

Club Relays 2023 Information

Ugly Gully welcomes you to the 2023 Qld Club Relay Champs; who will be the top club for 2023?

Location Hardings Paddock, near Purga. 80 minutes from Toowoomba, 45 minutes from Brisbane.

Time Sunday October 22.

Course Lengths

Course	Easy*	Short Hard	Medium Moderate **	Long Hard
Length	2.0km	2.4km	4.1km	5.6km
Winning time	18 mins	35-40 minutes	35-40minutes	35-40 minutes

* Easy: Note this will be a combined Mass start with NO Forking, it has some bush (off-track) running and it is expected a competitor would need to be able follow a gully or keep up with other competitors to complete the course. If they are not yet confident to do this, they may be shadowed. There is no separate Very Easy course.

** Moderate: This is a relatively easy bush course which any novice Moderate standard competitor should be capable of completing. It is within a small and safe area with many controls and no long legs.

Note all courses are relatively easy compared to a standard bush course allowing for fast running and participation by all. The Hard courses have forking.

Relay Format

Each official team needs to have one Short, Medium and Long competitor. The Short and Medium runners in a team start simultaneously, and whoever is first back tags the team's Long runner. The winning team is the first team with a Long runner back (and all team members must have completed their course).

Start Times

*Easy Mass Start at **8:40am**. Relay Briefing at **8:50am**. Mass Start Relay Hard Courses at **9:10am**.*

All other competitors not in a relay team, mass start at **9:20am**.

Forking

There will be controls NEARER TOGETHER than the IOF rules for the purposes of fun forking and to ensure you are navigating and not just following. VERY CAREFULLY check your control descriptions and numbers. **You have been warned.**

Entering and Team Composition

Enter as per normal on eventor choosing the course you wish to run. The Organiser will place competitors into teams once entries close using AI to spread competitors for fairness.

Other Information

There are toilets at the Assembly. There are small pockets of lantana so wear suitable clothing; the Long course will encounter the most lantana. A lot of the course is quite fast run. There is NO WATER on the course. If it is hot, you are recommended to run with a hydration pack. Termite mounds have not been updated and should not be relied upon.