



# ANNUAL REPORT 2023



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*Cover Photo: 2023 NOL Individual Winners M20E Sam Woolford and W20E Eszter Kocsik Photo: Orienteering Australia*

*Left Photo: Myhka Kennedy, winner of the non-binary open age class in the Pride in the Peninsula SSS event, with their parents Jamie and Tania. Photo: Ian Jessup.*

## WHO WE ARE

\* denotes full year unless otherwise stated

### ONSW BOARD

*President:* Robyn Pallas

*Vice President:* Sheralee Bailey

*Secretary & Public Officer:* Gayle  
Quantock

*Finance Director:* Mark Schaefer

*Director:* Louise Brooks

*Director:* Jamie Kennedy

*Director:* Angus Shedden

*Director:* Nick Barlow (June-December 2023)

*Technical Director:* Nick Dent (May-July  
2023)

*Technical Director:* Rodney Parkin  
(January-May 2023)

*Director:* Robert Bennett (January-May 2023)

### MEMBER CLUBS

Bennelong Northside (BN)

Big Foot (BF)

Bush 'n' Beach (BB)

Central Coast (CC)

Garingal (GO)

Goldseekers (GS)

Hastings Orienteering Group (HO)

Illawarra Kareelah (IK)

Newcastle (NC)

Northern Tablelands (NT)

Southern Highlands (SH)

Uringa (UR)

Waggaroos (WR)

Western & Hills (WH)

### ASSOCIATION STAFF

*Development Officer Coordinator:* Jim  
Mackay

*Administration Officer:* John Murray

*General Manager:* Katherine Crawford  
(January-May 2023)

*Interim General Manager:* Jim Mackay  
(July-November 2023)

### SERIES CO-ORDINATORS

*Sydney Summer Series:* Ian Jessup &  
Tristan White

*River & Bay Series:* Ron Pallas & Sue  
Froude

*Western Sydney Series:* Janet Morris

*Sydney MetrO League:* Ian Jessup

*Xmas 5 Days:* Nick Dent and Ron Pallas

*Mountain Bike Orienteering:* Greg Bacon

*Saturday Orienteering Series:* Bold  
Horizons

*Wagga-Albury Interclub:* John Oliver

### CHILD SAFETY OFFICER

Sandra Stewart

### COVID SAFETY OFFICER

Margaret Duguid

### MEMBER PROTECTION INFORMATION OFFICERS

Angela Haynes

Adrienne Kirby

### MAPPING OFFICERS

Barry Hanlon

Hamish Mackie

**BELANGLO HUT MANAGER**

Kev Curby

**AWARDS COMMITTEE CHAIR**

Mary Jane Mahony

**BOY STATISTICIAN**

Colin Bailey

**EVENTS PLANNER**

Gordon Wilson

**SENIOR SQUAD**

*Coach:* Vacant

**NSW STINGERS CO-ORDINATORS**

Rebecca George

Toby Wilson

Rob Bennett

**JUNIOR SQUAD**

*Manager:* Helen O'Callaghan

*Coach:* Lee Coady

**ARCHIVES**

Mary Jane Mahony

**NSW SCHOOLS TEAM OFFICIALS**

*Coach:* Lee Coady

*Assistant Coach:* Martina Craig

*Manager:* Saffron Sweeney

*Assistant Manager:* Andrew Dun

**NSW SCHOOLS TEAM SELECTORS**

Robert Bennett

Toby Wilson

Gayle Quantock

**NSW RELAY TEAM SELECTORS**

Hilary Wood

Jock Davis

**INDEPENDENT ATHLETES GROUP CO-ORDINATOR**

Helen O'Callaghan

**SOCIAL MEDIA**

Louise Brooks

Mary Jane Mahony

John Murray

## 2023 IN REVIEW

### PRESIDENT'S REPORT - ROBYN PALLAS

2023 proved to be a very successful year for orienteering in NSW. I am very proud to be President of a very active orienteering community. I would like to acknowledge all the volunteers who contributed to another successful year of orienteering in NSW.



#### Highlights of the year included:

##### State League

A very successful State league Calendar was conducted in 2023. A big thank you to all the clubs and volunteers involved in making this possible. A sunny warm KB111 was enjoyed by all on the Central Coast and Newcastle. The use of a new map by Garingal at Rylstone "Breakfast Creek" provided very technical orienteering for our NSW Championships.

##### Sydney Sprint Weekend

An inaugural Sydney Sprint Weekend was held in March with several hundred competitors. This was part of the NOL calendar and proved for some exciting sprint races. Thank you to organiser Mark Shingler and all the volunteers who made this possible.

##### Club achievements

Several clubs reached milestones in their development. Western & Hills celebrated 40 years and Garingal celebrated 50 years. Congratulations on achieving these milestones.

##### NSW Awards

NSW awards were presented to several NSW members in gratitude for the volunteer work they do on behalf of their clubs and orienteering in NSW. A 50 year certificate was presented to several NSW members for their service and participation in orienteering in NSW for 50 years. Congratulations to all recipients of these awards.

##### 2023 Xmas 5 Day

The 2023 Xmas 5 day was held on the Central Coast and provided varied orienteering to many orienteers from all over Australia and overseas. Two competitors from New Caledonia and several from Sweden also participated. The final day was exciting for diverse courses through the streets of Terrigal and across rock platforms. Perhaps the highlight of the day was the run, swim, run competition with many people choosing to participate.

##### NSW Schools Team

Our NSW Schools' Team was again successful in the Australian Schools Championships held in Western Australia. A strong team of 20 competed with several members being named in the Australian Honour Team. A big thank you to the managers and coaches who accompanied the team. This was a completely new management team and they need to be congratulated for undertaking this work on behalf of NSW. The team was Saffron Sweeney (manager), Andrew Dun (assistant manager), Lee Coady (coach) and Martina Craig (assistant coach).

## **Junior Squad**

The Junior Squad has been strong this year with several successful camps being held. The Bluebottles are growing in numbers and again we thank the leadership of Helen O'Callaghan and all the parents who support the squad. Very successful fundraising was also held this year with the introduction of the Sports Foundation donation platform. Through this the Juniors received anonymous donations amounting to \$12,000.

## **National Integrity Framework**

The National Integrity Framework continues to be rolled out across NSW clubs. All clubs have a Child Safety Officer and training is provided by NSW Child Safety Officer, Sandra Stewart. This is a high priority for all sports in NSW and Orienteering Australia is assisting states to fulfil it's obligations regarding the framework. I would like to personally thank Sandra for her very important work with regard to Child Safety.

## **The Board**

The NSW Board has maintained successful attendance at all its meetings with a strong board of 8 directors. I would like to thank them for their support and engagement through this year. This Board is essential for running the sport in NSW and maintaining connections with National and State sporting bodies.

**In conclusion** I would like to thank the membership of NSW orienteering for allowing me to lead such a great state in the sport we all love. I look forward to an even better 2024.

# 2023 IN NUMBERS

## FINANCIALS

(Deficit)/(deficit) 2023 v 2022

- ❖ 2023 revenue of \$418,825, a decrease of \$22,557 compared to 2022 (\$441,382)
- ❖ 2023 deficit of \$10,376 compared to a deficit of \$17,375 in 2022

## ACHIEVEMENTS

- ❖ 50 Years of Orienteering in NSW 1973-2023
- ❖ Establishment of ONSW 50 Years of Orienteering recognition award
  
- ❖ 2023 Australian Schools Orienteering Champion State
- ❖ Champion team in 3 of 4 Categories of the National Orienteering League (NOL): Junior Women, Junior Men, Senior Men.
- ❖ Champion Individual in 2 of 4 categories of the NOL: Eszter Kocsik (Junior Women) (GO) and Sam Woolford (Junior Men) (BB)
  
- ❖ 29 members (plus one ACT member) attended a Controllers workshop led by IOF Senior Event Adviser Nick Dent (CC)
- ❖ 14 members attended an ONSW Learn and Play Orienteering Coach Course presented by Brodie Nankervis, OA Manager of Coaching Development
- ❖ 22 members attended Purple Pen workshops presented by Ian Jessup (GO).
- ❖ 12 members (plus 11 from other States) attended a workshop on the use of Sportident in a school setting presented by Jim Mackay, Development Officer Coordinator.
- ❖ 110 coaches in NSW accredited across the four categories, and 47 Controllers accredited across the 3 levels in NSW
  
- ❖ ONSW (IK and SHOO) hosted an orienteering event for 120 Cadets as part of the Australian Fire Service Cadets Championships.
- ❖ Uringa hosted a Sydney Summer Series event which celebrated Sydney WorldPride 2023 and pioneered non-binary gender classes in orienteering.
- ❖ Uringa, in conjunction with the Inner West Council, hosted a NSW Seniors Festival event at Birrung Park in Balmain.
  
- ❖ 6,221 students participated in 52 orienteering activities
- ❖ 52 schools held orienteering programs
- ❖ 21 schools mapped
  
- ❖ 1,140 members across the state
- ❖ 268 events held attracting 22,028 entries including:
  - 1 World Ranking Event (Sydney Sprint Weekend Individual Sprint)
  - 4 National events (Sydney Sprint Weekend NOL)
  - 13 State League events
  - 255 local events (including 9 MTBO)



# ACKNOWLEDGEMENTS

## OUR CLUBS AND OUR PEOPLE

- Volunteers are the powerhouse of orienteering in NSW.
- ONSW's 14 orienteering clubs deliver orienteering events at all levels of competition.
- ONSW's small band of employed staff support the work of the Association and its clubs.
- The Friends of Belanglo ensure that Belanglo Hut in the Belanglo State Forest is maintained and continually improved for use by orienteers for training, events and respite.
- Tony Hill (GO), Kelvin Meng (UR) and Alec Watt (NT) generously provide their superb photos for many uses.



## LANDHOLDERS

- Local councils
- Forestry Corporation NSW
- NSW National Parks & Wildlife Service
- Sydney Harbour Federation Trust
- Universities and schools
- Private landowners

## SPONSORS

- Carbine Club of NSW (NSW Schools Team)
- Donors through the Australian Sports Foundation (Orienteering NSW Juniors)

## BUSINESSES

- Resolve Litigation Lawyers
- CFO Plus
- KS Black & Co

## PARTNER ORGANISATIONS

- Bold Horizons
- NSW O Gear
- Aussieogear
- Orienteering Service Of Australia (OSOA)

## ORGANISATIONS

- NSW Office of Sport
- Service NSW
- Orienteering Australia
- Sport Australia
- Sport NSW
- Australian Sports Foundation
- Sport Integrity Australia
- Institute of Community Directors



## CLUB HIGHLIGHTS

### Bennelong Northside Orienteers (BNN)



- We celebrated Terry Bluett for his dedication to both the sport and our club. Terry is Bennelong Northside's only Lifetime Member and stepped down as President after 18 years, continuing as Vice-President. Terry was awarded the NSW Sport Long-Service Award which is thoroughly deserved. His enormous contribution is impossible to articulate and undeniably felt.
- Our club teams were very successful this year, taking out Division 4, Division 5 and Division 6 in MetrOLeague. It was fantastic to witness some club members taking on the bush for the first time and doing so well.
- Our juniors also had a cracking year with Abi representing NSW; Abi and Max winning ONSW Orienteer of the Year Awards with Brian 3rd; and Brian, Max and Ryan receiving ONSW Waratah awards for participation. Well done all!
- In terms of broader participation, club members have represented us across foot-o, mtbo, ski-o and rogaining. We do our very best to keep active and for some that has been the case for more than 50 years. Well done to Bruce Dawkins, Steve Flick and Rod Parkin on achieving their 50 year ONSW awards.
- As a club we have continued to organise events across the calendar and have been well supported by our volunteers, thanks to you all. A special mention to our super-volunteer Richard Pattison who has mapped, set up mapruns, organised all our summer events and the club xmas courses, provided mesmerising stats for Sydney Summer Series and kitted the membership out in good-looking hoodies and rain gear!



*Terry Bluett, Bennelong's only Life Member*

## Bush n' Beach Orienteering Club (BBN)



The Bush n Beach Orienteering events enjoyed 8 foot-O events around Coffs Harbour as well as supporting the NSW Mountain Bike Orienteering Championships and have some great results at championship events..

The year started with a challenging course set out at Diggers Beach set by Keelan Birch. 30 controls were hung taking orienteers up and over headlands and reserves on a scenic coastal map. Bruce Meder then led a fun Q&A style event at Jetty Foreshores, showing us that in the most popular areas, it is easy to get disorientated.

From May to November, Keelan organised a three part MapRun series at Tree Fern Creek in West Coffs. Several new families and old faces attended. Participants enjoyed finding small bush pockets in an urban area. A winter solstice night-O was tested at Brelford Park, which was an enjoyable way to test night navigation in a sprint format. Our two other coastal maps at Sawtell and Woolgoolga also received some love with events in August and October.

Bruce Meder also set the sprint course at the NSW Mountain Bike Orienteering Champs at Coffs Harbour Education Campus. This was a fabulously designed sprint course and many commented on the excellent and well thought out planning.

In addition, three events were held around the streets of Grafton in early 2023 thanks to the efforts of Gavin and Max Rayward.

Special thankyou to Keelan Birch and Bruce Meder who set our events for 2023, with Helen O'Callaghan, Mal Wood, Jennie Thompson and others members supporting.

Club members also performed well on the state, national and international stage:

### **NSW State Championships:**

Middle Distance: M20: 2nd Jamie Woolford, 3rd Sam Woolford

Long Distance: M20: 1st Sam Woolford

Sprint Distance: M20: 2nd Sam Woolford

### **Australian Championships**

Middle Distance: M60: 1st Tony Woolford, M20: 2nd Sam Woolford

Long Distance: M20: 1st Sam Woolford, M60: 3rd Tony Woolford

Sprint Distance: M20: 2nd Sam Woolford, M60: 2nd Tony Woolford

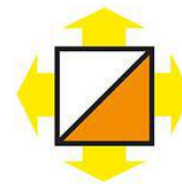
### **NOL and International representation:**

Sam Woolford won the individual competition in the junior category of the National Orienteering League, as well as being a part of the winning NSW team. He was subsequently selected to represent Australia at the Junior World Orienteering Championships in Romania. His results were: Sprint Distance 128th, Middle Distance 83rd, Long Distance 101st. Sam was also selected for the Australian Senior Team competing in Round 2 of the Orienteering World Cup in Czechia. He was 116th in the Long Distance and 121st in the Middle Distance.

### **Australian Schools Orienteering Championships**

Club members Jamie and Alex Woolford were selected to represent NSW at ASOC, both being named in the Senior Boys team. Jamie was also named co-captain of this team. Jamie had excellent and consistent results in the competition and was named as one of 4 Senior Boys, from across the country, in the Schools Honour Team.

## Central Coast Orienteers (CCN) Presidents Report 2023-24.



Another good year of orienteering on the Central Coast and beyond. Our club members have a combined total of 805 event entries over the past 12 months within Australia. This is an increase from last year and does not include our members who venture further afield to New Zealand and Europe to compete in orienteering events there.

Central Coast has continued to provide the summer series and again participated in the Central Coast Lakes Festival with 2 events in 2023 at The Entrance and Davistown. The first was a bit of a wash out in torrential rain and as can be expected numbers were down with the hardy members braving the weather and inevitable wet feet. Davistown was beautiful weather and the combined numbers over the 2 events was 72 entries. We have had 220 entries in the summers series over the 11 events in the 2023-2024 season.

Earlier in the year the club along with Newcastle Orienteers held the Kings Birthday III weekend based around Olney State Forest, Richmond Vale and University of Newcastle -Callaghan campus. Colin Price set the Olney State League, controller was Hilary Wood. This event attracted 337 entrants from NSW and interstate and received good feedback for the quality of the course -setting. Well done Colin!

Although not officially a club event, as part of the organising team for 2024 Australian Orienteering Championships, a number of key people from Central Coast Orienteers and Newcastle Orienteers were involved in hosting the 2023 Xmas 5 days held on the Central Coast. This event attracted over 250 participants on each day and culminated in the last event being held at the Haven at Terrigal. The event was hosted by the AOC 2024 organising committee in order to raise additional funds for the Australian Orienteering Championship Carnival to be held in Armidale Sept 28-Oct 6 2024. Our club generously allowed the use of our maps free to help as well. I can report that the event surplus was over \$9000 and will help to defray mapping costs for the championships which are substantial. The event had the added bonus of showcasing orienteering in Terrigal CBD and in turn has attracted a couple of new members for our club!

