



BUSH ORIENTEERING in THE HIGHLANDS



- Explore some superb bush environments in the Southern Highlands!
- Bring the family, bring a buddy, or go solo. Go at your own pace.
- Each event has a range of courses, from very easy (following tracks, paths, fences etc) right up to hard (requiring detailed compass use and cross-country navigation).
- Beginners are always welcome and receive basic coaching as part of their entry fee.



SHOO Highlands Forest Series 2015

Date	Map	Start Location / Notes
15 Mar	"The Piggery"	Belanglo State Forest (in conjunction with Women's Training Weekend)
12 Apr	"Baronga Creek"	Penrose State Forest
28 Jun	"Lake Alexandra"	Lake Alexandra, Mittagong
12 Jul	"Boxvale Tramway"	Boxvale Road, Mittagong
2 Aug	"Soapy Flat East"	Jellore State Forest

Format: choose from one of these 'line' courses (you visit the checkpoints in order):

Very Easy: 1.5-2km

Easy: 2-2.5km

Moderate: 2.5-3km

Short Hard: 3-4km

Long Hard: 4-6km

Start: Starts are from 11am-12pm.

Cost: Orienteering club members: Adults \$10, Juniors \$8, Family Max \$30.

Non-members: Adults: \$14, Juniors \$8, Family Max \$30.

Series organiser: Peter Meyer 0421 187 493



<http://southernhighlands.nsw.orienteering.asn.au/>