



FINAL INSTRUCTIONS

MTBO STATE SERIES Rnd 1. Narangba Valley.

Sunday 8.30am, 13th March 2022

EVENT CENTRE

Narangba Valley State School Staff Carpark opposite 76 Creekside Dr, Narangba.. **DO NOT USE MAIN CARPARK!** [Entrance HERE](#) . You need to take exit 142 from M1 freeway and follow google maps to the school.

Please refer to picture for parking.



COVID

Orienteering Queensland Covid rules for outdoor activities still require some precautions as follows

- If you have recently returned from overseas or been in contact with a person known to have Corona virus or you are experiencing flu-like symptoms we encourage you to pull out and receive a full refund.
- Maintain 1.5 metre distancing between persons during the event, especially when queuing for Registration or your Start.

SAFETY

Your course will start in the school grounds and then into the surrounding suburb of Narangba.

This means you will be crossing and riding along some suburban roads, so please look out for road traffic hazards. You must obey all road rules and are fully responsible for your own safety. You may encounter pedestrians and other road, path, park and forest users in the map area. As this is a public space you need to slow down, give them a wide berth and let them have right of way. Please use your bell so they hear you approach.

BE CAREFUL RIDING ON ROADS WITH YOUR HEAD DOWN LOOKING AT YOUR MAP

GENERAL

PLEASE RIDE IN A MANNER WHICH WILL NOT CAUSE DAMAGE TO THE SCHOOL OR TO OTHER RIDERS. DO NOT RIDE ON GARDENS OR CLEARLY WET PATCHES. THERE ARE MANY BLIND CORNERS SO PLEASE BE SENSIBLE.

REGISTRATION

Opens at 8:00am. Go to Registration to confirm entry details and pay any outstanding money. Collect hired SPORTident stick or mapboard (order both through Eventor).

Basic instruction is available.

COURSES

Course	Approx Distance	Classes
1	20.0 km	WOL, W21, M20, M21, M40, Long, E-Bike
2	18.0 km	M50, W40, Medium
3	14.0 km	W20, W50, M16, M60,
4	12.0 km	W14, W16, W60, W70, M14, M70. Short
Score 90 min		Open to all with individual and group starts between 08:30 am and 09:45 am .

For the Score course, points are allocated by multiplying the first digit of the control by 10 e.g Control 56 is worth 50 points, Control 88 is worth 80 points etc.

TERRAIN

The event site consists of 2 parts. Starting in a school, it is flat with paths buildings, playgrounds, trees and usual facilities associated with a school. You then move into the suburbs and the terrain is generally flat with some minor hills. The site includes sealed and unsealed bike paths, roads (normal road rules apply), sporting fields and open areas around creeks, which are likely to be quite wet. **Give way to cars and other pedestrians.**

TOILETS

There are toilets just inside the school behind Registration. **There will be a marked path and anything beyond this will be out of bounds as it is the competition area.** You will see the start on your way to the toilets.

COURSE PLANNER NOTES

Within the school, there are a lot of controls in close proximity to one another. They will not all be on your course! **Make sure you check the code to ensure you are at the correct control.**

Most courses contain a number of crossovers. Be careful that you are going to your correct next control and be aware of other competitors coming the other way or from the side.

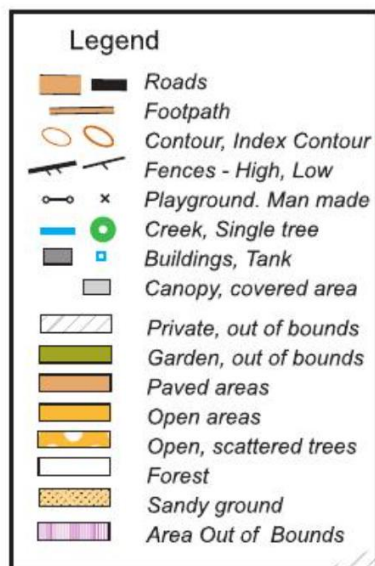
MTBO line courses operate in the following way. You get 1 x A3 sheet. You will start on A4 school map on one side (**CALLED PART A**), visiting a number of controls, then to a control where you exit the school. **Visit the control** then turn your map over. Complete the next series of controls on the larger Narangba map (**PART B**). You then return to the control where you exited. **Visit that control again**, then rotate your map again and complete your course using a second A4 map (**PART C**) beside the first one.