Now to our high achievers for 2023! Congratulations to the following!

For the NSW Orienteer of the Year 2023 Awards (Competitors gain points from competing in the State League events held throughout the winter months in 2023):

Robyn Pallas W70A 1 <sup>st</sup>	Paul Prudhoe M70A 1 <sup>st</sup>
Alice Prudhoe W35A 2 <sup>nd</sup>	Julia Prudhoe W65A 2 <sup>nd</sup>
Colin Price M70A 2 <sup>nd</sup>	Sam Hill M35AS 3 <sup>rd</sup>
Hilary Wood W65A 3 <sup>rd</sup>	

Congratulations to the following recipients of Orienteer Australia Merit Badges 2023. These are awarded based on results for the Australian 3 days held at Easter and the Australian Championships.

Julian Dent M21 Gold	Nick Dent M70 Gold	Robyn Pallas W70 Gold
Colin Price M70 Gold	Julia Prudhoe W65 Gold	Paul Prudhoe M70 Gold
Hilary Wood W65 Gold	Sam Hill M35 Silver	Alice Martin W35 Silver
Kirrilee Russell W35 Silver	Dan Martin M40 Bronze	

An honour has been bestowed on one of our long term members Nick Dent was admitted to the Orienteering Australia Hall of Fame for Services to Orienteering. Congratulations on a very well-

deserved recognition to your past and ongoing contribution to the sport of orienteering. Nick started Orienteering in 1984 and has been over this time a coach, manager of state school teams and Junior World Orienteering Teams as well as Head Coach for OA. He has been an organiser, course setter, controller and is currently an accredited Senior Event Advisor for Australia.

I extend my hearty congratulations to Paul Prudhoe for his '50 Years of Orienteering' Honour in recognition of 50 years or more participation and service in the sport of orienteering. We certainly have abundant orienteering experience in our club with people like Paul and Julia Prudhoe, Nick Dent, Robyn Pallas and Ron Pallas (who is a life member of CCO and URN.)

Congratulations to the following Achievers in the CC Summer Series 2023-2024

Women	Men	Handicap Women	Handicap Men
1. Melissa Robertson	1. Justin Stafford	1. Heather McCubben	1. Julien Bulman
2. Kelly Murphy	2. Steven Roberts	2. Deborah Dickson	2. John Bulman
3. Hilary Wood	3. Ciaran Lynch	3. Linda Salway	3. Neil Chappell

We have continued to improve our equipment and made some purchases of extra small flags, new locks and also SI holders for the stands so we can use all of our units on stands if required without borrowing inserts from ONSW.

We have had some substantial mapping costs which involved remapping our Rumbalara map and also remapping and extending our Olney State forest maps. We will be using Rumbalara for our upcoming O'Shea 2 days in early March and we have put into the events organisers for ONSW a proposal for a National O League event combined with a NSW state league for May 2025 at Olney State Forest.

We have also offered to Orienteering Australia to host the Oceania Sprint Championships in January 2026. If we are granted this event it will involve an individual sprint race, a 4 person relay race and a knock out sprint for the elite competitors from the Oceania region (mostly New Zealanders) but all orienteers can participate.

Membership numbers increased in 2023 to 54 members. Welcome to all our new and continuing members! Many thanks to all of you who have helped at our events over the last year and I hope to see you again soon.

Volunteering is rewarding and I encourage those who can to do so. It also helps the core group who continue to keep things going at club level. Fresh ideas are also welcome! So please feel free to contact me if you have something to say which may help us improve and increase participation and are willing to help implement it.

Happy Orienteering!

Hilary Wood, President Central Coast Orienteers



## Garingal Orienteers (GON)

### Year 2023 Highlights for Garingal Orienteers for ONSW:

- **Membership:** Garingal had 238 members including 51 Juniors. Ian Cameron received a 50 Years of Orienteering Honour.
- **Events:** GO organised 24 Events. The main event was the State Championships at Breakfast Creek, an area first recognised by the three amigos Jim Merchant, Ron Junghans and Ross Barr and mapped by Rob Vincent. Characterised by the intricate sandstone pagoda rock outcrops, it received positive feedback, and the local community welcomed the event with enthusiasm.
- **Milestone Celebration:** 2023 marked the 50<sup>th</sup> Anniversary of the Club. We held a memorable dinner at Rylstone during the State Championships.
- **Technological Advancements:** The club's new website has been performing excellently, a result of the dedicated efforts invested by David Bray. David also set up a Starlink Satellite system which helped in displaying results in the poor mobile reception area of Breakfast Creek.
- **Awards:** *Metro League Division One Winners GO Goannas; ONSW Junior Presidents Award – Cooper Horley; ONSW Volunteer of the Year – Peter McConaghy; Club Champion - Cooper Horley; Best Junior - Cooper Horley; Junior Encouragement Award - Tania Horrocks. Silver Hare - David Bray* for his huge amount of IT work for Garingal, and is the brains behind the operation of SI Timing, Garingal's website, and the organisation of archiving of Garingal documents on Google drive. Without his technical knowledge, Garingal would still be living in the "dark ages" from an IT perspective.



Breakfast Creek Photo: Ross Barr



Breakfast Creek Arena Area Photo: Ross Barr



50<sup>th</sup> Celebration Rylstone  
Photo: Barbara Junghans



## Hastings Orienteering Group (HON)

In 2023 the club had 21 members.

Over the year we ran 13 local events, with an average of 28 entries per event. The majority of our maps cover urban streets and bushland parks, however we were able to introduce aspects of bush navigation and features on our Laurieton, North Haven and Bago (Wauchope) maps. A Koala Mum & joey even made an appearance during our Tacking Point event at Lighthouse Beach.



A highlight of the year involved working with Andrew Power to help vet the new map of Kalateenee State Forest and MTB park in Kempsey. Over several weeks we then scouted and set the course for the NSW MTBO Long champs. This involved meeting with Andrew and members of the Macleay Valley MTB club, dodging numerous bushfires that threatened to obliterate the trails, and many kilometres of riding. The MTB club members worked extremely hard to clear trees that continued to fall across the tracks (following the fires) and clean trails right up to the morning of the event. One gigantic tree across the access road to the highest part of the course proved too great a task, so a last minute course change was required. Apart from this it all went off without a hitch, with big thanks to HOG and Macleay Valley MTB club for their assistance on the day.

Club members attended 10 State League events – badges awarded to Jessica Dun 1<sup>st</sup> W14A, Steph Dun 3<sup>rd</sup> Womens Junior B, Jenny Friend 3<sup>rd</sup> Womens 40A, and Andrew Dun 2<sup>nd</sup> Mens Open B. Jess was also awarded the NSW Rookie of the Year.

Club members attended 4 days of Xmas 5 days event.

Club juniors Stephanie and Jessica attended 3 ONSW and OA training camps.

One junior, Jessica Dun selected in NSW Schools Team for the Aus Champs in Western Australia. Jess attended with her father Andrew as assistant manager for the NSW Schools team. Despite her inexperience at this level, Jess ran an excellent Aus Champs with some great results contributing to the NSW team win.



*Koala Mum & bub on our Tacking Point map*



*Jess Dun competing at the Aus Champs*

*Photos: Hastings Orienteering Group*





## Illawarra Kareelah Orienteers (IKN)

**2023** - A big year for our small club to multi-task across many event types.

Kicking off early on 18 **January** we joined forces with the Sydney Summer Series that runs successfully from October through to March. Our Rushcutter's Bay map did us and 189 competitors proud, this being the second time the map has been used for a SSS event.

In **February/March** we continued to run our popular summer Illawarra Map Running Series showcasing many runnable areas around the Illawarra region. The competition is aimed at newbies and regular orienteers alike to spend an hour or so getting to know the local area. It's a lowkey fun event for all. For newcomers we continue to offer a free club membership if they participate in 3 out of 4 events.

Atrocious wet weather impacted on our middle-distance State League event at Belanglo State Forest in **April** but as always as organiser we kept smiling and grew webbed feet for the day. Competitors that took part were keen to compete no matter the cold wet weather and finished their courses literally singing in the rain.

**June** saw us return to Yeramba Lagoon for #3 in the metroleague competition. With the map having been extensively updated and re-mapped since 2022 by IKO club members, the far western part of the map was included in the longer courses.

In **September** we hosted an event as part of the SHOO Forest Series using their Appin map. Again the area was field worked by our club members and the map updated. With a good rollup on Father's Day many families and groups took the opportunity to stretch their legs. Everyone seemed to enjoy the experience on this warm spring day. Cake for everyone was the reward at the finish desk – a real winner!

Later in **September** the RFS Cadets Championships was held on the same map. Cadets from all over Australia came to compete against each other in this fun activity. IKO, SHOO and GO members helped to set up and showcase our sport to the 120 keen cadets who took part.

As a joint venture each year in **October/November** we also co-host the River & Bay Orienteering Series with Uringa and Stingers using maps around the Cooks River and Bays in the southeastern suburbs. This year IKO conducted two events in the series at Yarra Bay and Monterey. Both Score and line courses are offered giving seasoned orienteers and newcomers a choice in their orienteering experience and to give orienteering a positive vibe in the community. We hope to continue participating in this series.

As well as the above, we also ran **local events in March, May, July, August and October**. There are many club members to thank due to their enthusiasm and volunteer work to help keep up with the demands of mapping, course setting, organising and last but not least coaching in our local schools and other organisations introducing newcomers to participate in the joy of orienteering.



*Helpers at our Illawarra Map Running Series event Photo: Margaret Duguid*

## Newcastle Orienteering Club Inc (NCN)



In 2023 Newcastle Orienteering Club conducted a full program of Orienteering events in a range of formats including Street O, Park/Urban, MTBO and our Newcastle Orienteer of the year events.

The Shorts Weekend made a successful comeback after a few years off, and we partnered with CCN to host a successful KBIII event in June. Club member Oskar Mella was awarded the Course Setter of the Year Award for the courses that he set at The University of Newcastle for Day 3 of this carnival.



*Oskar receiving his award.*

Junior club members Erika Enderby and Rebecca Craig were members of the NSW Schools orienteering team which competed in the Australian School Championships in Western Australia. Following this carnival Erika was named in the Australian Honour team. Erika also represented Australia at JWOC.

A small group of club members attended the Australian Orienteering Championships in Western Australia with several members placing in their classes.

Club members Jenny and Damien Enderby were awarded the ONSW president's award for their contribution to the sport.



*Jenny and Damien with their award*



*Club members with the Interclub trophy*

Newcastle Orienteers have continued their success in the NSW State League competition with several people winning their age group, and Newcastle Orienteers winning the ONSW Interclub Trophy for these events.

*Photos supplied by Geoff Peel*



## Southern Highlands Orienteers (SHN)

Our membership fell a little this year to 55. All membership is now individual so there are no longer inactive family members who were once included in family memberships. This year we ran 7 Summer Saturdays events (up from 5 the previous year as there weren't any SOS events) and 4 of our Highlands Forest Series (the 5<sup>th</sup> one was run by IKO). Our major event for the year was a State League event along with being involved in day 2 of the Sydney Sprint weekend.

Our 7 Summer Saturdays events this year attracted 245 entries – up on last year but we did run 2 more events. It was great to see our new setters building on their skills under the guidance of old hands. Thank you to Penny, Miriam, Ben, Martin, Elizabeth and Helen, and to Lyn who coordinated the series.

This year we held 4 Highlands Forest Series events plus one held by IKO. They had a total entry of 184 competitors. Thank you to those who planned and organised these events, with special mention to Rory for his first effort at course setting. The excellent quality continues and we continue to grow our reputation for setting quality bush events close to Sydney. Thanks to Robert for coordinating the series again this year.

This year, besides our club events, we also ran a State League event on our recently remapped Soapy Flat map. Competitors were very complementary of the map and the quality of the courses. A great effort from Stephan, Robert and everyone else involved.

SHOO was also involved in the highly successful Sydney Sprint weekend, providing 2 of our maps (St Gregs and WSU Macarthur). Lyn and Stephan were called on to update maps and the club provided manpower for Sunday morning at St Gregs, under the leadership of Ruth as organiser and Robert as controller.

We fielded 5 MetrO League teams in partnership with IKO (and Bennelong for Division 1) again this year. Thanks to captain Ben Cummins and his IKO counterpart James for their efforts. Ben's missives continued to entertain us. We were successful in Division 3 where it was great to see Rory step up and perform outstandingly. Euan Shedden came away with the Division 6 individual medal.

The club relay was organised by the Sheddens who came up with yet another format. This was held at Simmos Beach – the weather was great for a run but not for a picnic. A great time was had by all – particularly by our winners. It was a dead heat for first between Kathy and Rory, and Peter and Ben, Euan and Garry were 3rd.

Thank you to the SHOO executive and other volunteers who make our events such a success. A special shout out to our new course setters and organisers who have stepped up this year.

ONSW OY: SHOO members who achieved a top 3 place were:

Ruth Shedden – 1st W45A; Sandra Stewart - 3rd W55AS; Val Hodsdon - 1st W75A; Euan Shedden – 1st M12A; Rory Shedden – 1st M14A; Francis Meischke – 1st M Junior B; Angus Shedden - 1st M45A; Garry Stewart – 2nd M55AS; Robert Spry – 1st M65AS; Chippy Le Carpentier - 1st M80A; John Hodsdon - 2nd M80A.

ONSW Junior Awards: 3 juniors received Waratah Junior Participation awards: Rory Shedden, Euan Shedden, Francis Meischke.

Club awards for 2023:

Club OY: Golden SHOO – Sandra Stewart;  
Slipper – Ruth Shedden;  
Little SHOO – Rory Shedden.  
Most Improved – Euan Shedden.  
President's – Martin Cronin.  
Persistence Award – Frank Alvaro.

*Rory, Ruth and Euan Shedden. Photo: Sandra Stewart*





## Uringa Orienteers Inc.(URN)



2023 proved to be a productive year for Uringa.

**New Website.** The club launched a new and more user friendly website in April. The technical work was done by club members Paul Jones and David McKenna, with contributions from the Board and other members.

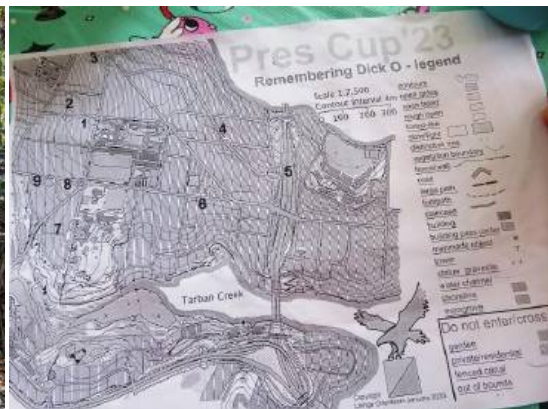
**Events:** Uringa hosted a range of orienteering events throughout the year. These included two Sydney Summer Series events which attracted the biggest entries of the season - 235 at Cabarita in February and 251 for the Balmain event in March, which celebrated Sydney WorldPride 2023 and pioneered non-binary gender classes in orienteering. On 10 February the club held a NSW Seniors Festival event at Birrung Park in Balmain, hosted in conjunction with the Inner West Council. The club kicked off the bush orienteering season with two NSW State League events in the Southern Highlands – a sprint championship in Bowral on 25 March and middle distance championships at Belanglo State Forest the following day. In August the club hosted event #5 of the Metro League at Boggabilla Reserve. In the spring the club jointly hosted another successful River and Bay Orienteering Series in co-operation with Illawarra Kareelah Orienteers and the NSW Stingers, which attracted a total of 372 entries for the seven events in October, November and December. In 2023 the club again collaborated with Central Coast Orienteers to organise the Xmas 5 days from December 27-31. Club members also supported other events throughout the year and the club provided volunteers for the Great NOSH Footrace in June.

**Members Achievements:** Serena Doyle made her debut for Australia at the World Cup Round 2 Sprint Relay in Czechia in August, and she competed in the World Cup Round 3 in Italy in October. Serena was also part of the team management for the Australian team competing at the Junior World Orienteering Championships in Romania in July. Jonathan Nolan and Maggie Mackay were selected and participated in the Australian schools championships in Western Australia in October, with financial support from the club. Frances Richards obtained LEARN and PLAY coaching accreditation. Other members with instructor accreditation are Ori Gudes and Kelvin Meng. Linda Sesta served as an Australian ambassador for the World Orienteering Championships (WOC) in Switzerland in July. Jane Boland and Ron Pallas attended Child Safety training.

