

# ORIENTEERING 2022 JUNIOR TRAINING CAMP

#### **Dates**

Thursday June 30th (10am) to Saturday 2nd July 3pm

## **Location - sessions**

Thursday 30th June

Mt Tarrengower, Butts Reserve, Maldon training Koolamurt scout camp trivia night - Spring gully

Friday 1st July

Chewton Garfield Water Wheel - training Evening Koolamurt scout camp night O

Saturday 2<sup>nd</sup> July

Koolamurt scout camp morning West Bendigo afternoon.

## **Camp Goals**

- Opportunity for junior orienteers and their families to participate in activities and training to develop social connections and orienteering skill development.
- This includes juniors who are secondary school aged (Raiders) and primary school aged (Rebels) and those preparing to compete at the Australian Championships in September.
- This is being organised as a family based camp. Travel and food will need to be provided by a parent/guardian or agree with other parents/guardians to provide this.
- A Parent/guardian is required to stay with children and supervise at accommodation.

# **Facilities and Opportunities**

Families can choose to stay at Koolamurt Scout Camp-located at 44 Mandurang Rd, Spring Gully. This is adjacent to a large bushland area with a variety of undulating spur gully and goldmining sections overlayed by an extensive track network. The training sessions at Maldon, Chewton and West Bendigo are within close proximity: 15 to 35 mins travel by car.

The camp is self catering, Koolamurt includes a fully equipped kitchen including fridge and freezer, microwave, stove and oven. Cookware and utensils and undercover BBQ are available. There is a separate female and male toilet block and cabins fitting 2-5 individuals each. BYO Linen and bedding including sheets, sleeping bags or blanket, pillows and towels. A washing machine available. Please find a copy of the accommodation flyer with additional details attached.

#### Costs

\$5 per training session (\$10 full day) covers cost of maps and equipment. Accommodation: \$30 per person per night capped at \$120 per family Families will be invoiced from OV for camp and training session costs. To register please contact Richard Goonan schools@vicorienteering.asn.au or Wendy Taverna coaching@vicorienteering.asn.au 0439433665

Registrations close: Thursday 23rd June 5pm.

# Wendy Taverna - camp coordinator

**Attendees** 

Junior Orienteering Victoria Members and their parents/guardians

Raiders and Rebels squad coaches Vic Schools Team coaches **Guest Coaches** 



**Proposed Program Outline** 

THURSDAY 30th JUNE	
HIUNODAT 30" JUNE	Activity / Focus
Mt Towns nows Putts December	Activity / Focus
Mt Tarrengower, Butts Reserve Maldon	Day 1 Mt Tarrengower intro to granite Part 1
Waldon	Paginnara course, understanding the terrain, metahing feetures
AM session	Beginners course - understanding the terrain, matching features bare rock, large boulders (Moderate navigation)
Arrive – ready to commence 10am	bare rock, large boulders (ivioderate havigation)
Morning session 10am-12pm  Lunch – BYO or drop into Maldon	Advance session - Approaching controls - diagonal downhill, simplify on granite, pick out key features; up, down or across (Hard navigation)
PM session:	Pm: Mt Tarrengower Part 2
1.30pm – 3.30pm	Fill. Wit Tailengower Fait 2
Mt Tarrengower, Butts Reserve	Focus on compass skills and control picking session – practice techniques from the morning session
Travel to accommodation – Koolamurt	Unpack, settle, explore camp, Eat Dinner
35 mins travel to camp	onpack, settle, explore earlip, Lat billile
Dinner – DIY	7pm Trivia night
FRIDAY 1st JULY	
Chewton Garfield water wheel	Chewton diggings Part 1:
Travel to Chewton	
(36mins from camp)	Route choice training
Arrive to start 10am	
10am – 12pm	
Lunch - BYO or drop into Castlemaine	
PM session	Chewton Diggings Part 2
1.30-3.30pm	Chewton Diggings Fait 2
Chewton Garfield water wheel	Relay training - mass starts, focus during forkings, coping under pressure
Travel to camp – approx. 30mins	Unpack, settle, explore camp, Eat DinnerDIY
Dinner - DIY	
Call and Hully	7pm Night O at camp
SAT 2 <sup>nd</sup> JULY	
Camp champs	Camp champs – Koolamurt Scout camp 9.30am relay
Early Lunch 11.30am	
Travel approx. 15mins	Bendigo Orienteers multi event (1): Royal George
	Starts 12.30pm onwards
Royal George	book via eventor
Gold associates road	https://eventor.orienteering.asn.au/Events/Show/17491
West Bendigo	
26.75760252400205.444.04050245040702	Course debrief with coaches after run
-36.75760253489365, 144.24256615319769	



### Locations

### Koolamurt Camp -





