

JUNIOR ORIENTEERING CAMP 6th -9th July 2023
Maryborough
PROGRAMME

THURSDAY 6th of July Marist Brothers Ashgrove

Travel to first day activities

9.30am	Meet at Marist Brothers Ashgrove
9.45am	Sprint Intervals
11.30pm	Lunch (bring own lunch *****)
12.00pm	Leave for Maryborough Showgrounds
3.00pm	Arrive at Maryborough Showgrounds
3.30pm	Sprint
4.30pm	Leave for Aldershot Scout Camp
5.45pm	Leave for Maryborough RSL
6.00pm	Dinner at Maryborough RSL
7.00pm	Evening activities at Uniting Hall - Sprint Prep/ Exs
9.00pm	Return to accommodation
9.15pm	Supper
10.00pm	Lights out

FRIDAY 7th of July Map: Cabbage Tree

7.30am	Breakfast
8.00am	Clean up, get morning tea/pack lunches, pack O gear
8.30am	Travel to Cabbage Tree
9.15am	Exercise 1
10.30am	Morning tea
10.45am	Exercise 2
12.00pm	Lunch
12.30pm	Exercise3 + Exercise 4
3.30pm	Packed Afternoon tea
3.45pm	Collect controls
4.30pm	Leave for Aldershot Scout Camp
5:45pm	Leave for Maryborough RSL
6.00pm	Dinner at Maryborough RSL
7.00pm	Evening activities at Uniting Hall – Risk, race analysis, decisions
9.00pm	Return to accommodation
9.15pm	Supper
10.00pm	Lights out

SATURDAY 8th of July Map : Cabbage Tree

7.30am **Breakfast**
8.00am **Clean up, get morning tea/pack lunch, pack O gear**
8.30am **Travel to Cabbage Tree**
9.15am **Exercise 1**
10.30am **Morning Tea**
10.45 am **Exercise 2**
12.00pm **Lunch**
12.30 pm **Exercise 3**
2.30 pm **Collect controls**
3.00pm **Leave for Aldershot Scout Camp**
4.00pm **Afternoon Activities**
5.00pm **Showers**
5.45pm **Leave for Maryborough RSL**
6.00pm **Dinner at Maryborough RSL**
7.00pm **Evening activities at Uniting Hall – Route Choice/ Aus champs Maps**
 And briefing on Camp Champs
9.15pm **Supper**
10.00pm **Lights out**

SUNDAY 9th of July Camp Champs at Cabbage Tree

7.00am **Breakfast**
7.30 am **Pack up, clean, get ready to leave for camp champs**
8.30am **Depart for Camp Champs**
9.30 am **First starts**
11.00am **Morning tea and discussion**
12.0pm **Lunch/ Parents pick up/leave for home**

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