



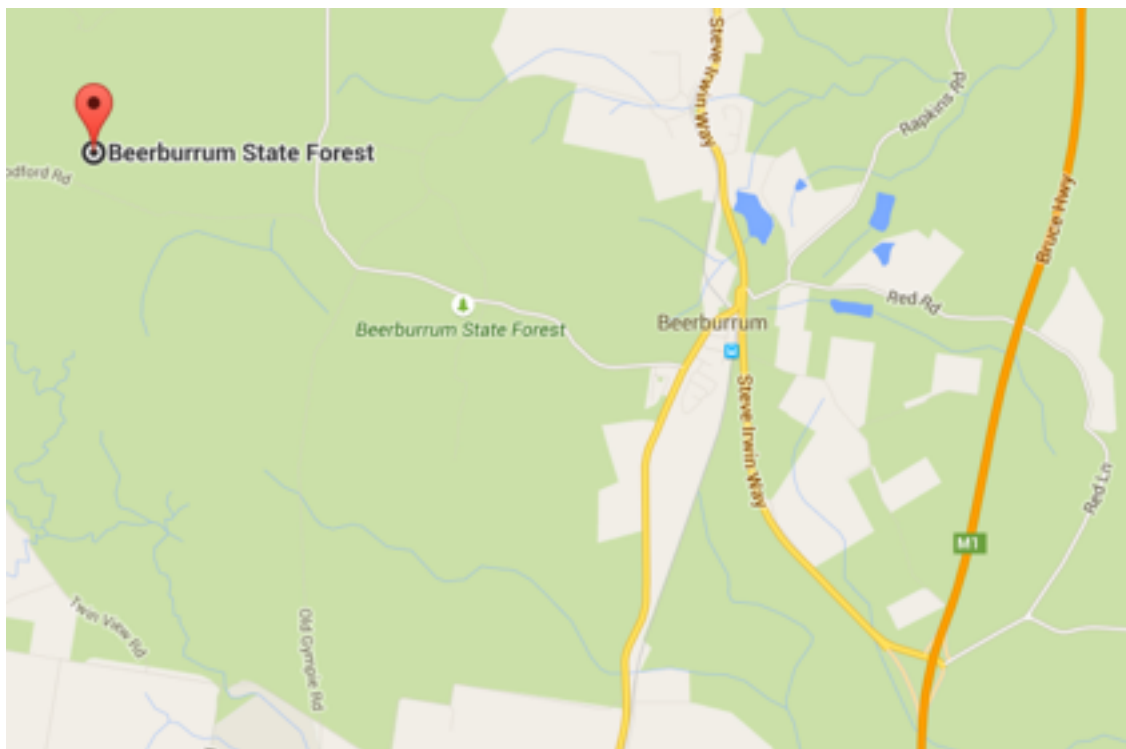
# “THE HEAT OF THE MOMENT”

State Series #3

**SUNDAY 24 MAY 2015**

## Road Directions.

from either north or south take the Beerburrum, Steve Irwin Way exit to Beerburrum. Turn left into Beerburrum Rd and continue approx 750m through the town area. Turn right into Beerburrum - Woodford Rd and continue for approx 6km to the end of the sealed road. Travel another 200m and turn right to park as directed.



## About the Map.

|            |                 |                         |
|------------|-----------------|-------------------------|
| <b>Map</b> | <b>Scale</b>    | <b>Contour Interval</b> |
| <b>A3</b>  | <b>1: 12500</b> | <b>5 metre</b>          |

Start is approximately 500m from the registration area.

### Terrain

Native forest and pine forest with areas of **rough open RIDEABLE areas (marked as orange on your map)**. Whilst the tracks are generally in fair condition, the after effects of the prolonged periods of rain remain quite apparent. There a number of rutted areas and wash-outs.

### Tracks

There has been some recent logging in areas of the map. These "mow downs" have been used for access to remove logs and are not marked on the map as tracks or paths. The "mow downs" are distinctive from tracks in that there is a lot of new debris, there are several side by side, and include many stumps. If there is any area deemed by the course setter to be ambiguous, the correct track will be identified by a **pink ribbon** tied to the tree. See photos below:



"mow down" not marked on map



track is marked on map

## Tracks

Track Legend will be on map. All grading was prepared some months ago so recent heavy rain may have affected some of the gradings. Most tracks and paths will be slower in wet weather and the vegetation or track surface condition may have changed since grading.

While we have tried to keep maps updated, while setting the courses, there may be some changes that have not been identified.

**Tracks are greater than 1.5 metres wide. Paths are less than 1.5 metres wide.** Speeds are mapped on the basis of how fast an elite rider can pass along the tracks. For these races competitors should note we have made the speed of tracks and paths consistent, i.e. the speed on a long dash track should be the same as the speed on a long dash path. The basis for the speed of the tracks is:

**Fast** - little or no restriction to the speed which a rider can attain.

**Moderate** - generally good riding with some reduction in speed and a requirement to keep an eye on where you are going to avoid obstacles such as potholes, rocks, ruts, sand, vegetation etc.

