

present: the 2015 South Australian Sprint Orienteering Championships on Sunday March 1st @

Woodhouse Scout Camp, Spring Gully Rd, Piccadilly

Courses brought to you by Andrew Mogridge on a map recently updated to Sprint specifications by Frank Tomas. Controller: Jenny Casanova jenny.casanova@health.sa.gov.au and Organiser: Peter Kreminski 0414 810 058

****You must attend registration to get your name ticked off even if you have already paid, and to sign an indemnity waiver; this will be compulsory for all Orienteering SA events from now on, based on legal advice received by Orienteering Australia.****

Direction signs: from the corner of Spring Gully Rd and Piccadilly Rd. Enter via the main entry on Spring Gully Rd Assembly is at the Eastern Amenities on the far eastern side of the camp; park as directed.

- Take care when driving on camp roads as there may be other traffic.
- Take care also when running through the camp as all other sites have been booked out and there may be tents dotted about. Try not to run between the tents unless it's unavoidable (e.g. to punch a control). Be considerate of other camp users, particularly on Challenge Hill.

Terrain: mostly open parkland with some buildings, creeks, roads, tracks and bushes. Steep in the Challenge Hill section but otherwise fast running, therefore the courses are slightly longer than is usual for an urban sprint.

Course	Championship Age Classes	Enter On the Day	Distance	Navigational	Winning time
		Classes		difficulty	(& median time)
1	M21A M20A (M17-20A)	1M, 1W, 1 Groups	3.5km	Moderate /	16 minutes
	M35A			Hard	(25 – 30 min)
2	M16A M45A W21A W20A	2M, 2W, 2 Groups	3.1km	Moderate /	15 minutes
	(W17-20A) W35A			Hard	(25 – 30 min)
3	W16A W45A M55A	3M, 3W, 3 Groups	2.7km	Moderate /	15 minutes
				Hard	(25 – 30 min)
4	W55A, M65A, W65A, M75A,	4M, 4W, 4 Groups	2.4km	Moderate /	15 minutes
	W75A, M85A, W85A			Hard	(25 – 30 min)
5	M12A, W12A	5M, 5W, 5 Groups	1.7km	Easy	12 minutes
					(25 – 30 min)

There are no A short or B classes because this event is short and sweet for everyone. It is not possible to offer a separate M/W10 course because very easy navigation cannot be guaranteed.

Start times will be pre-allocated for championship competitors from 9am onwards. Start lists will be available on Eventor (linked through the Orienteering SA website) by Friday Feb 27th at the absolute latest.

The start is right next to the assembly area, but you must attend registration before starting; see above. **Starts are at 2 minute intervals because of the open terrain's visibility; you will be called up 6 minutes before your start time.**

Enter on the day will be possible - from approximately 10am until 11:30am - but not in championship age classes. If entries have closed and you still want to enter a championship class, contact Jenny Casanova jenny.casanova@health.sa.gov.au or 0427 605 167 by Friday night at the absolute latest.

Catering: Bring a picnic [©] Cold drinks will be sold by the Junior Arrows as a fundraiser. Presentations: Certificates will be presented to placegetters as soon as possible after 11am.