



Central Coast Orienteers



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NSW Sprint Championships 2022 State League #1

Final Bulletin

Saturday 19th March 2022

Central Coast Orienteers present the **2022 NSW Sprint Championships** (State League #1) at Central Coast Ourimbah Uni Campus. We welcome you to the 2022 NSW Sprint Championships and trust you will enjoy the challenges which await you.

Organiser – Colin Price. Mob 0415210339, colinp53@yahoo.com.au

Planner – Nick Dent

Controller – Hilary Wood

Venue

Central Coast Ourimbah Uni Campus.

Exit the M1 (Pacific Hwy) at the Ourimbah interchange and travel for 1.5 km along the (OLD) Pacific Hwy towards Gosford. Turn left into Chittaway Road then after 500 meters turn right into The Boulevard. Turn right into the parking area.

Park as directed in the parking area only. It is adjacent to the arena.

Parking area, -33.356126, 151.374921

Map

Map "Ourimbah Campus" Scale 1:3000 Contour Interval 2m

Updated to ISSprOM 2019-2 (Feb 2022) Previous map is available on Eventor

Course Setters notes

The map is typical University campus. However, there are two distinct sections. The older area in the South East section of the map has many paths, small buildings and many garden areas which are marked as Olive Green. The paths are narrow and can be very slippery in some sections due to shade and recent rain. Please consider your footwear choice carefully and take care on the paths in this section of the map The newer section has larger buildings and many canopies, the paths are wider and also there are open grassy areas.

It is the competitors responsibility NOT to cross any Out of Bounds areas that are marked on the map as Olive Green. Remember the map is definitive so some gardens may not appear to be gardens but if Olive Green on the map DO NOT cross.

Red and white tapes indicate out of bounds and must not be crossed.

New sprint map symbols have been used for tunnels and bridges which can be passed underneath.

The latest IOF sprint map specification, ISSprOM 2019-2, came into effect on 15 Jan 2022. Notable changes in this update, include:

Map symbol 512.1

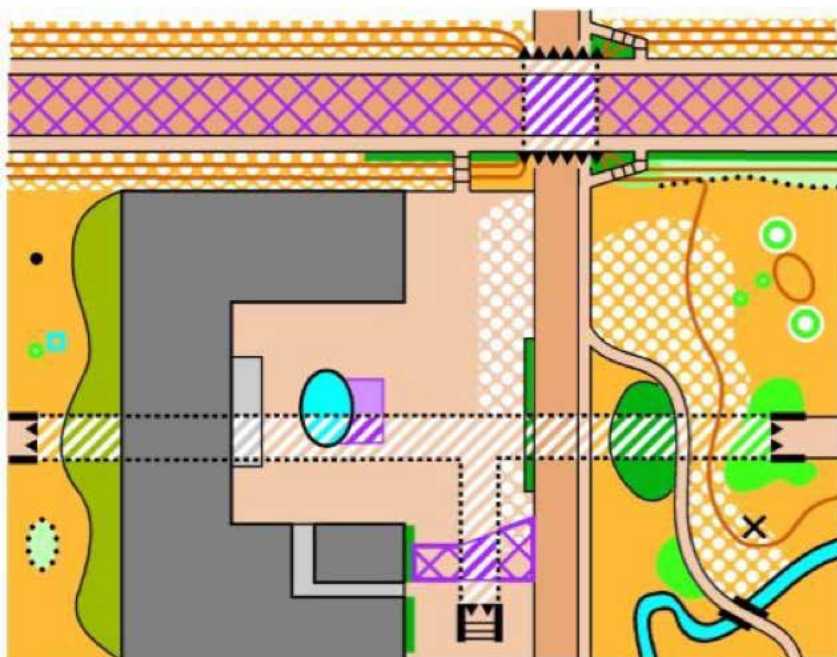
Bridge or tunnel entrance

Map symbol 512.3

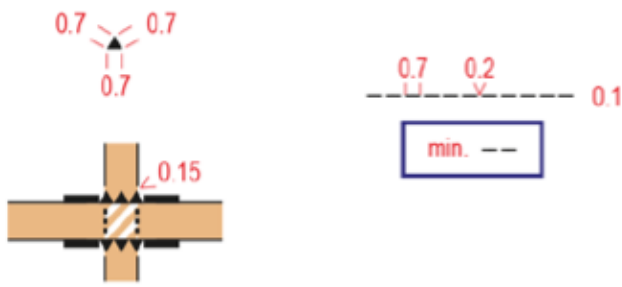
Area passable at two levels

Map symbol 512.3 Area passable at two levels is the redefinition and renumbering of map symbol 501.2 Paved area in multilevel structures which was first published in ISSprOM 2019 first version. The use of the symbol is now extended to other area symbols by corresponding coloured diagonal lines.

