

2023 OCEANIA ORIENTEERING CHAMPIONSHIPS JANUARY 7 - 12 TASMANIA AUSTRALIA



The Oceania Orienteering Championships, 2023 is supported by the Tasmanian Government through Events Tasmania.



BULLETIN 2



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2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

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Welcome – Break O’Day Council

Welcome to beautiful Break O’Day.

It is our pleasure to host the Oceania Orienteering Championships here in St Helens and share with you our beautiful, natural environment.

We may be a little biased, but those of us who call Break O’Day home think it is the most beautiful place in the world – and you will get to explore some of this amazing area while you are here.

Our community is very friendly and I am sure they will make you feel welcome. We have a lot of pride for our area and we love to share it with visitors – so if you have any questions don’t hesitate to ask a local!

We do hope that you have put aside a few days of down time so that you can really experience our area, whether it is relaxing on the beach, hitting the MTB trails, enjoying a spot of fishing or just enjoying some of our region’s fine foods.

If you haven’t had time to enjoy our area this time don’t worry, you are always welcome here in Break O’Day.

On behalf of Council and our community, we wish you a safe and fun event and hope to see you all back this way again soon.

Mick Tucker
Mayor
Break O’Day Council





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Welcome – Orienteering Tasmania

On behalf of Orienteering Tasmania, I would like to extend a warm welcome to all visiting athletes, and supporters to Tasmania.

Our volunteers have been waiting to welcome you for the last three years and have committed thousands of volunteer hours to ensure we produce a fantastic carnival. I am enormously grateful to the organising committee, course setters, controllers, parking officials, toilet fairies and many others who are contributing to running these events. I encourage you to thank these people as you come across them during the week.

I would especially like to shout out Oceania Director Christine Brown and her predecessor Warwick Moore (Aus Champs Director 2020+21) for their dedication and persistence in bringing us a sensational carnival.

The coming week of racing is not all about the competition. It is also about catching up with old friends, meeting new people, and enjoying lifelong friendships. There are over 550 athletes from 13 countries, coming together for Oceania.

Finally, while you are here, please take the time to explore our beautiful state. Those of you entered for the Hobart Shorts, you're in for a taste of local Tassie orienteering, maybe enough to tempt you to move here... (we hope!)

Meisha Austin
President
Orienteering Tasmania





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Welcome – Orienteering Australia

It has been quite a journey to reach this point where the Oceania Championships are being held in Tasmania in this 2023 summer period. The areas being used were intended for both the 2020 and 2021 Australian Championships that COVID put a stop to. In addition, COVID also put a stop to the planned 2022 Oceania Championships in New Zealand. And now here we are in 2023. With just under 600 competitors entered from 13 different nations and regions, we are all set for a great series of competitions.

The organising team have been working hard to provide a fantastic set of orienteering events across a range of quintessential Tasmanian tin mining, granite and sprint terrain that will be mostly new to orienteering. This event is very special in that there will be two new maps for orienteering produced for the event by the late Rob Plowright.

On behalf of Orienteering Australia, I extend a sincere thank you to the key organisers, course planners, controllers, mappers, and everyone else who has volunteered their time to ensure the success of the Oceania Championships week. Orienteering is a sport of volunteers and without your efforts our sport would not exist in the way it does today. Please make a point of saying thank you to all the people working hard to put on the events throughout the Championships.

Thank you to the Tasmanian Government through Events Tasmania for your financial support of this event. Thank you to Sustainable Timber Tasmania, Parks and Wildlife Tasmania, the Break O'Day Council, University of Tasmania and other agencies and private landholders who have provided the Championships with their valuable support and permission to access our sporting arenas. Orienteering absolutely relies on your support to allow us to experience the joy and challenge of our sport and we acknowledge and appreciate your support.

Michael Dowling
Board Chair
Orienteering Australia





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Sponsors, Organising Bodies and Supporters



The Oceania Orienteering Championships, 2023 is supported by the Tasmanian Government through Events Tasmania.

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2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Key Officials

Organiser:	Orienteering Tasmania Inc.
Event Director:	Christine Brown
Contact Details Event Director	
Phone:	(+61) 439443367
Email:	christine.brown@oceania2023.tasorienteeing.asn.au
Technical Director:	Roger Harlow
IOF Senior Event Adviser:	Paul Prudhoe (NSW)
National Controller:	Paul Prudhoe (NSW)
Finance Director:	Christine Marshall
Entries Manager:	Ian Rathbone
Registration Manager:	Kim Nankervis
Volunteers Manager and Awards:	Cathy McComb
Equipment Manager:	Bert Elson
Start Manager:	Lindsay Pender
Finish IT Manager:	Kate Lucas
Website Manager:	Bernard Walker
Community Liaison and Publicity:	Valerie Brammall
Start Draws:	Lindsay Pender
Bulletin and Graphic Design:	Michael Dowling
Commentary:	Michael Dowling and Mick Cooper
Map Layout and Printing:	Mike Morffew
Presentations:	Sally Wayte and Jeff Dunn
Web:	https://oceania2023.tasorienteeing.asn.au/
Facebook:	@Oceania2023OrienteeringChampionships
Venue:	North-eastern Tasmania - Launceston and St Helens.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

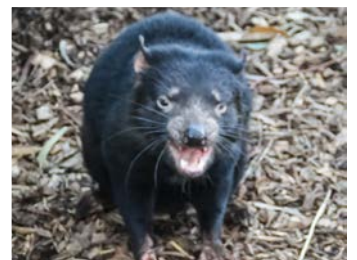
Event Program

The Oceania Orienteering Championships carnival will incorporate three World Ranking Events (WRE) and National Orienteering League (NOL) Events in Sprint Distance, Middle Distance and Long Distance. An Australia New Zealand Challenge will be conducted across the Oceania Championships in selected classes. An unofficial Elite teams competition will be conducted across the Oceania Championships M/W20A and M/W21E classes.

DAY	DATE	EVENT	VENUE & MAP	CONTROLLER	PLANNER
Sat	7 Jan	Oceania Sprint Championships WRE and NOL	Launceston University of Tasmania, Newnham	Paul Pacqué	Kim Nankervis
Sun	8 Jan	Model Event Rest Day	St Helens Bosses Rocks	Wayne Griggs	Helena Griggs
Mon	9 Jan	Oceania Long Distance Championships WRE and NOL	St Helens Bells Marsh	Clare Hawthorne	Greg Hawthorne
Wed	11 Jan	Oceania Middle Distance Championships WRE and NOL	St Helens Hunt Tin Mine	Lindsay Pender	Warwick Moore
Thu	12 Jan	Oceania Relay Championships	St Helens Golden Fleece	Randall Hope	David Marshall

NOTE

[The Hobart Shorts](#), a series of short events based in and around Hobart from Sunday January 15 – Wednesday January 18, 2023 is being held after the Oceania Championships to extend your stay in Tasmania.

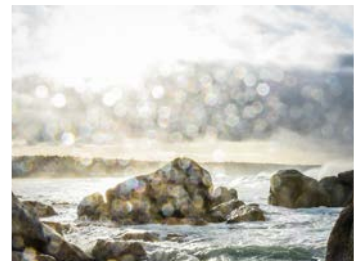
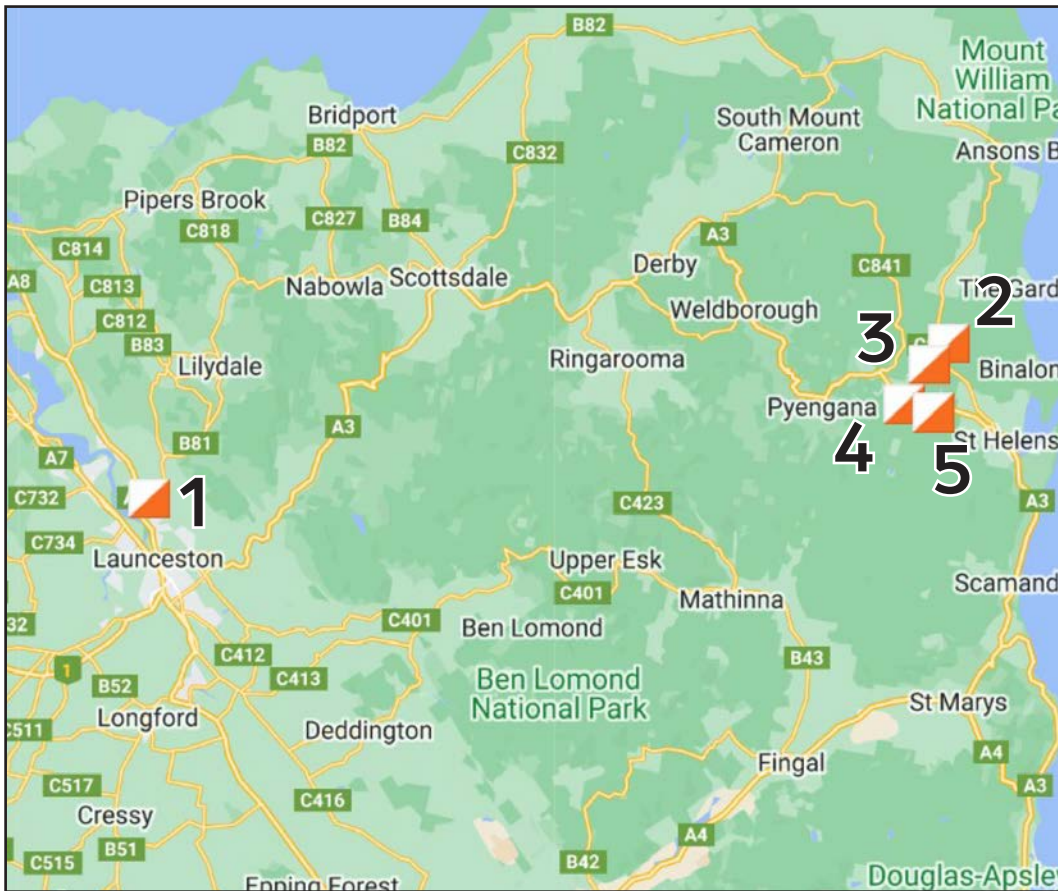




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Competition Venues

These are identified on the map of north east Tasmania below. The Oceania Sprint Championships (1) is in the northern suburbs of Launceston. The Oceania Model event (2), Oceania Long Distance Championships (3), Oceania Middle Distance Championships (4) and Oceania Relay Championships (5) are located west and north west of St Helens.