**Awards:** Club members receiving awards included Dave Lotty and Matt Peters for 50 years of participation in the sport. Benjamin Mo received a Junior Participation Wattle Award.

**Social:** Social activities included the Christmas Party and President's Cup on 2 December as well as dinners after some of the RBOS events. This year's President's Cup course, set by Matt Peters, was named 'Remembering Dick O' in memory of club stalwart Dick Ogilvie who sadly passed away in November 2022.

**Vale:** Sadly, Mike Anderson, long time club member and inaugural winner of the President's Cup in 1988, passed away on 8 December 2023.



*Uringa President Ant Nolan competing in the Xmas 5 Days on the Central Coast. Photo: Geoff Peel.  
2023 President's Cup map. Photo: Mary Jane Mahony*

## Wagga and Riverina Orienteers (WRN)



WAGGAROOOS

**Club Activities:** WaggaRoos conducted 20 orienteering events during 2023 which, although a significant increase after the disruptions caused by Covid 19, was about 80% of what was conducted annually pre-covid. The reduction was necessary to match available manpower. Of the 20 events conducted, 6 were Summer Series events, 9 were local bush events including one CATI event, and 6 were conducted as part of the Interclub Challenge against Albury-Wodonga (which they won). During the year 78 different people tried orienteering. Of those 22 were regular orienteers, and 56 only came once. 27 newcomers attended the CATI event conducted at Pomingalarna Park in March.

The annual Training Weekend was conducted this year in the Wagga region and was well attended by WaggaRoos and AWOCers. A number of different fun activities were undertaken over the weekend all designed to hone various orienteering skills. The emphasis on Saturday was on navigating in the bush while on Sunday the focus was on Sprint orienteering. On the Saturday evening, though, it was serious competition in the WaggaRoos Night Event held this year on Willans Hill. This was won by Tom Janetzki.

WaggaRoos again organised the Riverina Schools Orienteering Day. 222 entries were received, and 192 students from 9 Riverina schools from Cootamundra to Coleambally participated, making it the largest day in its 13-year history. The enthusiasm of the participants, their courtesy, and great weather all helped make this a wonderful day. Many thanks to Ron Pallas, Gayle Shepherd and Lyn Malmgron who came from Sydney; Peter and Nick Mousley, Rob Simmons and Norm McCann who came from Albury/ Wodonga; and Robert Caldwell and Annie Gibbs who came from Benalla to help WaggaRoos with the conduct of the day. It was busy but ran remarkably smoothly. While all those who participated are considered winners, there were some great performances from WaggaRoo juniors - Ryder Seaman 1st B10-11 years; Logan Seaman 2nd B10-11 years (and he was just 8 yrs old!); and Rob McDougall 1st B14-15 years. Subsequently, WaggaRoos was approached to organise a similar day for Home-Schooled children. 31 between the ages of 6 and 16 years participated enthusiastically.

Three Map-Run events were conducted in January-February as the second part of the 2022-23 Summer Series. The Map-Run format had been adopted to try and improve declining attendance at Summer Series events. It did not result in any increase in participation nor a decrease. As a result, for the 2023-24 Summer Series a return was made to a mass start street-event format.

### Awards, Recognition and Achievements

#### ONSW Junior Awards:

- Wattle: Eddie Mestan;
- Waratah: Jarrah Mestan; Logan Seaman; Ryder Seaman

*WaggaRoos Orienteer of Year:* Julie Gooding

*WaggaRoos Course Setter of the Year:* Alex Davey

#### OA Merit Badges earned by WaggaRoos:

- Bronze: Ryder Seaman – M12; Pauline Moore - W75
- Silver: Alex Davey – M65
- Gold: Logan Seaman – M10; Deb Davey – W65; Briohny Seaman - W40

While WaggaRoos might be a small club, members have excelled at the State and National level:

- Briohny Seaman (W40A) - Oceania Sprint Distance Champion; Oceania Middle Distance Champion; 2<sup>nd</sup> Oceania Long Distance; 2<sup>nd</sup> Australian 3 Days; 3<sup>rd</sup> NSW Sprint Distance Championships.
- Logan Seaman (M10) - Oceania Sprint Distance Champion; Oceania Middle Distance Champion; NSW Middle Distance Champion; 2<sup>nd</sup> Australian 3 Days; 3<sup>rd</sup> NSW Long Distance Championships.
- Ryder Seaman (M12) - 3<sup>rd</sup> NSW Sprint Championships; 1<sup>st</sup> M/W12 Oceania Relay representing NSW with Euan Shedden (SHOO) and Baxter Peel (NCN).
- Deb Davey (W65) – NSW Sprint Champion; 2<sup>nd</sup> Australian 3 Days; 3<sup>rd</sup> NSW Long Distance Championship; 4<sup>th</sup> at Moray 2023 (Scottish 6 Days). Deb won two of the days and was also the ONSW W65 Orienteer of Year.
- Alex Davey - M55AS Long Distance Champion; 3<sup>rd</sup> M65AS NSW Middle Distance Championship.
- Julie Gooding (W40A) - 3<sup>rd</sup> Oceania Middle Distance.
- Pauline Moore (W75) - 2<sup>nd</sup> Oceania Long Distance.

John Oliver was one of 13 ONSW members recognised for involvement in Orienteering for 50 or more years.

## Western and Hills Orienteers (WHN)



WHO celebrated its 40th birthday in 2023. The club was formed in June 1983 and held its first event in November 1983.

In 2023 Steve Dunlop was awarded Life Membership by Western & Hills Orienteers. This was in recognition of the very many roles Steve has held within the club including as Inaugural Treasurer, and then as President 1985 and 1986.



*Club Birthday Cake  
Photos: Ian Miller*



*James McQuillan (L) presenting Steve Dunlop (R) with Life Membership*

### Highlights

WHO launched 4 new maps in 2023: McCoy Park, Seven Hills; Wianamatta Regional Park West; South Dural; and The King's School, North Parramatta.

We also grew club membership.

Maureen Fitzpatrick was the 2023 winner of the WHO Club Contribution Trophy (Hank Van Oost Trophy).

Thanks to Maureen Fitzpatrick for 5 year's service as Secretary.

Saffron Sweeney was appointed Manager of the 2023 NSW Schools Team.

Lee Coady was appointed Coach of the 2023 NSW Schools Team

### Achievements

WHO members secured two Australian Championships - Levi Coady M10A Long and Lee Coady M35A Middle.

Savanna Sweeney was selected for the Australian School's Honour Team, repeating her initial selection in 2022. Savanna was also 2023 WHO Club Champion and the fastest female at the WHO Cup.

Four WHO juniors were selected to represent NSW as part of the NSW Schools Team for the Australian Schools Orienteering Championships in Western Australia – Junior Girls:

Savanna Sweeney and Matilda Saunders; Junior Boys: Lachlan Coady and Shay Sweeney.

WHO were ranked 3rd in NSW on State League table.

WHO members won seven 2023 NSW state titles



# PARTNER HIGHLIGHTS

## Bold Horizons (Barbara Hill, Founder and Director)

Bold Horizons operates independently but is pleased to partner with ONSW and clubs, jointly growing the sport. We maintain our own insurances and have no ONSW voting rights.

### A FEW STATS to summarise the year

- 4,392 runs in events and training.
- 36 SOS events with 359 newcomers introduced to orienteering events through them.
- 35% of runs in term 4 were school aged students.
- 32 school sessions + school holiday, Scouts and training days.
- 1 NOSH Footrace for Orienteering NSW with 361 entries and 46 volunteers.
- \$15,147 paid to young NSW orienteers in wages.
- \$8,662 paid to Orienteering NSW.
- New areas mapped taking our map collection to 39 plus additional maps arranged and updated for clubs.
- Over \$500,000 reinvested in orienteering development since 2015 (plus many volunteer hours)



### Saturday Orienteering Series in 2023 (36 events)



Term 1	Term 2	Term 3	Term 4
Northern Sydney (1)	Northern Sydney	Northern Sydney	Northern Sydney (5)
(2)	Hawkesbury Region (3)	Hills District (4)	

- 1) The Term 1 Series again featured courses across multiple levels, with some also offering indoor sections. The unique and challenging nature of these puzzles was popular.
- 2) In recent years we have often conducted a series in the Macarthur region in term 1 in association with Southern Highlands Occasional Orienteers. In 2023 it was jointly decided not to conduct a Series due to a busy event schedule which included the Sydney Sprint Weekend.
- 3) Hawkesbury was a new series designed to offer orienteering opportunities to the area and to leverage off interest built through the Sydney West Schools Orienteering Carnival. The assistance of Western & Hills Orienteers with this series is appreciated.
- 4) Western & Hills continue to provide much support of this series.
- 5) Term 4 events all offered relays in addition to usual SOS course offerings. Team participation and engagement built across the series.

### The Bold Horizons team

Bold Horizons events are only possible thanks to the valued contribution of our team members. Eleven young orienteers were employed by Bold Horizons during the year. The team delivered some excellent events and built on their orienteering and personal skills by taking on a variety of tasks including:

- Course setting
- Coaching
- Customer service
- Event timing
- Event conduct and management
- Map updating.



Pleasingly, Selwyn Sweeney, was recognised by Orienteering NSW for his efforts across the sport in encouraging newcomers and growth of orienteering. We are also blessed to benefit from significant volunteer support from our community. In particular, Elizabeth and John Bulman as well as Lyn Malmgron should be noted for their considerable ongoing efforts promoting orienteering. Congratulations also to Peter McConaghy on his Orienteering NSW Volunteer award for his tireless service to the sport through map printing each and every week both for Bold Horizons and the broader orienteering community.

## NSW AWARDS

### NSW 2023 President's Award – Jenny & Damien Enderby (Newcastle)

The President's Award is presented annually to a member or members for outstanding service to orienteering in NSW.

Jenny and Damien Enderby are awarded the 2024 President's Award for their commitment to the NSW Schools Team 2019-2022 as the Carbine's team managers (both) and assistant coach (Jenny). The Enderby's are also long and substantial supporters of orienteering in NSW in the Newcastle area. They are coaches, promoters of the sport and well-known competitors in foot-O and MTBO), demonstrating how orienteering is a sport for all ages.

*Pictured (below left) President Robyn Pallas with Jenny and Damien Enderby; (below right) Cooper Horley.*



### NSW 2023 President's Junior Award – Cooper Horley (Garingal)

The President's Junior Award is presented to a young orienteer (age 20 or less) for outstanding service to the sport beyond competition.

Cooper Horley is awarded the President's Junior Award for his efforts in competition and training since discovering orienteering in 2018 at age 11. With just five years in orienteering, his achievements demonstrate commitment to the sport as an individual and as a team member. In 2023 he has placed at the men's elite level nationally, contributed to the NSW Schools Team success at the Australian Championships, and achieved at a high level internationally (JWOC, Oceania). He contributes to the development of junior orienteers by sharing his research on orienteering settings and by providing running wild courses for junior training experiences, and has contributed to other activities of the 2023 junior squad.

## ONSW 2023 Club of the Year – Newcastle Orienteers

ONSW Club of the Year is awarded to a club showing a high level of achievement in promotion, membership, event organisation and competition, and has added to the enjoyment of the sport in NSW.

Newcastle Orienteers is recognised as the 2023 ONSW Club of the Year as a continuing powerhouse club delivering at all levels. The club hosted two-thirds of KBIII, continued its mentoring role with the Hastings Orienteering Group and Bush 'n' Beach, organised the NSW MTBO championships, and won NSW State League Interclub point score award yet again. All this while continuing its comprehensive local events program.

*Pictured (below left) Newcastle Orienteers; (below right) Jessica Dun with HOG President, Matthew Bell. Photo credit to HOG Facebook.*



## ONSW 2023 Rookie of the Year – Jessica Dun (Hastings)

The Rookie of the Year Award is presented to a new orienteer with limited orienteering experience (up to two seasons) showing improvement in competition standard.

Jessica joined the Hastings Orienteering Group as a junior in 2022. Her achievements at the 2023 Australian Schools Orienteering Champs were exceptional for a first-time team member. She was 5th in the Long Distance and ran a brilliant relay leg where she ran 2nd leg. These two races were both huge contributions to the NSW overall win. She also finished 7th in the Australian Middle Champs, 12th in the Australian Long Champs, 12th in the Australian Sprint Champs and ran with boys in the M14 Aust Champs relay.



## ONSW 2023 Encouragement Award (Cox's Cup) – Selwyn Sweeney (Western & Hills)

The ONSW Encouragement Award is presented to an orienteer who makes efforts to encourage other orienteers by both personal efforts and example and has added to the social aspect of orienteering in NSW. The award is also known as the Cox's Cup, as it was donated by Bryony and Tim Cox in 1994.

Selwyn Sweeney receives the Encouragement Award for his course setting, coaching and event management. Still a junior in ONSW membership terms, his efforts in support of the orienteering experience, both within his club of Western and Hills Orienteers and within the ONSW Junior Squad reflect an active commitment to the sport. His attention to the experience of others has been recognised.

*Pictured President Robyn Pallas with (below left) Selwyn Seeney; (below right) Peter McConaghy.*



## ONSW 2023 Volunteer of the Year – Peter McConaghy (Garingal)

The Volunteer of the Year Award is presented to a member/s recognised for meritorious service to the sport of orienteering in NSW.

Peter McConaghy is awarded the 2023 ONSW Volunteer of the Year Award in recognition of his years of invaluable service to orienteering through the production of maps and other orienteering materials. Peter ensures quality printing and timely delivery in a tireless, kind, efficient and obliging manner, even in the face of difficult circumstances. Throughout the year he invests considerable personal time weekly, and also invests personal finances which benefit orienteering well beyond the modest return he receives to his business. His is a critical and highly valuable role but goes unseen and unheralded by most competitors.

## ONSW 2023 Course Setter of the Year (Graeme Mitchell Trophy) - Oskar Mella (Newcastle)

This annual Award (also known as the Graeme Mitchell Trophy) is awarded on the basis of competitor voting via an online survey. For each State League or national event set by an ONSW member, a separate online survey is made available on the ONSW website. All competitors are able to complete the survey within the specified time period after the event.

In 2023 there were 15 NSW State League events conducted during the year. Competitors in the 2023 NSW State League Series selected Oskar Mella (Newcastle Orienteering Club) as Course Setter of the Year for his sprint courses at the Newcastle University (Callaghan Campus) on the final day of KB3.

*Pictured (below left) Oskar Mella with ONSW President Robyn Pallas.*



## ONSW 2023 NSW Interclub Trophy - Newcastle Orienteers

Newcastle Orienteers were again winners of the Interclub Trophy. It is awarded to the club with the highest club score in the NSW State League Series.

For each event points are allocated for the first 5 NSW finishers in each class 5 for 1st, 4 for 2nd, 3 for 3rd, 2 for 4th, 1 for 5th).

1	Newcastle	1501
2	Garingal	1183
3	Western and Hills	774
4	Big Foot	736
5	Bennelong Northside	639
6	Southern Highlands	595
7	Uringa	474
8	Central Coast	337
9	Goldseekers	275
10	Illawarra Kareelah	210
11	Bush n Beach	164
12	WaggaRoos	137
13	Hastings Orienteers	116
14	Northern Tablelands	42





## 50 Years of Orienteering - Recognition Awards

Orienteering has occurred in NSW for over 50 years, and Orienteering NSW has also existed for 50 years. There are already a number of ONSW members who have competed in and served our sport (primarily or entirely as NSW residents) for 50 years.

ONSW has now established the ONSW 50 Years of Orienteering Recognition Award to recognise those current ONSW members who have reasonably consistently be involved in orienteering for at least 50 years at any level - as a competitor and/or official and/or organiser and/or mapper and/or course setter.

The inaugural recipients of this recognition award are:



**John Oliver (WR)**



**Bruce Dawkins (BN)**



**Rodney Parkin (BN)**



**Toy Martin (NC)**



**Steve Flick (BN)**



**Matt Peters (UR)**



**Nick Wilmott (GS)**



**John Hodsdon (SH)**



**Paul Prudhoe (CC)**



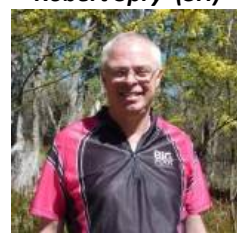
**Robert Spry (SH)**



**Dave Lotty (UR)**



**Ian Cameron (GO)**



**Andrew Lumsden (BF)**



## Life Members

Life Membership is awarded by clubs in recognition of continued meritorious service over an extended period of time to the sport of orienteering. ONSW congratulates Peter Meyer of SHOO and Steve Dunlop of WHO on being awarded life membership of their respective clubs.

