



**MTBO**  
**2024**

# **2024 Australian Mountain Bike Orienteering Carnival and Championships**

**17–20 October, Canberra ACT**

Incorporating:

- 2024 National MTBO Series, Round IV
- 2024 ACT MTBO Championships
- 2024 Australia-New Zealand MTBO Challenge
- 2025 World Masters MTBO Series, Round I



# **BULLETIN 1**



**MTBO  
2024**

Australian Mountain Bike Orienteering  
Carnival and Championships

Canberra  
ACT

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Australian Government  
Australian Sports Commission





## 1. Welcome from the Orienteering ACT MTBO Team



We are thrilled to welcome all competitors to the 2024 Australian MTBO Carnival & Championships, which will take place in and around Canberra at the rich and beautiful land of Ngunnawal People.

We are preparing a palette of different terrains to ensure that you will experience a wide variety of hilly and spectacular landscapes, amazing ACT Nature parks and the most scenic MTB areas.

The Orienteering ACT MTBO team is thrilled to welcome you to a vibrant celebration of Mountain Bike Orienteering and is thankful for your contribution to making it the largest MTBO Championships and Carnival in Australian history. We are thrilled to welcome a strong cohort of New Zealand MTBOers and host the 2024 Australia-New Zealand Challenge along with the first round of 2025 World Masters MTBO Series. We aim to arrange an MTBO Carnival which is very Family & Kids & Beginners friendly!

We are hoping it will be a memorable and very enjoyable MTBO Carnival and Championships!

**Welcome to Canberra!** *OACT MTBO Team*

## 2. Carnival & Championships Roles

<b>Event Director:</b>	Marina ISKHAKOVA
<b>Technical Director:</b>	Fedor ISKHAKOV
<b>IOF Advisor:</b>	Sandor TALAS
<b>Mapping:</b>	Andrew SLATTERY
<b>Sponsorships/Grants:</b>	Marina ISKHAKOVA/Phil WALKER/OACT
<b>Promo/Social Media:</b>	Marina ISKHAKOVA, Raynie MCNEE, Emily STEWART-REED
<b>Starts Manager:</b>	Cath CHALMERS
<b>Hire and services:</b>	Ann SCOWN & John SCOWN
<b>IT:</b>	Alex MAKSIMOV
<b>Finance OACT:</b>	Andrew CHEFFERS
<b>Transport &amp; Logistics:</b>	Rohan HYSLOP
<b>Parking Managers:</b>	Ann INGWERSEN & Frank INGWERSEN
<b>MTB Clinic &amp; Social:</b>	Raynie MCNEE, Emily STEWART-REED, Jim ANDERSON
<b>Design &amp; Video:</b>	Noel SCHOKNECHT & Ariadna ISKHAKOVA
<b>Website:</b>	Paul de JONGH
<b>Day teams:</b>	see below



## 3. Program Overview and Maps

The 2024 Australian MTBO Carnival will feature five diverse, challenging and enjoyable terrains!

