

AUS 3 DAYS

SOUTH AUSTRALIA 2024

BULLETIN 1 for the 2024 Australian 3-Days and Sprint Prologue

March 29th-April 1st, Adelaide Hills and Murraylands

Carnival Website: <https://aus3days2024.saorienteing.au/>

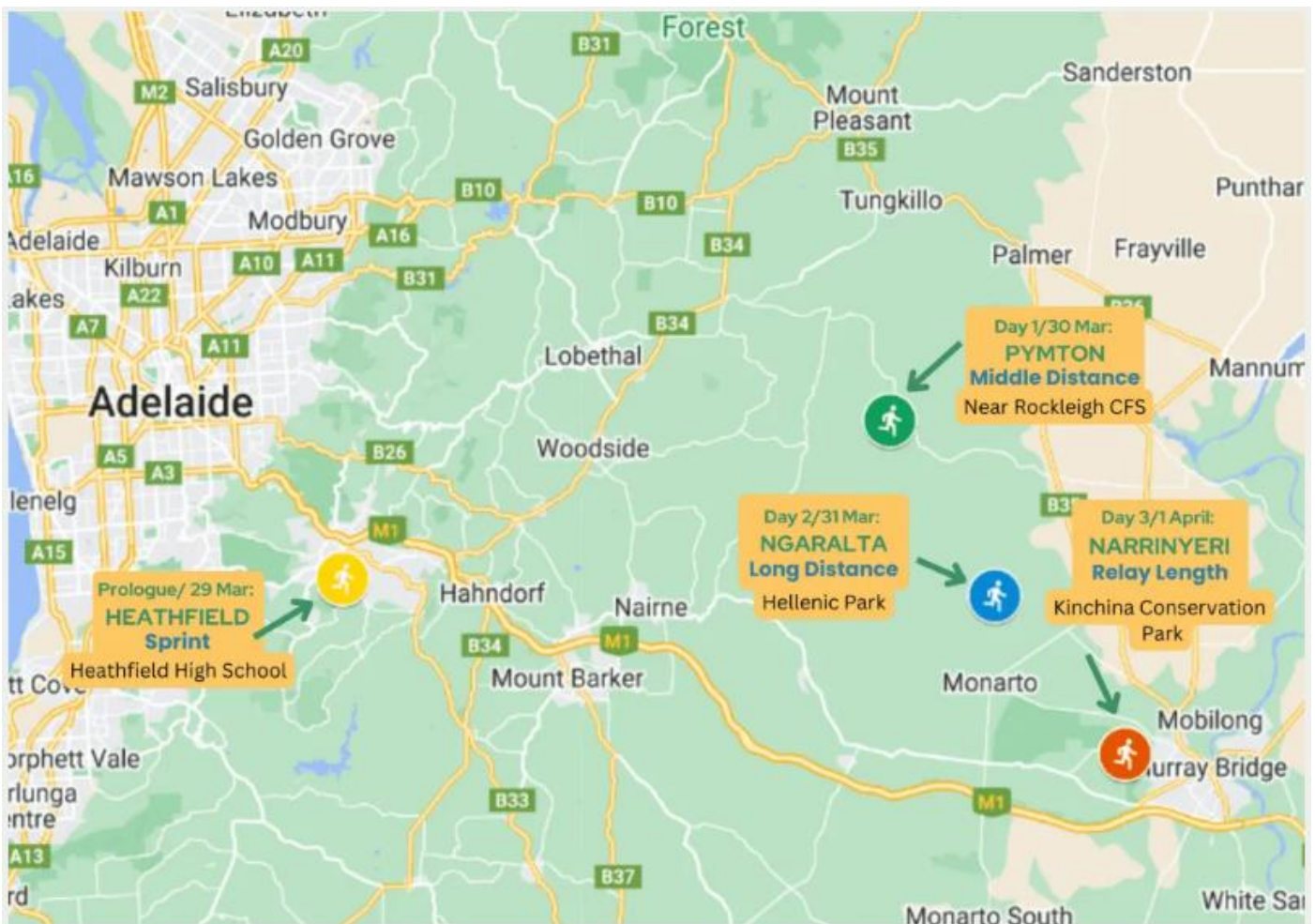
for details of each event's terrain and location (all events within 45 minutes' drive from Murray Bridge)

Entries: through Eventor, closing on Sunday March 3rd (late fees 25% extra, applied until 10/03/24)

Enquiries: aus3days2024@sa.orienteing.asn.au

Carnival Controller and Coordinator: Jenny Casanova

Event locations:



Class information for the Sprint Prologue and Family Teams Event

Prologue – open to junior and senior runners from M/W18 to M/W21. These competitors will run first (18s, then elite classes) before the Public Sprint; however, no start times on Good Friday will be earlier than midday.

Public Sprint – enter individually in one of the 3 courses (C1,C2,C3).

Family Teams Race – a team of three from the same immediate family covering each of the three courses with cumulative times. Your family team must have one runner in each of the 3 courses. If you wish to enter the Family Teams Race, please also register the three names in the no cost "Australian 3 Days 2024 - Family Teams" event.