Score course has 2 maps also. You can visit controls in any order on either map. You will only get credited for visiting the exit control once. Either on your departure or on return. The finish is marked on both maps but is only accessed via the school map. School map is Part A, other is Part B

Foot courses operate in the following way. You get 1 x A4 sheet. You will start on a school map (**CALLED PART A and Part C**), visiting a number of controls, then to a control where you exit the school. **Visit the control** then turn your map over to (**PART B**). Complete the next series of controls on Narangba map. You then return to the control where you exited. **Visit that control again**, then rotate your map again and complete your course using the original school A4 map (**PART A and Part C**).

The only entry/exit point to/from the school is the open gate next to the exit control, which is next to a tennis court.

MAP NOTES



School Map







A4, contour interval 5m. Scale 1:2000

All areas may be ridden on with the exception of Out of Bounds areas and garden beds. Garden beds are shown in olive green as "Areas of Forbidden Access". **It is possible that some garden beds may have been missed during mapping. If in doubt, don't ride on it!** You may ride on mulched areas under trees where there is no obvious garden bed. There are many under cover areas shown as light grey. Avoid very wet areas.

ALL FENCES ARE UNCROSSABLE. GO AROUND OR THROUGH A GATE

Narangba Map

A3, contour interval 5m. Scale 1:10000

Map Legend			
	Open land		Major road
	Open land, scattered trees		Minor road
	Forest, good visibility		Dirt Road, fast
	Forest, reduced visibility		Dirt Road, med
	Settlement - no access		Path, fast riding
	Paved area		Path, medium riding
	Open sandy ground		Path, slow riding
	Uncrossable water		Path, difficult riding
	Out of bounds area		Mown clearing
	Road, Path use forbidden		Compulsory crossing
	Contours		
	Index contours		
	Earth Bank		
	Crossable watercourse, Drain		
	Uncrossable Marsh		
	Building, Tank		
	Crossable, Uncrossable Fence		
	Stone wall, Earth wall		
	Special Man Made Object		
	Road, Path with obstacle or gate		

You can ride anywhere on the map except areas marked Forest reduced visibility, Settlement, Uncrossable Water, and Out of Bounds areas. Also, there are 2 major roads through the map. These are marked as Road Use Forbidden. You cannot ride on or cross these. There are paths beside these roads. **You MAY use these.**



One of these roads has a crossing point to use, which is marked on the map and is a tunnel under the road, as depicted on the image to the left.

After all the recent rain, there may be sections which are different to the map. Some areas will still be boggy. We have done our best to avoid these.

STARTS

The start is located 50m behind the registration. Follow signs to the start. Do not enter any area of the school except to go to the start or visit the toilet (which is nearby).

MTBO Courses

Starts from 8:30 to 9:30 am and the course will close at 11:30 am. The line course lengths are based on 60 minute winning times. For the 90 min score, 20 points deducted per part minute or part there of if you exceed your 90 minutes (bring a watch)

Foot courses start between 9:30am and 10am and courses close at 11:30. There are two foot courses 3 and 7km. **Ideally you will be doing one course. However, if you are back in time from the cycle event and have registered for the foot event you can start up to 10am.**

Start Procedure:

Register, and when ready go to start.

At Start area, Clear and Check your SPORTident stick, then test your SPORTident Air stick has turned on. Hold it up to your ear to hear the beep.

Starter will move you to map pickup area in turn. Listen to pre recorded message for instructions on collecting your map. You will be permitted to look at your map 1 minute before you start. Once you've been given the start signal, "wave or punch" the start control and move forward.

Once you start your course you're not permitted to ride back through the start or pre-start at any time during your ride.

TIP: take it slow to your first control

FINISH

There will be a Church Service right next to the finish control. Please respect these other users of the facility.

At the finish, punch the "FINISH" control and follow signs back to the Registration area to download. If you have hired an SI stick, or map board we will retrieve them.

If you decide not to finish your course, please report to the down-load tent to avoid a search being mounted for you and to switch off your SIAC!

DO NOT GO HOME WITHOUT DOWNLOADING.

COURSE CLOSURE 11:30am.