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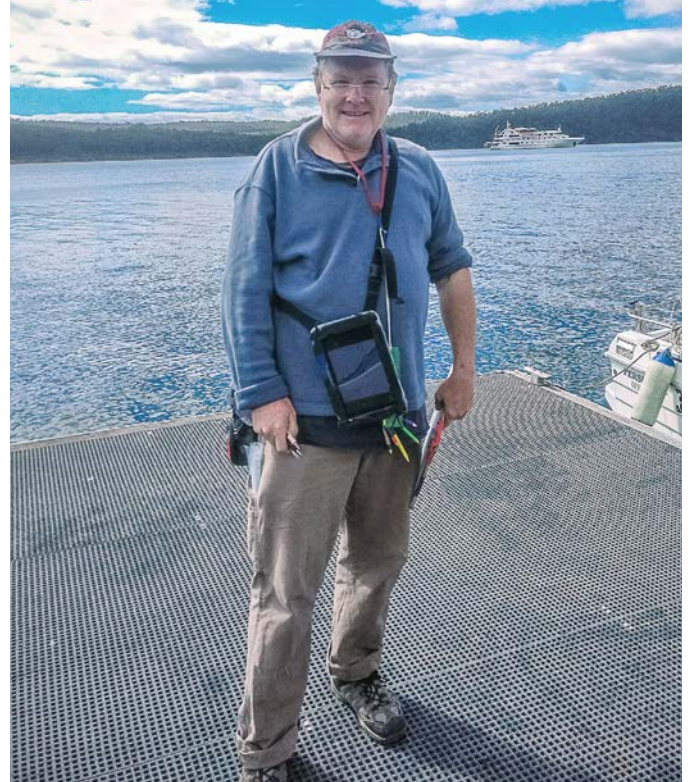
Rob Plowright 1962 – 2022

In April 2022, the orienteering community mourned the loss of Rob Plowright, who passed away suddenly at his home in Japan. Rob was a prolific mapper, a former Australian representative orienteer and a great friend to many.

Rob completed the Oceania Middle Distance map (Hunt Tin Mine) and Long Distance map (Bells Marsh) in the summers of 2018 and 2019. These maps were originally intended for the 2020 Australian Championships carnival, which was cancelled due to COVID-19 travel restrictions. Rob stayed in St Helens for extended periods and became an expert on the best local coffee haunts. Visitors to his accommodation regularly enjoyed freshly baked sourdough, tiramisu and homemade pizza.

Rob's maps can still be enjoyed all around Australia and in many other countries including China, Canada, Italy and Japan. His legacy lives on in Tasmania at Oceania 2023.

Rob's wife Masumi, his sister Sue and his sons Rui and Caio are visiting Tasmania in January. They plan to visit the areas that Rob mapped and if possible, attend carnival events. Please make them feel welcome.





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East Coast Orienteering, 1988 to 2023

Orienteering Tasmania celebrated its 50th anniversary in 2022 and St Helens and the East Coast region of Tasmania has played the major part in its development. In 1988 an international event, the Asia Pacific Orienteering Championships (APOC, the forerunner to the Oceania Championships) together with a round of the IOF World Cup, was granted to Orienteering Tasmania by the International Orienteering Federation.

Before this there had not even been any grass roots orienteering at St Helens, with Hobart and Launceston being the main centres of the emerging sport. The St Helens region was recognised for its potential with its granite and tin mining areas of terrain. These provided world-class venues and maps for orienteering, which continue to attract national and international orienteers in large numbers.

Following the 1988 APOC event, an ambitious bid by Orienteering Tasmania was successful and the International Orienteering Federation's 1992 Veteran World Cup, an international championship for masters age orienteers (35yrs +), was granted and was held in St Helens.

The 1992 carnival increased its participation by including a concurrent all-ages competition. Close to two thousand competitors and visitors from 21 countries were warmly welcomed into the then small community of St Helens, the majority coming from Europe, for what was only the third IOF Veteran World Cup. International orienteering returned in 2015 with Tasmania hosting the opening round of the IOF World Cup with race venues near St Helens and Coles Bay after the opening race in Launceston.

Orienteering Tasmania's major national and international events continued to be centred on St Helens, but from 1988 Orienteering Tasmania maintained its presence at the local level on the East Coast, continuing to schedule annual three-day state-level competition in the March and June long weekends, with additional training camps through the year, continuing to the present day. The experience gained in the region has contributed to the high standard and participation of interstate and international Tasmanian representatives.

Now in 2023 we are back to continue the development of orienteering in NE Tasmania for Oceania and a series of WRE events.

Regional School Involvement

In previous years orienteering has been offered to six schools in the region from St Helens to Orford.

Bicheno orienteering began with the donation of a kit of equipment to the Bicheno Primary School by parents and local business owners Freycinet Adventures kayaking company and assistance from the Esk Valley Orienteering Club members in the North.

Orienteering maps of the 6 state schools in the region have been responsible for the introduction of the sport to students and there is also a map of the camp in Orford used for school excursions.

Sporting exchanges with St Marys and St Helens schools have been facilitated through the efforts of St Helens-based orienteer and former teacher Roger Harlow, who holds a major responsibility for the technical areas of the organisation of the current 2023 Oceania Orienteering Championships event.

2023 Oceania Orienteering Championships

St Helens in particular, as well as the whole coastal region, is seen by Orienteering Tasmania as an integral part of orienteering in the state and is valued by orienteers throughout Australia and renowned overseas.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

General Information

Key Event Contacts

Website: oceania2023.tasorienteeing.asn.au

Email: General Enquiries - christine.brown@oceania2023.tasorienteeing.asn.au

COVID-19 Safety at Oceania

Stay away if you are unwell.

If you become unwell at the event, please leave the event.

Where practicable keep some distance from other people or social groups.

Wash and sanitise your hands.

You are welcome to wear a face mask. Wearing a face mask can reduce the risk of catching or spreading viral infections, especially when space is limited. Particularly consider wearing a face mask if you are at risk of severe illness from COVID-19 and/or the community incidence of COVID-19 is moderate or high.





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Anti-Doping

Doping is forbidden. The Orienteering Australia Anti-Doping Rules (<https://orienteering.asn.au/wp-content/uploads/2022/07/3.-OA-NIF-Improper-Use-of-Drugs-and-Medicine-Policy.pdf>) apply to all Orienteering Australia events and the organisers may require doping control procedures to be conducted.

Registration

Registration will be open for enquiries and carnival registration at all events at the time stated in each event's information until course closure time. Bib numbers, carnival t-shirts and souvenir o-tops and hired SI sticks can be collected during these times.

Registration is open at: Friday January 6	13:00 to 18:00 at Civic Square Launceston
Saturday January 7	11:00 onwards at UTAS Launceston (Oceania Sprint)
Monday January 9	08:00 onwards at Bells Marsh (Oceania Long)
Wednesday January 11	08:30 onwards at Hunt Tin Mine (Oceania Middle)
Thursday January 12	08:00 onwards at The Argonaut (Oceania Relay)

Bibs

Upon registering, each competitor will receive a bib with your competitor number and start times for individual races on it. Enter on the Day participants will receive a bib for that day upon registration. The bib must be worn at all individual events on the front of clothing. If you lose your bib, see the Registration team for a replacement.

For the Oceania Relay Championships, Team Managers for ANZ Challenge teams and individual teams may collect bibs from the Registration team at the Oceania Middle Distance Championships event and at the latest before 09:00 on January 12, the day of the Relay Championships.

Start Lists

Start lists for all events, excluding the Oceania Relay Championships, will be published on Eventor from at least one week before the start of the competition. They will also be displayed at the arena and the pre-start of each event.

Training Opportunities

Training maps for the World Ranking Events held in conjunction with the Oceania Championships are available.

Oceania Sprint Championship (WRE): Windsor Park Precinct 1:5000 2.5m contours.

Oceania Middle and Oceania Long Championships (WREs): Maps in the St Helens area: Littlechild Creek, Livelys Bog, 1:10,000 or 1:15,000 maps, 5m contours.

Maps will be available at the Event Centres or upon request from Roger Harlow for all registered runners and officials. Please contact Roger on 0417 684 463 or email: rogerharlow@gmail.com.

String Courses

String courses will be available at all events for young children.



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Orienteering Clothing and Equipment

Colin Price from AussieOgear.com and Julie & Peter Shepherd from NSW O Gear will be attending all the carnival events and will be offering their range of orienteering clothing and equipment for sale at events, including SI sticks.

Food and Coffee

A coffee van will be available at all events with hot and cold drinks and some small snack options.

A gelato van will be available at Registration and the Sprint Distance event serving gluten free gelato in a cone or cup (dairy free available), homemade gluten free soft serve, homemade lemon squash with ice (very popular), chocolate panna cotta, semi freddo cannoli and mini heart shaped gelato sticks for littlies.

The Tasmanian Juniors and Schools Team stall will be at the Sprint Distance, Middle Distance and Relay events. The stall will have soft drinks and chips for \$2 and a variety of cakes, slices, muffins, including vegan and gluten free options for \$3, \$4, and \$5. All sales are cash only with profits going to the Tasmanian Juniors and Schools Team.

1 - 2 food vans may be available at Registration on Friday and the Sprint Distance event with hot and cold options.

Child Care

Parents will have to make their own child care arrangements. Split start times for parents have been allocated to those who requested them.

Pets

Orienteering Tasmania policy is that **NO dogs** are permitted at any orienteering event in the State. Please do not bring any pets to Oceania events

Smoking

All the arenas are non-smoking areas.

Souvenir O Tops

If you missed the deadline to order one of our souvenir O'Tops, all may not be lost!

Come and visit the Registration team during the carnival and if there is enough interest, we will place a second order and have the shirts mailed to you post carnival.



A number of orienteering buffs \$15 and headbands \$12.50 are also available to purchase by visiting the Registration team.



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Camping

Camping is at the picturesque Pyengana Recreation Ground. There is plenty of space for tents and campervans. Facilities include toilets and showers as well as access to the community hall for socialising. Showers are \$2 for 3 mins. There are only two showers, however, there are extra showers in St Helens. These can be found at 136 Tully St and the St Helens Waterfront, 34 Georges Bay Esplanade for \$2 a shower. Washworx at 25 Quail St also has showers for \$1 per minute and a laundromat and change machine.

The campground is looked after by the local community and all money collected for camping will be donated to the Pyengana community.



Pyengana Camping Site

Phytophthora

Phytophthora cinnamomi (myrtle rust root rot fungus) is now well established in many areas of moorland, heathland and dry eucalypt forest in Tasmania. It is a fungus that attacks the roots of susceptible plants, in many cases killing the plants.

In some native plant communities, epidemic disease can develop causing the death of large numbers of plants. It is a severe threat to natural bushland and to many threatened species, in the competition areas.

If you live in, or have recently competed in, a myrtle rust affected area on mainland Australia, please ensure your gear is cleaned thoroughly before using it in Tasmania. To help reduce the spread of this fungus, the Tasmanian National Parks and Wildlife Service have asked us to ensure that competitors have cleaned their shoes, gaiters and clothing (velcro etc) before they come to each event. This is best done by brushing (if dry), or washing out with soapy water (if muddy), as much dirt as possible, and then disinfecting with methylated spirits for 30 seconds.

If you have not cleaned and disinfected your shoes prior to coming to the event, you will be asked to clean your shoes on your way to the start and you will be required to spray the shoes with the disinfectant F10sc and wait for 30 seconds before proceeding into the pre-start.



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Drones

The use of drones is prohibited on land owned or managed by the Tasmanian Parks and Wildlife Service. Drones are therefore not permitted on the Model area at Bosses Rocks and the Long Distance area, Bells Marsh.

