



ACT MTBO Series #3 and **Come & Try MTBO** 15 September 2024, Sunday GREEN HILLS and ZOO Trails

ACT Mountain Bike Orienteering with Red Roos support invites you to enjoyable and fun ACT MTBO Series!!! MTBO Series event # 3 will take place at East Stromlo area, utilizing “Green Hills” map. This is a fast and hilly area of dense fire roads network that goes through beautiful plantation pine area, and fantastic ZOO single tracks, just adjacent to Arboretum. Along the way they might encounter bounding kangaroos, swooping magpies, spikey echidnas, dog-walkers, random runners, commuter cyclists and perhaps horses, which of course, they should give way too. ACT MTBO is kids, beginners and family-friendly, so 4 courses from the Novice to Elite level will be offered.

Start Times: from 10:00am till 11:00am, **Course closure:** 1:30pm

Map: Green Hills, East Stromlo **(start from Weston/Coombs side)** 10,000, 5m contours

Course Setter: Ariadna Iskhakova & Marina Iskhakova, Red Roos

Event organizer: Marina and Fedor Iskhakov, Red Roos

Assembly Area: **parking off Kirkpatrick str, adjacent to the pond, Weston (next to RSPCA, Weston)**

Classes: Long (M/F), Middle (M/F), Short (M/F), Novice (M/F) and eBike (M/F)

Class	Course length (direct line)	Optimal Length	Expected winning time
LONG	10 km	~15 km 15 cp	55-65 min
MIDDLE	7 km	~10 km 13 cp	45-60 min
SHORT	5 km	~7 km 8 cp	30-45 min
NOVICE	3 km	~4 km 6 cp	25-30 min

Entry fee: \$15 Adult Member / \$30 Adult Non-Members, \$7 Junior Member / \$15 Junior Non-Member (under 21)

Map Board an SI Air are available for hire: \$5 each

Enter at Eventor: <https://eventor.orienteering.asn.au/Events/Show/19570>

For further information or assistance please contact

Marina.iskhakova@gmail.com or mob: 0412308310

Welcome Back! Enjoy navigation at higher speed!