



Orienteering Instructor Coaching Course, Killarney

When Where	Saturday 18 March 2023, 9am – 1pm Killarney State School, Acacia St, Killarney
Cost	 FREE for club members – \$40 membership Membership (orienteering.asn.au). Non-members: \$66. Cost includes a hardcopy of "Elementary Orienteering Instructor's Handbook" and a pdf copy of "Orienteering Games" (see https://oq.asn.au/o-games-book for more details), OR \$88 (\$22 for members) includes hard copies of both books. Student rate: \$44 (under 25)
Pre-requisites Recommended (not compulsory)	Registered teacher OR Blue Card and membership of Orienteering Aus (non-teachers) Current CPR and First Aid Minimum age 16 years
Why	Orienteering fits into HPE, Maths and Geography, as well as teaching problem solving, perseverance, self reliance and self confidence. This course will qualify you to teach orienteering in your school or nearby parkland. ('Learn and Play' is required to take students into the bush – see below).
Map Rebate	Orienteering requires a specially made map. School maps cost between \$300 and \$1000, depending on their complexity. For the current financial year (ending 30 June 2023), Orienteering Qld is offering a \$300 rebate to all schools to help with the cost of this map. Schools may be asked to sign an MOU to agree to allow OQ clubs to use their school map for a club event no more than once per year.
Sporting Schools	Orienteering is one of the sports available through Sporting Schools <u>https://oq.asn.au/sporting-schools</u> . If your school has an Orienteering Instructor qualified teacher you do not need to pay for a coach to run the program and the Sporting Schools grant money can be used to purchase the map and buy equipment (flags, punches, lesson plans and other resources – see <u>Lesson Plans and Resources (orienteering.asn.au)</u>).
To Register	Email Felicity Crosato <u>rroc.oq@gmail.com</u> by Wednesday 15 March. Please provide your name school if applicable, whether you would like a hardcopy of the book 'Orienteering Games', and who you would like the invoice made out to.
You will need	A laptop with Purple Pen loaded on it (free download Purple Pen (purple-pen.org)).

<u>Purple Pen (purple-pen.org)</u>). Unfortunately it doesn't work well on Apples, sorry! If this is not an option, please bring a USB.



Further Qualifications

The Orienteering Instructor qualification is a prerequisite for 'Learn and Play' (taking beginners into a bush setting), Competition Coach (coaching juniors to a state/national level) and Performance Coach (coaching elites).

For more information about this course, or any other queries about orienteering, contact Felicity Crosato <u>rroc.oq@gmail.com</u> or phone 0427523541.