# WA Middle Distance and Long Distance State Championships 2015 Warranine Brook, Saturday 19th and Sunday 20th September

# Notes for competitors

As these are State Championship events, Orienteering Australia Competition Rules apply. In addition, these events are both part of the WA State Orienteering League with points awarded to all competitors who complete a course at or above the required level for age. (See the SOL rules in the Technical section on the OAWA website).

Also see below for extra details specific to each event.

## Directions

Directions are also shown in the sections for these events on the Eventor web site. Directions to the Event: From Perth: Allow about 1 hour from Roe Hwy interchange or 1½ hr from central Perth. Follow Great Eastern Highway eastbound from Midland or Roe Highway. Take the "Kalgoorlie" exit from Roe Highway overpass. Approximately 55 km from the overpass, and 3 km past Bakers Hill, turn right into Decastilla Road. Follow Decastilla Road for 6km. [CAUTION: single-lane road with blind crest, becomes gravel road after approx. 3kms]. Turn left at the Leaver/Decastilla Road junction (on a tight right hand bend) to remain on Decastilla Road which at that point becomes a minor road. Proceed along Decastilla Road for a further 1km then turn left through farm gate, follow marked track approximately 500m to parking, and park as directed.

## Facilities

Portable toilets, water on courses and at the Starts and Finishes, cake stall: all at both events. There will also be soup and a sausage sizzle on Sunday.

## Camping

The landowner has kindly allowed us to camp overnight between the Middle Distance and Long Distance Championships adjacent to the assembly area. People intending to camp must bring their own water. Toilets will be available.

#### Bring

Your Eventor registered SI-tag, compass, whistle. Leg protection and tick repellent are recommended.

## SportIdent

If you have hired a SI tag collect it from the caravan before going to the start Clear and check stations for SI tags will be at each start. If a SportIdent control station fails you must punch your map using the punch on the control stand and mention this at the caravan when downloading your SI tag.

#### The Map

Warranine Brook Scale 1:10,000 for all courses, 5m contours, printed on waterproof material.

#### Map notes

The map has been used previously on two occasions for events in the Australian Championship Carnival 2014.

# **Control descriptions**

Control descriptions will be printed on the front of maps.

IOF symbols will be used for Hard navigation grade courses and English for Moderate, Easy and Very Easy grade ones.

Loose control description slips will be provided at the pre-starts, with additional IOF symbols for Moderate grade courses.

#### Warm-up.

Warm up areas are available to the east of Warranine Brook for both events. For the permitted areas see separate event details below.

#### Start procedure

There is a single start for the Middle Distance Championships and two starts for the Long Distance Championships - see the separate event details below.

See information on the individual events below for assembly area to pre-start distances. Allow enough time to arrive at least 5 minutes before your start time.

At 4 minutes before your official start time you will be called to line up in your start lane where your e-tag will be checked and control descriptions provided.

At 2 minutes before your start you will move forwards to your map box and be given starting instructions.

At your start time, on the fifth, long, beep of the clock, pick up your map and before looking at it, punch the SI Start station.

Follow the markers to the start of orienteering in the terrain which will be shown by a stand and flag with no marking device and on your map by a triangle. You must visit this point. Late starters will be timed from their original allocated start times unless delayed by a fault of the organisers or by events considered by the Controller to have been unavoidable by the competitor.

#### Other information

Shadowing by adults of M10 or W10 entrants is permitted but such participants will not be eligible for Championship awards, although they will be recognised at the presentations. Please notify the registrar in the caravan of the intention to shadow before starting. Maps will be collected at the finish until after the last Championship starts each day have occurred.

Awards will be presented as soon as convenient after results are known.

#### **Complaints and Protests**

Complaints should first be made orally at the event to the Controller who will direct the complainant to the appropriate official.

Protests about the outcome of a complaint must be made in writing and given to the Controller or a jury member while three potential jury members are still at the event. The Controller will convene the jury from available candidates, including: Anthea Feaver, Graham Braid, Ian Fletcher, Ken Brownlie (Long Champs only) and Dan Greig (Middle Distance only)

## For Middle Distance Championships ONLY – Saturday 19th September

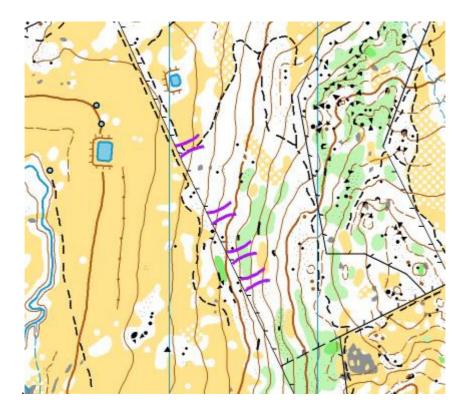
#### **Assembly Area**

Approximately 500m along access track from farm gate. Park on the right(east) where indicated by signs.

#### Map Notes

There is one fence that all courses need to cross that is tight, barbed and quite high. There are some places that agile people could cross where trees have fallen across the fence, but several crossing points have been made, all of which are marked on all maps. There is one stile and 3 places where carpet is used to make crossing easier.

The crossing points are shown on the map in the usual way, but they stand off the fence so that symbol doesn't obscure mapped features. See below



#### Warm Up

Warm-up is only permitted in the area of paddock/bush within 300m southeast of the assembly area or on the route to the start.

## Start

The start is about 400m, southeast of the caravan, along a marked route that is, in the later part up a rocky slope

Safety bearing is west to Warranine Brook

Course closure is 4 pm, at which time control collection will commence.

# Middle Distance Championships: age classes on courses.

Course	Difficulty	Age Class	Length	Climb
1	Hard	M21A, M17-20A, M35A W17-20A, W21A	4.8	180
2	Hard	M16A, M45A, M55A, M60A W16A, W35A, W45A	3.7	110
3	Hard	M65A, M70A W55A, W60A	2.6	60
4	Hard	M75A, M80A W65A, W70A, W75A, W80A	2.1	55
5	Moderate	M14A, M Open B W14A, W Open B	2.3	60
6	Easy	M12A, M14B W12A, W14B	2.0	30
7	Very Easy	M10A, W10A	1.8	10

# For Long Distance Championships ONLY Sunday 20th September

#### Assembly area

Approximately 250m north of the Middle Distance event along the same access track.

## Warm-up

Warm up is available to the east of Warranine Brook.

## Starts

The start for courses 8, 9 and 10 is approximately 300m on a marked route northwest from the assembly area.

The start for courses 1 to 7 is a further 200m (i.e. total 500m) on the marked route.

Safety bearing is east to Warranine Brook.

Course closure is 1pm, at which time control collection will commence.

## Long Distance Championships: age classes on courses.

Course	Age Classes	Technical difficulty	Approx. Length (km)	Approx climb (m)
1	M21A	Hard	12.7	365
2	M17-20A, M35A	Hard	10.0	300
3	W21A M45A	Hard	8.5	250
4	W35A, M21AS M16A	Hard	6.3	205
5	W45A W17-20A, M55A	Hard	5.6	150
6	W55A, M65A, M70A W21AS, M35AS, M45AS	Hard	4.7	130
7	W65A, W70A, W75A, W80A, M75A, M80A, W35AS, W45AS W55AS, M55AS, W16A	Hard	3.9	100
8	W14A, W Open B, W Junior B M14A, M Open B, M Junior B	Moderate	3.2	140
9	W12, M12, Open Easy	Easy	3.0	100
10	W10, M10, Open Very Easy	Very Easy	1.8	50