Warnings

Snakes are common in summer in Tasmania. All Tasmanian snakes are venomous but a snake bite is extremely rare. In the unlikely event of a snake bite, please follow the following procedure. Stop and compress the bite area using clothing and raise the affected part of the body (limb). Remain as still as possible. Immediately use your whistle and give 6 short blasts, repeated at 1 minute intervals. Do not attempt to make your way back to safety as movement assists the spread of the venom. For more information on the management of snakebite you are advised to visit the website of the St John Ambulance and search for the fact sheet on snakebite. (<http://stjohn.org.au/first-aid-facts>)

Ross River fever is a mosquito borne disease that is present on Tasmania's east coast. Mosquitos are generally active around dusk and near still water. Mosquito repellent is recommended and when not competing it is advisable to wear light-coloured clothing.

Jack Jumpers are a type of ant with a nasty sting. Whilst harmless to most people, competitors with a propensity to allergic reactions are encouraged to bring anti-histamine medication.

Sunburn and Hyperthermia are potential dangers in the Tasmanian summer. You are advised to use a good sunscreen, even in cloudy weather. Temperatures can be high and loss of fluid may lead to hyperthermia. You are advised to make sure you are well hydrated.

Weather and Climate

The weather in Tasmania in January is generally mild to warm. The average mean overnight minimum for the region is 12 C and the daily maximum is 23 C. However, warmer and cooler days are possible. The average number of rain days for January is 6 and the mean monthly rainfall is 55mm.

Competitors should be mindful that Eastern Australia is still under the influence of a La Nina weather event. The North East of Tasmania can experience significant rainfall under such an event and competitors should be well prepared for the eventuality of rain at Oceania events.





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Technical Information

Embargoed Areas

In the lead up to the Oceania Championships, the following areas are embargoed until January 12 2023 (except to attend the OOC2023 events themselves). These embargoes are in accordance with the IOF Rules. This means these areas may not be used for training purposes (including scouting the areas). Anyone breaking any embargo will be disqualified from competing at the relevant event. If you need to visit any of the embargoed areas for any reason please contact us.

Oceania Sprint Distance: The University of Tasmania, Launceston Campus, Launceston

No reconnoitring or training including training with an existing orienteering map of the campus is permitted. Other activities including other sports events within the campus are permitted. The relevant old map is known as University of Tasmania – Launceston.

Oceania Long Distance: Bells Marsh Forest Reserve, Goshen

From the gate off Hodges Road to the west, along Bells Marsh Track to Ansons Bay Road in the east, all the terrain south to the Georges River and east to the private land at Priory. All training and hiking around the area (i.e. scouting the area) is forbidden.

Oceania Middle Distance: Ericksons Road, Goshen

From a point 41°18'S, 148° 7'E south to the junction with Argonaut Road at 41°19'S, 148° 7'E and terrain extending 2 km either side of that length of road. All training and walking around the area (i.e. scouting the area) is forbidden.

Oceania Relay: Argonaut Road, St Helens

3 km to north and 3 km to south of the road, from a point 41°19'S, 148° 8'E (quarry access road) in the west to 41°18'S, 148° 9'E (moonscape) in the east. No reconnoitring or training including training with one of the existing Golden Fleece maps of the area is permitted.





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Competition Rules

1. The Competition Rules for IOF Foot Orienteering Events 1-Jan-2022 apply to the Oceania Championships classes of M/W16A, M/W18A, M/W20A and M/W21E.
2. The Competition Rules for Orienteering Australia Foot Orienteering Events apply to all other Oceania Championships classes.

Maps

The Carnival maps do not fully comply with the “International Specification for Orienteering Maps” (ISOM 2017-2) and the “International Specification for Sprint Orienteering Maps (ISSprOM) ISSprOM 2019-2.” While the Oceania Sprint Championships map has been remapped with every effort to make it compliant, some discrepancies might remain.

Competitors should note the use of undersize symbols and contraventions with respect to minimum gaps, minimum lengths, and minimum area requirements as stated in ISOM 2017.2 on the Hunt Tin Mine (Middle Distance), Bells Marsh (Long Distance) and Bosses Rocks (Long Distance Model) maps.

Maps have been printed on pretex paper for the individual championships events (Sprint Distance, Long Distance and Middle Distance). The Relay maps will be printed on paper and will be in plastic bags. There will not be a full legend on the maps. Control descriptions will be printed on the front of the maps. Map Symbols for forest Orienteering Maps and Map Symbols for Sprint Orienteering are available on the IOF website (<https://orienteering.sport/iof/mapping/>)

Previous Maps

Previous copies of the maps for the Oceania Sprint Championships and Oceania Relay Championships are available to view on the website via each event’s page. The Oceania Long Distance Championships and the Oceania Middle Distance Championships will be on new maps which will not be displayed prior to the event.

Punching System

SPORTident Air+ will be used at the Oceania Sprint, Middle and Relay events. SPORTident will be used for the Long Distance event.





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GPS Devices

In accordance with IOF and OA rules, competitors may not use or carry telecommunication equipment between entering the pre-start area and reaching the finish in a race, unless the equipment is approved by the organiser. GPS devices with no map function or signal to aid the user in finding direction may be carried.

The Organiser may require IOF Oceania Championships class competitors to wear a tracking device.

Competitors in the IOF Oceania classes of W/M16A, W/M18A, W/M 20A and W/M 21E should especially note IOF rule 21.4 as to this requirement.

Competitors must not use or carry communication devices that can transmit or receive information, to or from a remote source, between entering the quarantine zone (or the start area if there is no quarantine zone) and reaching the finish in a race, unless the equipment is approved by the organiser.

GPS-enabled devices (watches etc.) can be carried provided that:

- they have no map display
- they have no communication capability other than receiving GPS data
- they are not used for navigation purposes.

However, the organiser has the right to specifically forbid the use of such equipment.

The organiser may require competitors to carry a tracking device and/or a GPS data logger.

Start Procedure – Sprint Distance, Long Distance and Middle Distance

CLEAR and CHECK units and a SIAC battery test unit will be available at the beginning of the walk to the start and a CLEAR unit will be available before competitors enter the pre-start.

For 2 minute start intervals, competitors on even numbered courses start on the even minutes while competitors on odd numbered courses start on the odd minutes. For 1 minute start intervals competitors on odd and even numbered courses start together. For 3 minute start intervals competitor starts alternate between even and odd minutes. All competitors enter the pre-start 3 minutes before their start time. At this time they will have their details checked and then must punch a CHECK unit. Competitors then proceed to a line before the control description table, passing a SIAC pre-start test unit en-route for those wishing to test their SIAC. At this point competitors on even numbered courses move to the left and those on odd numbered courses move to the right. At 2 minutes before their start, competitors move forward to the control description table and collect their control description if required. At 1 minute before their start, competitors proceed to their map tray but must not look at their map. At their start time, competitors pick up their map and their run starts.

There will be a clock at the entry to the pre-start set 3 minutes forward of the current start time, i.e. competitors enter the pre-start when the clock shows their start time. The clock at the start will sound 5 short beeps before the start time and a long beep at the start time.

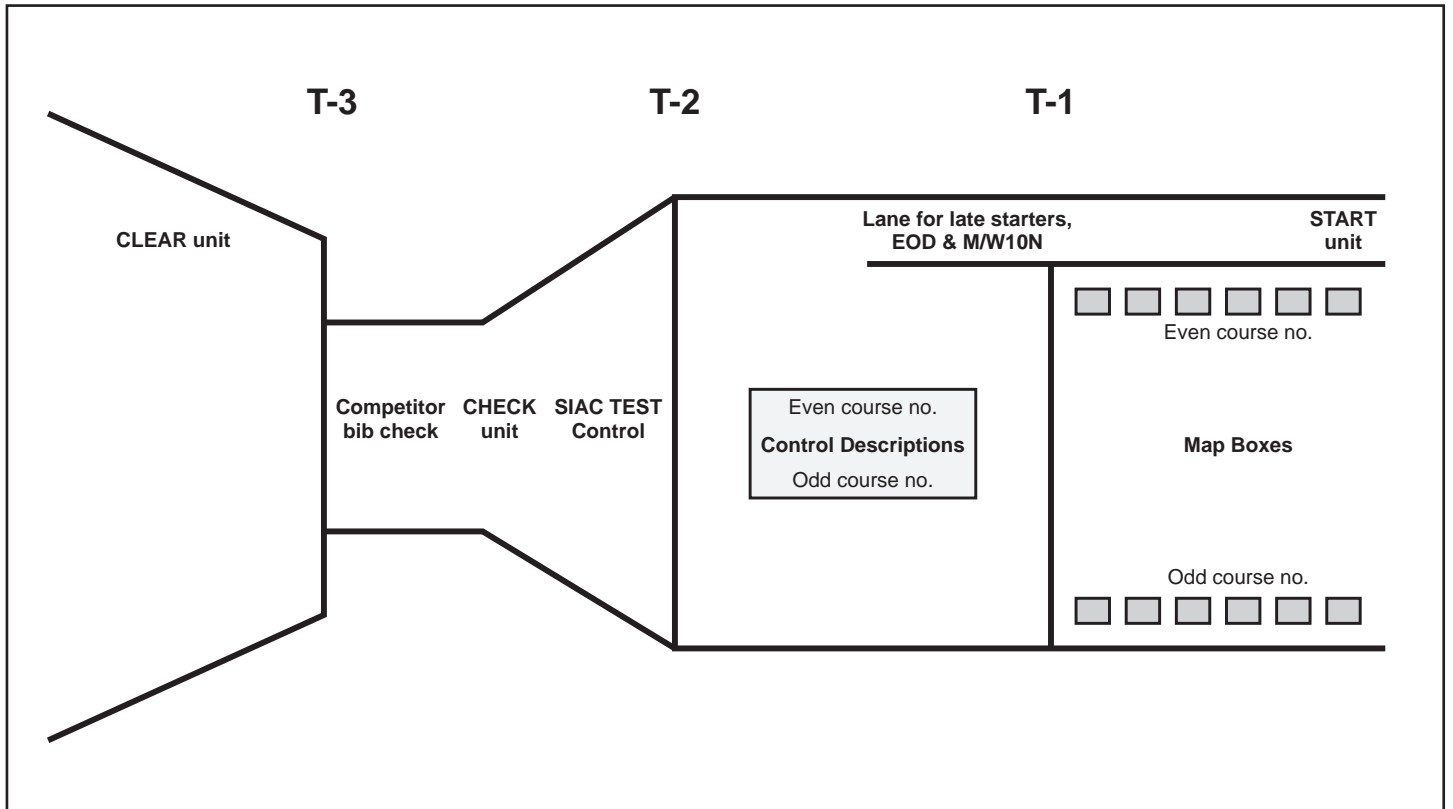
There will a sheet showing course numbers and associated classes at the entry to the pre-start and at the control description table. Map boxes will only show course number.

Enter on the day competitors will use a punching start.

The starts will be silent.



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Start Interval – Individual Events

Sprint Distance:	1 min
Middle Distance:	2 min
Long Distance:	3 min

Late Start

All late starts will be handled in accordance with IOF rules 22.9 and 22.10. These rules state:

22.9 Competitors who are late for their start time shall be permitted to start. Their new start time must be recorded.

- In a mass or chasing start, the competitor shall be started as soon as possible.
- In an interval start, if the competitor is at the start line less than half the start interval after their start time, they shall start immediately.
- In an interval start, if the competitor is at the start line more than half the start interval after their start time, they shall start at the next available half start interval.

