



Moonlight Madness - Orienteering under a Full Moon.

Some years ago, Garingal Orienteers began a "tradition" of having a mid-week urban night-O score-event on the longest night of the year. Tradition is continued in 2013 with our 2013 Winter Solstice event starting in

Like all good traditions, this has been extended so that over the Wintery months of 2013 (April-September), on a Wednesday night near each full moon, Garingal Orienteers will run a Summer-Series-style 30 control/45 minute night score event for whomever wants to enjoy some Night-O by Moonlight. The emphasis is meant to be on fun not deathly competition, so our target is for *everyone to score well*. In most cases, we also will be using new course setters – so, please, always blame the organiser when it gets too hard or too weird.



April Full Moon- **Wednesday 24th April** - **"Macquarie Lighthouse", Old South Head Rd, Vacluse**
May Full Moon- **Wednesday 22nd May** **"Greenwich Point", Tennis Club, Wallace or Robert St, Greenwich**
June Winter Solstice- **Wednesday 19th June** **"7 Little Australians", Killara Oval, Roseberry Ave, Killara**
July Full Moon- **Wednesday 17th July** **"Westleigh", Ruddock Park, Quarters Sessions Rd, Westleigh**
August Full Moon- **Wednesday 21st August** **"Chatswood", Muston Park, Eden St, Chatswood**
September Full Moon- **Wednesday 18th September** **"Sheldon Forest", Rofe Park, Mimosa Ave, S. Turramurra**

Moonlight Madness and Solstice - starts are anytime between 5:30pm to 7pm.
Course closure at 7:45pm - be back by then! That's when we go out to collect the controls.

A torch or headlamp advised – the moonlight is not bright enough to read a map!

More details or questions: David Stitt allstitt@fl.net.au or 9413-3814 (a.h.)

Share the fun. Running around at night searching for things by torch-lit map may be daunting if you haven't done it before, so please feel free to come along with a friend or partner and go together (it's just the single entry fee - \$10 for OANSW members, \$13 for casuals/non-members). We are going **Retro-O**: *After some 'soul-searching', we have decided **not** to use SI for controls and timing, just the old fashioned cards and pencils to record your way around*, So please practice your hand-writing as points may be awarded for neatness!

Each entry includes the highly detailed, multicoloured map. The course has 30 numbered control markers spread across the map. The challenge is, *in 45 minutes or less*, to find as many of these control locations, and return to the Start. Each marker also has a red reflective disc to better show up in a torch beam. A control may be worth 10, 20 or 30 points. If you find it, of course.

Your score is the total values of the controls found. However, points are lost (10 per minute late) if you take more than 45 minutes. No prizes, just fun, with a bit of fitness.

Entry fee:- **OANSW members; \$10 adult or group, \$8 junior.**

Non-members: \$13 adult or group, \$10 junior, and \$20(members)/\$25(non) for a family wanting multiple entries

The Lunaphile Phil-O-sophy.

It's a Sydney Summer Series style Score course – 45 minutes, 30 controls – find as many as you can in the 45 minutes, in any order you choose. Controls are worth 10, 20 or 30 points if visited. Gross Score is docked 10 points for each minute or infinitesimal part thereof you're late. All-controls course length should be set to be just about gettable in the 45 minutes – well, at least by certain well-known and very fit/fast orienteers should score 600 with seconds to spare if they don't make a mistake. But our setters are mandated to put plenty of controls for ordinary O-humans to get to in 45 minutes as well. Starts between 5:30 and 7pm, *course closure at 7.45pm*.

Maps are **1:7500 for ease of torch-light readability**, mostly with magnetic North sort-of towards the top of the map. Full colour print on A4 heavy-weight paper – clear plastic A4 sleeves are available if you can't keep it dry.

Our course-setters are generally 'first-timers', so please be kind – blame the checker or organiser! Areas for MMs are chosen, as far as possible, that should be fun for a night run, feature distracting scenic night views, that haven't been used much before, and with start locations in lesser known/used places. Thanks to other O-clubs for lending us their maps for an MM exercising.

<i>Date</i>	<i>Event</i>	<i>Map</i>	<i>Start location</i>	<i>Setter</i>	<i>Vetter/checker</i>
April 24, 2013	MM1	Macquarie Lighthouse	Lighthouse Reserve, Old South Head Rd, Vaucluse	Carolyn Davies	Rod Eckels
May 22, 2013	MM2	Greenwich Point	Greenwich Tennis Club, Robert St, Greenwich	Bryony Cox	Tim Cox
June 19, 2013	Solstice / MM3	Killara	Killara Park, Roseberry Av, Killara	Dave Stanley	David Stitt
July 17, 2013	MM4	Westleigh	Ruddock Park, Quarter Sessions Rd, Westleigh	Karin Hefftner	Larry Weiss
August 21, 2013	MM5	Chatswood	Muston Park, Eden St, Chatswood	Claire Winnick	Tom Joss
September 18, 2013	MM6	Sheldon Forest	Rofe Park, Mimosa Rd, South Turramurra	Elizabeth Bulman	John Bulman

April 24th - “Macquarie Lighthouse”



Starting and finishing within site of the historic Macquarie Lighthouse, this event promises spectacular views of the Pacific Ocean (see the moon rise in the east) and turning westwards, see the city of Sydney as you look down Port Jackson.

