



# Melbourne Sprint Weekend

12-14 MARCH 2022

## BULLETIN ONE



## ○ INTRODUCTION

Melbourne Sprint Weekend (MSW) is a series of six exciting sprint orienteering races over the three days of Victoria's March long weekend. Courses are offered to suit everyone who enjoys sprint orienteering, from age 12 and under, to 70+, and from novice to elite.

Races are on predominantly campus terrain, with one forest event.

For elites the Saturday afternoon and Sunday races (Races 2, 3 and 4) form Round 1 of Orienteering Australia's National Orienteering League (NOL) and will also be Australian selection trials for the World Orienteering Champs (WOC), Junior World Orienteering Champs (JWOC), World University Orienteering Champs (WUOC) and the World Games. The Monday Knock-out sprint races are also part of the selection trials for WOC.

We invite everyone to join us for this sprint orienteering carnival.

## ○ CONTACT DETAILS

Website: [www.vicorienteeing.asn.au/msw](http://www.vicorienteeing.asn.au/msw)

Entries: [Eventor](#)

Enquiries: Email: [msw2022@vicorienteeing.asn.au](mailto:msw2022@vicorienteeing.asn.au)  
or Ph. 0428 618 848 (Margi Freemantle)



## MSW OVERALL COMPETITION

Melbourne Sprint Weekend overall placings in each class will be based on a competitor's best 5 results from the 6 races.

At each race, the winner of each class scores 100 points; second place scores 99 points, etc. All competitors score points for each race they finish. If a competitor starts, but does not finish a race, they will score 5 points for that race.



The NOL forest relay will not be included in the overall MSW competition results so for elite classes overall placings will be based on a competitor's best 4 results from the 5 races.

Prizes will be awarded to overall winners of each class.

## NOL COMPETITION

The NOL competition comprises three of the Melbourne Sprint Weekend races, Race 2 on Saturday 12 March and Races 3 & 4 on Sunday 13 March. Race 4 will be a forest relay (non-sprint) for NOL competitors.



NOL teams are reminded that all runners are required to run in team uniform and wear competition number bibs (provided by the organisers). NOL competitors should also ensure that they enter as members of their NOL team. If you enter as a club member you will not be included in the NOL team point score.

Each of the two individual events will score NOL points toward both the individual and team competitions. The forest relay will count for team points.

### Individual

For the individual races (Races 2 & 3) points will be awarded to the top 25 finishers on a decreasing basis for each race, 30 points for 1st, 27 for 2nd, 24 for 3rd, 22 for 4th, 21 for 5th, etc. ([Guidelines](#))

If two or more competitors are tied in a race, they shall each be awarded the points for the place for which they are tied.



## Teams

Team point scores are awarded to the top seven teams on a decreasing basis ([Guidelines](#)). After each race, points from each of the four divisions (classes) are added to give the NOL Team scores.

For the individual races (Races 2 & 3) teams in each of the four divisions are ranked according to the sum of the times of their best three competitors in each division, with the following provisos:

- Teams with less than three finishers are awarded points on the basis of the next best results. That is in order, the sum of the best two competitors or one competitor;
- Teams which have no finishers receive no points;
- Teams with an equal total time are placed according to the results of the highest placed competitors in each team;
- Teams still equal shall be considered to have tied.

For the forest relay (Race 4), team point scores are doubled ([Guidelines](#)). Teams in each of the four divisions shall be ranked according to their placing in that division and only the highest-placed team from each state/territory shall count towards points in each division:

- In a mixed-gender relay the points according to placing will be allocated to both the male and female NOL teams from that state.
- In a mixed age-class relay the points will only be allocated to the senior NOL teams from that state.
- Teams where one or more members fail to complete the relay course receive no points.

## ○ WORLD RANKING EVENT

On behalf of the International Orienteering Federation, Orienteering Victoria invites elite orienteers from around the world to a sprint distance world ranking event (WRE) in Melbourne Australia. The WRE will be Race 2 of the weekend's competition, at Assumption College, Kilmore, on Saturday 12 March 2022.



### WRE Entries:

All entries and payments for this event should be made on-line via Orienteering Australia's online entry system, Eventor. Go to [Eventor](#) for Saturday 12 March 2022, select "Melbourne Sprint Weekend Race 2 + WRE". See "[How to Enter](#)" instructions on page 12 of this bulletin.

To enter, you need to be registered with Australian Eventor, and have a login and password. If you are entering for other people, they will also need to be registered. Eventor records your details, making registration quick and easy.