In 2023 Peter Meyer was awarded Life Membership by Southern Highlands Orienteers.

SHOO take great pleasure in making a stalwart of the club a Life Member. Peter has held many positions within the club making an invaluable contribution to SHOO over the past 30 or so years (the first meeting they attended was 14 Sept 1989). He has been (in no particular order) point score compiler, national badge compiler, equipment officer, public officer, event setter, event controller, ONSW delegate, vice president (mapping), vice president (events), president and mapper. Congratulations Peter Meyer.



*Peter Meyer (L) with SHOO President Garry Stewart (R). Photo: Sandra Stewart*

In 2023 Steve Dunlop was awarded Life Membership by Western & Hills Orienteers. This was in recognition of the very many roles Steve has held within the club including as Inaugural Treasurer, and then as President 1985 and 1986.



*WHO President James McQuillan (L) presenting Steve Dunlop (R) with Life Membership. Photo: Ian Miller*

## ONSW JUNIOR PARTICIPATION AWARDS

The NSW Junior Awards are awarded annually for regular participation in orienteering events, for children aged 15 and under. Points are awarded on the following basis:

- ALL JUNIORS - Participation in a major event (State League, Easter, Australian Champs) = 10 points
- REGIONAL CLUB JUNIORS - Participation in a club or minor event (eg Summer Series, Metro League) = 10 points
- STANDARD CLUB JUNIORS - Participation in a club or minor event (eg Summer Series, Metro League) = 5 points

The awards given are Waratah Award - 100 points, Banksia Award - 75 points, and Wattle Award - 50 points. 46 junior members qualified for Junior Participation awards in 2023. Although this was a small decrease of three from 2022 (49), it is very pleasing to note that more juniors qualified for the prestigious Waratah Award having earned 100 participation points.

WARATAH AWARDS 100	
Alexandra Slater	(GS)
Matthew Slater	(GS)
Evan Russell	(GS)
Anna Russell	(GS)
Shay Sweeney	(WH)
Savanna Sweeney	(WH)
Aiden McQuillan	(WH)
Lachlan Coady	(WH)
Levi Coady	(WH)
Elliott McQuillan	(WH)
Rory Shedden	(SH)
Euan Shedden	(SH)
Francis Meischke	(SH)
Jarra Mestan	(WR)
Logan Seaman	(WR)
Ryder Seaman	(WR)
Carl O'Connor	(NC)
Baxter Peel	(NC)
Hayley Jenkins	(NC)
Lucy Jenkins	(NC)
Presley Scouller-Evans	(NC)
Hannah Stafford	(NC)
Koen Stafford	(NC)
Isobel Newton	(NC)
Max Altmann	(NC)
Max Povah	(BN)
Brian Tsang	(BN)
Ryan Pattison	(BN)

WATTLE AWARDS 50+	
Sybella Wharton	(GS)
Clem Jones	(GS)
Katana Wharton	(GS)
Trinity Jones	(GS)
Percy Jones	(GS)
Lena Jones	(GS)
Zoe Tse	(UR)
Evelyn Tse	(NC)
Sebastian Orr	(NC)
Alyse Newton	(NC)
Eleanor Thompson	(NC)
Harriet Thompson	(NC)
James Thompson	(NC)
Zoey Taplin	(NC)
Kai Metcalfe	(NC)
Benjamin Mo	(UR)

BANSKIA AWARDS 75+	
Julian Altmann	(NC)
Eddie Mestan	(WR)



## OTHER AWARDS

### Orienteering Australia Hall of Fame – Athlete Division: Tracy Marsh (BF)

Tracy Marsh nee Bluett was inducted into the OA Hall of Fame – Athlete Division in 2023. An Athlete Member is someone who has competed and achieved high level success at the top level of competition in World Championships, medal level performances in World Masters competition and long term high level success in elite competition in Australia.

Tracy's outstanding international orienteering career extended over a remarkable fourteen years (1991 – 2005), with breaks for the HSC and for her first child. She was, and is, a role model for female orienteers and continues to compete and to contribute to the sport (most recently as a member of OA's Senior Selection Panel).

Tracy competed in five World Championships and four Junior World Championships. She competed at the elite level in many Australian Championships, achieving elite champion twice in the Long Distance and once in the Middle Distance.



### Orienteering Australia Hall of Fame – General Division: Nick Dent (CC)

Nick Dent was inducted into the OA Hall of Fame – General Division in 2023. A General Member is someone who has demonstrated excellence and outstanding achievement in roles supportive to orienteering participants (administration, coaching/training, event organisation, mapping, and officiating).

Nick has served Australian orienteering for over 25 years in coaching, controlling and event management. His commitment to ensuring that high standards are understood and achieved in all aspects of the sport has been an essential part of Australian orienteering at international, national, NSW and club level.

Nick served four times as Team Coach for the Australian Junior World Orienteering Team. Nationally he has held appointments as OA High Performance Manager and as Head Coach. He is a Senior Event Advisor for the International Orienteering Federation and has had controller responsibilities at three national events. He has also held senior event management roles for several international orienteering events held in Australia and several national events. Nick is continuing his hard work as a Carnival Director for the 2024 Australian Orienteering Championships Carnival.



## OA Silva Award for Services to Orienteering – Helen O’Callaghan (BnB)

Helen O’Callaghan was awarded the 2023 OA Silva Award for Services to Orienteering. Recipients of this award have rendered meritorious services to the sport of orienteering at club, State, and national/international level over a period of many years.

Helen’s outstanding leadership and collaboration at all levels, including across state boundaries, are underpinned by her passion to increase participation in orienteering, especially juniors. Her development work in orienteering is founded on a clear understanding that both competency and social connection are essential.

Helen was instrumental in the planning, promotion and conduct of increased junior orienteers’ participation in the 2022 Australian Orienteering Schools Championships experience, the 2022 All Australian Junior Development Team. She continues to work in collaboration with colleagues from other states to build on that experience for upcoming championships, essential for the future of orienteering in Australia.



## Sport NSW Community Sports Distinguished Long Service Award – Terry Bluett (BN)

In 2023 Terry Bluett was recognised by Sport NSW with a Distinguished Long Service award to orienteering. For 37 years Terry has actively supported both newcomers and experienced orienteers in their enjoyment of the sport, athletic success, and connection to the orienteering community at club level and beyond. Terry works to ensure club members connect with each other and feel a sense of belonging. He has (with wife Cheryl) a history of taking ‘newbie’s under his wing socially as well in orienteering, including many orienteers new to Australia or visiting from overseas.

Terry was key to Bennelong Northside Orienteers growing from the tiny club his family joined when they started orienteering in 1986 to the thriving club it is today. He was Club President for 17 years (the longest serving) and in 2022 the club altered its constitution to include Honorary Life Membership, then was then awarded unanimously to Terry.

Terry strives to ensure orienteering competition runs smoothly at every level where he contributes. He has twice been recognised as NSW Course Setter of the Year. His behind-the-scenes work is his most substantial contribution. Since 1986, Terry has made over fifty orienteering maps including those used for the 1996 and 2021 Australian 3-day Carnivals. He has taught other championship mappers the skills of computer-based mapping. Despite being a competitive orienteer, Terry usually sacrifices the opportunity to race at his club events to instead run the computer result system.

## CORPORATE GOVERNANCE

As outlined in the ONSW Constitution, the ONSW Board is elected at the Annual General Meeting. Duties of the Board include administering and managing the affairs of ONSW, to report regularly to members on achievements and to oversee the pursuit of strategic objectives endorsed by ONSW.

### ONSW BOARD

The ONSW Board met via Zoom thirteen times in 2023, including for two Extraordinary Board meetings. The Annual General Meeting was held in May 2023.

Board members during the year were members of six of ONSW's fourteen clubs.

Board members	Gender	Term/s	Meetings		Positions & portfolios 2023
			possible	attended	
Louise Brooks (SH)	F	2021 ongoing	13	11	Director (Re-elected at 2023 AGM for 2 years)
Robyn Pallas (CC)	F	2020 ongoing	13	11	Continued as President (Re-elected at 2022 AGM for 2 years)
Jamie Kennedy (GO)	M	2020 ongoing	13	13	Continued as Director Coaching (Re-elected at 2022 AGM for 2 years)
Gayle Quantock (NC)	F	Jan 2022 ongoing	13	13	Continued as Secretary and Public Officer (Elected at 2022 AGM for 2 years)
Sheralee Bailey (BN)	F	May 2022 ongoing	13	9	Continued as Vice President (Elected at 2022 AGM for 2 years)
Angus Shedden (SH)	M	May 2022 ongoing	13	11	Continued as Director (Elected at 2022 AGM for 2 years)
Mark Schaefer (CC)	M	January 2023 ongoing	13	12	Finance Director (Appointed January 2023)
Nick Dent (CC)	M	May-July 2023	3	3	Technical Director (Elected at 2023 AGM; Resigned July 2023)
Nick Barlow (GO)	M	June 2023 ongoing	7	7	Director (Appointed June 2023)
Robert Bennett (GS)	M	May 2022-May 2023	5	1	Director until 2023 AGM; did not re-nominate
Rodney Parkin (BN)	M	2020-May 2023	5	3	Technical Director until 2023 AGM; did not re-nominate

## ENGAGEMENT WITH ORIENTEERING AUSTRALIA

Orienteering Australia, along with ONSW, has continued to hold remote technology-supported meetings.

The OA Annual General Meeting was remotely attended by ONSW delegates Robyn Pallas and Gayle Quantock, with other ONSW members also in attendance.

Online meetings have enabled more members of the ONSW Board as well as other ONSW members to attend OA workshops and meetings, including occasional consultations and the traditional end of year conference workshops.

In 2023 the Annual OA Conference was held as four online workshops during November/December. The topics covered reflected the OA Strategic Plan: Great Events; Great Performances; Great Relationships; Great Opportunities; and Great Organisation. ONSW was represented at each workshop.

ONSW members also serve orienteering through their paid and volunteer roles with OA.

### BOARD

Richard Mountstephens (Director Finance) (retired April 2023)

### PAID OFFICERS

Arpad Kocsik (General Manager)

Jim Mackay (Manager Coaching & Officiating Accreditation)

Jim Mackay (National Sporting Schools Coordinator)

Shane Jenkins (Manager Website)

Paul Prudhoe (Eventor Project Officer) (commenced May 2023)

### VOLUNTEERS

Mark Freeman (Chief Medical Officer)

John Oliver (Badge Scheme Secretary)

Andrew Power (MTBO Orienteering Commission)

Paula Shingler (National Development Squad Coach)

Jock Davis (National Development Squad Coach)

Serena Doyle (Assistant Coach, JWOC Team)

Robert Spry (Minutes Secretary)



*Serena Doyle competing in the World Cup Round 2 Sprint Relay in Czechia.*

*Photo credit: Orienteering Australia/ČSOS 2023*



# FINANCE DIRECTOR'S REPORT

MARK SCHAEFER

ONSW is currently solvent and able to pay its bills.

## Principal Activities

Orienteering NSW Inc. is a State Sporting Organisation. The principal activities of ONSW are to act for, on behalf of and for the benefit of members in the promotion of the sport of orienteering in NSW. No significant changes to the principal activities of ONSW occurred during the reporting period.

## Tax and Dividends

ONSW is exempt from paying income tax under section 50-10 of the Income Tax Assessment Act, 1997. ONSW does not pay dividends and its income and property are applied solely towards the promotion of its objects. The Association is registered with the Australian Tax Office (ATO) for GST. With gross receipts exceeding \$250,000, ONSW is classified as a Tier 1 association and is required to submit audited financial statements each year to members at the AGM.

## Results

The results show a deficit for the financial year of \$10,376, which is a smaller deficit compared to the previous financial year (\$17,375). A decrease in overall revenue was offset by a decrease in costs.

The Association remains in a reasonably strong financial position, with net assets of over \$160,000. Cash is down over the year, due to the requirement to expend all NSW Office of Sport grant funds prior to 31 December 2023.

There was one change in accounting policy that impacted the financial statements, being the recognition of Long Service Leave now being on an accruals basis. This resulted in a one-off recognition of \$12,177 of Long Service Leave expense, and a corresponding liability.

The Provision for Self Insurance (which acknowledges the future potential cost of replacing ONSW equipment not covered by our insurance policy), is shown in the financial statements as the Equipment Replacement Reserve.

## Grants

Grants from the NSW Office of Sport, continued to be a major source of funding for both short and longer-term projects. The Sport and Recreation Support grant, initially received in 2020, was fully expended prior to the end of the year. Initiatives that continued from the prior year were the General Manager position, the outsourced accounting function and the redevelopment of the website, which unfortunately did not see completion. The acquittal of these funds sees a closure of this grant. The total available by ONSW over the 4 years was \$214,000.

ONSW also received \$20,000 (ex GST) from the NSW Office of Sport through its Organisation Support Grant program. This grant rises to \$50,000 (ex GST) for 2024, but with different usage/acquittal criteria.

The Board is grateful to the NSW Office of Sport for the funds that enable development projects to be undertaken for the benefit of the sport of orienteering.

### **Event Levies and Sporting Schools**

ONSW derives a significant source of income from event levies. The 2023 calendar year brought in \$137,396 in levies and event fees, which was significantly higher than 2022, up 29%. Participation at around 22,000 entries was back to around pre-Covid levels.

The other source of income for ONSW is the Australia Sports Commission's Sporting Schools program, along with other Schools programs. Revenue from these sources rose to around \$85,000, an increase of 12%. However, this is offset by higher costs, such as the increased coaching rates adopted by ONSW from the middle of 2023.

### **Membership Revenue and Donations**

ONSW is grateful for the continued support from members. With membership fees of \$42,886, membership revenue was healthy and only marginally lower than previous year.

ONSW utilised the Australian Sports Foundation (ASF) fundraising platform to allow tax deductible donations to be received in relation to the NSW Schools Teams attending the Australian Schools Orienteering Championships. After taking into account the ASF administration fees, donations of \$15,639 were received in 2023. This is an incredibly generous gift from the orienteering community, and ONSW extends its gratitude to the donors who contributed to assist the Schools Teams' athletes attend the Championships in Western Australia.

### **Major Expenses**

The largest expense for ONSW is salaries and related employment costs. With the General Manager leaving part way through the year, employment costs were down on the previous year. However, General Manager duties were still performed and remunerated on an interim basis for the second half of the year.

As mentioned previously, Long Service Leave was recognised for the first time for both of ONSW's employees. This initial recognition of leave had a one-off negative impact of \$12,177 on the financial performance of the Association.

Some major expenses were related to/covered by income streams. These include coaching and mapping expenses for Sporting Schools (covered by income from the same) and costs related to various NSW squads (covered by fundraising, parent contributions and donations).

Orienteering Australia membership registration fees (\$31,517) and event levies (\$15,992) were other major costs.

### **2024 and beyond**

The new year financial results should be one of divergence from prior years. The Australian Championships should provide a significant revenue boost to the Association. These additional funds will be spent over several years to cover costs in the years between major carnivals.

In addition, ONSW will host the Sydney City Race which will provide another welcome source of entry fees.

The special pandemic funding from the NSW Office of Sport grant has been fully utilised to modernise and enhance the abilities of the Association. Initiatives and reforms established

during the pandemic years will need to be funded to ensure that ONSW can continue to provide services towards its strategic plan in the best interests of the sport in NSW.

Base-line funding from the NSW Office of Sport will increase in 2024 from \$20,000 to \$50,000, but the funds will need to be spent on different projects compared to prior years funds.

ONSW is facing increased costs, such as the higher Orienteering Australia levies, increased insurance premiums, and the desire to remunerate the coaches and mappers that provide the back-bone of our development programs. As such, an increase and re-categorisation of the event levies to clubs has been implemented for 2024.

*Note: All figures in the financial statements are rounded to the nearest dollar. Totals (shown in **bold**) may differ from the sum of their component line items due to rounding.*

## NSW BLUEBOTTLES



ONSW Juniors who wish to pursue orienteering as a sport are encouraged to join the NSW junior squad, known as the Bluebottles.

The Bluebottles were able to enjoy three state training camps and two national camps in 2023.

The year started with the National Training Camp, based in Hadspen, northern Tasmania. Six NSW juniors and three adults participated in this camp.