Courses close at 11:30am. If you have not finished your course by this time, please abandon it and return to the finish control and then the Download Desk. **Control collection will commence at 11:30am!**

CONTROL COLLECTION

Many hands make light work. The organisers for this event would very much appreciate it if competitors could provide some assistance after the event collecting controls. If everyone assists by collecting the controls from within one small "region" of the map we will have them all in very quickly. **Please don't be shy in volunteering for this activity! TEXT DEB ON 0439979260**

RULES

The Australian MTBO rules shall apply to this event. These can be found at https://oq.orienteering.asn.au/restricted/downloads/mtbo_rules_and_guidlines_2019.pdf .

All competitors are urged to read and understand these rules. Some key items include:

- All competitors must wear bike helmets.
- Competitors must visit the control sites in sequential order. Check the control number on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.
- Courtesy and sensible behaviour are expected when mountain bike riders encounter pedestrians, other cyclists, or vehicles during an event.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment. You must **NOT** enter anywhere where stock are being kept due to biosecurity requirements.
- Practise and observe the rules of the road – keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hillcrests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks.
- Riders going downhill should give way to riders going uphill.
- Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification. If you see or hear any of this behaviour, report this to the Event Organiser.
- Give assistance to injured competitors on the course. You will be permitted to re-start from your last control preceding your abandonment.

SPORTident



This event will be using the SPORTident Electronic timing system. SPORTident Air (SIAC – Contactless punching) sticks can be hired for a cost of \$5.00 per person per day. Lost hired sticks will be charged to the competitor at the full replacement cost of \$95.00.

On the Course

The SI Air Units being used for this event are the older style which means you have to be within 30cm of the target. If your SI stick doesn't detect a beep, mark your map with the punch on the stand.

Do not stop within 1.5 metres of any control. Move away to plan your route.

If a SPORTident unit at a control malfunctions and does not “beep” or “flash” when the stick is brought within range, the competitor must use the red pin punch at the control to mark their map or other single sheet (eg a back-up punching strip). Failure to do this will result in a MP (Mispunch) being recorded. If you need to use a punch at any control, please advise the finish officials at the

Download Desk as they will need to sight your punched map, strip or sheet, to confirm that you have completed the course.

Control Flags

Standard orange and white control flags will be suspended on pickets or stands with a SPORTident unit and red pin punch (for use if the control unit fails). The control identification number will be on the SPORTident unit. The controls are numbered 51 to 100. This will match up with the control number on the map. If you accidentally punch the wrong control, continue on to your correct control and proceed as normal. Punching a control more than once will not lead to any penalty.

RESULTS

Official Placings and Split Times will be available in Eventor and our club website (www.sunshineorienteers.com.au/results) shortly after the event.

PROTESTS

Complaints may be made in the first instance verbally with the Event Organiser at Registration no later than 15 minutes after Course Closure (that means by 11.45). The Event Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with Registration. The Event Advisor will then appoint a three-person jury to assess the complaint. The Event Advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

EMERGENCY

The emergency contact at the assembly area is Debbie 0439979260. This is also on the map. If you encounter an injured rider, you MUST abandon your course and render whatever assistance you can. Send another rider back to Registration for assistance, if possible. You will be permitted to re-start from your last control preceding your abandonment. Mobile phone coverage is very good on the course and assembly area. Please keep alert and ride to the conditions.. Mobile phones, including smartphones, may be carried for emergency use only. They must not be visible whilst riding and are not to be used during the event for navigation. We recommend and use the Emergency + App, to assist Emergency Services to locate you.



Emergency Plus app

'Emergency +' is a national app developed by Australia's emergency services and their Government and industry partners, helping people to call the right number at the right time, anywhere in Australia. ... Triple Zero calls are free.

Android: https://play.google.com/store/apps/details?id=com.threesixtyentertainment.nesn&hl=en_AU

Apple: <https://itunes.apple.com/au/app/emergency/id691814685?mt=8>

FOOD



There will be food available at event:
Sandwiches \$7
Biscuits box \$7
Soft drink \$1

If coming to AGM sandwich ,slice and drink provided for free.

Also, there is food and coffee nearby at Narangba Valley and also Narangba shops.

ANYTHING ELSE

Contact Debbie Gordon

Event Organiser

Email: sunshineorienteering@gmail.com

Mobile :0439979260.

Organising Team

Organiser : Debbie Gordon

Course Setter: Stuart Gordon

Cartographer: Mark Petrie

Starts: Peter Russell, Jenny and David Hill

Admin: Kathy Petrie, Christina Fidusco.

Novice Brief: Cortney Goodacre

On the Day Team: Sunshine Orienteers Members

Control collectors: awaiting your text 0439979260