All competitors who wish to receive World Ranking points are asked to provide their IOF ID number. You can find this by checking My Pages on the IOF Eventor site.

Please forward an email to [msw2022@vicorienteering.asn.au](mailto:msw2022@vicorienteering.asn.au) providing your name, Class, and IOF ID number.

Competitors who do not provide an IOF ID number will only be entered into the NOL, not the WRE.

## WRE entry fee:

The entry fee for the WRE is \$22 (AUD).

Late entries incur an additional \$5 fee.

This is the entry fee for entering only the WRE (Race 2 of MSW). If entering all the Melbourne Sprint Weekend races additional fees will apply.

## Entry deadline:

Entry deadline: Sunday 27 February 2022, 11.59pm, Australian Eastern Daylight Time

Late entries close Thursday 3 March 2022, 11.59pm, Australian Eastern Daylight Time

## World ranking points for M/W20E competitors

All M/W20E competitors who wish to receive World ranking points should still enter M/W20E for this event and provide their IOF ID number as above. Junior elites will run the same courses as senior elites so the organisers will compile WRE Men and Women results lists that include the eligible M/W20E competitors.

# AUSTRALIAN TEAM SELECTION TRIALS

Race 2 on Saturday 12 March and Races 3 & 4 on Sunday 13 March, are a selection trials for the Australian teams for the:

- World Orienteering Championships
- Junior World Orienteering Championships
- World University Orienteering Championships
- World Games

The Knock-out sprint races on Monday 14 March are also part of the selection trial for the World Orienteering Championships. Any competitor who has nominated for WOC who is knocked out at the Qualifier or Quarterfinal stages should run Race 6 of the MSW carnival, which will be taken into consideration by the selectors.

To nominate for selection for one or more of the Australian teams, complete the form [HERE](#).

The selection criteria can be found [HERE](#).

