

Orienteering Queensland Long and Middle Distance Championships 2023 Bulletin #2 – Event Program



Orienteering Queensland (OQ) welcomes you to three days of orienteering in the Maryborough region. The event encompasses the Queensland Long Distance Championships (cumulative two-day event) and the Queensland Middle Distance Championships (single-day event). This document provides final information for competitors.

Event Dates

Saturday 29 April: Long Distance Championships Day 1 (starts from 12:30 pm)
Sunday 30 April: Long Distance Championships Day 2 (starts from 9:00 am)
Monday 1 May: Middle Distance Championships (starts from 9:00 am)

Key Personnel

Event Coordinator: Tim McIntyre
Mapping/ Map Preparation: Geoff Peck



Long Distance Championships (Ugly Gully)
Organiser: Fran Powell
Setter (Day 1): Tim McIntyre
Setter (Day 2): Trent Blinco
Controller: Brendan Henry



Middle Distance Championships (Sunshine Orienteers)
Organiser: Brendan Henry
Setter: Eric Smyth
Controller: Tim McIntyre

Orienteering Queensland gratefully acknowledges the support of the Queensland Government Active Industry Fund in hosting this event. Special thanks to the Queensland Parks and Wildlife Service & Partnerships, and to local leaseholders for providing access to the area.



Event Location

The event will be held in Wongi State Forest west of Maryborough. A common parking, registration and finish area will be used for all three days. Note that mobile phone access on-site is limited.

The area was first used for the Australian Orienteering Championships carnival in 2008 on maps created by Eric Andrews. A section was again used for the 2011 Queensland Orienteering Championships with map updates by Geoff Peck. The area for the 2023 event was last used more than 10 years ago.

As this is state forest, note that there is a strict **no smoking, no littering, no dogs and no fires** policy. Please respect the land and cause minimal disturbance. Take care when crossing fences and leave gates as you find them.

Enquiries

All enquiries should be directed to the event coordinator, Tim McIntyre:
Email: tfmcintyre@gmail.com Phone: 0403 123 242

Welcome from the President of Orienteering Queensland

On behalf of Orienteering Queensland, I would like to welcome all participants to three exciting days of championship orienteering in Wongi State Forest. A special welcome to those who have travelled from interstate to enjoy navigating the mix of spur gully and rock detail on offer.

Others have trodden this area before us, and we acknowledge the traditional owners of the land on which our events are taking place, the Gubbi Gubbi people, and pay our respects to their elders, past, present and emerging.

We also thank Queensland Parks and Wildlife Service for permission to use the land for orienteering. Some of you will remember the 2008 Australian Championships, the 2011 Queensland Champs, or the 2014 Schools Champs, all held in the Maryborough region. It is great to be back in the area, supporting the renewal of local interest in orienteering. Of course, much can change in a decade, not only on the ground but in mapping techniques, and we are grateful to Geoff Peck for his efforts in updating and georeferencing the maps.

A well run and successful event depends on a great deal of work from the organizing clubs, in this case Ugly Gully and Sunshine Orienteers, and I would like to thank them, and in particular the event team of Tim McIntyre, Trent Blinco, Eric Smyth, Brendan Henry and Fran Powell, who have worked tirelessly to bring you high quality events.

Wishing you three days of adventures with the right mix of challenge and enjoyment in splendid terrain.

Juliana de Nooy (President)

Directions

For those travelling up the Bruce Highway to the event, note that there are significant sections of roadworks with lowered speed limits. You will encounter these regularly during the entire journey. Please allow some extra time to reach the event site. We've found a typical travel time of 3.5 – 4 hours from Brisbane (west side) including a short break along the way.

The event arena is accessed from along the Maryborough Biggenden Rd. The street address *Powell Road, Aramara, Queensland* can be entered into your GPS device, and this will take you to an intersection on the Maryborough-Biggenden Road which is several hundred metres to the west of the turn-off into the forest.

From the Bruce Highway immediately north of the Mary River, north-west of Maryborough, head west for about 28 km along the Maryborough Biggenden Rd. Just after crossing Cloudy Creek, turn right into the forest (signposted). Be aware of following and/or oncoming vehicles. Shortly after entering the forest there is a gate to pass through. **Please ensure the gate remains closed after entering or exiting.**

Follow the forestry track for about 500 m. The track is rough in places but passable in regular two-wheel drive vehicles. Park as directed. Note that parking is limited so please carpool if possible. In the event of wet weather (or the need for overflow parking), parking nearer the main road may be necessary. Also note that the area is not suitable for camping trailers or caravans (and camping is not available in the state forest).

