

ACT MTBO Series #3, Jerrabomberra 17 SEPTEMBER 2023, Sunday

ACT Mountain Bike Orienteering with Red Roos support brings MTBO Series back. MTBO Series event #3 will take place at the Mt Jerrabomberra map. The view from the summit encompasses the city of Queanbeyan and the Kowen/Cuumbeun escarpment beyond it, although you'll have to keep your eyes off the views and on the trails, as these are often technical and rocky. The larger fire roads tend to climb the slopes of Mount Jerrabomberra, while the numerous sections of single-track usually contour around the hill, dipping into creek lines and rolling over rocky spurs. You will find lots of wildflowers scattered under the eucalyptus canopy in drier areas, or thick scrub in the protected gullies - keep an eye out for oncoming traffic at all times, as the tracks are two-way and walkers may be out! The sudden pinch climbs and twisty trails will keep you changing gear regularly, while you also try to plan and execute your route. There may be reduced route choice around the hill, but you'll still have to pay attention to find the trail you want! ACT MTBO is kids, beginners and family-friendly, so 4 courses from the Novice to Elite level will be offered.

Start Times: from 10:00am till 11:00am, **Course closure:** 1:00pm

Map: Jerrabomberra (SCAR Park parking area).

Course Setter: Cathy Hogg

Event organizer: Marina and Fedor Iskhakov, Red Roos

Assembly Area: Jerrabomberra (SCAR Park parking area).

Classes: Long (M/F), Middle (M/F), Short (M/F), Novice (M/F)

Class	Course length (Direct line)	Expected winning time
LONG	~ 12.0 - 15.0 km	60 min
MIDDLE	~ 7.0 - 10.0 km	45 min
SHORT	~ 4 - 6 km	30 min
NOVICE	~ 1.5 -2 km	25 min

Entry fee: Member \$20, Non-Members \$20, Pre-Entry and SI-Air are essential.

Map Board and SI Air are available for hire: \$5 each

KIDS And TEENAGERS UNDER 20 ARE FREE!

Event at Eventor: <https://eventor.orienteering.asn.au/EventAdmin/Edit/17911>

For further information or assistance please contact

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Welcome Back! Enjoy navigation at higher speed!