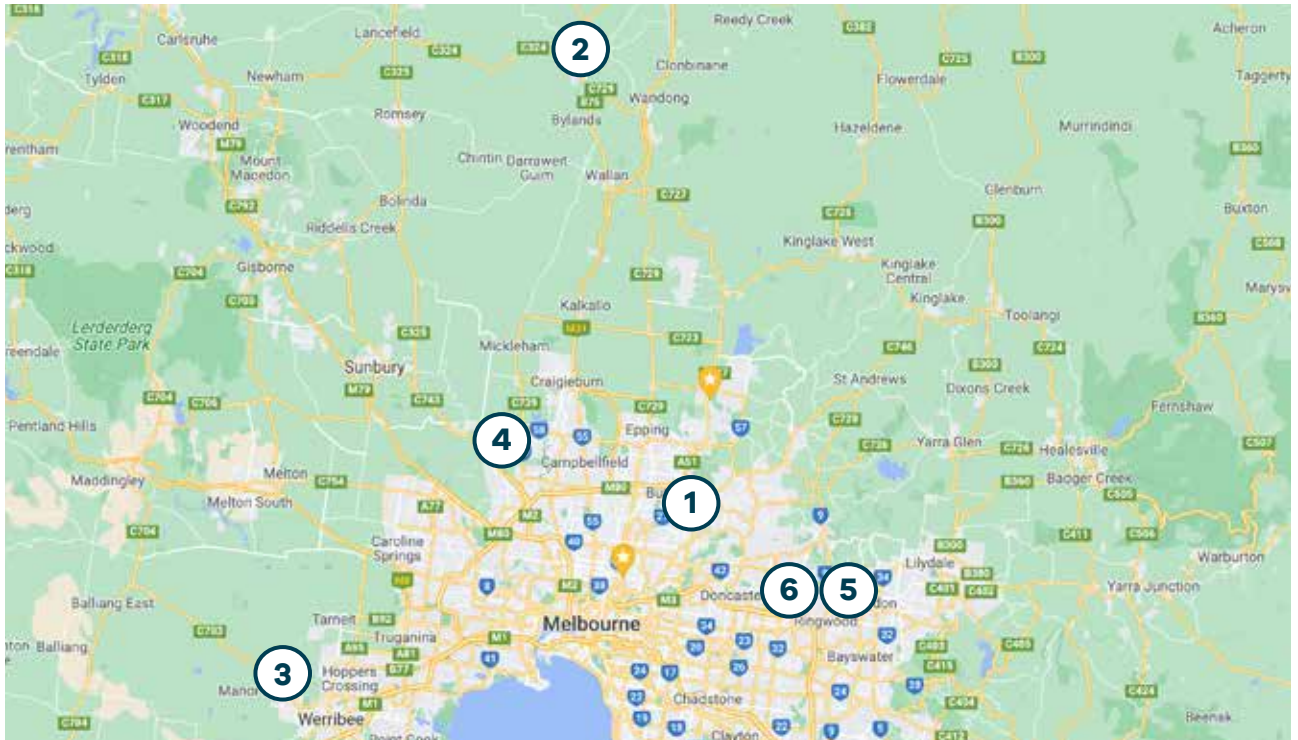


## PROGRAM AND RACE DETAILS

	Saturday 12 March		Sunday 13 March		Monday 14 March	
	1	2	3	4	5	6
	AM	PM	AM	PM	AM	PM
Location	La Trobe University, Bundoora	Assumption College, Kilmore	Manor Lakes College, Manor Lakes	Woodlands Historic Park Greenvale	TBA	Whitefriars College, Donvale
Competitions	MSW	WRE NOL MSW	NOL MSW	NOL MSW	MSW	MSW
Format	Individual 'Two-level map'	Individual	Individual	Relay for NOL  Individual for other classes	Elite Knock-out Q & QF  Individual for other classes	Elite Knock-out SF & F  Individual for other classes
Planner	Aislinn Prendergast	Ricky Thackray	Bruce Arthur	Kerrin Rattray	Natasha Key	Brodie Nankervis
Event advisor	Kathy Liley	Barry McCrae	Chris Norwood	Geoff Adams	Blair Trewin	Blair Trewin
Start times	10:15-11:30	4:30-5:45	10:00-11:15	3:30-5:45	9:00-11:00	3:00-4:30
Presentations						5:00



## LOCATIONS



Interactive Google Maps on [MSW website](#).

## APPROXIMATE DISTANCES BY ROAD

Melbourne Airport to La Trobe University, Bundoora	27km, via Tullamarine Fwy, Metropolitan Ring Rd, Plenty Road and Main Drive.
La Trobe University Bundoora to Assumption College, Kilmore	60km, via Plenty Rd, Metropolitan Ring Rd, Hume Fwy, B75 Northern Hwy. Access school via Green St, then right onto Sutherland St.
Melbourne CBD to Manor Lakes College, Manor Lakes	38km, via Westgate Fwy, Princes Fwy, exit 17 to Princes Hwy (Werribee exit), C703 Ballan Rd and Manor Lakes Blvd.
Manor Lakes College, Manor Lakes to Woodlands Historic Park, Greenvale	50 km, via Princes Fwy, Western Ring Rd, Tullamarine Fwy, and Mickleham Rd.
Melbourne CBD to TBA	TBA
TBA to Whitefriars College, Donvale	TBA
Whitefriars College to Melbourne Airport	45km, allow 1 hour. There are various route options – check Google on the day. NOTE: South end of Greensborough Hwy may be affected by delays due to construction work.

Note: Most of the races are not close to public transport. It is advised to seek alternate transport arrangements for the carnival.

## COURSE / CLASS DETAILS

Course	Classes	Distance (km) Indicative	No of Controls Indicative
1	M21E, M20E	3.5	24
2	W21E, W20E, M40, M Open, Senior boys	3.0	21
3	W40, W Open, Senior girls, M50, Junior boys	2.6	19
4	W50, Junior girls, M60	2.2	17
5	W60, W70+, M70+	1.8	16
6	W12, M12, M/W Novice Open	1.8	16

Indicative distances are running distances measured by the shortest feasible route. Actual distances and other details for each race will be shown in Bulletin Two.

Target winning times for all classes are 12 – 15 minutes.

Senior boys/girls = 20 years or under as at 31 Dec 2022.

Junior boys/girls = 15 years or under as at 31 Dec 2022.

M Open, W Open, and Novice Open are open to all ages.

Novice Open is a men/women combined class. Competitors in Novice Open may be shadowed or compete as a group. All other classes are only for individuals, competing without assistance.

Course 6 is easy navigation – Most legs between controls will be short, or will follow line features such as paths or building edges. Route choices will be simple and control sites will be obvious.

Classes that receive few entries may be combined with other classes.

### **NOL Forest Relay (Race 4 for elite classes)**

Course	Classes	Indicative time per leg
1	M21E, M20E	30 - 40 min
2	W21E, W20E	30 - 40 min





## MAPS

Maps will be drawn or updated to ISSprOM 2019 as far as possible and will be printed on SRA4 size Pretex waterproof paper.

Map scale will be 1:4,000 for NOL classes at Races 2 & 3. Maps for other races and non-NOL classes may be enlarged to 1:3,000 where this will help readability and enjoyment.