In March the first training camp was held in Sydney in preparation for the Sydney Sprint Weekend the following weekend. Attendees started the camp by participating at the Saturday Orienteering Series event being held at Cherrybrook. Sprint training sessions were then held Saturday afternoon and most of Sunday at Baulkham Hills and Pyrmont respectively.

In April a training camp was held in the Hunter Valley with a focus on girls and women. It was led by female coaching staff and female presenters. The training activities focused on the learning styles of girls and women, and included plenty of opportunities for social connection. Boys were also able to attend the training camp and were coached separately. The camp comprised 2.5 days of orienteering skills training before concluding with participation in a Newcastle Orienteer of the Year event at Kitchener.

In June, students from ten of our NSW Clubs were named in the NSW 2023 Schools team for the 2023 Australian Schools Orienteering Championships in Western Australia.

The 2023 NSW Schools Team was:

Junior Girls: Savanna Sweeney (WHO), Jessica Dun (HOG), and Matilda Saunders (WHO)

Junior Boys: Lachlan Coady (WHO), Alton Freeman (BF), Luyi He (BF), Rory Shedden (SHOO), Matthew Slater (GS), and Shay Sweeney (WHO)

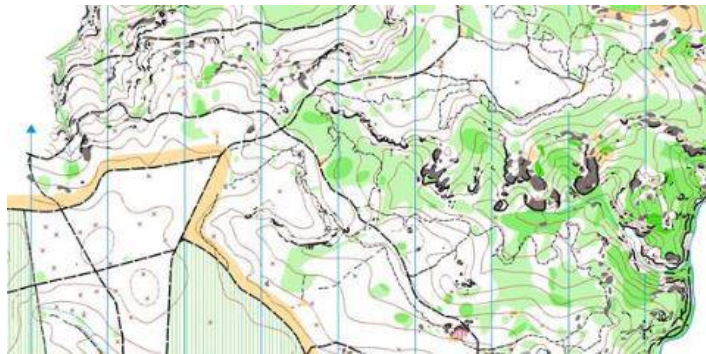
Senior Girls: Erika Enderby (NC), Rebecca Craig (NC), Eszter Kocsik (GO), Maggie Mackay (UR) and Abigail McGhee (BN)

Senior Boys: Cooper Horley (GO), Jamie Woolford (BB), Alex Woolford (BB), Jonathan Nolan (UR), Nick Stanley (GO), and Callum Waland (BF)





In July the third training camp was held at Belanglo State Forest. This camp had a special focus on preparing juniors for the Australian Championships Carnival in Western Australia. Juniors not planning on travelling to WA were still welcome to attend as long as they met the age and navigation ability criteria. Younger juniors were also able to attend part of the camp with their parents.



*Tree Cave Track map, Belanglo State Forest; Copyright Illawarra Kareelah Orienteers*

All of our camps were made possible by the assistance provided to us by parent volunteers, coaches, presenters and clubs that assisted with venues and permissions. The Bluebottles would like to thank all camp volunteers.

In September, NSW won the Teams Trophy at the 2023 Australian Schools Orienteering Championships as Champion State, successfully defending the title held in 2022 and 2019. At the conclusion of the 2023 Australian Schools Championships an Australian Schools Honour Team was announced. Of the twenty athletes named, six were from NSW.

The final camp for 2023 was another National Junior Training Camp, this time in Beechworth, Victoria. This time we had a huge contingent of NSW juniors attending the camp, with 26 juniors taking part. We also contributed many adult volunteers to the success of this camp.

In order to facilitate the affordability of participation in our camps and the Australian Championships, the Bluebottles undertook a large fundraising effort throughout the year. A huge thank you is overdue to our fundraising committee – especially Paul Sweeney and Steph Nicholls. They each took on huge roles with our food and drink stalls at events, our very successful Trivia Night, and our Australian Sports Foundation fundraiser. Many other adults supported our fundraising via donations of time and goods, transporting equipment, and encouraging their juniors to bake and serve. Thank you to all volunteers and supporters.

## NSW STINGERS



Orienteers competing in the National Orienteering League (NOL), Australia's interstate competition for elite orienteers, represent New South Wales collectively as the Stingers. Skills and fitness level rather than age determine whether an orienteer runs in an elite class. The 2023 NOL had a variety of races with Sprint, Middle, and Long Distance as well as Individual Sprint Relay Knockout and Forest Relay. These were spread across four rounds in Tasmania (Launceston/St Helens), NSW (Sydney Sprint, and Easter Jindabyne) concluding with Victoria (Castlemaine).

It was a big year for the NSW Stingers in the National Orienteering League (NOL) as they took three of the four team titles. While the Senior Men did not have any of the three leading individuals, they had three strong results in most rounds and were rewarded for such depth and excellent results with a comprehensive victory in the team category. Both the Stingers' junior teams also won. The junior women were as dominant as possible, winning every round with three of the top four individuals. The junior men also had a useful lead for much of the season, so even with an under-strength team and having to rely on other team's results their lead in the point score could not be overcome. The senior women were not as strong in 2023 but with our junior women regularly providing exceptional performances the future is looking promising.



2023 NOL Individual Winners M20E Sam Woolford and W20E Eszter Kocsik

*Photo source: Australian Orienteer*

In the NOL Individual titles, NSW orienteers secured two titles in Junior Men and Junior Women. No junior man won more than two races in the season, but Sam Woolford got enough other results to keep the rest of the field at arm's length. Second in the final event was enough to hold off David Stocks, who finished fast with wins in the last two rounds (and missed two scoring opportunities through being a planner for Easter). There were many

scenarios for the final round for the junior women with seven having a mathematical chance of winning, but Eszter Kocsik had a comprehensive race win, giving her the title ahead of Stingers teammate Erika Enderby.

Our top ten and best placed in each individual NOL category were: Ewan Shingler 4th and Julian Dent 10th in Senior Men; Rebecca George 11th in Senior Women (NSW member Emily Sorenson 4<sup>th</sup> running for Southern Arrows); Sam Woolford 1st, Cooper Horley 5th and Oskar Mella 9th in Junior Men; and Eszter Kocsik 1st, Erika Enderby 2nd and second Nea Shingler 4th respectively in Junior Women.

In total, 35 NSW orienteers were designated as Stingers in 2023, ranging in age from 16 to 61 years old.

The Stingers are self-funding; funds raised are used to reduce the cost of competing for athletes. Stingers contributed to event management for the River and Bay Series. This is in addition to the contributions they individually make to their respective clubs and to Orienteering Australia.





# ACCREDITED OFFICIALS

## COACHES

### TOTAL COACHES IN NSW 2023

	Performance	Competition	Learn & Play	Orienteering Instructor*	TOTAL (accreditations)	TOTAL (people)
2023	4**	3	10	96	113	110
2022	3	4	7	217	231	230
Formerly	Level 3	Level 2	Level 1	Level 0*	TOTAL	
2021	0	5	10	198	213	
2020	1	6	13	235	255	
2019	1	4	11	267	287	
2018	1	5	16	229	251	
2017	1	4	14	165	184	
2016	0	2	7	95	104	
2015	1	2	3	13	19	

\*The total of Level 0 and Orienteering Instructor coaches includes both ONSW members and non-member teachers. \*\* 1 now living overseas

#### Coach Learn and Play

Damien Enderby	M	NC
Jennifer Enderby	F	NC
Alastair George	M	BF
Rebecca George	F	BF
Barbara Hill	F	GO
Ian Jessup	M	GO
Miriam Meischke	F	SH
Frances Richards	F	UR
Carolyn Rigby	F	NC
Dylan Sherman	M	BF

#### Coach Competition

Jennifer Enderby	F	NC
Barbara Hill	F	GO
Paula Shingler	F	BF

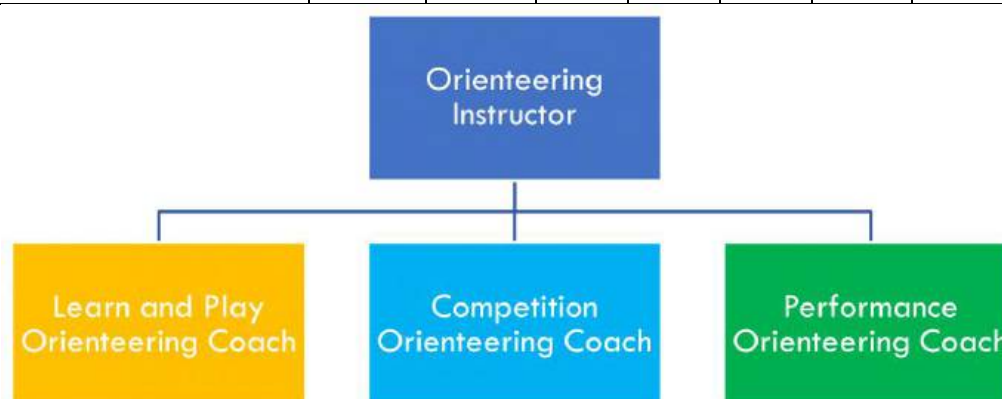
#### Coach Performance

Greg Barbour	M	BF
Jock Davis	M	BF
Paula Shingler	F	BF
Renate Leuenberger-Widmer	F	BN**

Source: OA Accredited Coaches Report December 2023

\*\* now living overseas

Category of Coach	Female	Male	BF	GO	NC	SH	UR	Total
Coach Learn and Play	6	4	3	2	3	1	1	10
Coach Competition	3	-	1	1	1	-	-	3
Coach Performance	1	2	3	-	-	-	-	3
<b>Totals</b>	<b>7</b>	<b>6</b>	<b>7</b>	<b>2</b>	<b>4</b>	<b>1</b>	<b>1</b>	<b>13</b>



Source: OA website - <https://orienteering.asn.au/index.php/coaching/>



## CONTROLLERS

### Level 1

Sheralee Bailey	F	BN
Robert Bradley	M	WH
Joshua Braidwood	M	WH
Maureen Fitzpatrick	F	WH
Jim Forbes	M	GO
Mark Freeman	M	BF
Rebecca George	F	BF
Ori Gudes	M	UR
Robert Hawkins	M	NT
Tony Hill	M	GO
Carol Jacobson	F	GO
Doug Jay	M	SH
Shane Jenkins	M	NC
Ian Jessup	M	GO
Karen Langan	F	WH
Ian Mckenzie	M	UR
Ant Nolan	M	UR
Wayne Pepper	M	BN
Johnny Petersen	M	GO
Michael Roylance	M	BF
Dylan Sherman	M	BF
Andy Simpson	M	BF
Shane Trotter	M	NC
Ted Woodley	M	GO

Source: Orienteering Australia report December 2023

### Level 2

Terry Bluett	M	BN
Graeme Dawson	M	GO
Anna Fitzgerald	F	GS
Simon George	M	BF
David Green	M	IK
Barbara Hill	F	GO
Keith Jay	M	IK
James McQuillan	M	WH
Peter Meyer	M	SH
Andrew Power	M	NC
Scott Simson	M	NC
Robert Spry	M	SH
Geoff Todkill	M	NC
Nick Wilmott	M	GS

### Level 2 MTBO

Andrew Power	M	NC
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### Level 3

Alex Davey	M	WR
Nick Dent	M	CC
Andrew Lumsden	M	BF
Rodney Parkin	M	BN
Paul Prudhoe	M	CC
Mark Shingler	M	BF
Robert Vincent	M	NC
Hilary Wood	F	CC

## IOF EVENT ADVISERS

Administered and maintained by the International Orienteering Federation (IOF), this level of accreditation is required to control a World Ranking Event.

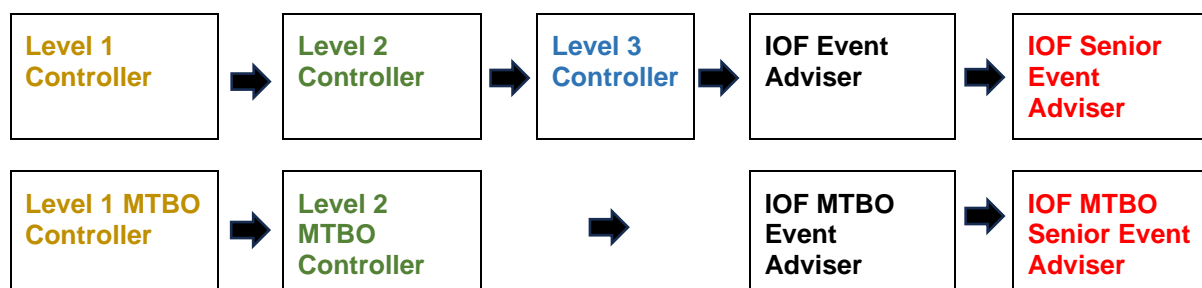
Event Adviser

Andrew Lumsden	M	BF
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Senior Event Adviser

Nick Dent	M	CC
Paul Prudhoe	M	CC

Source: IOF website - <https://orienteering.sport/orienteering/internal/event-advising/list-of-event-advisers/>



# ORIENTEERING IN SCHOOLS

## Development Officer Coordinator's Report for 2023

### Sporting Schools

It's a bit of a mixed bag when looking at the statistics for Sporting Schools in 2023. The total number of visits by coaches to schools is back up to pre-COVID levels at 172, and the number of teachers attending workshops is up by nearly 50% on 2022, with a minor increase in participations. On the downside, the total number of programs is the 2<sup>nd</sup> lowest at 39, and the total number of participants is down for the 3<sup>rd</sup> year in a row. Let's look at what lies behind the numbers:

- A Year 9 & 10 trial was introduced in 2023 which was time consuming to administer as we were developing the program material and structure as we went along. Some programs did not eventuate after prolonged discussions, and those that did proceed were low in participant numbers, and therefore low in participations. The higher the age, the lower number of participants seems to be the trend.
- The quarterly reports to the ONSW Board show that the number of primary school programs is down by 25% on 2022 and the number of high school programs is up by more than 30% on 2022. High school programs are more difficult to schedule with less flexibility resulting in less participants compared to primary schools.
- Some of our more established coaches are not as available as they once were, such as the Enderbys in Newcastle experiencing a boom in their mountain bike programs since COVID, and others in Sydney taking holidays overseas. We have had to say no to more schools because we don't have coaches available.
- The stream for new coaches in schools is not as established as it once was, with the national coaching curriculum and structure changing over the last couple of years, and the Orienteering Learning Centre recently introduced. The School Sports Unit have less funding, so have not been able to put on 3 workshops a year for teachers and are waiting for our new coaching syllabus and framework to fit their new workshop formats.

Program	SSP	SSP	SSP	SSP	SSP	SSP	SSP	SSP
Year	<b>2023</b>	2022	2021	2020	2019	2018	2017	2016
Schools Visited	<b>39</b>	43	50	44	34	41	41	44
Total Visits	<b>172</b>	138	89	172	161	189	165	243
Total Participations	<b>16,299</b>	16,053	31,988	19,164	16,650	21,196	15,017	17,542
Total Participants	<b>3,713</b>	4,802	7,636	4,791	3,460	4,732	3,526	3,216
Coaches Upskilled	<b>26</b>	18	53	52	43	63	75	79
Schools Mapped	<b>21</b>	27	31	26	23	27	23	43

## Schools Championships and other youth events – Participants

Overall numbers for regional school champs are the healthiest since COVID started but still less than 50% of the pre-COVID participants. Not all the Sydney champs are running smoothly yet.

Year	2023	2022	2021	2020	2019	2018	2017	2016
School Champs & Gala Days	<b>1,074</b>	462	902	0	2,392	2,665	2,433	2,217
Other school events	<b>740</b>	797	192	665	1,734	1,734	2,479	2,581
Space Racing	-	-	-	-	68	113	143	236
Permanent Courses	-	-	-	5,057	9,183	9,183	8,928	1,256

## Total Student Programs & Participations in 2023

Year	Programs	Participants	Participations
<b>2023</b>	<b>52</b>	<b>6,221</b>	<b>17,805</b>
2022*	53	6,061	18,952
2021*	52	8,730	32,180
2020	65	10,513	25,086
2019	150	16,837	30,827
2018	157	18,560	35,816
2017	101	17,322	28,962
2016	103	9,506	24,965
2015	78	5,067	10,243

\*2021 and 2022 do not include permanent course statistics

## Orienteering Instructor Coaching

There were 8 ZOOM workshops for teachers by Arpad Kocsik as part of Sporting Schools, and no member's workshops in 2023.

Ian Jessup has resumed Purple Pen workshops.

No replacement has been organised yet for a workshop facilitator for Orienteering Instructor workshops.

