

EVENT INFORMATION

EVENT: **METRO 8 MOSMAN PARK**

DATE: SATURDAY 13 January 2024

ENTRY DETAILS:

PRE-ENTRY PREFERRED by 4:00pm on Saturday,

OR REGISTER ON THE DAY FROM 4:15PM

Parking: Parking area for Mosman Park Tennis Club and Russell Brown Adventure Park, off Downey Drive (eastern end of McCabe street) Mosman Park. There is another parking lot on the other side of Downey Drive opposite the tennis club.

Assembly Area: Located under the trees in the grassed area West of Russell Brown Adventure Park next to the public toilets.

Beginners briefing 4:45 pm

Main event briefing 4:50 pm

START TIME (Mass Start): 5:00 pm

COURSES CLOSE and presentations: 6:15 pm

You need to be back at the assembly area by this time, whether or not you complete the course

COURSES AVAILABLE:

MetrO series events are a scatter course where controls may be punched (tagged) in any order.

There are a total of 31 controls placed. Competitors on each course must punch the total of control sites specified below:

COURSE	LENGTH	NUMBER OF CONTROLS
SHORT	2-3 km	8
MEDIUM	4- 6 km	15
LONG	6-7 km	22

Course lengths are approximate.

COURSE NOTES:

- The map covers a large area of parks and suburban streets.
- A few steep hills in the area will provide interesting route choice as well as great views of the ocean, river, and surrounding suburbs.
- There are ovals and sporting grounds on the map, please be mindful of this and keep clear of any active sporting events.
- The map is bounded by the railway line to the west, you will not need to cross it, and if you do you will be off the map.
- Due to steep hills in some parts of the map there are areas that are only accessible via stairs or steep paths. There are also some sand/limestone tracks and grassed areas that may be difficult to cross with prams or wheelchairs.
- There are public toilets located at the assembly area.
- There will be prizes awarded for the fastest finish chute times.

DO REMEMBER WATER, SUNSCREEN AND A HAT – IT CAN STILL BE HOT OUT ON THE COURSE AT THAT TIME. There are some public drinking fountains on course, but they are not mapped.

Some pictures from the map below.





Orienteering

Western Australia





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