**Slow** - sufficient obstacles to require the rider to pick lines to avoid obstacles. Consistently potholed: rocky: wet: rutted: vegetated or sandy. Skilled, fit riders should be able to ride almost always. Less skilled and fit riders may have to dismount.

**Difficult** - a technical track/path which may require the rider to dismount. Skilled, fit riders may be able to ride without dismounting. For this event, **difficult** means a rough surface and/or heavy ruts.

### Out of Bounds areas and forbidden routes

Please carefully consult the map legend. Forbidden routes will be represented by **zig-zagging red lines**. You are **not permitted to ride along these tracks, roads or verges at any time during your course**.

Using these tracks, roads or verges in the completion of your course will result in disqualification.

Please carefully check the map legend. **HAZARD** markers in close proximity to each other may resemble out of bounds markings, but are **NOT OUT OF BOUNDS**

Areas marked in **orange** on your map may or may not be rideable, but you are permitted to cross this area off track. Otherwise you must stay on the marked tracks.

## Courses.

**Normal Line (START between 8.30 and 10.00am)**

| Course number<br>(controls) | Length  | Climb      | Class  |
|-----------------------------|---------|------------|--|
| Course 1 (8)                | 16 km   | 370 metres | Men Open, Open A                                   |
| Course 2 (7)                | 12.7 km | 340 metres | Women Open, Men 40 - 49, Men 17-20                 |
| Course 3 (7)                | 10.5 km | 280 metres | Men 50-59, Women 40-49, Open B                     |
| Course 4 (6)                | 8 km    | 195 metres | Men 60+, Women 50-59, Women 17-20                  |
| Course 5 (5)                | 6 km    | 130 metres | Women 60+, Men 14-16, Women 14-16, Men 70+, Open C |

### Score Courses.

A score course is one where you visit controls of your choice. Controls have different scoring value, so this will determine which ones you visit.

### 3hr Score.

- **This course is not suitable for beginners. Only minimal instruction will be available.**
- please carefully read map and track info in this briefing prior to the event. For this event it will be assumed you have completed a previous recreation course as a minimum requirement. Other navigation experience in adventure racing will also be sufficient.
- **Map given 8.20am**
- **Start at 8.30am. Finish BY 11.30am**
- You will be given 2 maps prior to start. The 2 maps will be the same but with different controls on them.
  - **Map A.** Available for use up to 10.10am precisely.
    - Point values on this map.
      - 50 pts - Controls starting with 5 eg 51, 52, 53 etc
      - 70 pts - Controls starting with 7 eg 71, 72, 73 etc
      - 90 pts - Controls 90, 91 and 92.
  - **Map B.** Available for use from 10.00am precisely.
    - Point values on this map.
      - 60 pts - Controls starting with 6 eg 61, 62, 63 etc
      - 80 pts - Controls starting with 8 eg 81, 82, 83 etc
      - 90 pts - Controls 93, 94 and 95
- Controls visited that are not on your map, or outside the time windows, will not count.
- 10 points lost for every minute, or part thereof, you are late to the finish after 11.30am
- **No need to start punch but you must punch the finish control. It looks like this.**



### 1.5hr Recreational Score

- **Recreational Course map given 9.15am (including course briefing and instruction). Please be registered, have your map board and SI stick and be ready to ride at the start area by 9.15am**
- **Start at 9.30am. Finish BY 11.00am**
- Point values on this map. 50 points per control
- Controls visited that are not on your map will not count.
- 10 points lost for every minute, or part thereof, you are late to the finish after 11.00am
- **No need to start punch but you must punch the finish control. It looks like above.**

## SUNSHINE ORIENTEERS CLUB INC

An experienced club member from Sunshine Orienteers will be riding around the area included on the Recreational map. They will be wearing a fluoro green safety vest. If you'd like advice or assistance please wave him down.

## Registration

**Registration will be open from: 7.45am**

**All competitors are required to go to the registration tent to confirm their entry and payment.**

If you own an SI stick **bring it to registration**, so that the number can be checked. Compasses will be available for loan plus if you have requested a hire SI stick and/or map board these will also be available from registration.

There will be experienced mtbo'ers available on the day to help you, prior to your start, to answer your questions and tell you where to go etc!! If in doubt just ask the officials at Registration. Do not wait until you get to the start line to start asking questions (recreation course excepted). The officials here will not have the time to help you.

## SportiDent

This event will be using the **SPORTident (SI)** Electronic timing system. If you are not sure how to use Sportident, **Check this short video** (you only need to watch about 1 minute of it). SI Sticks can be hired for a cost of \$5 per person. Lost sticks will be charged to the competitor at the full replacement cost of \$55.00.