The NOL forest relay map will be 1:10,000 and will be drawn or updated to ISOM 2017.2 as far as possible and printed on SRA4 size Pretex waterproof paper.

Races 2, 3, 4 (non-elite sprint) and 6 will use new maps. Other races will be on updates of existing maps.

Races 1, 2, 3, 5 and 6 are on complex university or college campuses – a mixture of man-made and park environment including: buildings, pathways, passages, gardens, man-made features, sports grounds, lakes, car parks, individual trees, bushland etc. Race 4 for the non-elite individual sprint is on a hillside with scattered bush and boulders. Race 4 for the NOL Relay is on a mix of fast open forest and open grassland with small granite features. The Race 5 location is still in negotiation.

Copies of the previous maps for Races 1 & 4 (NOL forest relay) and 5 will be displayed on the Melbourne Sprint Weekend website in February.

## SPORTIDENT TIMING

Sportident Air (SIAC) contactless punching will be enabled at all six races. SI units will be in “beacon mode” for contactless punching but will also record normal SI sticks that are “punched” in the normal way.

Competitors will be able to use their own SIAC or conventional Sportident stick. Competitors who wish to use contactless punching but who do not have their own SIAC can hire one for the weekend. If hiring a SIAC stick, the same stick will need to be used for all Melbourne Sprint Weekend events entered. The organisers will assign SI numbers to competitors who choose to hire SIAC sticks.

SIAC hire is a flat rate of \$10.50 for the weekend regardless of the number of races entered.

A charge of \$120 will apply if a hired SIAC stick is not returned at the end of the carnival.



## CLOTHING AND EQUIPMENT

- Competition footwear: No shoes with metal spikes of any description to be worn at any race venue, except Race 4 (Woodlands Historic Park) where normal bush orienteering shoes may be used.
- Competition clothing: There are no special restrictions on clothing.
- Competition number bib: All competitors will be required to wear a chest number “bib”.

## ACCOMMODATION

Melbourne has a large variety of accommodation options. Look at the common booking sites.

## COVID SAFE REQUIREMENTS

### **Vaccination Status Condition of Entry**

A number of the MSW host venues require visitors to be fully vaccinated, or have a valid exemption. This includes all MSW competitors and spectators.

All competitors must show proof of being fully vaccinated, or have a valid exemption certificate at registration. No proof = No competitor bib = No run.

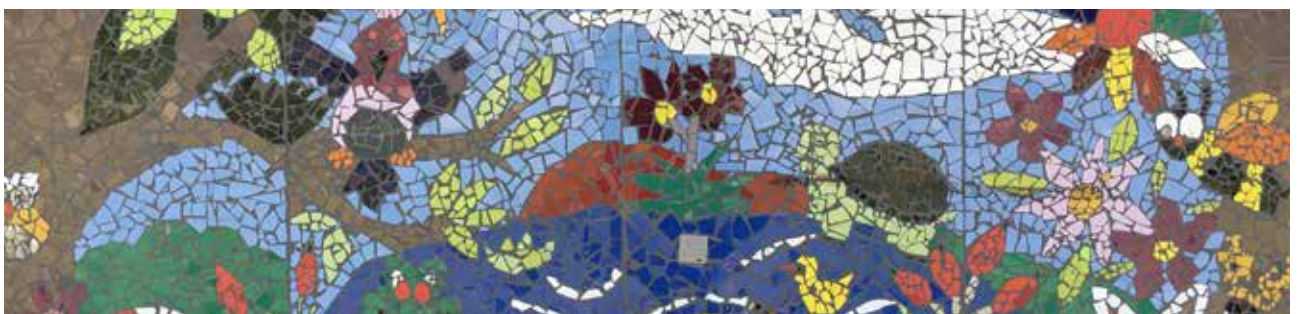
### **QR Code Registration**

Anyone who attends MSW 2022 must check in at each event using the Services Victoria QR code. The QR code posters will be located in prominent positions at each race. Please bring a smartphone to register. If you don't have a smartphone or there is no internet coverage at the event location, a self – managed manual check-in will be available near the registration.

### **Covid-safe**

Stay safe by keeping your distance, and please stay home if unwell.

All orienteering events in Victoria are Covid-safe, and operate under the OV Return to Sport Plan. For more information, visit <https://www.vicorienteering.asn.au/return-to-orienteering/>



## EMBARGOES

The Melbourne Sprint Weekend venues are embargoed, as follows, for all intending competitors.

All school venues are private property with controlled access. Access is only allowed for official school activities.

