

## **EVENT INFORMATION**

EVENT: NAVDASH 3 North Lake SC

DATE: SUNDAY 26<sup>th</sup> March 2023

ENTRY DETAILS: PRE-ENTRY STRONGLY PREFERRED

ENTRIES CLOSE SATURDAY 25th March 2023, 17:00

START TIMES: 9.30 – 11.30 AM

COURSES CLOSE: 12:00 PM

You need to be back at the assembly area by this time,

whether or not you complete the course

## **COURSES AVAILABLE:**

COURSE	Approx Running Distance	NAVIGATION
Long	2.3km	Hard
Short	1.7km	Hard
Easy	1.3km	Easy

## **COURSE NOTES:**

- Scale is 1:2000 with 2.5m contours. Map is A4.
- The area was mapped in January and is a small school campus, being used for the first time.
- Start is adjacent to the parking area.
- The terrain is typical of high school campuses. As the area is small, the courses are quite short. Both the Long & Short courses have a map flip.
- Feel free to run a second, or third, course to get your full O-experience for the day. There are enough different legs across the courses to keep you interested on your second run.
- Water there will be no water supplied on courses or at the start or finish. Please bring your own water as required.