We thank Western & Hills Orienteers for the use of their map for this first-time night-O event here. And our first-time Garingal course setters, Carolyn Davies & Rod Eckels who live just down the ~~road~~ coast.

Expect to jog along the scenic Coastal Cliff Walk that extends from Clarke Reserve to the Gap Bluff. There's the recently refurbished Signals Station, the Dunbar memorial, and plenty more along this pathway. Controls may also tempt you down to Watsons Bay and Parsely Bay parks through the twisting streets of Watsons Bay.

Our meeting point is beside the historic Signals Station – look for the ORIENTEERING signs. Parking should be easy along New South Head Road near the Myall Ave junction.

Toilet facilities can be found in Robertson Park, about 1km away, so best go there first. Water will be available at the Start/Finish.

Map is 1:7500, A4, with control descriptions and legend. Controls are pots with red reflectors so you'll take a card and pencil around to record your visit to controls – no SI so leave your SI stick to sleep quietly at home.

May 22nd - “Greenwich Point”

Another first-time night-O use of a map covering a very picturesque peninsula in Sydney Harbour.

Our meeting point for the Start and Finish is the Greenwich Tennis Club-house in Leemon Reserve, between Robert and Wallace Sts, Greenwich Point.



Excellent views (even at night) can be experienced from Manns Point look-out - toward the city and up the Parramatta River to Cockatoo Island, and from near our meeting place, to Woolwich and the Lane Cove River.



Controls should be spread around most of the Point's bush and parkland shore and with some northwards into the streetscape of Greenwich itself. Expect some hill-climbing to provide an aerobic 'work-out'.

Alas, car parking will be very tight so expect a slight walk from somewhere in the nearby streets.

We thank Bennelong Orienteers for use of their map and Greenwich Tennis Club for their facilities.

And to Bryony & Tim Cox for setting a course that they wish they could run and enjoy every event!

And briefly mentioning the rest of the Garingal Lunatics Program for 2013 (more details coming).....

June 19th Winter Solstice & June Full Moon - “7 Little Australians”

Starting from the pavilion at Bert Oldfield Oval in Killara Park, Roseberry Ave, Killara. As well as the tree-lined streets of Killara, our first-time course setter Dave Stanley may offer you a run to Seven Little Australians Park at the start of the Two Creeks walking track, or to Swains Garden and Wombin bush reserve. There's also the Quarrymans Reserve inside an old and disused quarry, not the thing you'd expect in Killara!

Starts from 5.30pm until 7pm, course closing 7.45pm. Toilets & water at the oval, parking better along Roseberry Av.

July 17th - “Westleigh”

It's been a while since Garingal used this area of our large Westleigh map that takes in quite a bit of Thornleigh as well as Westleigh. One of Australia's leading professional mappers, Alex Tarr, had an input to this map, albeit some years ago now.

Starting in Ruddock Park, Coral Heath Ave, Westleigh. The day-light experienced team of Karin Hefftner & Larry Weiss will be trying their hands (and minds) at setting night-O. A few bush tracks as well as parks and streets.

August 21st - “Chatswood”

A Garingal map covering the central business district of Chatswood, as well as nearby parks and playing fields, was completed last year by a team of novice Garingal members. A very enjoyable initial night event was conducted in 2012 starting from Bales Park, set by one of the mappers.

We hope our first-time setters, Tom Joss and Claire Winnick will likewise offer a 2013 night event of equal challenge and fun for orienteers of all ages and fitnesses to put their headlamps to good use.

Expect to get amongst the late evening shoppers but watch for the peak-hour traffic nonetheless. Penshurst Street needs extreme care so please cross at one of the several pedestrian lights.

Starting from Muston Park, toilets and water. Parking limited in Eden St so try Douglas or Haig Ave and use the laneways to get to Muston Park.

September 18th, “Sheldon Forest” (New map!!)

Starting from Rofe Oval, Mimosa Rd, South Turrumurra. A group of novice Garingal mappers is tackling this urban forest between Pymble and Turrumurra. John & Elizabeth Bulman will be our first-time setters putting their recently acquired mapping experience to practical use for all of use to see.