

EVENT INFORMATION

EVENT: METRO SERIES EVENT 3: RANFORD (Canning Vale)

DATE: SATURDAY 25th November 2023

ENTRY DETAILS:	PRE-ENTRY PREFERRED By 4:00pm on Saturday, OR REGISTER ON THE DAY FROM 4:15PM
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START TIME: MASS START AT 5PM

COURSES CLOSE: 6:15 PM
You need to be back at the assembly area by this time, whether or not you complete the course

COURSES AVAILABLE:

COURSE	LENGTH	NUMBER OF CONTROLS
SHORT	2-3 km	6
MEDIUM	4-6 km	15
LONG	7-8 km	22

Course lengths are approximate.

COURSE NOTES:

- The assembly area and start are at Ranford Oval, Canning Vale, with the map covering the suburban streets, ovals, and parklands of Canning Vale. The course is suitable for prams and is largely wheelchair accessible (see event organiser for details).
- Cricket ovals have been marked out of bounds. Please respect the players and stay out of areas that are marked as out of bounds.
- Metro Series events are a scatter-style event, where controls may be punched (tagged) in any order. The aim is to punch the total number of controls required for your course in the shortest time. All ages and abilities are welcome.

DO REMEMBER WATER, SUNSCREEN AND A HAT – IT CAN STILL BE HOT OUT ON THE COURSE AT THAT TIME.