## TOTAL COACHES IN NSW 2023

	Performance	Competition	Learn & Play	Orienteering Instructor*	TOTAL (accreditations)	TOTAL (people)
2023	4**	3	10	96	113	110
2022	4	4	8	217	233	232
Formerly	Level 3	Level 2	Level 1	Level 0*	TOTAL	
2021	0	5	10	198	213	
2020	1	6	13	235	255	
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2018	1	5	16	229	251	
2017	1	4	14	165	184	
2016	0	2	7	95	104	
2015	1	2	3	13	19	

\*The total of Level 0 and Orienteering Instructor coaches includes both ONSW members and non-member teachers. \*\* 1 now living overseas

## Projects - ongoing

**SI Droid** – 4 more SI Droid kits have been assembled ready to be distributed to NSW coaches, in addition to the 9 SI Droid kits currently available, with Johnny Petersen again providing the expertise to purchase and assemble.

**Sydney West Schools Training** – It was hoped to communicate with schools in Term 4 on 2023 training dates but this will have to wait until Term 1 2023. The aim of this project is to have students prepared for their regional champs before the event, reducing the need for coaches on the day.

**Coach Packs** – The final laminations are taking place in January 2024 ready for distribution.

**Associate Groups** – This ONSW project for the development of scouts or school groups was drafted for inclusion by the Board but was put on the back burner in 2021, abandoned in 2022, but restored over Christmas 2023 when a Jindabyne school enquired about starting their own club.

## Admin and other initiatives

**Coach In Residence** – There has not been activity in ONSW to initiate a new Coach In Residence.

**OMaps** – School maps have been uploaded to Omaps over Christmas 2023 so are currently up-to-date. This is an ongoing task.

## Corporate & Community

**Working With Children Checks & Office of Children's Guardian** – Background task for coach and mapper access to schools that has grown in importance with the National Integrity Framework. The first audit for compliance is due in 2024.

**NSW Rural Fire Service** – The national RFS program in September 2023 for Cadets at Appin was very successful. The national event runs every 2 years and the RFS have requested ONSW to run orienteering events again in 2025.

**Metro South Scouts** – A follow up event to the one in 2017 at Earlwood in south Sydney was held in 2023, and Metro South have said that once every 6 years would fit their busy schedule.

**Sydney Pride** – Support to Uringa for 2023 Sydney Pride event as part of Sydney Summer Series. Discussions were held with Pride In Sport about ONSW becoming members but it was too costly to consider.

**Cumberland City Council** – Introductory event during school holidays in Term 1 was successful in that new locals attended with local club representation, and a follow up took place in Term 2 holidays.

**Bring It On Sports** – Discussions with BIOS led to an agreement to draw up a Memorandum of Understanding in 2022, with no progress in 2023.



## ONSW School Coaches and Mappers in 2023

Orienteering NSW would like to thank and acknowledge our members who provide their time and expertise as paid Coaches, Mappers and Fieldworkers to ensure we are able to provide orienteering to Schools and similar organisations.

### Coaches

Coach	Club
Anita Bickle	NC
Arpad Kocsik	GO
Barbara Dawson	GO
Barbara Hill	GO
Basil Baldwin	GS
Dave Lotty	UR
Frances Richards	UR
Gary Farebrother	WH
Graham Fowler	NC
Ian Jessup	GO
Jean Baldwin	GS
Jenny Enderby	NC
John Bulman	GO
John Oliver	WR
Johnny Petersen	GO
Katherine Cameron	BN
Liz Bulman	GO
Lyn Malmgron	SH
Margaret Wilmott	GS
Mikayla Enderby	NC
Miriam Meischke	SH
Nick Wilmott	GS
Ori Gudes	UR
Paul Marsh	BF
Ron Pallas	UR
Steve Holloway	IK
Tiia Marsh	BF
Tracy Marsh	BF
Tshintia Hopper	BN
Vanessa Freeman	BF
Virpi Komulainen	BN

### Mappers

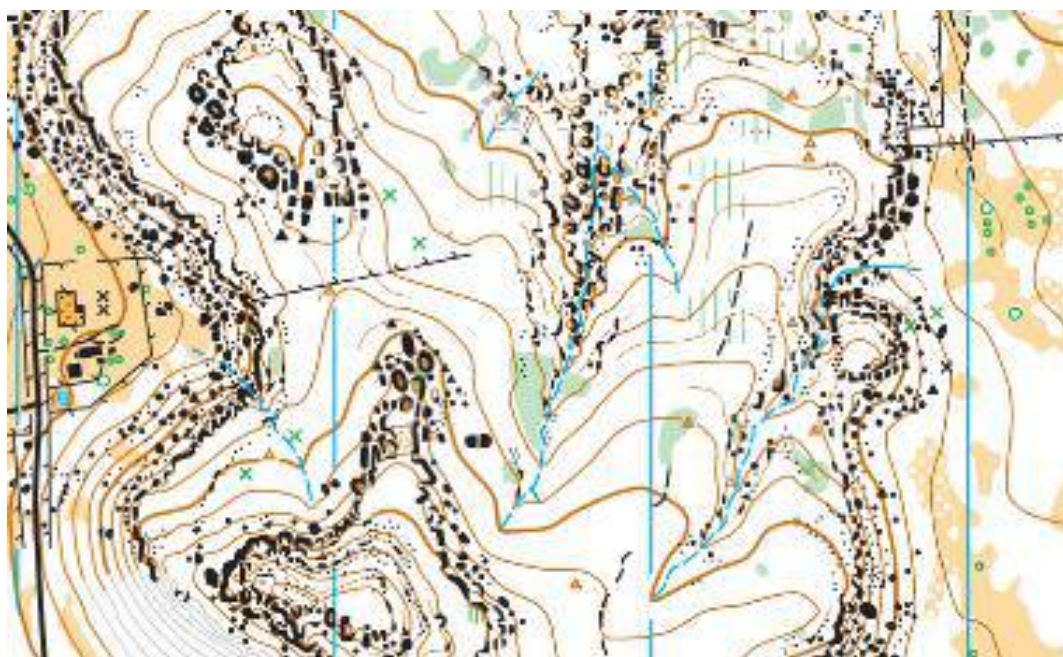
Mapper / Fieldworker	Club
Adrian Plaskitt	NC
Alan Davis	AW
Anita Bickle	NC
Arpad Kocsik	GO
Barry Hanlon	WH
Basil Baldwin	GS
Carol Jacobsen	GO
Dave Lotty	UR
Graham Fowler	NC
Hamish Mackie	BF
Maurice Anker	NT
Sam Woolford	BB
Steve Holloway	IK
Terry Bluett	BN
Tracy Marsh	BF
Vanessa Freeman	BF

# 2023 MAJOR RESULTS

## NSW CHAMPIONSHIPS

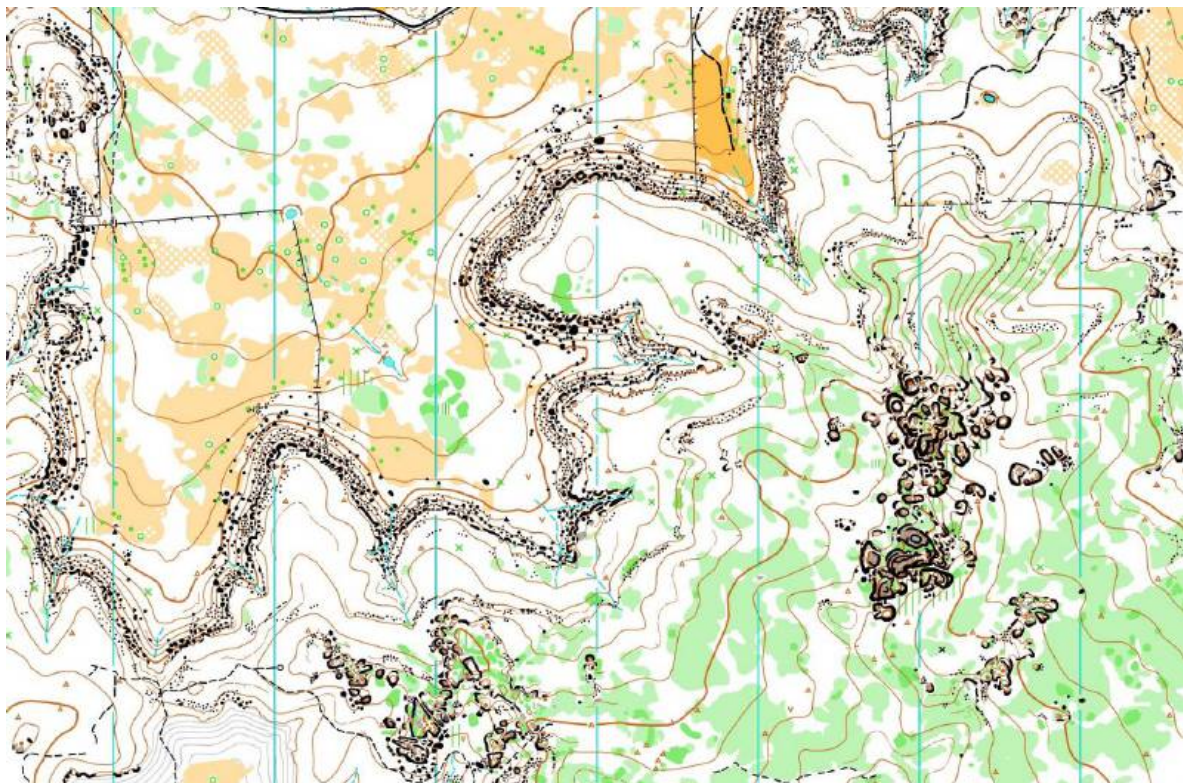
*\*denotes placing where higher places were not ONSW*

<b>NSW MIDDLE CHAMPIONS 2023 – “Minora Rocks” (near Rylstone) 9 September</b>			
<b>Organiser: James Lithgow (GO); Planner: Peter Annetts (GO); Controller: Nick Wilmott (GS)</b>			
W10	Tessa Radajewski		PO A
	Hayley Jenkins	*2	NC
W12	Tiffany Palmer		CAS
W14	Jessica Dun		HOG
W16	Savanna Sweeney		WH
W20	Zara Stewart		AK NZ
	Eszter Kocsik	*3	GO
W21	Grace Crane		AO A
	Melissa Thomas	*3	BN
W35	Aniko Fozo-Kertesz		GO
W40	Samantha Howe		NC
W45	Tracy Marsh		BF
W50	Martina Craig		NC
W55	Jennifer Enderby		NC
W60	Jenny Bourne		AO A
	Paula Shingler	*2	BF
W65	Sue Key		MF V
	Hilary Wood	*2	CC
W70	Kerryne Jones		RR A
	Robyn Pallas	*5	CC
W75; W80; W85 COURSE CANCELLED			
M10	Logan Seaman		WR
M12	Euan Shedden		SH
M14	Rory Shedden		SH
M16	Eric Lovell		RR Q
	Alton Freeman	*2	BF
M18	Nick Stanley		GO
M20	David Stocks		BS A
	Jamie Woolford	*2	BB
M21	Alastair George		BF
M35	Andrew Slattery		RR A
	Andrew Smith	*2	GO
M40	Steven Todkill		NC
M45	Ben Rattray		RR A
	Angus Shedden	*3	SH
M50	Matthew Stocks		BS A
M55	Mark Freeman		BF
M60	Bjorn Mella		NC
M65	Geoff Lawford		AO A
	Eoin Rothery	2*	BF
M70	Colin Price		CC
M75	Jim Lee		NC
M80; M85 COURSE CANCELLED			



Map: “Minora Rocks”, Copyright Garingal Orienteers Inc

NSW LONG CHAMPIONS 2023 – “Breakfast Creek” (near Rylstone) 10 September							
Organiser: James Lithgow (GO); Planner: Arpad Kocsik (GO); Controller: Rodney Parkin (BN)							
W10	Hayley Jenkins		NC	M10	Carl O’Connor		NC
W12	Justine de Remy de Courcelles		WH	M12	Euan Shedden		SH
W14	Jessica Dun		HOG	M14	Rory Shedden		SH
W16	Maggie Mackay		UR	M16	Eric Lovell		RR Q
W20	Eszter Kocsik		GO		Jonathan Nolan	2*	UR
W21	Melissa Thomas		BN	M18	Nick Stanley		GO
W35	Mace Neve		RR A	M20	Sam Woolford		BB
	Aniko Fozo-Kertesz	*2	GO	M21	Julian Dent		CC
W40	Samantha Howe		NC	M35	Stephen Craig		NC
W45	Tracy Marsh		BF	M40	Matthew Crane		AO A
W50	Cathy McComb		AU T		Steven Todkill	*3	NC
	Martina Craig	2*	NC	M45	Simon Rouse		DR V
W55	Jennifer Enderby		NC		Angus Shedden	*2	SH
W60	Paula Shingler		BF	M50	Jock Davis		BF
W65	Sue Key		MF V	M55	Paul Liggins		AU T
	Julia Prudhoe		CC		Paul Marsh	2*	BF
W70	Lynda Rapkins		EG Q	M60	Glenn Burgess		NC
	Robyn Pallas	5*	CC	M65	Eoin Rothery		BF
W75	Val Hodsdon		SH	M70	Bill Jones		RR A
W80	Jean Baldwin		GS		Colin Price	2*	CC
W85	Janet Morris			M75	Jim Lee		NC
				M80	Darryl Erbacher		PO A
					John Le Carpentier	*2	SH
				M85	Barry Hanlon		WH



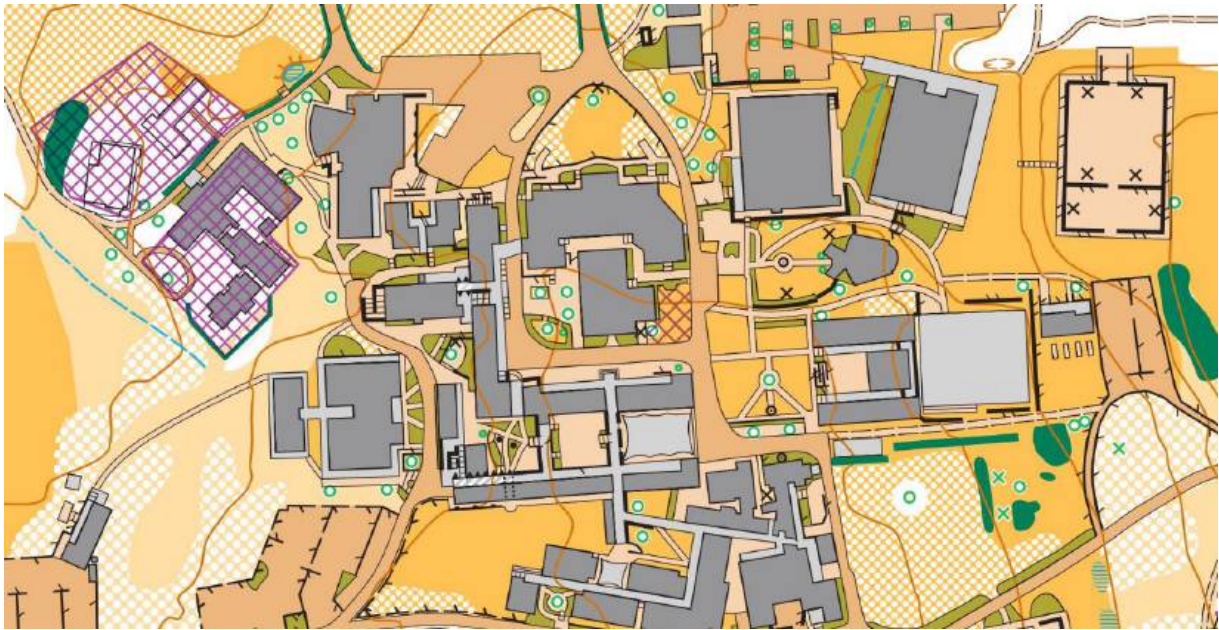
Map: “Breakfast Creek”, Copyright Garingal Orienteers Inc.