Orange and white control flags will be suspended from stands with a SPORTident unit and manual punch device. The control identification number will be on the SI unit only. This will match the control number on the map

### Clear & Check

It is important to remember to 'clear' and 'check' your SI unit prior to each event, to delete previous event information stored on it. **CLEAR & CHECK** units will be positioned in the pre start area of each event. It is the competitor's responsibility to ensure that they have the correct SPORTident stick and that it is cleared of previous race data before they start. If you do not 'clear' your stick it may not have enough memory to record all your controls. After clearing and checking your SI stick please wait for instructions from the official.

### Start (approx 500m from the registration area)

**Start times for the event are listed in the Courses section.** Apart from the Score course who do a mass start, competitors in the line courses (1 to 5) are started in two minute intervals. There is a pre recorded start announcement with information and timer countdown telling you what to do. Two minutes before your start you will be called forward to the start line. At one minute before your start, you can pick up the map for your course and fix it to your map board. You can also check out the map whilst doing this. After the minute expires and at the GO signal, you must immediately punch the

## Final Instructions

## SUNSHINE ORIENTEERS CLUB INC

"**START**" control unit in front of you and commence your course. If you need more time to study your map you can stop and do this further down the track, well clear of the start.

### SI use on the course

If a SPORTident unit at a control malfunctions and does not beep or flash when the stick is inserted, or you lose your SI stick, you must use the manual punch at the control and punch your map. Failure to do this will result in a DNF (Did Not Finish) being recorded. If you have used a punch at any control, please advise the officials at the download tent as they will need to take the punched strip or map at the completion of your course, to confirm that you have completed the course.

Whilst out on your course do not linger at control sites, allow other competitors access to them. Move away from the control to study your map.

### Finish & Download Procedure

At the end of your course, punch the "**FINISH**" control and walk or ride slowly to the finish tent in the assembly area to have your SI stick downloaded.

If you have a hired SI stick, we will retrieve now. Your result will be posted to results board nearby, as soon as possible after you finish, so you can compare with the others on your course.

**For safety reasons all riders must report to the DOWNLOAD tent, irrespective of when they return, to indicate they have returned safely and to avoid a search being mounted for you.**

## Safety

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to registration for assistance, if possible. If you wish to continue your course you will be permitted to re-start from your last control preceding your abandonment. Bring your own medical items for pre-race treatments. A first-aid kit will be available in the assembly area for emergencies.

### Hazards on this course may include:

- Deep ruts and drop offs
- Muddy potholes & puddles
- Animals
- Long grass
- Motor bike rider
- Be considerate of your fellow competitors especially on single tracks
- Washouts
- areas of sandy track
- mosquitoes
- fallen trees and limbs

**Please keep alert and ride to the conditions.**



### **Safety Bearing**

from anywhere on the map, if you are totally and hopelessly disoriented, head south until you meet the Beerburum - Woodford Rd. This is obviously the largest and busiest road you will see. If you are on the sealed section, head west to return to the assembly area. If you are on the unsealed section, head east to the assembly area. If you have phone reception, please call the emergency number on your map for assistance.

### **Course Closure 12.00pm**

**Please be off the course by this time.** If you have not finished your course at this time, you must **abandon** your course and return to the assembly area as quickly as possible **AND REPORT TO THE FINISH.**

### **Complaints and Protests**

If you want to make a complaint or protest, you must do it within 15 minutes of the last finisher in your class

Complaints may be made in the first instance at the Registration Desk. The Event Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a written protest using the protest form at the Registration Desk. The event adviser will then convene a three person jury to assess the complaint. The event advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

### **Water**

Everyone is urged to drink plenty of water before starting. There is no water drinking on the course, so you must take all water you require for the event with you. Please bring your own water for use before and after the event. No water will be available in the assembly area.

### **Catering**

The Sunshine Orienteers Club Inc. will be running the catering for this event. There will be sausages, and cool drinks available to purchase.

## Rules

International Orienteering Federation MTBO rules shall apply to this event. These can be found on the MTBO Technical page on the Orienteering Queensland website - click [here](#) to view

All competitors are urged to read and understand these rules.

Some key items include:

- All competitors must wear bike helmets.
- Competitors must stay on the tracks marked on the competition map. If terrain or road condition forces the rider to dismount, they must carry the bike on a marked track. No off-road shortcuts through the bush are permitted.
- Competitors must visit the control sites **in numerical order**. Check the control No on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.
- Courtesy and sensible behaviour are expected when mountain bike riders encounter walkers, runners, horseback riders, land-owners and others during an event.
- Special care must be taken by competitors, observers, and officials to respect the local environment. Organisers will not place controls in designated environmentally sensitive areas.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event.
- Practice and observe the rules of the road - keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hill crests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks
- Riders going downhill should give way to riders going uphill
- Give assistance to injured competitors on the course. Organisers may give a restart or organiser points for the rider who gave assistance.

Above all, we want you to be safe and have fun, if you did let us know. If we can do something better tell us that too. Organisers love feedback!

## Anything Else you want to know

Please contact event organiser Jo Rogers on 0402 824 365

Or Stu Gordon on mobile: 0439 979 261