22.10 Competitors who are late for their start time through their own fault shall be timed as if they had started at their original start time. Competitors who are late for their start time through the fault of the organiser shall be timed from their new start time.



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Note: All late starters are required to punch a START unit at their new start time irrespective of whether the fault for the late start rests with the competitor or the organisers. A separate lane will be provided for later starters and competitors will be handed their maps by a start official. The decision as to whether the reason for the late start rests with the competitor or organisers will be made after the competitor finishes.

See the late start official if you have missed your designated start time

Enter On Day (EoD) and M/W10N Class

Competitors entered in Enter on Day (EOD) and M/W10N class will start using the late start lane and a punch start.

Pre-Start Zone

Time	Box	Action
Start time -3 min	T-3	Bib & SI number checked against start time on entry. Check SI or SIAC stick. This turns on the SIAC. Optional - SIAC-ON check.
Start time -2 min	T-2	Collect control descriptions
Start time -1 min	T-1	Stand at maps. Note sign advising distance to the start triangle Take map and GO
Start	NA	Follow the tape to the start triangle. The start triangle will be marked with a control flag. NOTE: There is no control to punch either at the start, unless you are a late start, EOD or M/W10N, or at the triangle.

Finish Procedure

- If using an standard SI stick, you must punch the finish control.
- The finish controls will be SIAC enabled so if using a SIAC stick you can run through the finish.
- Then proceed immediately to download at the finish tent.

There will be 2 lines available for finishers to download. You will have to download twice, once in the main database and once in a backup.

- Pick up your split times printout and leave the download area promptly. If you have any issues with your result somebody will be available to help outside the download area.

Abandoned Your Course

If you have abandoned your course you **MUST** still report to the download tent so that we know that you have returned from your course.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Map Collection

Competitors can keep their maps after they finish but you are reminded to respect the rules of fair play please by not showing your map to anybody who hasn't yet competed.

Return Of Loaned SI Sticks

At your last event, remember to return your loan SI stick to either the download staff or to the Registration team.

Complaints and Protests

Participants who are unhappy or uncertain about any aspect of the competition are advised to report the issue to the complaints team via the Registration team immediately. If, following discussion with an appropriate official you wish to make a formal complaint, you must lodge this in writing with the Registration team no later than 15 minutes after the results for the relevant age class are complete. Registration will note the complaint and deliver it to the organiser.

Similarly, any protest about the outcome of a complaint must be lodged in writing with the Registration team no later than 15 mins after the outcome of the complaint is notified to all competitors affected by the decision. The Registration team will contact the appropriate officials to deal with the protest.

Complaints, protests and appeals will be handled by the event organiser and jury in accordance with the relevant (IOF and/or OA) Competition Rules.

Protests may be made, in accordance with the Rules, with the Registration team. The latest time for a protest must be made no later than 15 minutes before the start of the presentation ceremony as listed in this bulletin.

Jury

The jury for all events in the Oceania Championships will be Ulu Aeschlimann (SUI), Jenny Casanova (AUS), and Jonathan Sutcliffe (AUS).

World Ranking Events

The Oceania Sprint Distance, Middle Distance and Long Distance Championships are designated by the International Orienteering Federation (IOF) as Regional Championships and as such are World Ranking Events.

Anyone who competes in M/W21E in the Oceania Sprint Distance, Middle Distance and Long Distance Championships, and has an IOF ID number, is eligible for world ranking points.

Anyone who competes in M/W20A and M/W18A in the Oceania Sprint Distance Championships, and has an IOF ID number, is eligible for world ranking points as these classes will run the same course as M/W21E. 18A and 20A competitors will start in age class groups as per the IOF rules. The organisers will compile WRE Men and Women results lists that include the eligible M/W20A and M/W18A competitors.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Oceania Sprint Distance Championships

Date

Saturday January 7, 2023

Event Details

Regional Championships, World Ranking Event (WRE), National Orienteering League (NOL)

Venue

The University of Tasmania campus at Newnham, Launceston.

Map:	University of Tasmania - Launceston. Fieldwork and cartography by Paul Pacqué. Updated November 2022. The UTAS sprint map was originally drawn to the old ISSOM specifications. Although every effort has been made to make it compliant with the new ISSprOM specifications it is possible that there may remain some minor discrepancies.
Terrain:	University buildings with complex features including stairways and different levels. Gardens with grassed and paved areas.
Map Scale:	1:4000
Contour Interval:	2.5m
Organiser:	Orienteering Tasmania
IOF Event Adviser:	Paul Prudhoe
OA Controller:	Paul Prudhoe
Planner:	Kim Nankervis
Controller:	Paul Pacqué
Arena Opening:	11:00
Start Times:	From 13:00
Course Closure:	16:30
Presentation:	16:00 in the arena

Arena Access

From the Charles Street bridge across the North Esk River, take the East Tamar Highway (A8) north for approximately 4kms and turn right onto University Way. Keep to the right hand lane and after 400m turn right onto Brooks Road. Follow Brooks Road to the end and turn right onto Newnham Drive. Follow the O signs. Allow 10 mins from the bridge. Alternatively travel to the event via Invermay Road and George Town Road and turn left into Newnham Drive.

Parking

Park as directed by the parking attendants (see map).

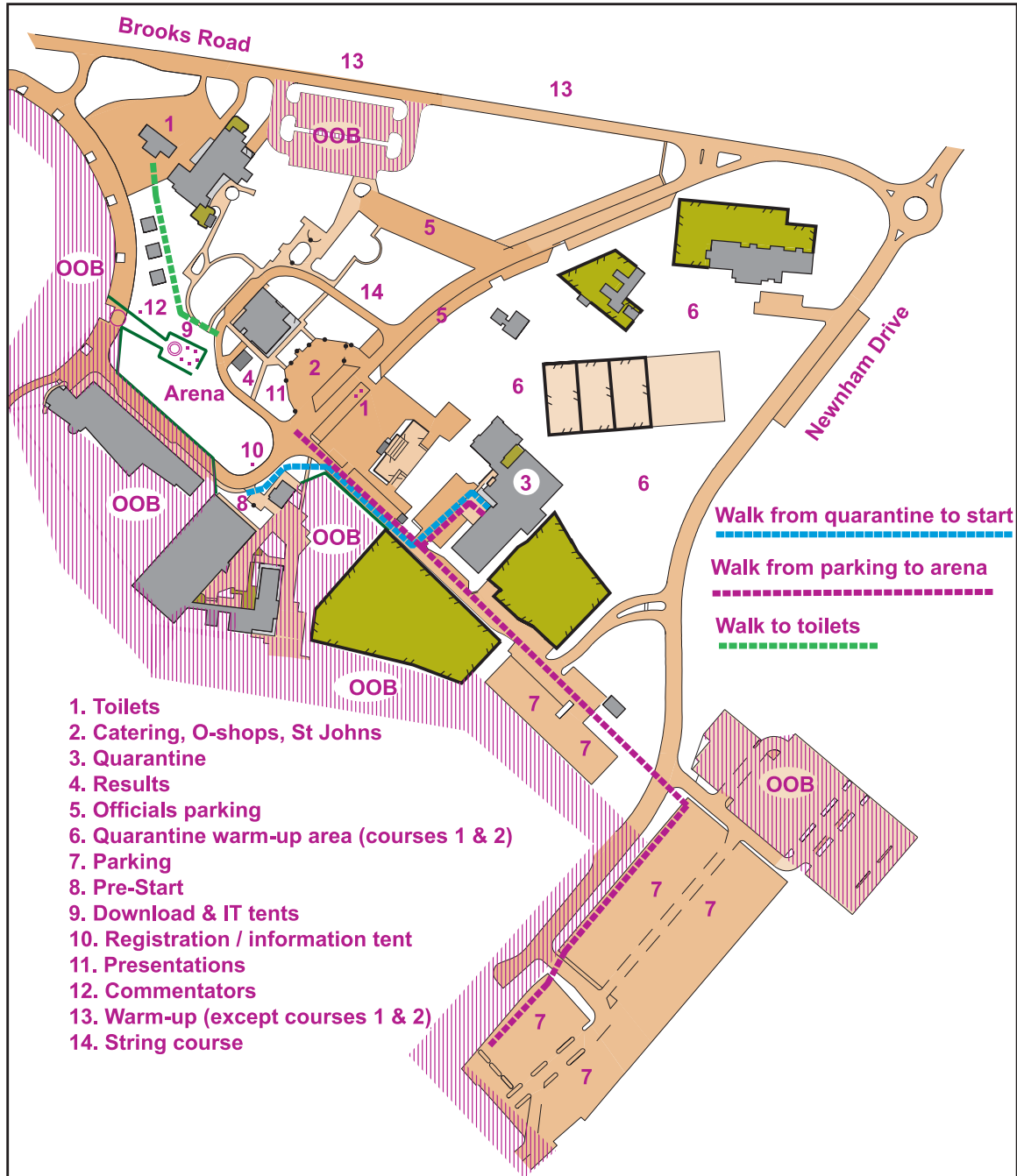
Google Maps coordinates for the main parking : -41.402644, 147.124424.

Google Maps coordinates for the parking of large vehicles (buses, campers, etc): -41.401584, 147.123877.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Arena Layout



Toilets

Toilets are located a short walk north of the arena.

Catering

Coffee, gelato and food vans will be present with hot and cold options, and the Tasmanian Juniors stall.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Mobile Phone Coverage

Excellent phone coverage

Quarantine

Quarantine for Course 1 (M21E, M20A, M18A) and Course 2 (W21E, W20A, W18A) competitors is in the “Uni Gym” (-41.400630, 147.123987 ; see map).

Opens at 12:00.

Competitors in these classes must be in quarantine no later than 12:45. Call-up is 6 minutes before their start.

Mobile phones and other electronic devices or verbal communication with 3rd parties while in quarantine is not permitted as per IOF Rule 22.16.

Enter on the Day

Limited (Easy, Medium and Hard) courses available. Cash payment only. Entry available by visiting the Registration team.

Warm Up Zone

Warm-up for competitors in quarantine is restricted to the area behind the Uni Gym. There will be a warm-up map available (quality not representative of the competition map). Other competitors may warm up on the grassed area north of Brooks Road. See the Arena map for details.

Out of Bounds

With the exception of the arena, the warm-up areas and the designated walking routes from the parking the entire UTAS - Launceston campus is out of bounds unless competing on a course until after the conclusion of the competition.

The Start

The Pre-Start is adjacent to the arena.

Course 1 & 2 competitors will start first followed by all other age classes.

Safety Information

Safety bearing is north to Brooks Road.

Water On Courses

No water will be provided on courses.