There will be a short uphill walk of around 300 m to the registration and assembly area. Follow tapes from the northern end of the parking area (near the toilets). Note that areas to the west of the forestry access road, west of the parking area, and west of the walk to the arena are STRICTLY out of bounds.

Be aware that on Day 1, the Very Easy course passes close to the parking area and a parking attendant will be present to ensure safe passage for entrants (likely to be around 1.30pm).

Facilities

Toilets will be available on site. However, to minimise usage, please consider visiting the public toilets at Petrie Park on Royle St on your way (turn left at the traffic lights about 600m after leaving the Bruce Highway).

Social and Catering

There will be no on-site catering – please BYO picnic (some water will be provided). Parents will need to make their own child-care arrangements. A dinner has been organised for **5:30pm on the Saturday evening** (Day 1) at the Maryborough Services & Citizens club in Maryborough 163-175 Lennox St (<https://maryboroughservicesclub.com.au>). The early start is so that we can be accommodated in the club. This is an informal arrangement with participants to order and pay for the own meals. A dedicated seating area will be available.

Registration

Registration will open 90 minutes before the first official start and close at course closure time. Participants are not required to register unless collecting a hire SI-card. Chest numbers will not be used. There are no enter-on-the-day courses available (but offers to collect controls are gladly accepted).

Technology

The event will use Sportident for timing. SI-air (contactless punching) will be enabled. Participants with SI-air cards can use beacon mode (swipe SI-station). Regular punch mode (insert in SI-station) can also be used. In the event of an SI-station failing (no flash or beep), competitors should use the manual punch on the control stand to record their visit on their map.

GPS devices with no map function or signal to aid the user in finding direction may be carried during the event.

Map and Control Descriptions

Each day uses a sub-section of the Cabbage Tree Mountain map (a copy of the previous map of the area is available on Eventor). The map scale will be 1:10,000 for all courses. Maps will be printed on waterproof paper and are all A4 in size. Control descriptions will be printed on the map and be available on paper at the pre-start. IOF symbols will be used for all Hard courses. English Descriptions will be used for the Easy and Very Easy courses. For the Moderate courses, English descriptions will be printed on the map and IOF symbols will be available on paper at the pre-start.

Maps will NOT be collected at the finish but please respect fair play – you should not share or discuss your map with competitors yet to start.

Safety and First Aid

Whistles are to be carried for each day of the event. Injured competitors requiring assistance should blow their whistle six times, repeated over intervals about one minute apart. Safety bearings are provided on your map. First aid will be available on each day – visit registration if you are unsure where first aid is available. Please keep in mind course closing times – you are required to abandon your course and return to the finish if still competing at this time.

Missing competitors should be reported to the registration tent – please do not disturb the finish officials. Do NOT commence your own search. If needed, a search coordinated by the Event Organiser will be initiated following OQ procedures.

There may be cattle in the area – please detour around if you encounter a herd. In the more distant locations with thicker vegetation (longer courses on Day 2 and the Middle Distance event) there is evidence of wild pigs being present in the area and the organising team has observed one or two. If you encounter such wildlife, then we recommend retreating and detouring around the area.

Starts

Pre-allocated start times are available on Eventor, at the event registration and at the pre-start. There will be a 6-minute pre-start. A pre-start clock will be displayed at the entry to the pre-start and will be three minutes ahead of real time. You should enter the pre-start when your allocated start time appears on this clock. The procedure is:

- 6 minutes ahead of start: Enter pre-start, SI number checked, SI check station
- 4 minutes ahead of start: Collect control descriptions
- 2 minute ahead of start: Stand at correct map box
- Start: **Punch SI start unit**, take map and follow tapes to start triangle

If you miss your start time, then please advise the start team and you will be started at the next available opportunity.

Entrants needing split start times for child minding reasons or as event helpers can start early or late according to the following procedures:

- Early: a 12-minute window will be available 60 minutes before the first official start on each day. Please notify the enquiry contact by the Friday before the event or the registration team on the day before if intending to take this option (identified helpers need not give further notification).
- Late: a 12-minute window will be available 60 minutes after the first official start. No prior notification is required.