Course 1 (Hard Sprint): M21E, M20E, M18A, C1

Course 2 (Hard Sprint): W21E, W20E, W18A, C2

Course 3 (Easy Sprint): C3

For a team in the Family Teams event to be official, one member of the team must be directly related to each of the other two team members in one of the following categories:

spouse or de facto spouse, parent, child, brother, sister, grandparent, grandchild, in laws (parent, brother, sister), adopted child, nephew, niece.

Class information for the Australian 3-Days

Elite: W20E, W21E, M20E, M21E

Open A: M/W10 - Novice, W10A, W12A, W14A, W16A, W18A, W20SPORT, W21SPORT, W35A, W40A, W45A, W50A, W55A, W60A, W65A, W70A, W75A, W80A, W85A, W90A, M10A, M12A, M14A, M16A, M18A, M20SPORT, M21SPORT, M35A, M40A, M45A, M50A, M55A, M60A, M65A, M70A, M75A, M80A, M85A, M90A, Open Hard

Open A short: W20AS, W21AS, W35AS, W45AS, W55AS, W65AS, M20AS, M21AS - Sledge, M35AS, M45AS, M55AS, M65AS

Open B: WOpenB, MOpenB, Open Moderate, Open Easy, Open Very Easy

If fewer than 5 entries are received in a particular class, classes may potentially be merged with others of similar distance, although this is unlikely to occur in practice.



NOL Classes for the Elite Prologue are M/W20E and M/W21E.

NOL Classes for each of the races in the Australian 3-Days are M/W 20E, M/W21E, M/W20Sport, M/W21Sport.

Results from 20E and 21E classes will be combined for the Elite Prologue World Ranking Event. **Entrants who wish to be included in the WRE results must have registered as an athlete in IOF Eventor and obtained an IOF ID number.**

Day 1 of the Australian 3-Days (Pymton, middle distance format) will be a World Ranking Event for M21E & W21E classes only.

Winning times:

For the Sprint Prologue, will be 12-15 minutes for elite classes

For the Australian 3-Days, will be set as per Orienteering Australia Rules 16.9 and 16.10 - with Day 1 winning times equivalent to middle distance, Day 2 winning times equivalent to long distance (noting that IOF & OA rules are changing to equalise winning times for M & W 21E which will have flow on effects to the junior elite classes) and day 3 winning times equivalent to relay length.

Entry fees: For information about how family fees are calculated and other vital pieces of information, please read <https://aus3days2024.saorienteing.au/entry-information/>

Event	Category	Standard Entry Fee (by 3 rd March 2024)	Late Entry Fee (by 10 th March 2024)
Prologue and Public Event 29/3/2024	Elites	\$39	\$49
	Junior Elites	\$24	\$30
	Adults on C1/C2	\$26	\$33
	Youth (13-20) on C1/C2 ¹	\$22	\$28
	Adults/Youths on C3	\$18	\$23
	Juniors (12 and under) ²	\$12	\$15
Australian 3 Days (30/3/2024-1/4/2024) All 3 days	Adults	\$144	\$180
	Youths (13-20) ¹	\$96	\$120
	Juniors (12 and under) ²	\$60	\$75
Australian 3 Days (30/3/2024-1/4/2024) Each day	Adults	\$48	\$60
	Youths (13-20) ¹	\$32	\$40
	Juniors (12 and under) ²	\$20	\$25

¹Youths (13-20) who run up to M/W21 will pay the Adult fees.

²Juniors (12 and under) who run up to M/W14A or above will pay the Youth fees.

Donation to Rockleigh CFS on behalf of the landowners for Days 1 & 2: can be selected as a service (\$5 or multiples thereof) when entering the Australian 3-Days

Split starts for childminding purposes: can be requested via the Google Docs form in each event's listing.

Electronic timing: will be SI Air enabled

SI Card Hire (normal, not SIAC): will be available for \$10 for the entire weekend and can be ordered as a service when entering the Australian 3-Days. If a competitor needs to hire a SI Card for the Prologue only, please contact the organisers, otherwise your 3-Days hire will cover the Prologue also.

Accommodation: there are numerous motels, caravan parks and campgrounds in the Adelaide Hills, Mt Barker and Murray Bridge as well as Adelaide itself; some suggestions can be found at <https://aus3days2024.saorienteing.au/local-info/>

Camping for tents and trailers at Monarto <https://aus3days2024.saorienteing.au/monarto-sporting-complex-camping/> can be booked through Eventor for any or all of the nights Thurs 28th March to Sun 31st March: <https://eventor.orienteing.asn.au/Events/Show/19671> Campers must depart on the Monday April 1st.

Merchandise: A range of clothing options can be ordered through Eventor; prices and sizing as per the flyer: <https://eventor.orienteing.asn.au/Documents/Event/17225/2/Australian-3-Days-2024-Merchandise> Note that orders need to be in by February 16th 2023.

Embargoes: are listed at <https://aus3days2024.saorienteing.au/embargoes/>

Previous copies of the maps are downloadable from each event's listing in Eventor.

Note that in the event of a day of catastrophic fire danger being declared, the relevant race will need to be cancelled and the backup option will be an informal sprint event being held on that day.

Opportunities for training: please ask the organisers!