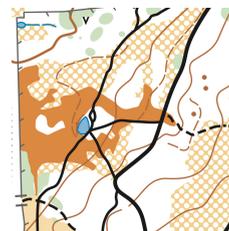
### E0: Social Warm-Up SCORE MTBO event

**Thursday, 17 October, 2024**, starts from 5pm

Map: Bruce Ridge by Andrew SLATTERY

Course Setter: Jim ANDERSON

Controller: Fedor ISKHAKOV



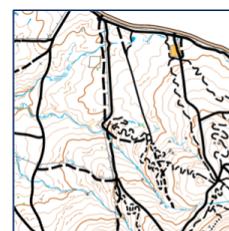
### E1: Australian MASS Championships

**Friday, 18 October, 2024**, starts from 5pm

Map: West Stromlo by Andrew SLATTERY

Course Setter: Cathy HOGG

Controller: Belinda ALLISON



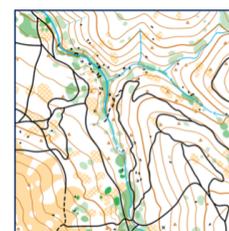
### E2: Australian MIDDLE Championships

**Saturday, 19 October, 2024**, starts from 9am till 10am

Map:  Stringybark Hill by Andrew SLATTERY

Course Setter: Michael REED

Controller: Emily WALTER and Tom WALTER



### E3: Australian SPRINT Championships

**Saturday, 19 October, 2024**, starts from 2pm till 3pm

Map: Sutton Road Centre by Andrew SLATTERY

Course Setter: Cath CHALMERS

Controller: Eoin ROTHERY



### ED: Australian Championships Presentations DINNER

**Saturday, 19 October, 2024** at 6pm

Venue: To be announced

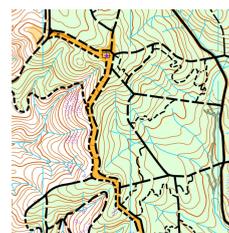
### E4: Australian LONG Championships

**Sunday, 20 October, 2024**, starts from 9am till 10am

Map: Kowen Homestead by Andrew SLATTERY

Course Setter: Fedor ISKHAKOV

Controller: Marina ISKHAKOVA

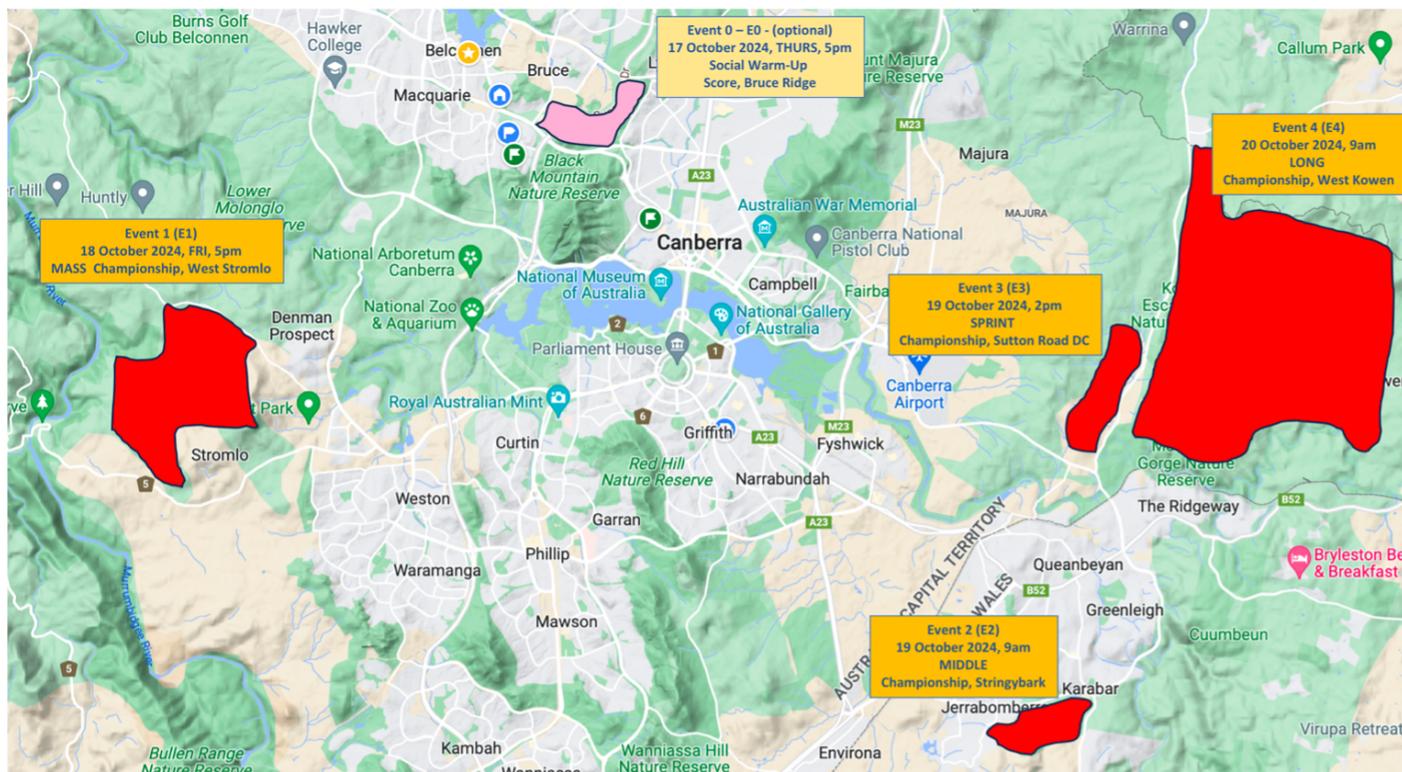


 new map



## 4. Event Locations and Embargo

The map below indicates areas that are closed for MTBO training and events until the Championships dates. We acknowledge that foot-orienteering events can still take place in indicated areas. Bruce Ridge is an optional social event, so is drawn on the map for the fullness of the information about locations and is available for MTBO training.