### **La Trobe University, Bundoora**

No reconnoitering or training including training with one of the existing orienteering maps of the campus is permitted. Other activities including other sports events within the campus are not included in this embargo.

### **Assumption College, Kilmore**

No reconnoitering or orienteering training on the campus is permitted.

### **Manor Lakes College, Manor Lakes**

No reconnoitering or orienteering training on the campus is permitted.

### **Woodlands Historic Park, Greenvale**

For NOL/elite competitors Woodlands Historic Park is embargoed. No visiting or training.

For non-NOL/elite competitors Woodlands Historic Park is embargoed except for the northwestern part covered by the Woodlands Anytime Park MapRun courses.

### **Whitefriars College, Donvale**

No reconnoitering or orienteering training on the campus is permitted.



## HOW TO ENTER

All entries and payments for this event are to be made via Orienteering Australia's online entry system, Eventor.

Go to the [Eventor Event calendar](#) - Saturday 12 March 2022.

### To enter the whole weekend (all 6 races)

- Tick in box beside "Melbourne Sprint Weekend - All six races"
- If required, tick in box beside "Melbourne Sprint Weekend - SIAC hire"
- Then, at the top, click green "Enter selected events" button and proceed with entry.
- Enter additional family members on the same entry if required before going to payment.

### To enter some, but not all races

- Tick in the box/es beside "Melbourne Sprint Weekend - Race 1, 2, etc" as required, and continue as above.

### To enter additional people

Click on one of the brown links under the entry fee summary. A screen will appear allowing selection of additional people: choose the person, and a new entry will appear under the first one. Follow the steps for each person being entered. Payment will be totalled into a single transaction.

### Family entry

Family entry is capped at two adults and one junior; i.e. subsequent juniors are not charged. The family cap is applied automatically as part of the payment process, as long as all family members enter at the same time, and all family members reside at the same address.

### Eventor Contact Details

All attendees must provide accurate contact details in Eventor, so that we can notify you if a positive case attends an event whilst infectious. The contact details section in Eventor can be found under "My Pages > Contact Details". Please make sure a name and mobile number has also been included in the Emergency Contact field on the same page.

### Split start time requests

Email the MSW organisers at [msw2022@vicorienteering.asn.au](mailto:msw2022@vicorienteering.asn.au) providing the names of competitors requiring split start times for child minding.

### WRE entries

All M/W Elite competitors who wish to receive World Ranking points for the WRE (Race 2) should email their name, class and IOF ID number to the MSW organisers to [msw2022@vicorienteering.asn.au](mailto:msw2022@vicorienteering.asn.au)

For the WRE, M/W20E competitors should enter M/W20E as for other races. M/W20E classes run the same courses as M/W21E. MSW organisers will compile combined WRE results lists.

## NOL team entries

NOL competitors should enter as members of their state NOL team. If you enter as a club member you will not be included in the NOL team point score.

## NOL Relay Teams

NOL Relay teams will be arranged later by state team managers.

All competitors entered in elite classes for Race 4 will be included in the forest relay by default, including those who enter as a club member (rather than state team). Anyone entered in an elite class who wishes to run in the non-elite forest sprint instead of the relay should notify the organisers by email before 3 March.

## Knock-Out Sprint

Everyone who enters both MSW 5 and MSW 6 in elite classes is automatically included in the Knock-out sprint competition. 21E and 20E athletes compete together. There are separate competitions for men and women. These will follow the standard IOF format as closely as possible.

## Refunds

You can cancel your entry in Eventor yourself, any time up until the closing date. However, to request a refund, you will need to email the MSW organisers at [msw2022@vicorienteering.asn.au](mailto:msw2022@vicorienteering.asn.au).

Cancellations notified before entries close on Sunday 27 February, will receive a 90% refund. The remaining 10% covers bank fees and administration costs associated with issuing refunds. No refunds will be made after standard entries close on Sunday 27 February, other than on written request for exceptional circumstances.

## Covid Refund Policy

A full refund will be issued on request to any competitor who is unable to attend because they are Covid-positive or required to isolate as a result of exposure to Covid; or if travelling to or from the event is rendered impractical by a government health order. In the event that Covid restrictions require the cancellation of the carnival itself, full refunds will be made.



## ENTRY FEES AND DEADLINES

	ADULT	JUNIOR
All six races	\$120	\$75
Per race	\$22	\$14

SIAC hire: \$10.50 (flat rate for all six races)

Normal entry deadline: Sun 27 Feb 2022, 11:59 pm AEDT

Late entry deadline: Thu 3 Mar 2022, 11:59 pm AEDT

Late entry fee: \$5.00 per race