Control Descriptions

Control descriptions on the maps will be in IOF international symbols. M/W10, M/W12, M/W14 and all B classes will also be provided with control descriptions in English in addition to IOF international symbols.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Course and Class Details

COURSE	CLASSES	LENGTH (km)	CLIMB (m)	CONTROLS
1	M18A, M20A, M21E	3.85	30	28
2	W18A, W20A, W21E	3.35	30	27
3	M16A, M35A, M40A, M45A	3.40	30	23
4	M21A, M50A, W35A	3.20	20	22
5	M55A, W16A, W40A	3.10	30	24
6	M60A, M65A, W21A, W45A	2.70	30	23
7	M70A, W50A, W55A	2.45	25	20
8	EODH, M75A, W60A, W65A	2.15	15	18
9	EODM, M80A, W70A, W75A	1.70	10	15
10	EODE, M85A, W80A	1.00	5	8
11	W85A	0.75	5	7
12	M Junior B, M Open B, M14A	2.10	20	18
13	W Junior B, W Open B, W14A	1.85	15	21
14	M12A, Open Easy, W12A	1.10	10	14
15	M/W10 Novice, M10A, Open Very Easy, W10A	0.70	5	12

Acknowledgements

University of Tasmania, Launceston





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Oceania Model Event

Date

Sunday January 8, 2023

Event Details

Model event for the Oceania Long Distance Championships

Venue

Anson's Bay Road, St. Helens

Map:	Bosses Rocks Fieldwork and cartography by Rob Plowright 2019, based on Tasmanian Government LIDAR. Participants should note the use of undersize symbols and contraventions with respect to minimum gaps, minimum lengths, and minimum area requirements as stated in ISOM 2017.2
Terrain:	Bosses Rocks is part of the old Littlechild Creek map and features steep slopes with granite outcrops, some marshy areas and thicker vegetation along the creek lines.
Map Scale:	1:10000
Contour Interval:	5m
Organiser:	Orienteering Tasmania
IOF Event Adviser:	Paul Prudhoe
OA Controller:	Paul Prudhoe
Planner:	Helena Griggs
Controller:	Wayne Griggs
Model Opening:	10:00
Model Closure:	15:00

Arena Access

From St Helens, take the Tasman Highway (A3) north for 2.4 kms then veer left onto Anson's Bay Road (C843). Follow Anson's Bay Road for approximately 9 kms and watch for O signs. Allow 15 minutes from the centre of St. Helens. Google Maps Reference -41.250192, 148.177046.

Parking

Park in the designated parking area as directed by the parking attendants. The parking is adjacent to the model arena.

Toilets

Portaloos will be available adjacent to the parking.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Catering

A coffee van will be on site with hot and cold options and some small snack items.

Mobile Phone Coverage

Very limited.

Out of Bounds

All terrain to the west of Anson's Bay Road is out of bounds.

Start and Finish Information

The start is in the Model arena. There is no formal start/finish/timing. All starters **must** check-in before starting and **must** check-out upon finishing. This is an important and necessary safety requirement.

Safety Information

Safety bearing is west to Anson's Bay Road.

Water On Courses

No water will be provided on courses.

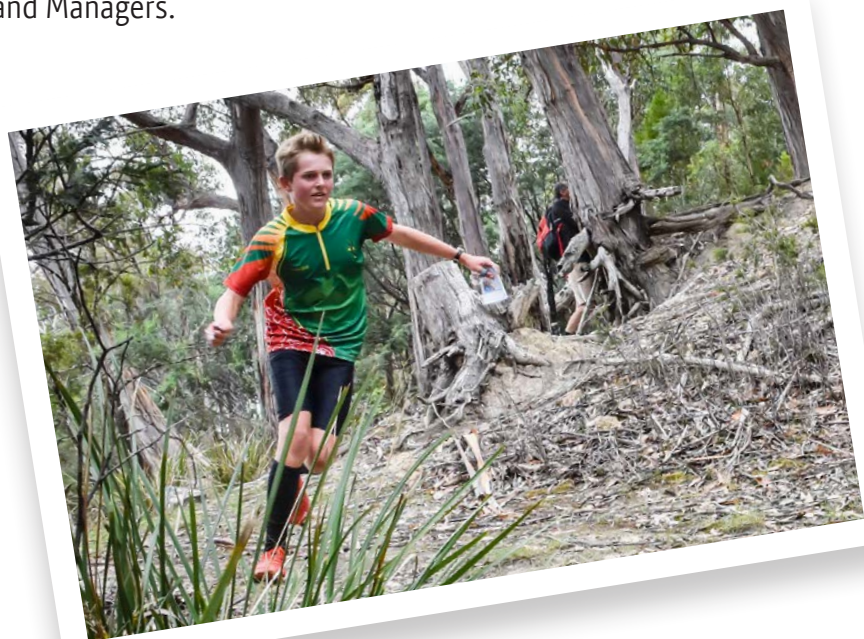
Control Descriptions

Control descriptions on the maps will be in IOF international symbols.

Acknowledgements

Sustainable Timber Tasmania, Land Managers.

Parks & Wildlife Tasmania





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Oceania Long Distance Championships

Date

Monday January 9, 2023

Event Details

Regional Championships, World Ranking Event (WRE), National Orienteering League (NOL)

Venue

Hodges Road, Goshen, west of St. Helens

Map: Bells Marsh

Fieldwork and cartography by Rob Plowright 2019. Minor vegetation update 2022.

Competitors should note the use of undersize symbols and contraventions with respect to minimum gaps, minimum lengths, and minimum area requirements as stated in ISOM 2017.2

Terrain: Undulating to steep gully spur with moderate granite cover. Generally open eucalypt forest with thicker tea tree pockets along creeks and some gullies, where it is mapped as Vegetation: fight. There is a small area of tin-mining terrain on the map.

Map Scale: 1:10 000

Contour Interval: 5m

Organiser: Orienteering Tasmania

IOF Event Adviser: Paul Prudhoe

OA Controller: Paul Prudhoe

Planner: Greg Hawthorne

Controller: Clare Hawthorne

Arena Opening: 08:00

Start Times: From 09:00

Course Closure: 14:30

Presentation: 13:30 in the arena

Arena Access

From St. Helens head north on Cecilia Street and the Tasman Highway (A3) for approximately 13.5 km to the Tasman Highway/Hodges Road intersection.

From Pyengana, head east on the Tasman Highway for approximately 12 km to the Tasman Highway/Hodges Road intersection.

Follow direction signs to the competition arena parking which is approximately 4 km from the Tasman Highway.

Allow 40 minutes travel from both St Helens and Pyengana.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

CAUTION!!

PLEASE SLOW DOWN WHEN APPROACHING THE HODGES ROAD/TASMAN HIGHWAY INTERSECTION WHEN TRAVELLING **TO AND FROM THE EVENT** as there is a blind corner and crest on the Tasman Highway. A traffic warning sign and speed reduction signs will be placed on the Tasman Highway on both sides of the intersection.

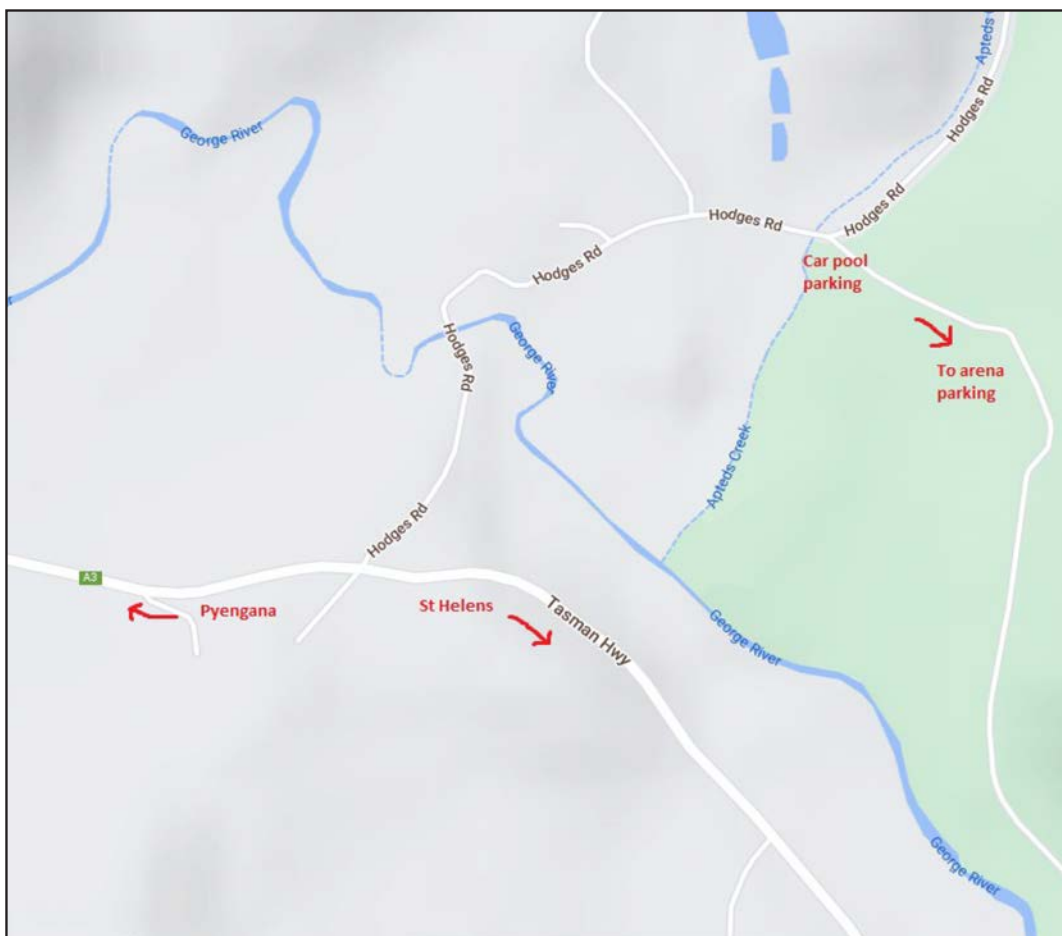
Parking

The Google Maps reference for parking is -41.267796, 148.144062.

Parking is approximately 800 metres from the arena to the side of the access road. The walk to the arena is marked. Competitors must stay on the track when walking to the arena and give way to competitors crossing or running along the track. Areas on both sides of the track are out of bounds.

The arena is 100m from the main access road. Out of bound areas will be marked.

Car pooling is recommended. Additional parking for those wishing to car-pool will be available at the start of the access track to the arena (approximately 3km from the arena parking). Cars with single occupants are asked to carpool from the start of the access track. A parking official will assist you.