## 5. Incorporated Championships

### 2024 National MTBO Series, Round IV

These events comprise the final round of the 2024 National MTBO Series for Juniors, Senior and Master classes. More information on the National MTBO Series 2024 will be published at [orienteering.asn.au/index.php/national-mtbo-series/](https://orienteering.asn.au/index.php/national-mtbo-series/)

Points are awarded to individuals in each class (30 for first, 27 for second, 24 for third, down to 1 for 25th). Over all designated races in 2024, the best five accumulated points count for the final individual result in each class. The person with the highest point total is the National MTBO Series champion in the corresponding age class.

### 2024 ACT MTBO Championships

There will not be a separate ACT MTBO Championship event this year. Instead, the ACT Resident Champion in each age class will be recognised for each race at these Australian Championships.

### 2024 Australia-New Zealand MTBO Challenge

We are thrilled to host the 2024 Australia-New Zealand Challenge. New Zealand, being the visiting country, will nominate the classes to be contested. The ANZ MTBO Challenge rules can be downloaded online: [Australia-NZ-MTBO-Challenge-Rules.pdf](#).

### 2025 World Masters MTBO Series, Round 1

The Middle and Long Distance races will be the first two scoring events in the 2025 World Master Series. Riders' placings will be scored as if in 5-year age classes from age 35 up. Read more about the series and future series events at [orienteering.sport/mtbo/events-and-results/masterts-series/](https://orienteering.sport/mtbo/events-and-results/masterts-series/)



## 6. Competition classes

### Australian MTBO Carnival Classes

Open classes for individuals or teams (in which case every team member has to be registered)

Beginner W (short)  
Explorer W (middle)  
Adventurer W (long)  
Score W (solo, pairs)

Beginner M (short)  
Explorer M (middle)  
Adventurer M (long)  
Score M (solo, pairs)

### Australian MTBO Championships Classes

W12  
W14  
W16  
W20  
W21  
W40  
W50  
W60  
W70  
W80  
W e-bike

M12  
M14  
M16  
M20  
M21  
M40  
M50  
M60  
M70  
M80  
M e-bike



## 7. Entry Fees and Deadlines

Australian MTBO Carnival & Championships Entry Fees					
	<b>E0:</b> Warm-Up	<b>E1:</b> Mass	<b>E2:</b> Middle	<b>E3:</b> Sprint	<b>E4:</b> Long
<b>EARLY ENTRY</b> 1 January to 1 April 11:59 pm	\$10	\$30	\$30	\$30	\$30
<b>STANDARD ENTRY</b> 2 April to 10 September 11:59 pm	\$15	\$40	\$40	\$40	\$40
<b>LATE ENTRY</b> 11 September to 10 October 11:59 pm	\$20	\$50	\$50	\$50	\$50
Kids/teenagers under 20 and Masters 75 and above have a massive discount!	\$0	\$10	\$10	\$10	\$10



## 8. Registration and Entry

Registration will open on January 1, 2024 at Eventor

Link to enter the event	
<b>E0: Social Warm-Up SCORE MTBO, Bruce Ridge</b> Thursday, 17 October, 2024, starts from 5pm <a href="https://eventor.orienteering.asn.au/Events/Show/19686">https://eventor.orienteering.asn.au/Events/Show/19686</a>	 (click)
<b>E1: Australian MASS Championships, West Stromlo</b> Friday, 18 October, 2024, starts from 5pm <a href="https://eventor.orienteering.asn.au/Events/Show/19100">https://eventor.orienteering.asn.au/Events/Show/19100</a>	 (click)
<b>E2: Australian MIDDLE Championships, Stringybark Hill</b> Saturday, 19 October, 2024, starts from 9am till 10am <a href="https://eventor.orienteering.asn.au/Events/Show/19101">https://eventor.orienteering.asn.au/Events/Show/19101</a>	 (click)
<b>E3: Australian SPRINT Championships, Sutton Road Training Centre</b> Saturday, 19 October, 2024, starts from 2pm till 3pm <a href="https://eventor.orienteering.asn.au/Events/Show/19102">https://eventor.orienteering.asn.au/Events/Show/19102</a>	 (click)
<b>ED: Australian Carnival &amp; Championships Presentations DINNER</b> Saturday, 19 October, 2024 at 6pm <a href="https://eventor.orienteering.asn.au/Events/Show/19687">https://eventor.orienteering.asn.au/Events/Show/19687</a>	 (click)
<b>E4: Australian LONG Championships, Kowen Homestead</b> Sunday, 20 October, 2024, starts from 9am till 10am <a href="https://eventor.orienteering.asn.au/Events/Show/19103">https://eventor.orienteering.asn.au/Events/Show/19103</a>	 (click)

