

Wattle Gully, Fryerstown

National Orienteering League Round 4

Vic Bush Series 1 & 2

Saturday 6 & Sunday 7 May 2023



GENERAL COMPETITOR INFORMATION

- Terrain:** There are several different types of terrain, varying from sections of generally open ground with patches of thick vegetation, to areas of low visibility vegetation and detailed erosion along the main watercourse, to the open gold mining terrain typical of the area. The courses make use of the many mining details common to Victorian gold mining. Full leg cover is recommended.
- Arena:** Spring Gully Rd, Spring Gully, VicRoads Map 59 E3 (Refer to **Directions** for parking)
Google Maps reference -37.114293, 144.234952
It is an easy 500-1000m walk to the arena from car parking.
We encourage all clubs to bring banners to create a colourful arena (limited room for tents). There will be spectator controls visible from the arena on both days for great viewing of the NOL races.
- Timing Systems:** Sportident electronic timing used for all courses, in AIR (contactless) mode.
SI sticks are available for loan if you do not have one.
If you have a SIAC stick, please enter with it and use that number.
- Entry Fees/Day:** Bush Series: \$25 adult OV members, \$12 junior OV members, \$10 surcharge for Casuals. Family maximum \$62.

NOL: \$30 for 2 races Saturday, \$25 for individual entry Sunday.
- Pre-Entry:** Pre-entry via Eventor. There are very limited maps available for Enter on the Day. Please make sure your **phone number** and **emergency contact details** are included. Every entrant must enter separately, even if completing the course as a group.
- Online Entry:** <https://eventor.orienteering.asn.au>
Bush Series closes Thursday 4 May, 11:59pm
NOL closes Sunday 30 April, 11:59pm
- Enter on the Day:** Only available for bush series subject to map availability. Cash or PayID only.
- Covid Safety:** These events will follow Orienteering Victoria's Covid Safe Plan. Please read the **Participant Guidelines** before entering. You must not take part in this event if you are unwell with Covid or flu symptoms, if you are waiting for test results, or if you are otherwise required to isolate. Your entry fee will be refunded if you are unable to attend to comply with health directives.

- Safety** Sunday courses (both NOL Relay and Bush Series) will cross Spring Gully Road, on some course's multiple times. Whilst this is not a busy road it is publicly accessible, and competitors should take care when crossing.
- Fairplay** Bush series and NOL competitors will be using the same area on the Saturday but running at different times. **Maps will not be collected, so please respect fair play, and do not share your map with a competitor who has not raced or will be racing again.**
- Facilities:**
- Toilets** - available at the arena.
 - Catering** – Vic Schools Team Fundraiser - cakes, slices and drinks, cash only.
 - Water** - none provided at start or finish, BYO. Bottled water provided on all courses but please bring and carry your own water if possible.
 - Live Results on TV screens.** Official results will be published on Eventor, and split times published on Winsplits, as soon as possible after course closure. Check LiveloX that will be active once results are on Eventor.
 - Dogs** – are not allowed at this event.
- Prizes:** There will be a combined random prize draw for pre-entered participants at approx. 2pm on Sunday.
See below for details of the NOL presentations.

Directions:

