by reading the guides that are available on the event page in Eventor. The SPORTident units for this event operate on a 1.5 metre proximity.

SPORTident use on the Course

If a SPORTident unit at a control malfunctions and does not “beep” or “flash” when the stick is brought within range, the competitor must use the red pin punch at the control to mark their map or other single sheet (e.g. a back-up punching strip). Failure to do this will result in a MP (Mispunch) being recorded. If you need to use a punch at any control, please advise the finish officials at the Download Desk as they will need to sight your punched map, strip or sheet, to confirm that you have completed the course.

Control Flags

Standard orange and white control flags will be suspended on pickets or stands with a SPORTident unit and red pin punch (for use if the control unit fails). The control identification number will be on the SPORTident unit. This will match up with the control number on the map. If you accidentally punch the wrong control, continue on to your correct control and proceed as normal. Punching a control more than once will not lead to any penalty.

Clear & Check

It is important to remember to “clear” and “check” your SPORTident stick prior to your start, to delete previous event information stored on it. Special “Clear” and “Check” units will be positioned in the pre-start area of the event. It is the competitor’s responsibility to ensure that they have the correct SPORTident stick and that it is cleared of previous race data before they start. If you do not clear your SPORTident stick it may not have enough memory to record all your controls.

SPORTident Air Check:

There will be an SPORTident Air Test unit after the Clear/Check units to test your SPORTident Air stick, simply wave your stick over to test your stick is on.

Water

No water will be available in the assembly area or on the course. Everyone is urged to drink plenty of water before starting their ride. Please bring your own water for use before, during and after the event.

Start

After you register, you can start whenever you're ready. There are no pre allocated start times. You may start at any time during the starting window.

Note: You must Clear and Check your SPORTident Air stick by dipping it into the units, as this wakes it up. There will be a Test unit after the Clear and Check to wave your SPORTident Air stick over, to test it has turned on. If it doesn't beep and flash them Clear and Check again.

We use a pre-recorded announcement to give you safety warnings and tell you when you can pick up your map, so listen to it carefully!

Note: You're unable to change courses at the start. Do this at Registration beforehand.

Finish

At the finish, riders must punch or wave one of the "finish" controls to end their event and record a finish time. After recording the finish control, proceed to the Download Desk at the Assembly Area to download your results and receive your time. If you have a hired SPORTident stick, we'll retrieve it from you. If you hired a mapboard this will also be recovered. Riders who finish more than 30 minutes after the official course closure time will be disqualified.

For safety reasons, all riders must report to the finish and then the Download Desk to indicate they have returned safely, irrespective of what time they return, to avoid search and rescue procedures.

DO NOT GO HOME WITHOUT DOWNLOADING.

Tip: The finish control turns off your SPORTident Air stick, so you must go there to end your ride and conserve its battery.

Safety

For any serious medical emergency call Triple Zero (or 112 if you don't have reception from your usual mobile carrier).

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to Registration for assistance, if possible. Mobile phone coverage is generally good on the course and at the assembly area.

A first-aid kit will be available in the assembly area for emergencies.

We recommend and use the Emergency + App, to assist Emergency Services to locate you...



Emergency Plus app

'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

Android:

https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en_AU

Apple: <https://itunes.apple.com/au/app/emergency/id691814685?mt=8>

Event Results

Official Placings and Split Times will be available in Eventor and our club website shortly after the event: www.mtbo.com.au

QLD MTBO STATE SERIES POINTS

The series points standings are linked from the event listing in Eventor. For all the details of this series, visit the series page: <https://oq.orienteering.asn.au/mtbo-state-series>.

TIP: State Series Points are published on the MTBO Club Results page: www.mtbo.com.au.

PROTESTS

Complaints may be made in the first instance verbally with the Event Organiser at Registration. The Event Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with Registration. The Event Advisor will then appoint a three-person jury to assess the complaint. The Event Advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

Organising Team

Organiser:	Joel Young
Mapper and Courses	Tony Bryant
On the Day Team:	MTBO Club Members

Anything Else? Contact Craig on 0418871193

