

Here are the course details.

Course	Length	Climb	Class
Course 1	19.8km	455m	Men Open, Open A
Course 2	12km	420m	Women Open, Men 40 – 49, Men 17-20
Course 3	10km	230m	Men 50-59, Women 40-49, Open B
Course 4	8.2km	215m	Men 60+, Women 50-59, Women 17-20
Course 5	6km	180m	Women 60+, Men 14-16, Women 14-16, Men 70+, Open C

Now to hope the rain goes away until after the event. The Council officer will do an inspection later in the week and let me know if there are any tracks to be excluded.

I will be attempting to keep any new revisions as near as I can to these figures.

Details for the scores are:

09:00 Registration for the 2hour score closes

09:15 2 hour score commences

09:30 Registration for the recreational 1 hour score closes

09:45 Recreational 1 hour score commences