Water

Water will be available on courses with an expected winning time greater than 30 minutes. Water will be at controls and/or on reasonable route choices between controls.

Finish

Punch or swipe the finish control and then proceed immediately to the download station (two downloads). A split time print-out will be provided. You must report to the download tent even if you don't complete your courses (or organise for somebody else to do so if injured). Please return your hire SI-card to the finish at your last event.

Rules, Complaints, Protests and Jury

The Competition Rules for Orienteering Australia Foot Orienteering Events (2023 version) apply for each event. If you are unhappy or uncertain about any aspect of the event, then you should report the issue to the staff at the registration tent as soon as possible after completing your course. If you then wish to make a formal complaint, then this can be lodged verbally or in writing with the registration team no later than 15 minutes after results for the relevant age class are complete. You will be advised of the organiser's response as soon as possible. If you (or anybody else) decide to lodge a protest about the organiser's decision, then this should be lodged in writing no longer than 15 minutes after all affected competitors have been advised of the organiser's decision. In accordance with OA rules, protests will be considered by three OA Level 2 Controllers at the event. There are no fees for lodging complaints or protests.

Results

Results will be published on Eventor as soon as possible after each day. An on-site screen may also be used to display results. Please observe Covid-19 etiquette when viewing this screen.

Presentations

Presentations will be held as early as possible (~12:30pm) at the conclusion of the Long Distance Championships (Day 2) and the Middle Distance Championships (Day 3). Cloth badges will be presented to place getters in the Long Distance Championships. Certificates will be presented for the Middle Distance Championships.

Day 1 – Dry Creek – Saturday 29 April Queensland Long Distance Championships – Day 1

Course Setter and Controller notes

For many orienteers, these champs are the first opportunity to experience the Cabbage Tree Mountain map in ten years. We hope you enjoy it as much as we have enjoyed the planning for this event. The terrain for the first day is spur-gully with vegetation being mostly open and runnable. Some smaller areas of thicker vegetation are present mainly along the creeks. Some watercourses are deeply incised with slippery sides and care should be taken when crossing.

Map

Dry Creek, 1:10,000, 5 m contour interval, Geoff Peck 2023.

Starts and Warm-up

Official starts are from 12:30pm. All courses have a common start which is about 300 m south-west of the registration area (along the spur) with a gentle climb. Follow tapes from the registration tent to the start. Note that all areas to the north and south of these tapes are strictly OUT OF BOUNDS. Warm-up is along the tapes and/or following tapes back down to the parking area.

Important: The Very Easy and Easy courses are both streamered from the start triangle to the first control. Entrants on the Very Easy course should follow the PINK streamers. Entrants on the Easy course should follow the ORANGE streamers. Signage at the start triangle will also be supplied. Both the Very Easy and the Easy have sections along watercourses that are generally traversable and well defined. Both also traverse a rocky creek bed – please exercise care!

Course closure

Courses close at 4.00 pm. You must abandon your course and return to the finish at this time.

Safety

East to the fence then SE/NE to parking. The Very Easy course passes near to the parking area. A parking attendant will ensure safe passage for runners through this area.

#	Nav	Classes	Distance (km)	Climb (m)	Controls
1	Hard	M21A	7.1	220	16
2	Hard	M20A, M35A	5.7	185	13
3	Hard	W21A, M45A	4.7	160	14
4	Hard	W20A, W35A, M16A, M21AS	4.2	160	10
5	Hard	W45A, W21AS, M55A, M20AS, M35AS	3.2	110	10
6	Hard	W55A, W20AS, W35AS, M65A, M45AS	2.9	90	8
7	Hard	W16A, W65A, W45AS, M75A, M55AS+, Open Hard	2.4	60	6
8	Hard	W75A, W85A+, W55AS+, M85A+	1.6	45	7
9	Mod	M14A, Open Moderate Long	2.3	70	8
10	Mod	W14A, Open Moderate Short	1.9	60	7
11	Easy	W12A, M12A, Open Easy	1.5	45	9
12	VE	W10A, M10A, M/W10N, Open Very Easy	1.2	25	8

Day 2 – Cabbage Tree Mountain – Sunday 30 April Queensland Long Distance Championships – Day 2

Course Setter and Controller notes

The terrain is spur-gully with some courses entering rocky areas. Vegetation is open and runnable although areas of thicker vegetation may be experienced by some competitors in the northern part of the map. Screenings may include areas of bracken fern. Full lower body protection is thus recommended. Some creeks are quite steep and may have a lot of tree debris (including branches) in parts. Always use caution when on/near rough rocky surfaces, particularly if wet.