Only two-level situations can be represented. Features on the upper level are shown by the colours. No features on the lower level are shown except pavement edges that are essential for orientation.



Map symbol 501.2. Step or edge of paved area at lower level (of two level structure)



Fair Play

Maps will not be collected at the completion of your run. In the interests of fairness to following competitors please keep it private.

Start Times

Starts from 1pm and start times will be allocated. They will be available on Eventor ASAP.

SI Air (SIAC)

SI AIR will be activated on the course.

SI numbers

Please check the start list to ensure you have entered with the correct SI stick number. Inform the organiser before Friday 18th or at registration on Saturday of any changes of SI numbers before you start.

Course	Classes	Distance	Climb	Controls
Hard 1	M21A,M16A,M18A,M20A,M35A	3.3km	30m	23
Hard 2A	M40A,M45A,M50A,W18A,W20A,W21A,W35A	2.9km	26	20
Hard 2B	M55A,M60A,M65A,W40A,W45A,M21AS	2.5km	24	19
Hard 3A	M70A,M75A,W16A,W50A,W55A,W60A,M35A, M45AS, M55AS	2.4km	24	17
Hard 3B	W65A,W70A,W21AS,W35AS,W45AS,W55AS	1.7km	10	11
Hard 4	M80A,M85A,W75A,W80A,W85A,M65AS,W65AS	1.5km	8	12
Moderate	M14A,W14A,M Open B, W Open B, M Junior B, W Junior B	2.2km	18	22
Easy	M12A,W12A,Open Easy	2.0km	10	19
Very Easy	M10A,W10A, M/W10N,Open Very Easy	1.9km	8	19

***Distance is optimum running distance not straight line distance

Shadowing permitted for M/W10N competitors.

Arena Layout



Clear and Check

All competitors must clear and check their SI stick before starting. Clear and check units will be in the prestart area.

A “**SIAC Battery Test Unit**” will be available to check battery life. It is the competitors responsibility to ensure the SIAC they use has an adequate battery charge. A reading 2.89 or lower and about 4 years old could be close to failure. The battery test unit gives an OK or fail along with the voltage remaining readout. If you are unsure you can still insert the SI stick into the control and it will register it is just the SI Air component which fails.

Control descriptions

These will be printed on the map and a loose copy may be collected during the prestart process. Moderate, Easy and Very Easy courses will have English descriptions available.

Start Procedure (please be quiet in this procedure)

There will be a three stage start procedure (starting 3 minutes before the actual start time).

Stage 1 (-3 minutes) name checked.

Stage 2 (-2 minutes) collect control description sheet.

Stage 3 (-1 minute) move forward to map box.

At 0 minutes pick up your map.

There is NO punch at the start.

As this is a New South Wales State Orienteering Championship event please be **silent** once you have entered the start procedure.

Finish and Download

The Finish punch will not be SI air. You must punch the finish unit. Then make your way to the “Finish Tent” and download. Collect your splits.

All competitors must report to download even if they failed to finish.

Course Closure

3:15pm

Presentation

Presentations will be made to all placegetters at about 2:45pm or as soon as places have become clear. Please observe appropriate social distancing.

Results

Due to COVID-19 social distancing requirements we will not be providing results at the assembly. The results will be available online (almost live) at:

<https://sportident.itsdamp.com/results/SprintChamps2022.php>

Facilities

Toilets (inside building). See Arena diagram- follow around west side of building and do not cross Red and White tapes.

Water and Catering

No water provided – please bring your own.

There will not be any catering – please bring your own food and drink.

First Aid

A First Aid kit with limited supplies will be available for the treatment of minor injuries. Any serious injuries will need to be transported to a local medical facility (Gosford Hospital ph.).

Important

DO NOT ATTEND IF YOU: are feeling unwell; if you must self-isolate under NSW Health COVID-19 guidance; or you live in regions where the NSW or Australian Government has restricted travel. Organisers will monitor whether participants have been to any current COVID-19 case locations in NSW and will refuse entry if that is appropriate.

Complaints

If a competitor comes to the view that some aspect of the competition has been unfair they have 15 minutes after the last starter has finished to speak with the organiser about their concern. They need to be aware that if the complaint is deemed justified (after consultation with the Controller) then the course and affected classes may be cancelled. If the competitor is not satisfied with the Organisers decision they can lodge a formal, written protest.

The Organiser, Course Setter and Controller have made every effort to ensure a fair competition in line with OA and ONSW rules and guidelines.