**NSW SPRINT CHAMPIONS 2023 – “Chevalier College” 25 March**

**Organiser: Ron Pallas (UR); Planner: Serena Doyle (UR); Controller: Dave Lotty (UR)**

W12	Alexandra Slater		GS	M10	Maxwell Povah		BN
W14	Iona Horley		GO	M12	Baxter Peel		NC
W16	Maggie Mackay		UR	M14	Rory Shedden		SH
W18	Hanna Baracsi		GO	M16	Lachlan Coady		WH
W20	Eszter Kocsik		GO	M18	Liming Zheng		GO
W21	Melissa Thomas		BN	M20	Cooper Horley		GO
W35	Aniko Fozo-Kertesz		GO	M21	Lee Coady		WH
W40	Phoebe Dent		RR A	M40	Samuel Wilson		RR A
	Naomi Sculler	3*	NC	M45	Angus Shedden		SH
W45	Marguerite O'Rourke		BF	M50	Stephen Craig		NC
W50	Melissa Joseph		GO	M55	Hamish Mackie		BF
W55	Linda Sesta		UR	M60	Michael Burton		-
W60	Paula Shingler		BF		Mark Shingler	2*	BF
W65	Debbie Davey		WR	M65	Eoin Rothery		BF
W70	Pat Miethke		PO A	M70	Bruce Bowen		PO A
	Lyn Malmgron	3*	SH		Paul Prudhoe	2*	CC
W75	Carol Jacobson		GO	M75	Terry Bluett		BN
W80	Ann Ingwersen		PO A	M80	John Le Carpentier		SH



Map: “Chevalier College”, Copyright Southern Highlands Orienteers Inc.



**NSW MTBO LONG CHAMPIONS 2023 – “Kalateenee” 2 September**

**Organiser: Andrew Power (NC); Planner: Matt Bell & Jenny Friend (HO); Controller: Andrew Power (NC); Mapper Andrew Power (NC)**

W14	Veronika Ishakova		RR A	M14	Sherlock Drew		HV NZ
W16	Stephanie Dun		HO		Alon Bar Gudes	3*	UR
W20	Maya Bennette		YV V	M16	Lucas Kent		YV V
W21	Rachel Drew		HV NZ	M20	Dylan Bryant		EN Q
	Melissa Thomas	4*	BN	M21	Tim Doman		NC
W40	Carolyn Jackson		BK V	M40	Gavin Bennette		YV V
	Nicole Haigh	3*	NC		Glenn Kightley	3*	CAS
W50	Nicola Mitchell		-	M50	Craig Steffens		MT Q
W60	Deb Bain		PP NZ		Andrew Haigh	2*	NC
W70	Kathy Liley		YV V	M60	Rob Garden		NW NZ
Rec1	Noah Bailey		CAS		Geoff Todkill	5*	NC
Rec2	Ian Jessup		GO	M70	Peter Cusworth		BK V
EBike	Peter Feltham		NC		Robert Lewin	5*	NC
EBike2	Graham Fowler		NC				



Starters at the NSW MTBO Long Champs at Kalateenee State Forest in Kempsey. Photo: Hastings Orienteering Group

**NSW MTBO MIDDLE CHAMPIONS 2023 – “Jacks Ridge” 3 September**

**Organiser: Andrew Power (NC); Planner: Malcolm Roberts (NC); Controller: Andrew Power (NC); Mapper Andrew Power (NC)**

W14	Veronika Ishakova		RR A	M14	Sherlock Drew		HV NZ
W16	Ariadna Ishakova		RR A	M16	Lucas Kent		YV V
W20	Maya Bennette		YV V	M20	Dylan Bryant		EN Q
W21	Georgia WHitla		NZ	M21	Tim Doman		NC
W40	Carolyn Jackson		BK V	M40	Gavin Bennette		YV V
W50	Lai Han Dennex Lui		CAS N		Ori Gudes	2*	UR
W60	Deb Bain		PP NZ	M50	Greg Barbour		BF
Rec1	Joshua Roberts		NC	M60	David King		W NZ
Rec2	Alison Pope		CAS N		Geoff Todkill	4*	NC
EBike	Donelda Niles		EV T	M70	Peter Cusworth		BK V
					Robert Lewin	4*	NC

**NSW MTBO SPRINT CHAMPIONS 2023 – “Coffs Campus” 3 September**

**Organiser: Andrew Power (NC); Planner: Bruce Meder (BB); Controller: Andrew Power (NC); Mapper Andrew Power (NC)**

W14	Veronika Ishakova		RR A
W16	Ariadna Ishakova		RR A
W20	Maya Bennette		YV V
W21	Georgia WHitla		NZ
W40	Nicole Haigh		NC
W50	Sally Dickson		PP NZ
	Lai Han Dennex Lui	2*	CAS N
W60	Carolyn Cusworth		BK V
W70	Kathy Liley		YV V
Rec1	Matt Bell		Lincoln
	Baxter Peel	2*	NC
EBike	Donelda Niles		EV T

M14	Sherlock Drew		HV NZ
	Alon Bar Gudes	3*	UR
M16	Lucas Kent		YV V
M20	Dylan Bryant		EN Q
M21	Joel Young		MT Q
	Steven Todkill	6*	NC
M40	Gavin Bennette		YV V
	Ori Gudes	3*	UR
M50	Andrew Haigh		NC
M60	Geoff Todkill		NC
M70	Peter Cusworth		BK V



*Stephanie Dun finishing the Long course at the NSW MTBO Champs.  
Photo: Hastings Orienteering Group*



*NSW MTBO Sprint Champs at Coffs Campus.  
Photo: Bush n Beach Orienteering Club*



## 2023 ORIENTEERS OF THE YEAR (Best 8 of 15 races)

\*denotes Best 8 of 14 due to cancellation of Hard 5 Course at SL#14

W10	Hayley Jenkins	NC
W12	Justime de Remy de Courcelles	WH
W14	Jessica Dun	HOG
W16	Maggie Mackay	UR
W18	Abigail McGhee	BN
W20	Eszter Kocsik	GO
W21	Melissa Thomas	BN
W21AS	Mikayla Enderby	NC
W35	Aniko Fozo-Kertesz	GO
W35AS	Naomi Scouller	NC
W40	Samantha Howe	NC
W45	Ruth Shedden	SH
W45AS	Caroline Jenkins	NC
W50	Melissa Joseph	GO
W55	Jennifer Enderby	NC
W55AS	Maria Orr	NC
W60	Paula Shingler	BF
W65	Debbie Davey	WR
W65AS*	Vicki Wilmott	IK
W70	Robyn Pallas	CC
W75*	Val Hodsdon	SH
W80*	Jean Baldwin	GS
W85*	Janet Morris	WH
WOpenB	Monika Lee	GO
WJuniorB	Hanna Baracsi	GO

M10	Maxwell Povah	BN
M12	Euan Shedden	SH
M14	Rory Shedden	SH
M16	Jonathan Nolan	UR
M18	Nick Stanley	GO
M20	Cooper Horley	GO
M21	Richard Pattison	BN
M21AS	Samuel Tsang	BN
M35	Peter Hopper	BN
M35AS	Peter Fozo	GO
M40	Steven Todkill	NC
M45	Angus Shedden	SH
M45AS	Shane Jenkins	NC
M50	Stephen Craig	NC
M55	Hamish Mackie	BF
M55AS	Michael Halmy	BN
M60	Glenn Burgess	NC
M65	Eoin Rothery	BF
M65AS*	Robert Spry	SH
M70	Paul Prudhoe	CC
M75	Jim Lee	NC
M80*	John Le Carpentier	SH
M85*	Barry Hanlon	WH
MOpenB	Shane Hunter	NC
MJuniorB	Francis Meischke	SH
OpenEasy	Dave Lotty	UR



## SYDNEY METRO LEAGUE

The Metro League in 2023 maintained a record 32 teams in six divisions over six events. While Garingal were undefeated in Division 1, Bennelong were the big winners taking out Division 6 and winning the Final in Divisions 4 and 5.

Division	Teams	Premiership	Individual Medal Winner	
1	4	Garingal	Seth Sweeney	WH
2	6	Big Foot	Lee Coady	WH
3	6	SHOO-IKO	Callum Waland	KNOX
4	6	Bennelong Northside	Merryn Horrocks	GO
5	6	Bennelong Northside	Shay Sweeney	WH
6	4	Bennelong Northside	Euan Shedden	SH



*Bennelong club members with Sydney Metro League trophy*



## AUSTRALIAN TEAMS 2023

Australian teams were selected to compete in:

- World Junior Foot O Championships in Romania in July;
- World Foot O Championships in Switzerland in July;
- World MTBO Championships in Czech Republic in August (*no NSW members*).

Athletes from NSW selected for these events as follows:

### ***World Orienteering Championships (Switzerland)***

Ewan Shingler (BF)



**Junior World Orienteering Championships (Romania)**

Nea Shingler (BF); Erika Enderby (NC); Sam Woolford (BB); Cooper Horley (GO)



**ORIENTEERING AUSTRALIA ANNUAL TROPHIES 2023**

Teams Trophy (Australian Schools Championships)

- 1. NSW

Bennelong Trophy (ACT v NSW in Long Champs)



## NSW SCHOOLS TEAM

The Australian Schools Championships were held in Western Australia, 3-5 October 2023.

Coach	Lee Coody	Manager	Saffron Sweeney
Assistant Coach	Martina Craig	Assistant Manager	Andrew Dun

Junior Boys		<i>Sprint</i>	<i>Individual</i>
Luyi He	BF	MP	DNF
Alton Freeman	BF	2	1
Matthew Slater	GS	28	2
Shay Sweeney	WH	22	21
Rory Shedden	SH	14	8
Lachlan Coody	WH	10	20
<i>Relay</i>		2	
<i>Team Point Score</i>		4	

Junior Girls		<i>Sprint</i>	<i>Individual</i>
Jessica Dun	HG	26	3
Matilda Saunders	UR	14	13
Savanna Sweeney	WH	2	8
<i>Relay</i>		4	
<i>Team Point Score</i>		4	

Senior Boys		<i>Sprint</i>	<i>Individual</i>
Jonathan Nolan	UR	12	9
Cooper Horley	GO	1	2
Nick Stanley	GO	7	13
Jamie Woolford	BB	5	4
Callum Waland	BF	21	31
Alex Woolford	BB	17	12
<i>Relay</i>		1	
<i>Team Point Score</i>		1	

Senior Girls		<i>Sprint</i>	<i>Individual</i>
Erika Enderby	NC	1	3
Rebecca Craig	NC	8	7
Maggie Mackay	UR	13	8
Eszter Kocsik	GO	3	1
Abigail McGhee	BN	24	23
<i>Relay</i>		1	
<i>Team Point Score</i>		1	

<b><i>Champion State</i></b>	NSW
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\*excludes results of NZ team members





## AUSTRALIAN SCHOOLS HONOUR TEAM

At the conclusion of the 2023 Australian Schools Championships an Australian Schools Honour Team was announced. Of the twenty athletes named, six were from NSW.

Senior Boys	Cooper Horley	GO
Senior Boys	Jamie Woolford	BB
Junior Boys	Alton Freeman	BF

Junior Girls	Savanna Sweeney	WH
Senior Girls	Erika Enderby	NC
Senior Girls	Eszter Kocsik	GO



2023 Australian Schools Honour Team (Photo credit: Orienteering Queensland)



## NATIONAL ORIENTEERING LEAGUE

The 2023 National Orienteering League (NOL) was contested over 12 rounds with events hosted by Victoria, NSW, and ACT (in NSW).

<b>W21 Teams (12 races)</b>			
1	Canberra Cockatoos	ACT	106
2	Southern Arrows	SA	94
3	Victorian Vikings	Vic	64
4	Queensland Cyclones	QLD	54
5	<i>NSW Stingers</i>	<i>NSW</i>	<i>52</i>
6	Tassie Foresters	TAS	50

<b>M21 Teams (12 races)</b>			
1	<i>NSW Stingers</i>	<i>NSW</i>	<i>103</i>
2	Tassie Foresters	TAS	76
3	Victorian Vikings	Vic	67
4	Canberra Cockatoos	ACT	62
=5	Southern Arrows	SA	54
=5	Queensland Cyclones	QLD	54

<b>W20 Teams (best 6 races)</b>			
1	<i>NSW Stingers</i>	<i>NSW</i>	<i>72</i>
2	Victorian Vikings	Vic	52
3	Canberra Cockatoos	ACT	48
4	Tassie Foresters	TAS	35
5	Southern Arrows	SA	26
6	Queensland Cyclones	Qld	23
7	Western Nomads	WA	5

<b>M20 Teams (best 6 races)</b>			
1	<i>NSW Stingers</i>	<i>NSW</i>	<i>63</i>
2	Canberra Cockatoos	ACT	60
3	Southern Arrows	SA	55
4	Tassie Foresters	TAS	40
5	Victorian Vikings	Vic	36
6	Western Nomads	WA	17
7	Queensland Cyclones	Qld	14

<b>W21 Individual (best 8 races)</b>			
1	Caitlin Young	ACT	224
2	Grace Crane	ACT	210
3	Tara Melhuish	ACT	186
14	<i>Rebecca George</i>	<i>NSW</i>	<i>102</i>
19	<i>Serena Doyle</i>	<i>NSW</i>	<i>61</i>
25	<i>Jennifer Enderby</i>	<i>NSW</i>	<i>50</i>
28	<i>Tshinta Hopper</i>	<i>NSW</i>	<i>36</i>
29	<i>Melissa Thomas</i>	<i>NSW</i>	<i>33</i>
50	<i>Nicola Blatchford</i>	<i>NSW</i>	<i>10</i>
57	<i>Monika Lee</i>	<i>NSW</i>	<i>6</i>

<b>W20 Individual (best 6 races)</b>			
1	<i>Eszter Kocsik</i>	<i>NSW</i>	<i>195</i>
2	<i>Erika Enderby</i>	<i>NSW</i>	<i>179</i>
3	Mikaela Gray	QLD	171
4	<i>Nea Shingler</i>	<i>NSW</i>	<i>165</i>
11	<i>Mikayla Enderby</i>	<i>NSW</i>	<i>102</i>
12	<i>Rebecca Craig</i>	<i>NSW</i>	<i>89</i>

<b>M20 Individual (best 8 races)</b>			
1	<i>Sam Woolford</i>	<i>NSW</i>	<i>195</i>
2	David Stocks	ACT	185
3	Leith Soden	SA	167
5	<i>Cooper Horley</i>	<i>NSW</i>	<i>148</i>
9	<i>Oskar Mella</i>	<i>NSW</i>	<i>120</i>
14	<i>Alvin Craig</i>	<i>NSW</i>	<i>78</i>
16	<i>Seth Sweeney</i>	<i>NSW</i>	<i>76</i>
22	<i>Jamie Woolford</i>	<i>NSW</i>	<i>72</i>
20	<i>Selwyn Sweeney</i>	<i>NSW</i>	<i>54</i>
23	<i>Kelvin Meng</i>	<i>NSW</i>	<i>49</i>
26	<i>Oliver Freeman</i>	<i>NSW</i>	<i>40</i>

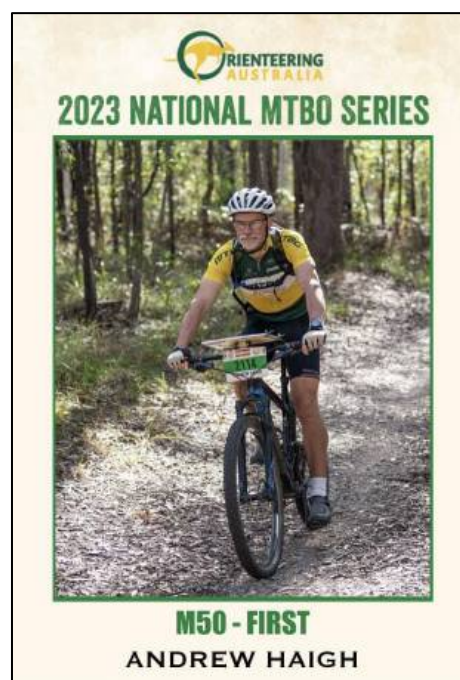
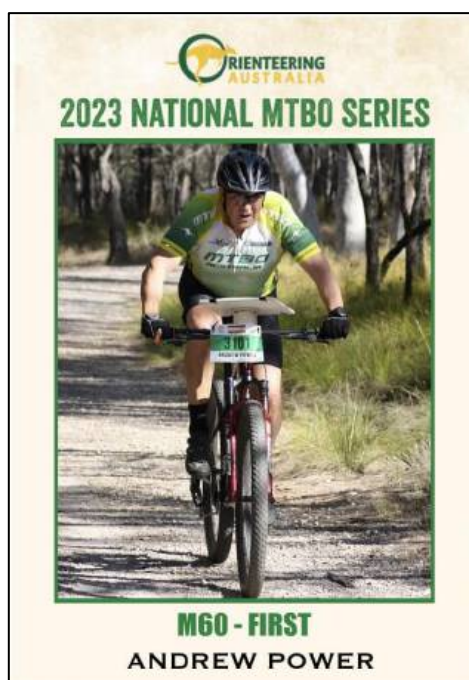
<b>M21 Individual (best 6 races)</b>			
1	Patrick Jaffe	VIC	246
2	Brodie Nankervis	TAS	240
3	Angus Haines	SA	208
4	<i>Ewan Shingler</i>	<i>NSW</i>	<i>203</i>
10	<i>Julian Dent</i>	<i>NSW</i>	<i>100</i>
11	<i>Toby Wilson</i>	<i>NSW</i>	<i>90</i>
13	<i>Alastair George</i>	<i>NSW</i>	<i>86</i>
15	<i>Duncan Currie</i>	<i>NSW</i>	<i>84</i>
19	<i>Rob Preston</i>	<i>NSW</i>	<i>69</i>
25	<i>Rob Bennett</i>	<i>NSW</i>	<i>62</i>
32	<i>Max Griffiths</i>	<i>NSW</i>	<i>33</i>
37	<i>Oscar Woolford</i>	<i>NSW</i>	<i>29</i>
44	<i>Aidan Dawson</i>	<i>NSW</i>	<i>19</i>
45	<i>Andrew Hill</i>	<i>NSW</i>	<i>18</i>
51	<i>Vivien de Remy de Courcelles</i>	<i>NSW</i>	<i>14</i>
58	<i>James McQuillan</i>	<i>NSW</i>	<i>7</i>
59	<i>Greg Barbour</i>	<i>NSW</i>	<i>7</i>

## NATIONAL MTBO SERIES

The 2023 National MTBO Series was contested over 13 events and comprised the Victorian, NSW, Australian (held in Qld), and ACT Championships.

