

## **RISK STATEMENT FOR ALL COMPETITORS/PARTICIPANTS**

All competitors/participants are to read this before starting the event.

By starting this event I accept the General Risk Warning and Risk Waiver printed below. I also accept that my image and name may be used in photography or video for publicity and website purposes.

### **General Risk Warning**

Competing in trail/orienteering running event is subject to risks. These include death, serious injury or illness due to:

rough terrain and obstacles;

overexertion;

heat, cold or other adverse weather conditions;

plant and animal life; and

accidents with vehicles, other competitors or pedestrians.

There are also risks:

that access to medical, evacuation or search services might be slow;

and of damage to, or loss of, your personal property.

### **Risk Waiver**

As a competitor/participant starting this event, I am aware that trail/orienteering running is a recreational activity that can be dangerous, accept that there is a degree of risk and acknowledge that I participate in this event at my own risk.

I release Orienteering ACT, members and all other parties associated with organising the event from any responsibility or legal liability associated with my presence at, and participation in, this event.

To the extent that the Competition and Consumer Act 2010 applies this release is limited to responsibility and legal liability for death or personal injury and does not apply to significant personal injury caused by reckless conduct by Orienteering ACT, members and all other parties associated with organising the event.

I am aware there is no health, accident, ambulance, disability or life insurance provided.

I am aware that I should not attend if experiencing any illness before the sessions and that I should cease the activity if experiencing illness during activity. I am aware that I am to observe hygiene measures (eg in accordance with COVID19 distance and cleaning guidelines). Participants to be given option to limit or cease participation during the session.