



NSW State League 1

NSW Sprint Distance Championships

Burradoo

Date: Saturday 25th March 2023

Time: First Start: 12.30 Courses Close 14:00

Contact: Ron Pallas Phone: 0424720165 Email: ronpallas@hotmail.com

Map: "Chevalier College" 1:3,000 Revised 2023 2m contours

Timing: First Start: 12.30 Start Closes: 13.15 Courses Close 14:00

Venue:

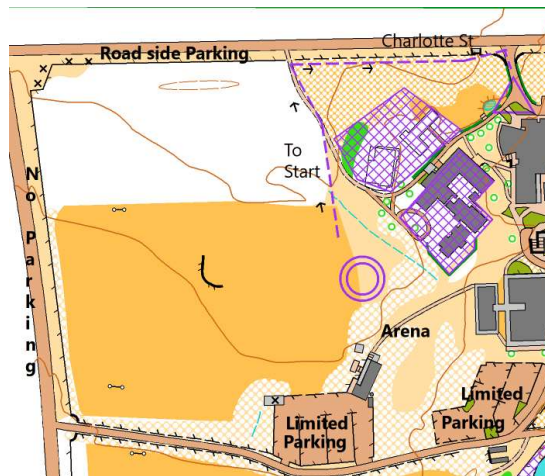
From the North:

Leave the Hume Highway at the Mittagong Exit. Veer left at the lights in Mittagong taking the Moss Vale Rd (15) Travel through Bowral on the Moss Vale Rd. Chevalier College is located approx. 3kms from Bowral.

From the South:

Take the Illawarra Highway A48 exit from the Hume Highway. Continue through Moss Vale on Argyle Street and continue on Argyle Street at the McDonalds roundabout signposted "Argyle Street Bowral Mittagong". Chevalier College is approximately 6kms from this intersection

Parking: There is limited parking within the school grounds off Moss vale Rd. Parking is available on either side of Charlotte Street. (Nose or tail in on the Southern Side) Do not block resident's driveways. Please park any campervans or large vans in Charlotte Street.



Arena: Adjacent to Limited Parking

Start: There is one start 450m from assembly. Follow pink tapes.
Please note that there is an out of bounds area on the way to the start. These are private residences and are strictly off limits

Planners notes: Chevalier College is a school campus with large playing fields and extensive sport facilities as well as typical campus buildings on a sloping site. There is a limited area with multi- level mapping.

The courses are focused more on the campus and providing multiple route choice options including the various underpasses that exist. Please note the olive green areas which in some cases are dirt gardens and uncrossable walls. As it is a small campus there are some areas where controls are close to each other so please take care to check numbers.

Running surfaces include grass, pavement and some gravel. Some hard surfaces can be slippery if wet.

As always, be careful when rounding blind corners.

SI AIR Will be activated on all courses. You must punch the finish controls

Map flip Course 1 – 4 and Moderate have map flips. When you flip the map for the second part, the control and the number where the course commences will be shown.

Footwear: No shoes with metal spikes or metal studs of any description are to be worn.

Clear/Check: Clear and Check stations will be located at the start

Start Procedure: Allocated start times

+3 Minute	+2 Minutes	+1 Minute
It is timed start need to check names to ensure people are starting at their correct time	Check Unit Loose copies of control descriptions	Start Boxes The start triangle is adjacent to the map boxes There is no start unit

Late starters should report to the pre-start and will be allowed to start at the starter's discretion. You will be deemed to have started at your allocated start time unless the organiser is at fault.

M/W10N: They have all been allocated a 12.00 start time however, they are free to start at anytime from 12.30- 13.15. They must punch a start control to register their start time. If you are shadowing – you must run first

Control Descriptions: Descriptions are on the map. Loose copies will be available at in the +2 minute start box

Safety Bearing: The school is fenced on all sides – head west

First Aid: Limited first aid will be available at the Registration area. Bowral Hospital is located at 103 Bowral Rd, Bowral

Control Stands: A mix of standard control stands and trestles will be used. Each will have a SportIdent unit and control flag. Control numbers will be on the unit. IGNORE CODES ON FLAGS. Should SportIdent not beep and or flash, use the control punch to punch your map. Inform an official immediately upon finishing.

Finish: Upon completion of your course, and immediately after punching the finish control, competitors should proceed to the finish tent to download their SI sticks. All competitors MUST register at the finish. If you do not finish your course, you must still report to the finish.

Maps: Maps will not be collected at the finish. The onus is on competitors not to seek to view maps of runners who have completed their courses before they themselves run, and not to show other competitors their own map until those other competitors have also run.

Courses and Classes

Course	State League Classes	Distance	Controls
Hard1	M21A, M16A, M18A, M20A, M35A	3.0km	22
Hard 2 A	M40A, M45A, M50A, W18A, W20A, W21A, W35A, EOD H	2.5km	22
Hard 2B	M55A, M60A, M65A, W40A, W45A, M21AS	2.5km	22
Hard 3A	M70A, M75A, W16A, W50A, W55A, W60A, M35AS, M45AS, M55AS	2.0km	18
Hard 3B	W65A, W70A, W21AS, W35AS, W45AS, W55AS	2.0km	16
Hard 4	M80A, M85A, W75A, W80A, W85A, M65AS, W65AS	1.3km	15
Moderate	M14A, W14A, M Open B, W Open B, M Junior B, W Junior B, EOD M	1.8km	18
Easy	M12A, W12A, Open Easy, EOD E	1.5km	20
Very Easy	M10A, W10A, M/W-10N*, Open Very Easy, EOD VE	1.3km	17

* Orienteers in M/W10N shall be permitted to receive assistance on the course (shadowing or direct assistance) and shall also be given the opportunity to study their course with a parent or mentor for up to 10 minutes before their start time. M/W10N is not an orienteer of the year class. Times shall not be recorded for this class.

Facilities: Toilets.

Bring your own water as there will be no water at the start, finish or on courses.

General event information

Registration: pre-entered competitors who are hiring a SportIdent stick should collect them from the registration table. All enter on the day competitors should also report to the registration table.

Enter on day: costs are Senior \$28 Junior \$25 Sub Junior \$20 Sportident Hire \$4 per person. A limited number of maps on Very Easy, Easy, Moderate and Hard 2A will be available.

Presentation: presentation of awards to winners and place getters in each class will be as soon as possible on or before 13.45

Live results:

<https://liveresultat.orientering.se/followfull.php?comp=25479&lang=sv>