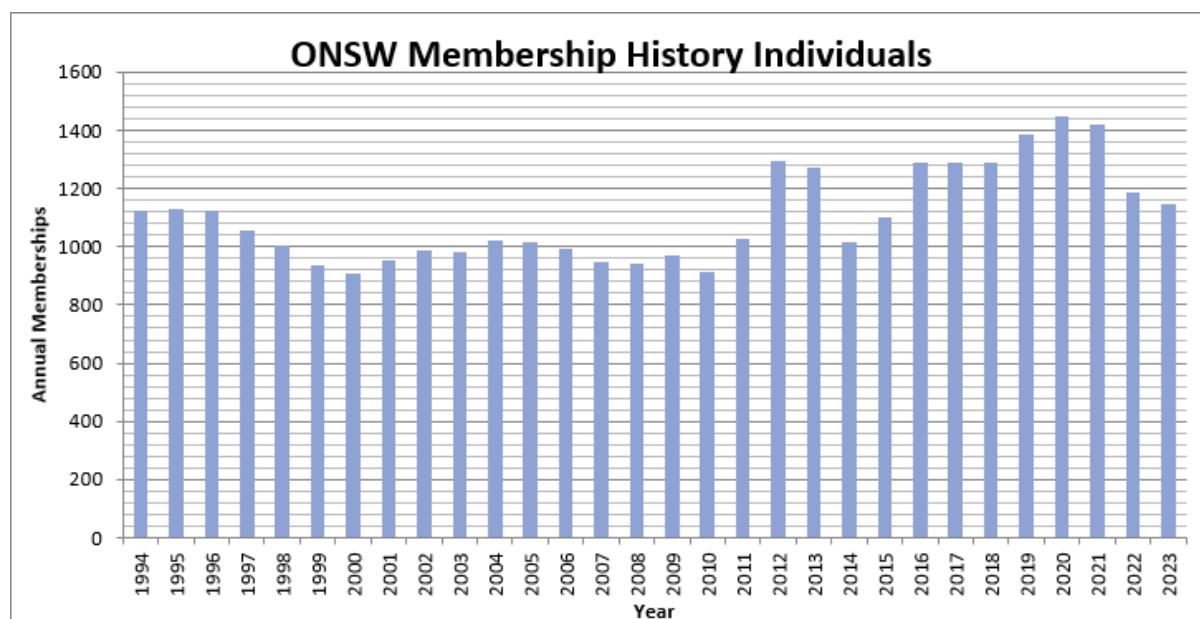
Class	NSW MTB Orienteers	Place
<b>W16</b>	Stephanie Dun (HO)	4
<b>W21</b>	Melissa Thomas (BN)	8
<b>W21</b>	Monika Lee (GO)	11
<b>W40</b>	Nicole Haigh (NC)	2
<b>W50</b>	Carolyn Matthews (NC)	4
<b>W50</b>	Amanda Mackie (BF)	10
<b>M14</b>	Alon Bar Gudes (UR)	2
<b>M21</b>	Steven Todkill (NC)	8
<b>M21</b>	Keelan Birch (BB)	12
<b>M21</b>	Tim Doman (NC)	13
<b>M40</b>	Ori Gudes (UR)	2
<b>M40</b>	Hamish Mackie (BF)	3
<b>M40</b>	Stephen Wood (HO)	10
Class	Team Ranking	
<b>W16</b>	NSW Stingers	3
<b>M/W 14/16 Teams – NSW Stingers</b>		4
<b>W20</b>	NSW Stingers	2
<b>W21</b>	NSW Stingers	5
<b>M/W 20 &amp; 21 Teams – NSW Stingers</b>		4
<b>W40</b>	NSW Stingers	3
<b>W50</b>	NSW Stingers	=2
<b>M40</b>	NSW Stingers	2
<b>ALL MASTERS – NSW Stingers</b>		3

Class	NSW MTB Orienteers	Place
<b>M50</b>	Andrew Haigh (NC)	1
<b>M50</b>	Ant Nolan (UR)	3
<b>M50</b>	Greg Barbour (BF)	4
<b>M50</b>	Michael Ridley-Smith (GO)	6
<b>M50</b>	Jason Elvidge (HO)	=25
<b>M50</b>	Ian Jessup (GO)	27
<b>M60</b>	Andrew Power (NC)	1
<b>M60</b>	Robert Vincent (NC)	2
<b>M60</b>	Robert Prentice (NC)	=6
<b>M60</b>	Geoff Todkill (NC)	9
<b>M60</b>	Michael Halmy (BN)	12
<b>M60</b>	Malcolm Roberts (NC)	20
<b>M70</b>	Robert Lewin (NC)	3
Class	Team Ranking	
<b>M14</b>	NSW Stingers	2
<b>M20</b>	NSW Stingers	5
<b>M21</b>	NSW Stingers	4
<b>M50</b>	NSW Stingers	1
<b>M60</b>	NSW Stingers	1
<b>M70</b>	NSW Stingers	3



# ORIENTEERING NSW KEY STATISTICS

## MEMBERSHIP STATISTICS AS AT 31 DECEMBER 2023



Note: The change in 2022 to individual memberships from Family groups caused a drop in the number of individual members. This number is a better reflection of the membership that actually participate in events. This does not include Casual members. The last major drop in 2014 was when Eventor was implemented.

## NSW OA Reporting Statistics

Membership Age and Sex Stats 2023

Club	Club Name	Junior Males	Junior Females	Senior Males	Senior Females	Master Males	Master Females	Veteran Males	Veteran Females	Totals
BB N	Bush n Beach Orienteering Club	3	0	2	0	2	6	4	3	20
BF N	Big Foot Orienteers	16	15	7	3	28	17	7	4	97
BN N	Bennelong Northside Orienteers	21	11	1	3	41	21	12	2	112
CC N	Central Coast Orienteers	9	4	1	2	12	17	5	4	54
GO N	Garingal Orienteers	32	21	18	12	72	43	33	14	245
GS N	Goldseekers Orienteers	9	7	1	1	11	14	7	5	55
HO N	Hastings Orienteering Group	1	5	0	0	9	4	2	0	21
IK N	Illawarra Kareelah Orienteers	5	5	1	2	9	7	7	5	41
NC N	Newcastle Orienteering Club	28	22	10	5	58	46	30	11	210
NT N	Northern Tablelands Orienteering Club	1	0	0	0	5	5	7	3	21
SH N	Southern Highlands Orienteers	13	5	1	1	12	10	9	4	55
UR N	Uringa Orienteers	10	13	3	2	27	21	7	9	92
WH N	Western and Hills Orienteers	20	16	3	1	20	21	10	4	95
WR N	Wagga and Riverina Occasional Orienteers	7	0	1	0	3	5	4	2	22
>>>>	Total Club Members	175	124	49	32	309	237	144	70	1140
CAS N	Casuals NSW	14	10	23	24	57	59	13	6	206
>>>>	Total Members & Casuals	189	134	72	56	366	296	157	76	1346

## NSW OA Reporting Statistics on Renewals in 2023

2023

Club	Club Name	Members 2022	Renewals 2023	Renewals %	Non-Renews 2023	Non-Renews %	New Members 2023	New Members %	Total Members 2023
BB N	Bush n Beach Orienteering Club	23	18	78.3%	5	21.7%	2	8.7%	20
BF N	Big Foot Orienteers	97	82	84.5%	15	15.5%	15	15.5%	97
BN N	Bennelong Northside Orienteers	108	88	81.5%	20	18.5%	24	22.2%	112
CC N	Central Coast Orienteers	41	34	82.9%	7	17.1%	20	48.8%	54
GO N	Garingal Orienteers	232	194	83.6%	38	16.4%	51	22.0%	245
GS N	Goldseekers Orienteers	73	41	56.2%	32	43.8%	14	19.2%	55
HO N	Hastings Orienteering Group	32	19	59.4%	13	40.6%	2	6.2%	21
IK N	Illawarra Kareelah Orienteers	49	32	65.3%	17	34.7%	9	18.4%	41
NC N	Newcastle Orienteering Club	229	176	76.9%	53	23.1%	34	14.8%	210
NT N	Northern Tablelands Orienteering Club	21	19	90.5%	2	9.5%	2	9.5%	21
SH N	Southern Highlands Orienteers	63	49	77.8%	14	22.2%	6	9.5%	55
UR N	Uringa Orienteers	99	75	75.8%	24	24.2%	17	17.2%	92
WH N	Western and Hills Orienteers	90	72	80.0%	18	20.0%	23	25.6%	95
WR N	Wagga and Riverina Occasional Orienteers	19	17	89.5%	2	10.5%	5	26.3%	22
>>>>	Total Club Members	1176	916	77.9%	260	22.1%	224	19.0%	1140

## EVENT PARTICIPATION - 2023

Events (by month and category)

	EVENTS 2023							TOTALS
	State League	METRO	Summer Series	Sydney Club	Regional Club	Other	MTBO & DuO	
January	0	0	6	0	12	0	1	19
February	0	0	4	5	22	0	1	32
March	2	0	5	4	10	6	1	28
April	2	1	0	0	11	0	0	14
May	2	1	1	5	10	2	0	21
June	3	1	1	6	8	1	0	20
July	0	1	1	6	13	0	0	21
August	2	1	2	6	9	1	0	21
September	2	1	0	5	6	1	3	18
October	0	0	4	5	8	0	1	18
November	0	0	5	7	20	0	1	33
December	0	0	5	2	10	5	1	23
<b>TOTALS</b>	<b>13</b>	<b>6</b>	<b>34</b>	<b>51</b>	<b>139</b>	<b>16</b>	<b>9</b>	<b>268</b>
<b>2022</b>	<b>16</b>	<b>6</b>	<b>38</b>	<b>40</b>	<b>138</b>	<b>6</b>	<b>10</b>	<b>254</b>
(2023/2022)	-19%	0%	-11%	28%	1%	167%	-10%	6%



### Entries (by month and category)

	Entries 2023							
	State League	METRO	Summer Series	Sydney Club	Regional Club	Other	MTBO & DuO	TOTALS
January	0	0	776	0	560	0	37	1373
February	0	0	791	475	762	0	32	2060
March	394	0	1026	390	422	1178	38	3448
April	389	179	0	0	432	0	0	1000
May	378	178	89	511	313	349	0	1818
June	1020	180	88	410	227	81	0	2006
July	0	169	70	294	693	0	0	1226
August	412	160	107	309	248	31	0	1267
September	659	186	0	380	235	203	253	1916
October	0	0	742	357	208	0	45	1352
November	0	0	928	510	660	0	37	2135
December	0	0	754	98	271	1277	27	2427
<b>TOTALS</b>	<b>3252</b>	<b>1052</b>	<b>5371</b>	<b>3734</b>	<b>5031</b>	<b>3119</b>	<b>469</b>	<b>22028</b>
<b>2022</b>	<b>3428</b>	<b>965</b>	<b>5014</b>	<b>3002</b>	<b>5699</b>	<b>1163</b>	<b>555</b>	<b>19826</b>
(2023/2022)	-5%	9%	7%	24%	-12%	168%	-15%	11%

*Summer Series:* includes Sydney Summer Series, Western Sydney Summer Series, Sprint Series, Moonlight Madness

*Sydney Club:* includes River & Bay Series, Saturday Orienteering Series, BigFoot Sprints

*Regional Club:* includes all local events outside Sydney Metro area

*Other:* includes Christmas 5-Days, regional schools championships, Sydney Sprint Weekend.

### Event and Participation Summary

Year	Major Events			Regional Events			MTBO/DuO Events			Totals			Notes*
	Events	Participants	Average	Events	Participants	Average	Events	Participants	Average	Events	Participants	Average	
2023	120	16528	138	139	5031	36	9	469	47	268	22028	82	X
2022	106	13572	128	138	5699	41	10	555	56	254	19826	78	X
2021	93	17085	184	122	6142	50	3	197	66	218	23424	107	X E C
2020	79	10471	133	122	6033	49	9	755	84	210	17259	82	C
2019	140	19779	141	147	5700	39	11	762	69	298	26241	88	X
2018	134	17530	131	161	5948	37	8	429	54	303	23907	79	X
2017	137	20681	151	162	5717	35	11	929	84	310	27327	88	X AC A3
2016	125	16628	133	145	5504	38	14	604	43	284	22736	80	X
2015	114	15485	136	169	5483	32	12	540	45	295	21508	73	X
2014	133	18708	141	147	5045	34	17	675	40	297	24428	82	X E
2013	114	14568	128	146	5593	38	14	717	51	274	20878	76	X
2012	123	12382	101	105	4251	40	20	1097	55	248	17730	71	
2011	92	13773	150	118	4899	42	8	489	61	218	19161	88	X
2010	84	13040	155	119	4788	40	10	603	60	213	18431	87	X
2009	83	17023	205	83	5432	65	11	699	64	177	23154	131	WM X
2008	81	12567	155	123	5060	41	11	863	78	215	18490	86	A3
2007	89	16122	181	105	4438	42	12	1034	86	206	21594	105	X AC WJ

\*Notes: X = Christmas 5 Day; AC = Aus Champs; A3 = Aus 3 Day; WM = World Masters; WJ = World Juniors; E = Easter; C = Covid-19

## LOOKING FORWARD TO 2024



In 2024 ONSW will be hosting the **Australian Orienteering Championships** Carnival, including the Australian Schools Orienteering Championships in the Armidale region.

These carnivals don't just happen. They take an enormous amount of time, effort, and commitment along with the relevant expertise knowledge. In 2024 the Carnival is being co-ordinated by two stalwarts of ONSW orienteering: Nick Dent (CC) and Ron Pallas (UR). We are indebted to them for once again taking on these very important voluntary leadership roles.

To help make the Carnival a success, Ron and Nick will be relying on the membership of ONSW to support them in the many and varied volunteer roles necessary across the nine day carnival. Ron and Nick already have a lot to organise so please make their life easier by volunteering rather than waiting to be asked.

MANY HANDS MAKE LIGHT WORK (AND YOU EARN A VOLUNTEER SHIRT FOR YOUR EFFORTS)



*Gayle Shepherd and Ron Pallas sporting promo shirts for the 2024 Australian Orienteering Championships in Armidale. Photo: Linda Sesta.*

Following on from the AOC, ONSW will be hosting the inaugural **Sydney City Race**. The brain child of Sheralee Bailey (BN), this exciting new race will highlight the iconic beautiful Sydney harbourside and city. Having attracted sponsorship from Bridge Climb Sydney and offering generous prize money for the first Male and Female on the Long Course it promises to be a great event. Cockatoo Island as a lead-in race the day before also promises to be a special experience.

