



Come and Try Orienteering in Daylesford

Saturday 21st May and Sunday 5th June

Proudly Supported by Hepburn Shire Council

A free fun event for all ages from 7 to 87!

If you or your family like Treasure Hunts, solving problems or just getting outside and walking/running then this could be the event for you. Orienteering is a sport where competitors navigate their way around a set of checkpoints or controls. It adds another challenge to just going for a walk or run because the fastest isn't always the winner. You can participate as an individual, in pairs or family groups. The Daylesford/Hepburn region is a great place to do the sport as it is surrounded by areas that have been mapped for the sport and in which events are held frequently.

How does it work?/How do I get involved?

For these Come and Try it events, you just turn up ready to run or walk and someone will show you how it works. We'll explain how the maps work, what you are looking for and what you need to do. If you have a compass, please bring it but we will have some available and for your first event, it isn't necessary. These events are free thanks to the support of the Hepburn Shire Council and local club, Eureka Orienteers. As winter is coming fast, you might want a rain-coat and something warm to wear.

We'll give you a specially prepared map with a series of checkpoints marked by purple circles on the map. You navigate your way to each circle in turn and at each checkpoint there will be an orange and white flag and a punch so you can register that you got there. Then you navigate to the next one and so on, until you get to the finish.

The come and try it courses will be designed to take walkers 40 minutes and runners 20-30 minutes. It's better if children under 12 go with an adult or their families for their first try and others may want to run as a pair.

Where and when?

The registration and entry area will be at the **Community Park Stanbridge and Duke Streets** between 10a.m and 12 pm on May 21st and June 5th. It's OK to come twice as the courses will be different each time! In this area there is also a permanent Orienteering course with free maps available.

How fit do I need to be?

The courses will be designed for all levels of fitness but it is quite a hilly area and there are tracks and trails involved so you need a pair of sturdy shoes. It's up to you how fast or slow you want to go.

If we like it, then what?

There are events in the area throughout the year. This is a great year to get involved as in September the Australian Orienteering carnival is in the Daylesford area so you can be part of some really fun events as our sport is always open to all! At the come and try it we'll have details of other events.

For more detail go to [www. https://www.vicorienteering.asn.au](https://www.vicorienteering.asn.au)

For a short video showing younger orienteers at a larger event

<https://youtu.be/7tpiiCU6o0s>