ACT Relays – Sunday March 27th, 2022

Final Instructions

READ THIS and the INFORMATION FLYER BEFORE YOU ARRIVE

Parking
Parking is along Akame Circuit, O'Malley, east of the intersection with Dalman Crescent. Please park off road if possible, on the nature park side of the road. Park with consideration to other road users.

Assembly
The assembly area is just inside the gate to the Isaacs Ridge Nature Reserve. Please keep the pathway clear.

Map
Mt Mugga Mugga   Scale 1:10,000   5m Contours

Course Planners Notes
Terrain is quite pleasant going with few weeds and is quite runnable.
Some tapes have been used to identify the start of a track on the Easy Course.

Registration
Once teams have been finalised they will be posted on Eventor.
Team information will also be available at the Registration tent on the morning of the event.
ONE TEAM MEMBER must visit the Registration tent to collect the "variation" running order.
It is your responsibility to ensure you run the relay legs in the correct order. Failure to do so may result in a MP (mispunch) for your team.

Starts
There will be a race briefing for Relay runners at 09:45.
All units will be set for "contactless punching" – SI Air.
Remember to CLEAR and CHECK before entering the Start/Changeover area.
There will be a mass start of first leg runners at 10:00.
This will be a "Le Mans" start with approximately 100m to the Start. You will collect your map from the correct box adjacent to the Start. Please respect your fellow competitors.

Starts for pre-entered Easy and Very Easy courses are from 10:15 to 11:30.

Change Over and Finish
- There is a taped route from the last control through the "changeover" to the Start.
- Relay runners running consecutive legs should drop your map in the box and continue through the "changeover" to collect your next map. Do not enter the Finish until you have completed all your legs.
- Relay runners finishing their leg/legs should "tag" your team member at the "changeover" and proceed to punch the Finish and download. If running another leg remember to Clear and Check before you commence your next leg. Remember, the Check unit will restart your SIAC chip.
- Last leg runners MUST punch the Finish and proceed to download.
- Courses close at 13:00 (1 PM).

Water/Refreshments
There will be no water provided.
Please bring your own water and refreshments.
For those running more than 1 leg there will be a point as you discard your maps where you may leave refreshments before the race.