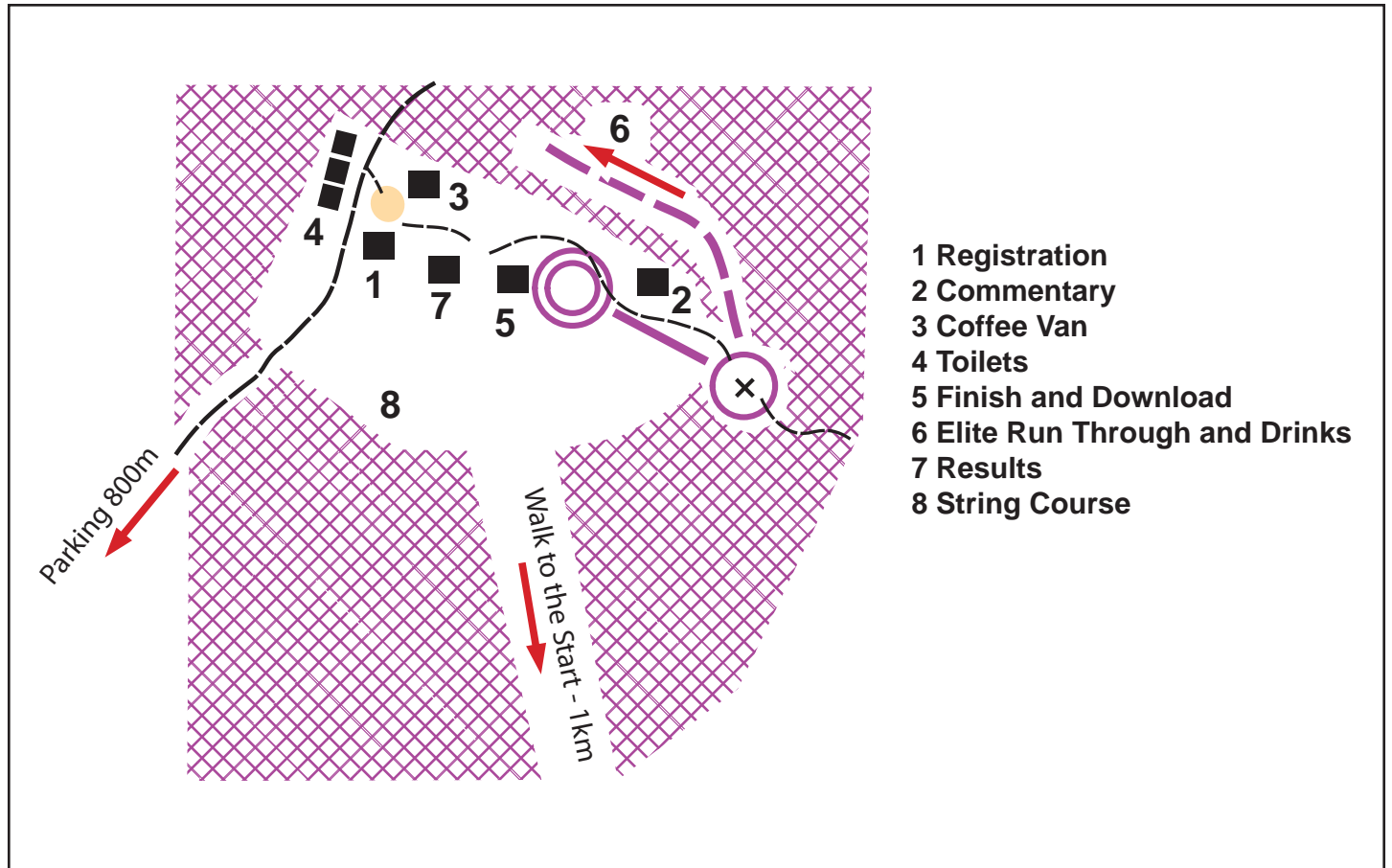
Traffic Management

A one way traffic system will be implemented. No vehicles will be permitted to leave the parking until after the last start (unless in an emergency) which is likely to be around 11.30.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Arena Layout



Punching

SI AIR is NOT being used for this event. Whilst every effort will be made to 'wake up' controls, early competitors should be mindful of potentially slower response times and ensure that their punch has been recorded. In the event that an SI box appears not to be working, competitors should punch on one of the three 'reserve' boxes on the map.

Toilets

Portaloos will be provided on the access road from the parking, approximately 150m from the arena.

Catering

A coffee van will be available all day with hot and cold options and some small snack items. Orienteers are also encouraged to support local cafes and restaurants in the St Helens region before and after the event.

Mobile Phone Coverage

There is intermittent phone coverage for Optus and Telstra on some areas of the map, however, this should not be relied upon!



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Quarantine

There is no Elite quarantine.

Enter on the Day

Limited (Easy, Medium and Hard) courses available. Cash payment only. Entry available by visiting the Registration team.

Warm Up Zone

Competitors can warm up along the road from the parking to the arena and along the route to the start.

Out of Bounds

All areas outside of the arena and access tracks, including walk to the start, are out of bounds.

Clothing

Full body clothing is advised.

The Start

The start is 1km from the arena with minimal climb. Areas on both sides of the marked route to the start are strictly out of bounds. Allow 20 minutes at walking pace. The route to the start will be marked with pink tape.

Please do not impede or assist active competitors crossing the walk to the start.

Safety Information

Safety bearing is west or east to the access track.

Water On Courses

Water will be provided on courses 1 – 15. All water is at control sites, marked on the control description in the usual way. On most courses, water must be 'self-served' from 10L containers using plastic cups. At a small number of controls, water will be provided in 250ml bottles (one bottle per person). Competitors are also strongly encouraged to carry their own water, particularly if the weather is warm. All plastic cups and empty bottles will be recycled. Please be considerate of the volunteers who will be collecting used/cups bottles afterwards when disposing of plastic waste after taking a drink.

Competitors on courses 1 – 4 (M/W21E and M/W20A) will have the opportunity to leave refreshments at the arena run-through. This will be marked on their maps and in the terrain. Depending on the length of the course, these courses will have 1-3 additional water controls.

Control Descriptions

Control descriptions on maps will be IOF international symbols for courses 1 to 17, and textual (English) for courses 18 to 21. Control descriptions will be provided at the pre-start. Both textual and symbolic control descriptions will be available for courses 18 to 21 at the pre-start.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Elite Run-Through

Courses 1-4 (M/W21E and M/W20A) all feature a 'run-through' of the arena, prior to a short final loop (between 1 to 2 km). This is a **compulsory** route that will be marked on the map and taped from the last control on the first loop.

Competitors will be able to leave refreshments at a designated point at the end of the marked route. Beyond this point, there is no compulsory route and competitors must navigate to the next control (see 'Marked routes on courses' below).

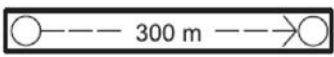
Part of the marked route is also part of the finish chute. At a clearly marked fork, elite competitors heading to their final loop must take the **right** fork. This will be marked on their maps and in the terrain. **Non-elite competitors are asked to keep to the left in the finish chute.**

Both the run-through and area beyond the 'refreshment point' are out-of-bounds to everyone not actively competing.

Marked Routes on Courses

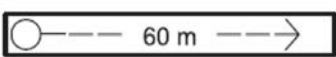
Marked routes are marked in the terrain with bright green and pink tapes.

Courses 20 and 21 have marked routes between some controls. Marked course legs are shown on the map with dashed course lines, and are shown on control descriptions with control description symbol 15.2

15.2		Follow Taped Route, 300m between controls.
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Courses 1-4, 18 and 19 have controls with **partial** marked routes. The taped section of the leg is shown on the map by a dashed course line, and the un-taped section of the leg is shown by a solid course line. Competitors must navigate from the end of the taped section to the next control.

These legs are indicated on control descriptions with symbol 15.1.

15.1		Follow Taped Route, 60m away from control.
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Marked Crossing Points

Many of the gullies on the map have thick vegetation – mostly tea tree – which is marked as 'fight'. To assist competitors, a number of crossing points are marked in the terrain with bright blue and yellow tapes and are shown on all maps. These crossing points are **not** compulsory. It may be possible to cross other areas of thick vegetation – including areas of 'fight'.

Courses 1, 2 and 6 cross a deep creek with steep banks in the southwest part of the map. This creek is marked with three crossing points (blue and yellow tapes in the terrain) which indicate relatively shallow sections that are easy to cross. These crossing points are **not** compulsory.

Indistinct Track (affects courses 18 and 20)

A track near the start mapped with symbol 507 (Less distinct small footpath) is a possible route choice option for courses 18 and 20. Since mapping, sections of track have been covered with fallen branches and leaf litter, so the track is now marked with pink tape.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Course and Class Details

COURSE	CLASSES	LENGTH (km)	CLIMB (m)	CONTROLS
1	M21E	13.0	560	23
2	M20A	10.3	410	21
3	W21E	9.1	420	19
4	W20A	7.4	280	15
5	M21A, M35A, M40A	8.2	370	14
6	M18A, M20AS, M21AS, M45A, W35A	7.1	260	13
7	M50A, W40A	6.3	280	12
8	M16A	6.1	290	11
9	M55A, W21A, W45A	5.7	270	11
10	M35AS, M60A, W50A	5.3	265	12
11	M45AS, M65A, W18A, W20AS, W21AS, W55A	4.8	195	10
12	M70A, W35AS	4.2	165	9
13	M55AS, W16A, W60A, EOD_H	4.1	165	9
14	M75A, W45AS, W65A, W70A	3.7	155	8
15	M65+AS, M80A, W55AS, W75A	3.2	120	8
16	M85A, W65+AS, W80A	2.5	85	8
17	W85A	2.0	35	7
18	M Junior B, M Open B, M14A	3.8	95	14
19	W Junior B, W Open B, W14A, EOD_M	3.4	80	12
20	M12A, Open Easy, W12A, EOD_E	2.1	55	9
21	M/W10 Novice, M10A, Open Very Easy, W10A	1.7	40	8

Acknowledgements

Mr. Ian Green

Parks and Wildlife Tasmania

Sustainable Timber Tasmania

Break O'Day Council.





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Oceania Middle Distance Championships

Date

Wednesday January 11, 2023

Event Details

Regional Championships, World Ranking Event (WRE), National Orienteering League (NOL)

Venue

Erickson's Road, Goshen, west of St. Helens.

Map:	Hunt Tin Mine Fieldwork and cartography by Rob Plowright 2019 with minor vegetation updates 2022. Competitors should note the use of undersize symbols and contraventions with respect to minimum gaps, minimum lengths, and minimum area requirements as stated in ISOM 2017.2
Terrain:	The terrain has a mix of tin mining and undulating spur gully with some granite detail. The eucalypt forest is generally open but recovery from a bushfire several years ago has started to impact visibility and runnability in some areas. Marsh areas are generally slow run and the tea tree along the creek is passable but thicker pockets may be encountered. Several crossing points have been marked on the map and are indicated in the field by yellow and blue tapes. Competitors can expect to get wet feet. Three dangerous pits exist on the map marked by a black pit symbol and flagged by hazard tape in the terrain. Due to recent heavy rains, some of the dry depressions have water present and the area is generally wetter than expected.
Map Scale:	Courses 1-5 and 9 1:10000, 6-8 and 10-20 1:7500
Contour Interval:	2.5m
Organiser:	Orienteering Tasmania
IOF Event Adviser:	Paul Prudhoe
OA Controller:	Paul Prudhoe
Planner:	Warwick Moore
Controller:	Lindsay Pender
Arena Opening:	8:30
Start Times:	From 10:00
Course Closure:	14:00
Presentation:	13:30 in the arena



