

Last minute updates

The forest is mostly open and fast (shame about the hills) but occasionally yucky and scratchy. Full body cover is recommended.

The rough open clearings are full of dense grass.

The grass in the forest is now in seed (though not bad).

The gunfire you will hear is from the rifle ranges (see aerial photo in program). They are on the other side of the motorway.

Steep + bare = slippery – that includes tracks. Loose rocks are common throughout.

The “area closed” and “track closed” signs do not apply to us. They are overdue to be removed. (As discussed with the Ranger on Friday.)

SI Air is on at all controls and the start but not at the finish.