Map

Cabbage Tree Mountain, 1:10,000, 5 m contour interval (no legend), Geoff Peck 2023.

Starts and Warm-up

Official starts are from 9:00am. **There are two starts**, both north of the registration area.

Orange start – Courses 1 – 10. From registration, follow the tapes north-east to the main track (north of the parking area). Follow this track NW and, shortly after crossing the creek, look for arrows/tapes to the pre-start area west of the track. The start is about 400m from the assembly area.

Blue start – Courses 11 and 12. From registration, as for the orange start, follow the tapes north-east to the main track (north of the parking area). Follow this track NW and, after crossing the creek, continue following the track NW for about 300 m (ignoring tapes to the orange start). The start is about 700m from the assembly area.

Warm-up for all courses is along the track between the parking area and the turn-off to the orange start.

Course closure

Courses close at 1.00 pm. You must abandon your course and return to the finish at this time.

Safety

North-east or south-west to the main track and then follow track south-east to the assembly area.

#	Nav	Classes	Distance (km)	Climb (m)	Controls
1	Hard	M21A	10.0	300	17
2	Hard	M20A, M35A	7.9	265	15
3	Hard	W21A, M45A	6.8	225	13
4	Hard	W20A, W35A, M16A, M21AS	5.6	160	12
5	Hard	W45A, W21AS, M55A, M20AS, M35AS	5.3	150	10
6	Hard	W55A, W20AS, W35AS, M65A, M45AS	3.8	125	10
7	Hard	W16A, W65A, W45AS, M75A, M55AS+, Open Hard	3.5	90	9
8	Hard	W75A, W85A+, W55AS+, M85A+	2.2	45	8
9	Mod	M14A, Open Moderate Long	3.8	120	13
10	Mod	W14A, Open Moderate Short	2.6	70	10
11	Easy	W12A, M12A, Open Easy	2.1	45	11
12	VE	W10A, M10A, M/W10N, Open Very Easy	1.7	30	10

Day 3 – Cloudy Creek – Monday 1 May Queensland Middle Distance Championships

Course Setter and Controller notes

The map covers rocky areas requiring complex navigation, regions of open fast-running forest and slower areas with fewer features. Vegetation varies from open bushland to thicker forest. Screenings may again include areas of bracken fern as well as denser vegetation. Full lower body protection is also recommended. As previously, use caution when on/near rough rocky surfaces, particularly if wet. The Very Easy course traverses a rocky creek – please take care.

Map

Cloudy Creek, 1:10,000, 5 m contour interval, Geoff Peck 2023.

Starts and Warm-up

Official starts are from 9:00am. All courses have a common start which is roughly 200 m NE of the arena. From registration, as for Day 2, follow the tapes north-east to the main track (north of the parking area). Follow tapes across the track and through the fence to the pre-start.

Warm-up for all courses is along the track between the parking area and the turn-off to the start.

Course closure

Courses close at 1.00 pm. You must abandon your course and return to the finish at this time.

Safety

North-east or south-west to the main track and then follow track south-east to the assembly area.

#	Nav	Classes	Distance (km)	Climb (m)	Controls
1	Hard	M21A	4.7	190	22
2	Hard	M20A, M35A	4.1	175	18
3	Hard	W21A, M45A	3.7	175	17
4	Hard	W20A, W35A, M16A	3.5	110	15
5	Hard	W45A, M55A	3.1	115	15
6	Hard	W55A, M65A	2.8	100	12
7	Hard	W16A, W65A, M75A, Open Hard	2.1	85	10
8	Hard	W75A, W85A+, M85A+	1.7	65	8
9	Mod	M14A, Open Moderate Long	2.9	125	13
10	Mod	W14A, Open Moderate Short	2.4	90	12
11	Easy	W12A, M12A, Open Easy	1.7	40	11
12	VE	W10A, M10A, M/W10N, Open Very Easy	1.2	20	10