



Highlands Forest Series #4, 2022

Organised by Illawarra Kareelah Orienteers Inc:

Sunday 24 July 2022

Event Director: Robert Spry – 0499 074033 or rbspry@gmail.com

Setter: David Green (IKO)

Venue/assembly: Belanglo State Forest – Belanglo memorial – corner of Belanglo Fire Break and Northern Fire Break Tracks. **GPS:** -34.504626, 150.228575

Directions: From Hume Motorway turn at Belanglo Road (Gordon VC Rest Area), follow for 5km then turn right at Western Plantation Road, follow for 2km then turn left at Gum Tree Road, follow for 380m then right at Belanglo Fire Break Road follow for 380m to assembly. Route is all unsealed. Route is suitable for 2WD. Drive carefully. Watch out for other forest users. Some potholes on Belanglo Rd. Tracks could be slippery if wet.

Timings: Start anytime 10.30am-12 noon with course closure at 1.00pm (return to Finish)

You must report to the finish irrespective of whether or not you completed a course.

Map: “Miners Despair” (extract), 1:10,000, updated 2021. **Vegetation thicker than mapped, even thicker after the 2022 rain**

Terrain: Eucalypt forest, mostly light to moderate thick vegetation. There is a network of forest roads, many termite mounds and scattered rock features.

Due to recent wet weather runners should take care not to slip on wet rocks and logs, and wear appropriate footwear.

Entry & fee: Members: Seniors \$16, Juniors \$12

Non-Members: Seniors \$20, Juniors \$14

These fees include an access charge imposed by NSW Forestry Corporation.

Pre-enter by Eventor (<https://eventor.orienteering.asn.au/EventAdmin/Edit/16958>) is strongly recommended. **Limited number of Enter on Day courses available.**

Courses:

| | Distance (straight line) | Climb | No. controls | Comments |
|------------|--------------------------------|-------|-----------------|--|
| Very Easy | 2.1 km | 35m | 10 | Follow tracks |
| Easy | 2.4 km | 35m | 10 | Follow tracks - some bush options |
| Moderate | 2.7 km | 55m | 10 | Track and bush legs - some navigation required |
| Short Hard | 3.6 km | 75m | 11 | Bush legs - navigation required |
| Long Hard | 5.2 km | 115m | 13 | Bush legs - navigation required |

Classes: Men and Women (M, W) on each course.

Controls: Controls will NOT have SIAC mode enabled. You will have to punch each control, also punch at the Start and Finish.

Results: Results will be available on Eventor on Sunday evening, or on Its Damp, there will be no results display at the event.

Note that a Series point score is also being run using the placings in the best 4 of 5 events. Series standings will be updated on Eventor shortly after the event.

Facilities: No water will be provided on courses - Please bring your own water, food and warm clothing. Toilets at the Gordon VC Rest Area. Bush toilet at assembly.

Covid-19 Restrictions: "Specific Risk Warning" - there is a risk of COVID-19 transmission at an orienteering event. This warning and risk mitigation list will also be posted at the event.

1. Please do not attend if you feel unwell, or have been diagnosed or are a close contact.
2. Please bring and carry your own water and sanitiser (limited sanitiser will be available)
3. Please use sanitiser and/or wash hands before and after competition
4. Please adhere to the 2 sq metre spacing rule for social distancing (families are OK)
5. Please do not touch electronic SI units throughout the whole event – SI units will be mounted on stands
6. Please do not crowd/gather near the start & finish assembly areas
7. Please do not share your belongings (towels, etc.) including your orienteering map with anyone
8. Please report to any of the event organising staff if you are unwell or unsure about the above.