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Arena Access

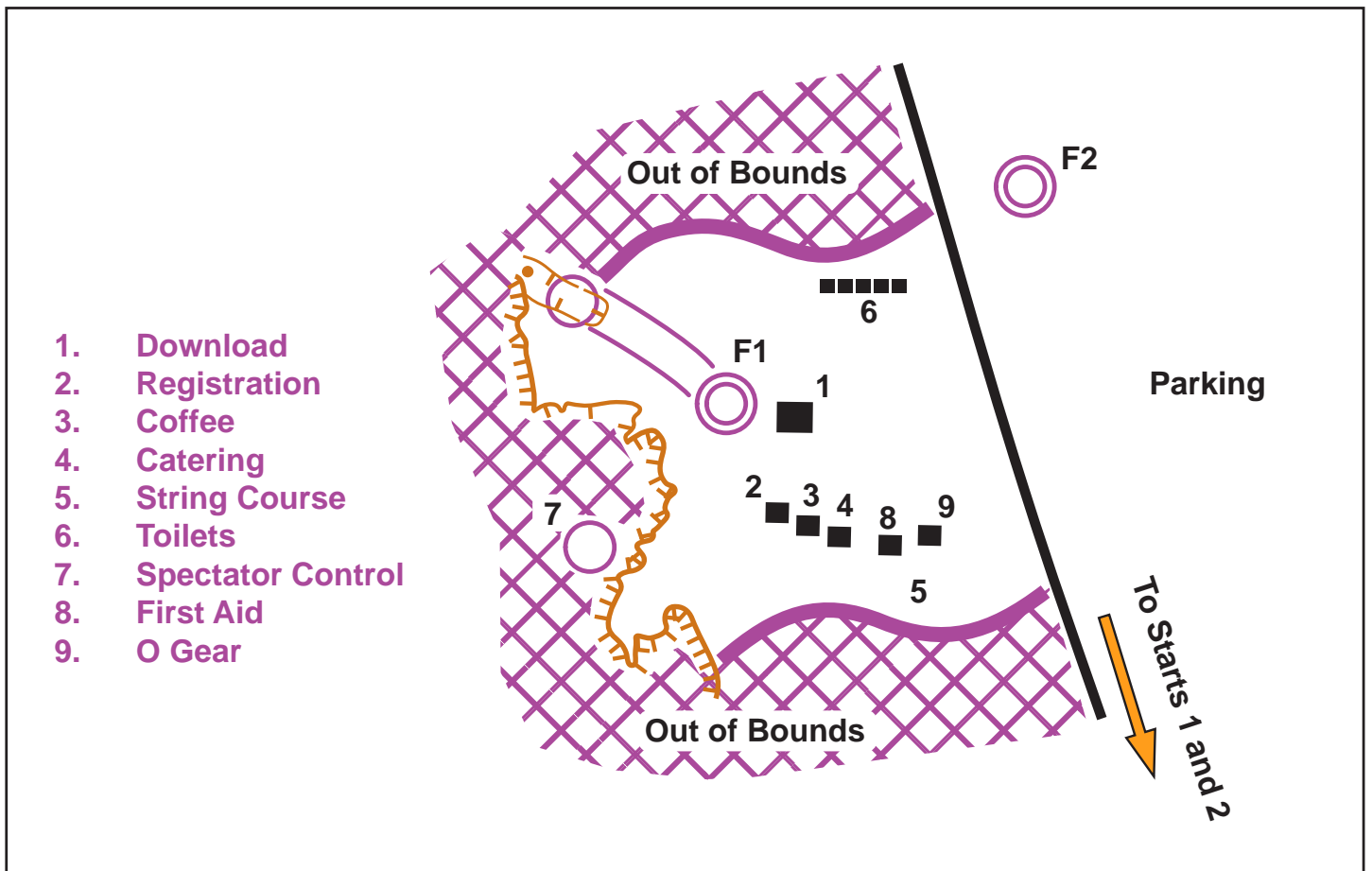
From St. Helens head north on Cecilia Street and the Tasman Highway (A3) for approximately 11.4kms. Turn south onto Terryvale Road and follow for 2.2kms. At the Y junction keep left and continue along Erickson's Road and watch for the O signs. Allow 25 mins from St. Helens.

The arena is directly across the road from the parking. Google Maps reference: -41.306857, 148.115530

Parking

Parking is east of Erickson's Rd directly opposite the arena.

Arena Layout



Toilets

The toilets are located adjacent to the arena.

Catering

A coffee van with hot and cold options and some small snack items, and the Tasmanian Juniors stall will be on site.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Mobile Phone Coverage

None.

Quarantine

There is no Elite quarantine.

Enter on the Day

Limited (Easy, Medium and Hard) courses available. Cash payment only. Entry available by visiting the Registration team.

Warm Up Zone

Competitors can warm up along Erickson's road anywhere south of the arena and north of the start.

Out of Bounds

All areas either side of Erickson's Road, with the exception of an area around the arena and the parking area, are out of bounds. The out of bounds area around the arena will be taped.

Clothing

Full body clothing is advised.

Safety Information

Safety bearing for courses 1 to 18 is east to Erickson's Road and for courses 19 and 20 it is west to Erickson's Road.

Course 19 and 20 Specific Information

Competitors on Courses 19 and 20 will find there are some ditches (old water races once used by miners) in the terrain. The courses may have a controls located on these ditches. The ditches are usually between 0.5 and 1.5m deep and often have a low, raised bank of earth along the bottom side. Nowadays, most ditches are dry.



Fig 1: Dry ditch

Figure 1 shows a typical shallow, dry ditch in open forest. You can see the obvious bank along the bottom side of the ditch.

Some sections of the ditches, especially where they go through marshy areas, may have water in them.

Figure 2 shows a section of ditch through a marshy area. You can see the water, and the dry bank on the bottom side. Often wet sections of a ditch may have reeds and other vegetation growing in the water.



Fig 2: Wet ditch



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia



Fig 3: Ditch, vegetation boundary junction

In some places a ditch crosses the edge of a marshy area. This is described in a control description as a vegetation boundary. Figure 3 shows ditch in the foreground, with some vegetation growing in it. The ditch continues straight ahead into a very thick marshy area that you can see in the middle distance.

The point where the ditch crosses into the dense marsh could be described as a vegetation boundary (between open forest and dense marsh). A control located at this point could be described as a “Ditch, Vegetation Boundary, junction”.

In some cases, it is possible to follow a ditch through a marsh. In other cases, it may be wise to avoid following the marsh because it is too thick and overgrown.

The Start

There are 2 starts, both just off Erickson’s Rd 1.0km south of the arena. Both starts use the same pre-start area.

Blue Start: Courses 1 to 18

Yellow Start: Courses 19 and 20

Water On Courses

Water will be provided on courses 1-17. All water is at control sites, marked on the control description in the usual way. Water will be ‘self-serve’ from 10L containers using plastic cups. Competitors are strongly encouraged to carry their own water, particularly if the weather is warm. All plastic cups will be recycled, so please be considerate of the volunteers who will be collecting used cups afterwards.

Control Descriptions

Control descriptions on maps will be IOF international symbols for courses 1 to 17, and textual (English) for courses 18 to 21. Control descriptions will be provided at the pre-start. Both textual and symbolic control descriptions will be available for courses 18 to 21 at the pre-start.



2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Course and Class Details

COURSE	CLASSES	LENGTH (km)	CLIMB (m)	CONTROLS
1	M21E	5.30	110	25
2	M18A, M20A, M35A	5.10	100	23
3	M40A, W21E	4.60	80	21
4	M16A, M21A, M45A	4.00	50	20
5	M20AS, M50A, W18A, W20A	3.80	55	20
6	M21AS, M55A, W35A	3.60	55	20
7	M35AS, M60A, W21A, W40A	3.20	60	20
8	M65A, W20AS, W21AS, W45A	3.10	50	16
9	W16A, EOD Hard	3.10	45	18
10	W50A	3.00	45	17
11	M45AS, M70A, W55A	2.80	45	15
12	M75A, W35AS, W60A	2.50	55	13
13	M55AS, W45AS, W65A	2.50	55	14
14	M80A, W55AS, W70A	2.00	40	13
15	M65+AS, M85A, W75A	1.50	25	9
16	W80A, W85A	1.50	30	9
17	M Open B, M14A, W Open B, W65+AS	1.90	30	9
18	M Junior B, M12A, W Junior B, W14A, EOD Moderate	1.40	40	9
19	M/W Open Easy, W12A, EOD Easy	1.80	20	9
20	M/W10 Novice, M/W Open Very Easy, M10A, W10A	1.30	20	11

Acknowledgements

Sustainable Timber Tasmania, Land Managers.

Break O'Day Council





2023 OCEANIA ORIENTEERING CHAMPIONSHIPS Tasmania Australia

Oceania Relay Championships

Date

Thursday January 12, 2023

Event Details

Regional Championships, National Orienteering League (NOL)

Venue

Argonaut Road west of St. Helens.

Map:	The Argonaut Original fieldwork by Mike Morffew, Kjell Melander, Arto Rautiainen, Jörgen Fors, 1991. Cartography Mike Morffew. Updated 2020 Rob Plowright, 2022 Mike Morffew
Terrain:	Open eucalypt forest on typical St Helen's granite over much of the map. The south eastern corner has lots of mining detail with erosion gullies, knolls and subtle gullies. Much of this detailed area has been burnt and although it has regrown it is quite runnable. The north and west parts of the map are less detailed and have areas of bracken and regrowth eucalypts.
Map Scale:	1:10000
Contour Interval:	2.5m
Organiser:	Orienteering Tasmania
IOF Event Adviser:	Paul Prudhoe
OA Controller:	Paul Prudhoe
Planner:	David Marshall
Controller:	Randall Hope
Arena Opening:	08:00
Start Time:	Briefing - 09:15 Mass start for leg 1 - 09:30 Second and possibly third mass starts are flexible but nominally scheduled for 10:45am and 11:30am.
Course Closure:	13:30
Presentation:	12:30 in the arena



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Arena Access

From St Helens, follow Quail Street to Medea Cove Esplanade, continue on to Eagle Street and then Argonaut Road. Follow Argonaut Road and watch for the O signs. Distance from St Helens approximately 9 km. Allow 15 minutes from St. Helens.

From Pyengana, follow the Tasman Highway (A3) for approximately 16kms towards St Helens. Turn south onto Terryvale Road and follow for 2.2km. At the Y junction keep left and continue along Erickson's Road for a further 1.5km. Turn left at the junction with Argonaut Road and watch for O signs after approximately 500m.