 [click for all events on a single Eventor page](#)



## 9. Course Lengths and Expected Winning Times

Expected winning times are based on the Orienteering Australia MTBO rules

Australian MTBO Carnival Classes					
	<b>E0:</b> Warm-Up	<b>E1:</b> Mass	<b>E2:</b> Middle	<b>E3:</b> Sprint	<b>E4:</b> Long
Beginner W (short) Beginner M (short)	under 30 min	30 min	30 min	20 min	60 min
Explorer W (middle) Explorer M (middle)	under 45 min	60 min	45 min	20 min	75 min
Adventurer W (long) Adventurer M (long)	under 60 min	75 min	60 min	30 min	90 min
Score W (solo, pairs) Score M (solo, pairs)	under 60 min	90 min	90 min	30 min	120 min

Australian MTBO Championships Classes					
	<b>E0:</b> Warm-Up	<b>E1:</b> Mass	<b>E2:</b> Middle	<b>E3:</b> Sprint	<b>E4:</b> Long
W12/M12; W12/M14; W16/M16	under 30 min	60-68 min	32-37 min	15-20 min	70-75 min
W20/M20, W80/M80	under 60 min	60-68 min	40-44 min	16-20 min	84-92 min
W21 Elite/M21 Elite	under 60 min	75-85 min	50-55 min	20-25 min	105-115 min
W40/M40; W50/M50; W60/M60 W70/M70; W e-bike/; M e-bike	under 60 min	75-85 min	50-55 min	20-25 min	105-115 min



## 10. Fair Play

A reminder about the rules of fair play applicable to orienteering.

All persons taking part in an orienteering event shall behave with fairness and honesty. They shall have a sporting attitude and a spirit of friendship. Competitors shall show respect for each other, officials, journalists, spectators and the inhabitants of the competition area. The competitors shall be as quiet as possible in the terrain.

## 11. Weather

Before heading to Canberra, please check the weather and bring warm clothes according to the weather forecast at [www.bom.gov.au](http://www.bom.gov.au)

## 12. Accommodation

There is plenty of great accommodation in ACT. Suitably located and great tourist parks are

- Crestview Tourist Park, Donald Road, Queanbeyan, NSW 2620  
[canberracaravanpark.com.au](http://canberracaravanpark.com.au)
- Alivio Tourist Park, Kunzea Street, O'Connor ACT 2602  
[aliviogroup.com.au](http://aliviogroup.com.au)

## 13. Training Opportunities and MTB Areas

**2024 NSW MTBO Championships** is scheduled on **12-13 October** (the weekend before) and is conveniently located a maximum of 2 hours from Sydney. More details will follow in Bulletin 2.

## 14. E-Bike Policy

E-bikes are an emerging category in ACT, this is the second time we have a gender division in the electric category with *W e-bike* and *M e-bike* classes. One of the Championship courses will be allocated to electric bike riders.

More details to follow in Bulletin-2 (April 1 2024) and Bulletin-3 (September, 15 2024).



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## 15. Contacts

With further enquiries about the Australian MTBO Carnival & Championships, please contact the Event Director:

- **Marina ISKHAKOVA**, 0412 308 310, [marina.iskhakova@gmail.com](mailto:marina.iskhakova@gmail.com)
- Orienteering ACT at [act.orienteering.asn.au](http://act.orienteering.asn.au)

## 16. Sponsorship and support

We are thankful for and acknowledge the support of the following amazing sponsors:

- **Active Glass**, [activeglass.com.au](http://activeglass.com.au), Logistics sponsor
- **Yoga for Posture**, [www.yogaforposture.com.au](http://www.yogaforposture.com.au), Well-being sponsor
- **Sutton Road Training Center**, <https://suttonroad.com.au>, Sprint Champs Facilities

You also can be the 2024 Australian MTBO Carnival Sponsor!



**Sutton Road  
Training Centre**