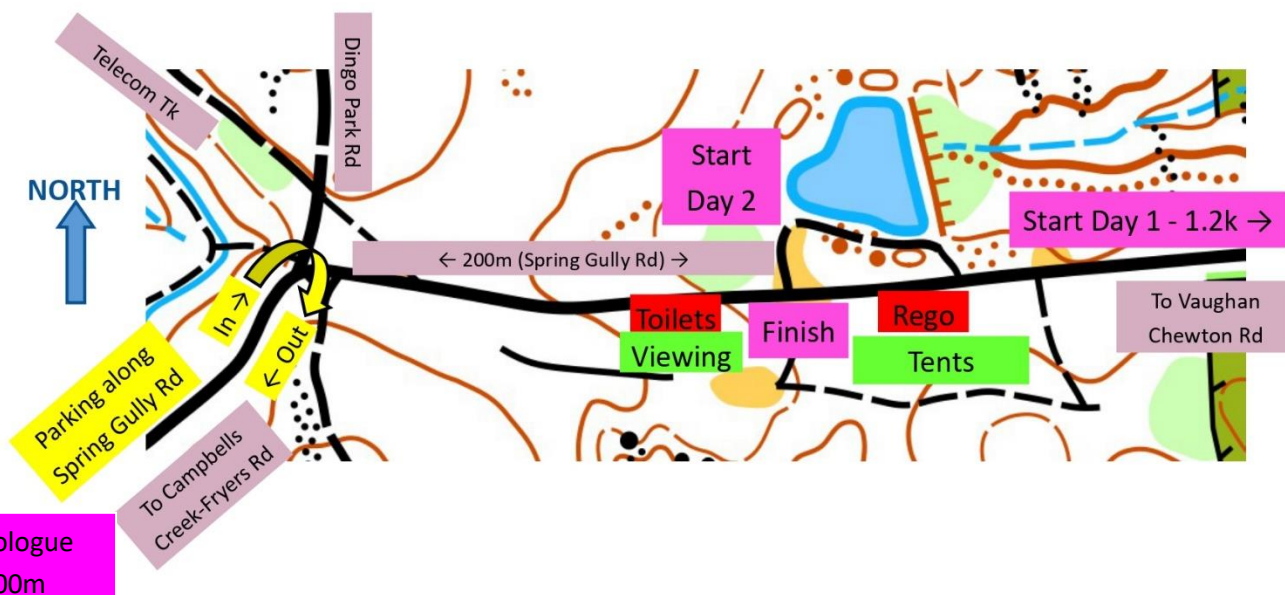
From Melbourne – Take Calder Hwy A79 to Castlemaine turnoff at Elphinstone. Follow B180 to Castlemaine, take Midland Hwy A300 to Campbells Creek, turn left into Campbells Creek-Fryers Rd follow for 3km, turn left into Spring Gully Rd and follow until see parking marshals. Do NOT come via Vaughan-Chewton Rd as this will pass through the busy arena and route to the start. You will be redirected to a longer route around.

From Bendigo – Take A79 Calder Hwy to Castlemaine turnoff at Harcourt. Follow Midland Hwy A300 through Castlemaine to Campbells Creek, turn left into Campbells Creek-Fryers Rd follow for 3km, turn left into Spring Gully Rd and follow until see parking marshals.

From Ballarat - Take Midland Hwy A300 to Campbells Creek, turn right into Campbells Creek-Fryers Rd follow for 3km, turn left into Spring Gully Rd and follow until see parking marshals.

Parking - Parking is single file on one side of Spring Gully Road only. Follow marshals instructions. Departure will be the same way you came in, NOT out to Vaughan – Chewton Rd.

Bush Series/Day 1 NOL Arena Diagram:



VICTORIAN BUSH SERIES COMPETITOR INFORMATION



Vic Bush Series #1 Saturday 6 May:

Start Times: Courses 1-5: **12.30pm-2.00pm** Course closure: **3.00pm sharp**
 Score course: **12.30pm-1.00pm** Course closure: **3.00pm sharp**

Organiser: John Wilkinson johnwbmw@gmail.com 03 5470 6349

Course Planner Jim Russell **Course Advisor:** Neil Barr

Maps: Courses 1 & 2 at 1:10,000, Courses 3- 5 at 1:7,500 on Pretex paper

Courses: Approximate distances only.

Course	Classes	Length / Navigational Difficulty	Distance approx.	No. Controls	Climb
1	M1, W1	Long / Hard	6.8		
2	M2, W2	Medium / Hard	5.4		
3	M3, W3	Short / Hard Navigation but physically moderate	3.8		
4	M4, W4	Medium / Moderate	3.4		
5	M5, W5	Short / Easy	1.9		
SCORE	-	As many controls as you can visit in 2 hours	2 hours		

Start: Start for all Courses is 1.2km easy walk from the arena.