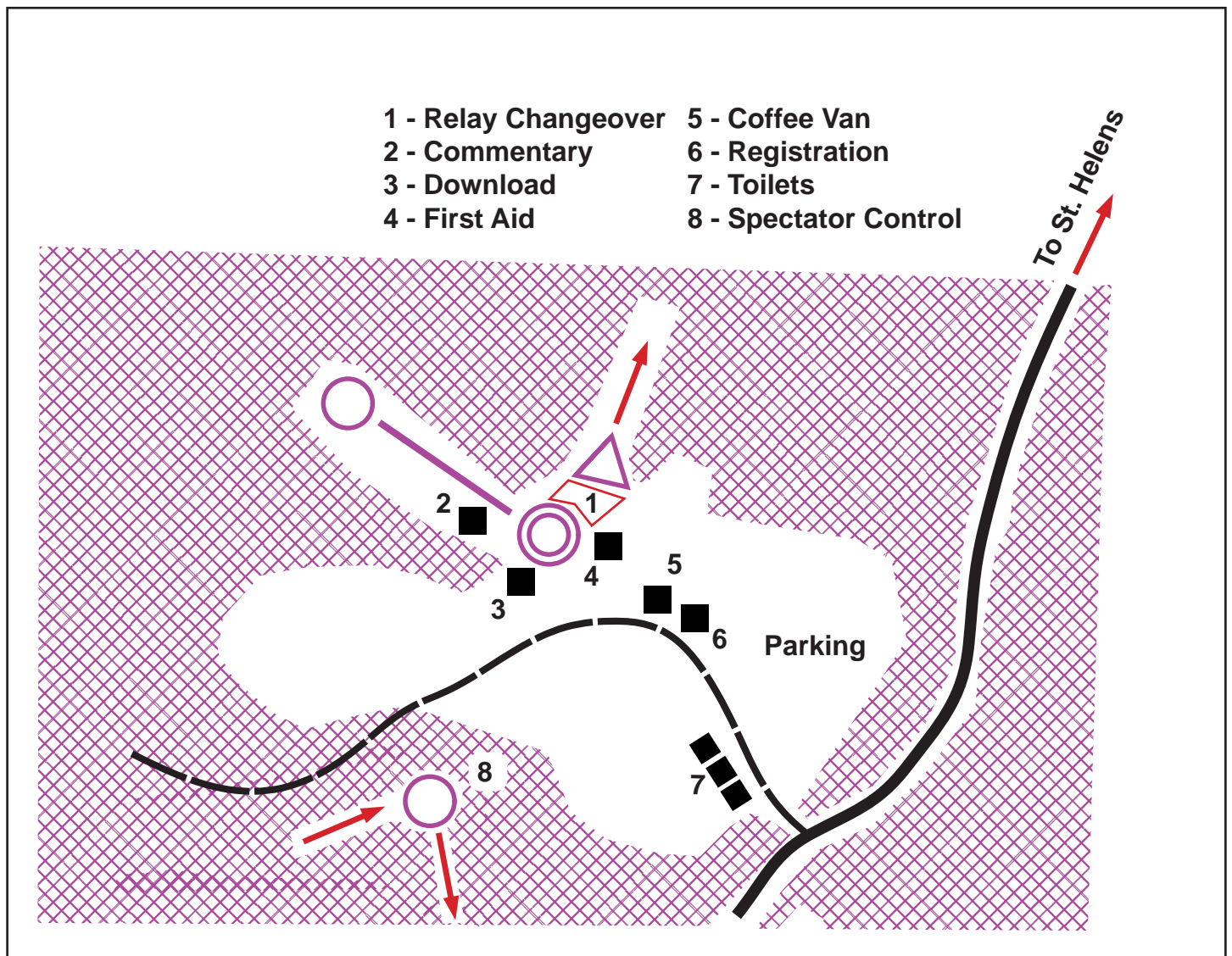
Walk south from the parking area and enter the main assembly area along the track you drove in on.

Google Maps reference: -41.316833, 148.154248

Parking

Parking is on the right of the entrance track, adjacent to the arena.

Arena Layout





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Toilets

Toilets will be available in the arena.

Catering

A coffee van with hot and cold options and some small snack items, and the Tasmanian Juniors stall will be on site.

Mobile Phone Coverage

Some limited coverage.

Enter on the Day

Not available

Warm Up Zone

The warm up area is limited to Argonaut Road to the north of the entrance to the arena. Please don't run south of the entrance.

Out of Bounds

Will be marked but in general anywhere outside the assembly area and parking area is out of bounds, including across Argonaut Road.

Clothing

Full body clothing is advised.

The Start and Changeover

First leg runners will start with their map on the ground in front of them. Second and third leg runners will have their maps on a 'clothes line'.

Changeover

Change-over method: Touch next leg runner after you pass through the finish control

Mass start times: 1st leg runners at 09:30

Second and possibly third mass starts are flexible but nominally scheduled for 10:45 and 11:30.



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Safety Information

There are several safety points - please take the time to read them.

1. Safety Bearing for courses 7,8,9,10 & 11 is east to Argonaut Road. Other courses need to at least remember which side of Argonaut Road they are on and head towards the road. Please carry a whistle.
2. The assembly area has several trees with dead limbs overhanging. Please look up and check where you are standing and try to avoid setting up camp under one of these trees.
3. Some of the creek crossings are not as easy as they appear on the map and you need to take care not to slip and fall. Take your time.
4. Courses 1 to 6 cross Argonaut Road. Although it is not a busy road, please take care and watch for traffic.

Creek Crossings

There is a creek to the west and north of the assembly area and all courses cross it at least twice. Crossings are not marked but in most places where the map shows a track crossing the creek, we have constructed either a 'bridge' or set up stepping stones to make it easier to cross. You don't have to use them but if it has been wet you will most probably need to. The bridges are rudimentary and have only been weight tested to ~150kg. Please try and cross one at a time and don't jump about on them. Able bodied runners may be able to cross the creek in other places but take care.

Mixed Class

The three legs in this class will be of different length and difficulty as follows: easy (~2k), moderate (~2.5k) and hard (~4.2k). The team decides who runs each leg. The hard leg will have a split map and crosses Argonaut Road.





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The Competition Map

The longer courses will have map turnover, with half the course on each side of the paper. The team number will be printed on both sides. The turnover occurs at a control near the assembly area (a spectator control) and that control will appear on both sides of the map. There will be water available but don't forget to punch (at least once). Shorter courses (i.e. all the easy and moderate courses plus M55AS, W55AS, W65A, W75A+, M75A+) will be printed normally on one side of the paper.

Water On Courses

At the spectator control.

Control Descriptions

Control descriptions will be on the maps and will be in IOF international symbols. M/W10, M/W12, M/W14 and all B classes will also be provided with control descriptions in English in addition to IOF international symbols.

Course and Class Details

COURSE	CLASSES	LENGTH (km)	CLIMB (m)	CONTROLS
1	M21A	6.20-6.19	240	24
2	M20A, M35A, W21A	5.09-5.18	220	19
3	M18A, M45A	4.96-5.07	230	20
4	M16A, M21AS, W20A, W35A	4.01-4.19	170	16
5	M55A, Mixed Hard, W18A, W45A	3.95-4.23	170	16
6	M65A, W16A, W21AS, W55A	2.96-3.13	130	14
7	M55AS, M75+A, W65A	2.11-2.26	115	10
8	W55AS, W75+A	1.67-1.78	105	8
9	M Open B, M14A, Mixed Mod, W Open B, W14A	2.34-2.57	140	14
10	M Junior B, W Junior B	2.18-2.34	120	12
11	M/W12A, Mixed Easy	2.07-2.09	130	13

NOTE: Climb is an approximation due to the varying length of each relay leg.

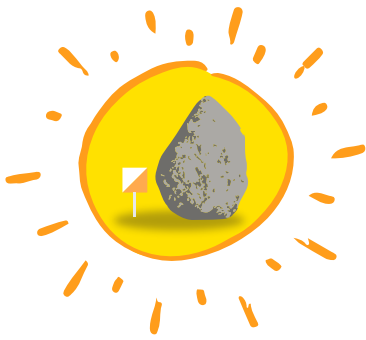
Acknowledgements

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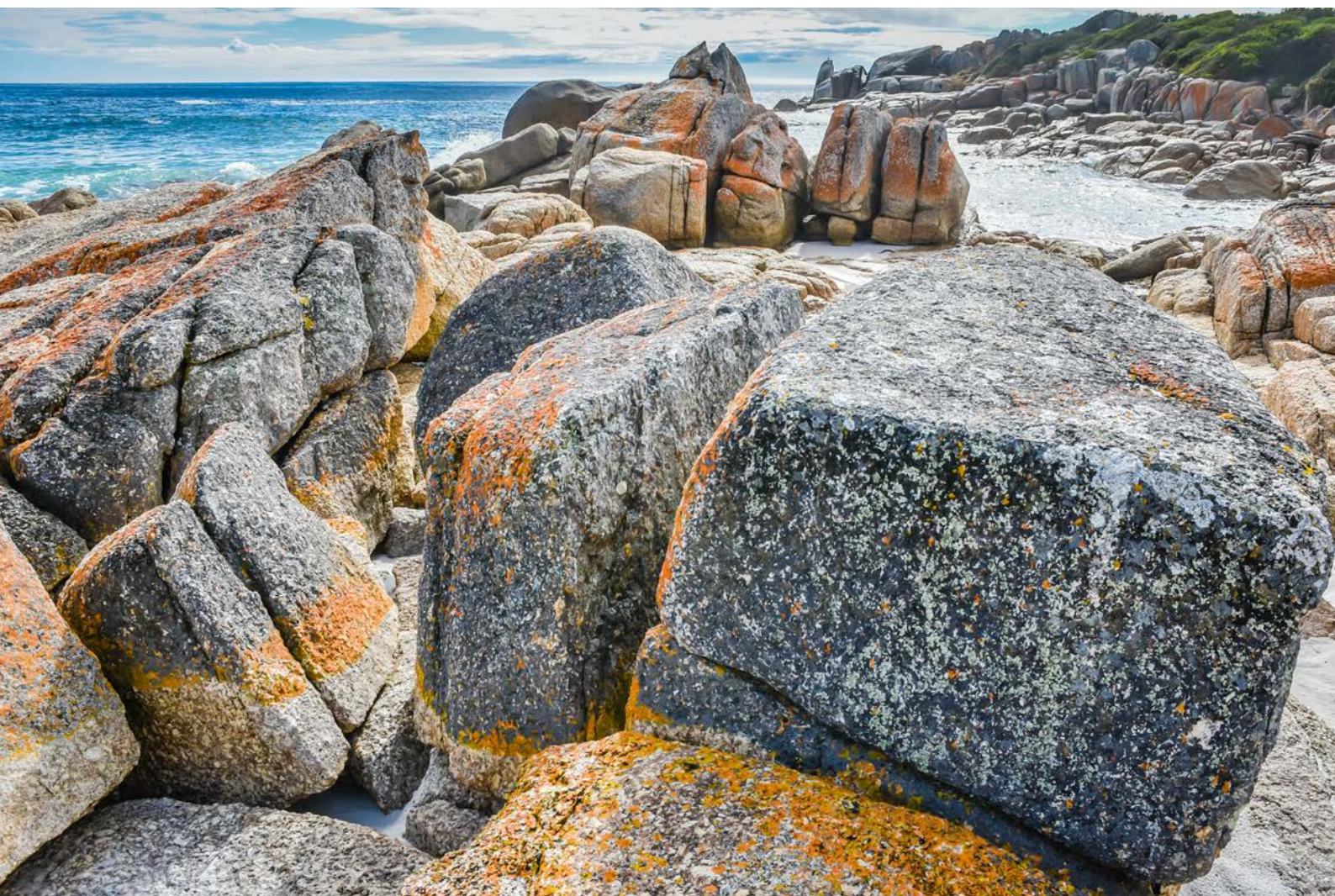




2023 OCEANIA ORIENTEERING CHAMPIONSHIPS JANUARY 7 - 12 TASMANIA AUSTRALIA



The Oceania Orienteering Championships, 2023 is supported by the Tasmanian Government through Events Tasmania.



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