

EVENT INFORMATION

EVENT: **Claisebrook**

DATE: **Sunday 13 March 2022**

ENTRY DETAILS:	Online in Eventor up until 5:00pm Saturday 12th March Enter on the day is available from 8:30am – 10:00am
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START TIMES: 9:00 AM – 10:30 AM

COURSES CLOSE: 11:30 AM
You need to be back at the assembly area by this time, whether or not you complete the course.

COURSES AVAILABLE:

COURSE	LENGTH	CLIMB	Navigation
Long	3.6 km	60 m	Hard
Short	2.2 km	40 m	Hard
Easy	1.7 km	5 m	Easy

COURSE NOTES:

- Course lengths and climb are measured on the optimal running route. ‘Hard navigation’ means that it may be difficult to choose and execute the best route while running at speed. Control sites are easy to find at slower speeds. The Easy course is suitable for children; there is little route choice and controls are spaced between 40-200m apart.
- There is a 300m walk to the Start. Toilets are 50m beyond the Start.
- The map scale is 1:4000 with 2m contours. It is a complete re-map to ISSprOM specifications but does bear some resemblance to the original 2003 National Orienteering League map, which only 4 of our current members have run on. The 2003 map can be viewed in Eventor and shows the location of the Start and Toilets.
- The Hard courses include some quiet streets, but potentially with traffic; take care when crossing or running along roads. The Easy course includes one short section of a very quiet one-way street.
- All the courses pass cafes with outdoor dining areas. These are shown as temporary out of bounds (50% purple shading) and must not be entered or crossed during the competition – but you can go there afterwards! There are some significant Whadjuk Noongar cultural sites and artefacts on the map; please respect!