Vic Bush Series #2 Sunday 7 May:

Start Times: Courses 1-5: **11.00am-12.30pm** Course closure: **2.00pm sharp**
 Score course: **11.00am-11.30pm** Course closure: **1.30pm sharp**

Organiser: Cormac McCarthy cormac3084@gmail.com 0419 514 242

Course Planner: Daniel Stott **Course Advisor:** Russell Bulman

Maps: Courses 1 & 2 at 1:10,000, Courses 3- 5 at 1:7,500 on Pretex paper

Course	Classes	Length / Navigational Difficulty	Distance approx.	No. Controls	Climb
1	M1, W1	Long / Hard	8.1	21	280
2	M2, W2	Medium / Hard	5.5	14	200
3	M3, W3	Short / Hard Navigation but physically moderate	3.8	12	110
4	M4, W4	Medium / Moderate	3.2	12	110
5	M5, W5	Short / Easy	2.3	12	70
SCORE	-	As many controls as you can visit in 2 hours	2 hours		

Start: Beside the arena

NOL ROUND 4 COMPETITOR INFORMATION



Saturday 6th May – Middle distance prologue (am) and chasing start (pm)

Overview

As an exciting culmination of the individual competition in the 2023 NOL season the final race will be a middle-distance prologue in the morning, followed by a chasing start based on the mornings results in the afternoon. NOL points will be awarded for the standings after the chasing start, with first across the line the winner! NOL points will be not awarded for the morning race, the two races are combined into one result. As it is the final individual race of the season, double points will be awarded for the chasing start.

Note: The prologue will be used as a standalone effect for senior national team selections. It should be treated as one by those athletes that have nominated for WOC, world Cup 2.

Organiser

Prologue: Central Highlands Orienteering Club
Chasing start: Bendigo Orienteers

Course Planner

Jim Russell/Daryl Fleay

Controller

Neil Barr

Maps

All courses printed on pretext at 1:10 000

Start times

Prologue: from 10:30am

Chasing start: from approx. 2:25pm onwards (see below for process)

Course closure

Prologue: 12:30pm

Chasing start: 4:30pm

Start

Prologue: adjacent to parking, 500-1000m from arena.

Chasing start: 1.2km in other direction from arena.

Both races will have a pre-start call up of 3 min.

Chasing Start

The afternoon race will use a chasing start based off the results from the prologue in the morning. The winner of the prologue will start first, followed by subsequent placegetters, separated by the exact time gaps. A competitors start time will be 2:00pm + prologue race time. For example, if the winner had a time of 29:50 and 2nd place was 30:45, 1st place will start at 2:29:50 and 2nd place will start at 2:30:45. First across the line in the chasing start will have the shortest cumulative time from the two races, and therefore will be the winner of the race. An individuals place as they

cross the line will be their position in the NOL ranking for the day (except for those who start outside the chasing start).

The chasing start will be run for individuals within 30 minutes of the race leaders time from the prologue. The remaining competitors will start at 30 second intervals. Competitors should be aware of their start time based off their morning result. Start lists will be available at the registration tent and the start.

Course Distances

Course	Classes	Prologue			Chasing Start		
		Distance approx.	No. Controls	Climb	Distance approx.	No. Controls	Climb
1	M21E	4.9	17	125	5.0	21	210
2	W21E	3.8	13	105	3.7	16	165
3	M20E	4.9	17	125	4.0	16	160
4	W20E	3.8	13	105	3.1	12	125

Sunday 7th May – Relay

Overview	To finish off the 2023 season, the NOL relay will decide the final standings in the team competition. Relays are awarded double points, meaning that this race could be very important in a team's season performance.		
Organiser	Orienteering Australia High Performance Management Group (HPMG)		
Course Planner	Fredrik Johansson/Natasha Key	Controller	Warwick Williams
Maps	All courses printed on pretext at 1:10 000. Control descriptions will be printed on the map only (no loose descriptions).		
Start/Warm up	The start for the NOL relay is in the arena. Please see event centre layout. The warmup zone is on road east of the arena.		
Relay timing	09.50am: A short demonstration of the tagging procedure. 09.55am: Call up of first leg (M21E and M20E) runners to the tagging area. 10.00am Start for leg 1 (M21E and M20E) 10.05am Call up of first leg (W21E and W20E) runners to the tagging area. 10.10am Start for leg 1 (W21E and W20E) 11.30pm Mass start of remaining runners (TBC on the day) 2:00pm Course closure		
Relay procedure	<u>Start:</u> Clear and Check units are at the entry to the tagging area. The Check unit turns on your SIAC. DO NOT go near the finish control once you have punched the Check as the finish unit will turn it back off. Maps will be provided to first leg runners, 2 nd and 3 rd leg runners will pick up their own maps from the map wall after being tagged by their incoming runner. Relay competitors must take the map that matches their bib number, or they will be disqualified.		

Spectator/Radio/Pre-warning: The run through around the dam north of the arena will be visited once by all relay runners at approximately 2/3 of their course. After the spectator run through, the next runner should clear and check and enter the tagging area, ensuring that they have cleared their card and turned their SIAC on.

Tagging Procedure: Incoming runners run to the finish control and punch first. This will occur on the south side of Spring Gully Road. They will then cross the road to tag their outgoing runner. Outgoing runners will pick up their map before making their way to the start triangle, marked with a flag but no punch. After tagging, incoming runners will need to return to the south side of the road to download.

Relay Finish Procedure: For 3rd leg runners, in the case of a sprint finish, the winner will be decided with a photo finish and competitors should race for the line, not the finish control. For all runners, maps will be collected at the completion of your run and will be distributed on completion of the relay.

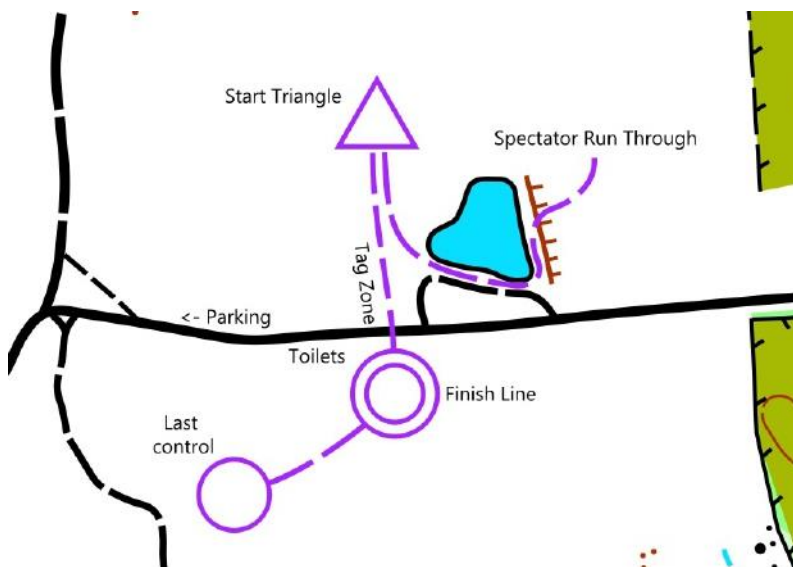
Forking

All relay legs contain numerous forking. To ensure close racing the split control locations can be quite close. Please make sure you punch your control.

Course Distances (subject to change)

Course	Classes	Distance approx.	No. Controls	Climb
1	M21E	6.4	16	240
2	W21E, M20E	5.6	14	195
2	W20E	4.5	12	125

Relay Arena Diagram:



NOL PRESENTATION DINNER



OVERVIEW	Orienteering Australia invites all NOL competitors, their family and friends to a presentation dinner for the 2023 season. Individual NOL winners will be announced, alongside some special award categories chosen by the athlete group. Dinner will be buffet style, with drinks available at the licenced bar (<u>cash only</u>).
LOCATION	Mt Alexander Golf Club 54 Wimble Street, Castlemaine, Victoria, 3450 Google maps link: https://goo.gl/maps/ECdAb4ZK86wMJnED7
TIME	Arrival from 6:30pm, Dinner at 7:00pm, Presentations at 8:00pm
TICKETS	Entries are now closed.
DRESS CODE	No strict dress code but we encourage you to dress to impress (aka formal/semiformal).

The forest in which these events are held is on the Country of the Dja Wurrung People. We acknowledge that their forebears are the Traditional Owners of the land we are meeting on and have been for many thousands of years. The Dja Wurrung People have performed age old ceremonies of celebration, initiation and renewal. We acknowledge their living culture and their unique role in the life of this region.

Aboriginal cultural heritage posters are available at

<https://www.aboriginalvictoria.vic.gov.au/aboriginal-places-and-objects>

Enquiries: voa@iinet.net.au

Website: www.vicorienteering.asn.au

